

Breakfast Menu

FMES

February 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

2 Sausage and Egg Sandwich
Egg and Cheese Sandwich
Unflavored 1% Milk
100% Apple Juice
Maple Mini Waffles
Fat Free Chocolate Milk

3 Maple Mini Waffles
100% Apple Juice
Fresh Apple
Unflavored 1% Milk
Fat Free Chocolate Milk
Cinnamon Bun

4 Egg and Cheese Sandwich
100% Apple Juice
Fresh Apple
Unflavored 1% Milk
Fat Free Chocolate Milk
Soft Filled Cinnamon Toast Crunch Bar

5 Bacon, Egg and Cheese Breakfast Sandwich
100% Apple Juice
Unflavored 1% Milk
Strawberry Mini Bagel
Fat Free Chocolate Milk

6 WG Donut
100% Apple Juice
Fresh Apple
Unflavored 1% Milk
Fat Free Chocolate Milk
Strawberry Smoothie



9 Egg and Cheese Sandwich
Maple Mini Waffles
100% Apple Juice
Fresh Orange
Unflavored 1% Milk
Fat Free Chocolate Milk

10 Cinnamon French Toast
Unflavored 1% Milk
100% Apple Juice
Diced Pear Cup
Fat Free Chocolate Milk
Cinnamon Bun

11 Breakfast Sushi
Unflavored 1% Milk
100% Apple Juice
Diced Pear Cup
Fat Free Chocolate Milk
Soft Filled Cinnamon Toast Crunch Bar

12 Strawberry Mini Bagel
Glazed Donut with Cereal Topping
Fresh Orange
100% Apple Juice
Unflavored 1% Milk
Fat Free Chocolate Milk

13 Bacon, Egg and Cheese Breakfast Sandwich
100% Apple Juice
Unflavored 1% Milk
Fat Free Chocolate Milk
Strawberry Smoothie



16

17

SCHOOL CLOSED TODAY

18 Cinnamon Bun
Fresh Apple
100% Apple Juice
Unflavored 1% Milk
Fat Free Chocolate Milk
Soft Filled Cinnamon Toast Crunch Bar

19 Bacon, Egg and Cheese Wrap
Egg and Cheese Sandwich
Unflavored 1% Milk
100% Apple Juice
Fresh Apple
Strawberry Mini Bagel
Fat Free Chocolate Milk

20 WG Donut
Unflavored 1% Milk
100% Apple Juice
Fresh Apple
Egg and Cheese Sandwich
Fat Free Chocolate Milk
Strawberry Smoothie



23 Maple Mini Waffles
Sausage and Egg Sandwich
Unflavored 1% Milk
100% Apple Juice
Diced Peaches
Fat Free Chocolate Milk

24 Yogurt Breakfast Pack
yogurt served with a whole grain side and fruit
Unflavored 1% Milk
100% Apple Juice
Fat Free Chocolate Milk
Cinnamon Bun

25 WG Glazed Donut
Unflavored 1% Milk
100% Apple Juice
Diced Peaches
Fat Free Chocolate Milk
Soft Filled Cinnamon Toast Crunch Bar

26 Sausage and Egg Sandwich
Unflavored 1% Milk
100% Apple Juice
Diced Peaches
Strawberry Mini Bagel
Fat Free Chocolate Milk

27 Bacon, Egg and Cheese Breakfast Sandwich
100% Apple Juice
Unflavored 1% Milk
Fat Free Chocolate Milk
Strawberry Smoothie



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Prices

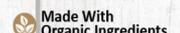
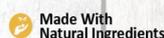
1st Meal no cost
2nd meal: ES \$2
Adult \$4
Milk:\$0.85

Available Daily

Assorted Reduced Sugar Breakfast Cereals,
Pop Tarts, Muffins, Juice, Milk & Fruits
Fresh Fruit (Apples and/or Oranges)

If you have any questions or would like additional information regarding this menu please contact your food service director

Kathy Coakley at 845-446-4914 ext 2890



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