

Coaches Spotlight

MEET COACH MARK ANZALONE

Head Coach, Varsity Volleyball

Q: What do you do outside of coaching?

A: Outside of coaching, I am a proud father of two sons. I am a teacher and a real estate agent.

Q: What has been your proudest moment as a coach at St. Joe's so far?

A: My proudest moment as a coach at St. Joe's is winning our first regular-season and playoff championship in 2023 and having an undefeated season in 2024.

Q: What are your goals for the team this season, and what challenges do you anticipate?

A: My goals for the season are:

- 1- To represent our school and our families as outstanding young men.
- 2- Win a Monsignor Martin Championship.
- 3- Be the number one-ranked team in WNY.

Q: Who has been the biggest influence on your coaching style and why?

A: The biggest influence on my coaching style comes from my father. He was a basketball and baseball coach for over 20 years. He was always firm but fair to his players, prepared for every situation, and gave his teams 100% effort at every practice and game.

Q: When you're not coaching, how do you like to spend your free time?

A: When I am not coaching, I like to spend my free time with friends and family. I enjoy playing volleyball, softball, and golf.

Q: What's one fun fact about you that people might not know?

A: A fun fact that people may not know about me is that I am the color commentator for UB Women's Volleyball on ESPN+.

Q: What's one lesson you hope every player takes away from their time with you?

A: One lesson I hope every player takes with them is to never give up, always put in 100% effort, and if you put the work in, anything is possible.