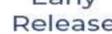
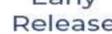


Lunch Menu

FMES

February 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 French Toast  Sausage Patty Fresh Baby Carrots Mixed Fruit Fat Free Chocolate Milk Unflavored 1% Milk</p> <p> National Tater Tot Day</p>	<p>3 Tot Spot's Disco Tater Tots  Sautéed Corn & Black Bean Salsa Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk</p> <p>LUCKY TRAY DAY!</p>	<p>4 Crispy Popcorn Chicken Green Beans Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>5 Cheeseburger NY Beef Burger Oven Baked Fries Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>6 Cheese Pizza  Steamed Broccoli Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk</p> <p></p>
<p>9 French Bread Pizza  Oven Baked Fries Applesauce Unflavored 1% Milk Fat Free Chocolate Milk</p> <p> National Pizza Day</p>	<p>10 Nachos Grande <i>tortilla chips topped with freshly prepared mexi style meat and cheese</i> Side of Beans Salsa Applesauce Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>11 Crispy Popcorn Chicken Brown Rice Applesauce Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>12 Homemade Baked Pasta with Cheese  Side Salad Homemade Garlic Bread Applesauce Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>13 Bagel Lunch  Muffin Lunch  Applesauce Unflavored 1% Milk Fat Free Chocolate Milk</p> <p> Early Release</p> <p>Profession  Development Early dismissal</p> <p>Grab and Go lunch available</p>
<p>16 </p>	<p>17 </p>	<p>18 Buffalo Chicken Sauce & Toss <i>popcorn chicken glazed with Buffalo sauce</i> Fresh Baby Carrots Celery Mixed Fruit Fat Free Chocolate Milk Unflavored 1% Milk</p>	<p>19 Chicken Nuggets Crispy Potato Puffs Baked Beans Fresh Apple Unflavored 1% Milk Fat Free Chocolate Milk Chocolate Chip Cookie</p> <p>STUDENT APPRECIATION DAY</p>	<p>20 Cheese Pizza  Steamed Broccoli Fresh Orange Fat Free Chocolate Milk Unflavored 1% Milk</p> <p></p>
<p>23 Chicken with Gravy  Mashed Potatoes Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk Sweet Corn</p>	<p>24 Soft Tacos Salsa Grape Tomatoes Unflavored 1% Milk Fat Free Chocolate Milk Confetti Garbanzo Bean Salad</p> <p></p>	<p>25 Baked Chicken Tenders Vegetable Rice Pilaf Green Beans Dinner Rolls Unflavored 1% Milk Fat Free Chocolate Milk</p>	<p>26 Fresh Apple Unflavored 1% Milk Fat Free Chocolate Milk Mini Blueberry Pancakes </p> <p>1/2 Day Parent Teacher Conference</p> <p> Early Release  Early Release</p> <p></p>	<p>27 Fresh Baby Carrots Bagel Lunch  Muffin Lunch  Fresh Banana Unflavored 1% Milk Fat Free Chocolate Milk</p> <p> Early Release</p> <p></p>

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch Price

First Lunch: no cost 2nd Meals
FMES \$3, HFIS \$3.25 Adult: \$5.09
(\$5.25 with tax) Milk: \$0.85
If you have any questions or would like more information, please contact your Food Service Director
Kathy Coakley 845-446-4914

 Vegetarian  extv2890 Made With Natural Ingredients  Pork  Smart Choice  Made With Organic Ingredients

Daily Lunch Offerings:
Fresh Vegetable sides

Grab and Go Sandwiches - Turkey/Ham with Or Without Cheese on WG breads, Entree Salads: Chicken Salads, Garden Salads with Cheese (all served with WG Roll).

A variety of Fresh Fruits and Vegetables available daily.

Apples, Oranges, baby carrots.