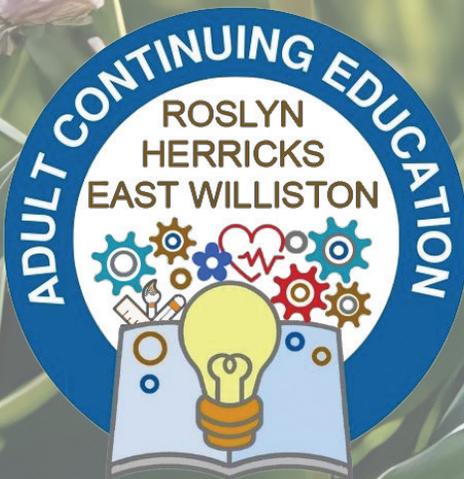


ADULT CONTINUING EDUCATION

ROSLYN • HERRICKS • EAST WILLISTON

SPRING 2026



FOLLOW US ON INSTAGRAM
@roslyn.adult.education

SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted

ADULT CONTINUING EDUCATION

ROSLYN • HERRICKS • EAST WILLISTON

(516) 801-5091 • (516) 801-5095 (FAX)

www.roslynschools.org

ONLINE REGISTRATION BEGINS FEBRUARY 9, 2026

Most classes begin the week of MARCH 2, 2026

All daytime classes will take place virtually. Most evening classes are in-person, some are virtual

DIRECTOR

Cynthia Younker

PROGRAM COORDINATORS

Susanne Weiss (Roslyn)

Linda Weiershauser (Herricks)

ADULT EDUCATION ADVISORY COMMITTEE

Alan Flyer, *Chairperson*

Shirley Chefetz

Maryann Combs

Francine Fabricant

Rupila Kalra-Lall

Cheryl Lenowitz

Erica Rubrum

Jodi Stuhl

Ann Tountas

The Advisory Committee provides community input into the Adult Continuing Education program. It is the longest continuously active committee in the Roslyn School District.

Class Locations:

- **Herricks Community Center** 999 Herricks Road, New Hyde Park, NY 11040
- **Roslyn High School** 475 Round Hill Road, Roslyn Heights, NY 11577
- **Harbor Hill School** 3 Glen Cove Road, Greenvale, NY 11548

Dear Community Members,

We're thrilled to share the Spring 2026 Adult Education Program—offered in partnership with the Roslyn, Herricks, and East Williston school districts. This season's lineup includes a dynamic mix of new and returning favorites, with courses available both in-person and online to fit your schedule and interests.

Whether you're looking to pick up a new hobby, sharpen your skills, or simply try something fun and different, there's something here for everyone. From fitness and cooking to technology, arts, and crafts, our classes are designed to spark curiosity, creativity, and connection.

Lifelong learning is at the heart of our mission, and we hope you'll join us in making this a season of exploration, growth, and community.

Warmly,

Allison Brown
Superintendent
Roslyn School District

CONTENTS

ADULT EDUCATION ADVISORY COMMITTEE	2	CRAFTS & GAMES	
OUR LOCATIONS	2	Mah Jongg: Supervised Play & Strategy	10
SUPERINTENDENT'S LETTER	2	Mah Jongg: Beginner	10
HOW TO BECOME A GOLD CARD MEMBER	3	Canasta Beginner	10
ONLINE REGISTRATION INSTRUCTIONS	4	Canasta Intermediate	10
VIRTUAL EXERCISE		Knitting (Beginner)	10
Interval Training	5	Beaded Jewelry Workshop	11
Non-Impact Aerobics	5	CRAFTS	11
Stretch & Tone	5	• Turquoise Gem Tree	
Core & Balance Combo	5	• Floral Suncatcher	
Mindful Yoga	5	CREATIVE ARTS	
IN-PERSON EXERCISE		The Art of Storytelling through Photography	13
Yoga	6	Painting on Canvas	13
ZUMBA-TONING®	6	Drawing: Pastels & Charcoal	13
Gentle Yoga/Stretching	6	Art History Lecture	13
SPORTS & DANCE		The Art of Paper Quilling	14
Israeli Dance	7	Watercolor Painting	14
Basketball	7	FINANCE / COURSES FOR SENIORS	
Introduction to Bollywood Dance	7	Estate Planning & Elder Law	15
CULTURE		Creating Your Lifetime Retirement Income Plan	15
with Sal St. George	8	Introduction to Investing	15
• Those Funny Boys from Brooklyn		Social Security: Your Questions Answered	15
• Frank Sinatra: A Man & His Movies		Planning for Your Child with Special Needs	15
AMERICA'S BOATING COARSE	8	HERRICKS SENIOR CITIZEN PROGRAMS	
COMPUTER & TECH SKILLS		Adult Day Program	16
Microsoft Excel	8	Herricks Senior Community Service Ctr. (Nutrition)	16
Getting Most Out of Your iPad & iPhone	8	Herricks Leisure Club	16
Chat GPT Made Easy (in-person)	8	GENERAL INFORMATION	17
Introduction to Chat GPT, Gemini & CoPilot (virtual)	8	OUR INSTRUCTORS	18 & 19
Introduction to CANVA (in-person)	8	ADULT EDUCATION CALENDAR	20
LIFESTYLES, HEALTH & WELLNESS		REGISTRATION FORMS	21 & 22
Flip This House	9	ROSLYN SCHOOL PERFORMANCES INFORMATION	23
Genealogy	9	<i>(This is NOT part of the Adult Education program)</i>	
Mediterranean Cooking Demonstration	9		

Become a **GOLD** Card Member

A Gold Card entitles you to a discount on many of our adult education courses as well as discount tickets to our local school performances. See reflected gold card prices with each program in the listing.

You must be a resident of the Roslyn, Herricks or East Williston school district and 60 years young or over.

Call 516-801-5091 to sign up for a Gold Card.

How to Register Online

Visit the Adult Education Web Store at:

<https://roslynschools.revtrak.net>

ONLINE REGISTRATION BEGINS MONDAY, FEBRUARY 9, 2026

ROSLYN, HERRICKS & EAST WILLISTON SCHOOL DISTRICT RESIDENTS PAY THE RESIDENT FEE FOR ALL COURSES

1. Click the **Adult Education** button located on the homepage.
2. Select a **category**, and then choose the **class** for which you want to register.
3. Select **Click Here to Register** to proceed with the registration process.
4. If this is the first time you are using Revtrak, select **Create and Account**. If you already have an account, select **Returning Customer**, login and skip to step 6.
5. **Answer all required questions** before continuing with registration.
6. Select the **exact person** you wish to register for the selected class.
NOTE: The selected participant MUST be the name of the person attending the class.
7. Select **Continue** if the person you are registering is yourself, OR, if you are registering someone else, select **A New Person** and fill out the requested information.
8. Select the **Continue to Shop** OR **Add to Shopping Cart** buttons at the bottom of the screen. *NOTE: Your class will be added to the cart if you press either button.*
9. Once you are in the **Checkout** screen, you can fill in your payment information and verify the billing address. (To continue to shop, click the "X" in the upper left corner of the window).
10. Click **Place Order**. Your payment will be processed and a receipt will also be emailed to the address in your account.

What happens after I register for a class?

When you sign up for a class online, via mail or fax, you will receive an email confirmation of your registration.

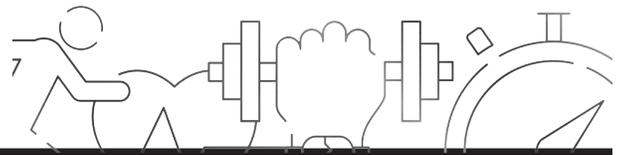
The Adult Education office will contact you if a class for which you registered will **not** be running, there's a change in schedule, or there's some unusual circumstance.

If you're in doubt about whether your registration was received, please call

516-801-5091

or email adultedu@roslynschools.org

American Express, Visa, MasterCard, Discover and eChecks accepted



IMPORTANT: Those enrolling in exercise, fitness, dance or sports programs should make certain that specific course requirements and activities are appropriate for them. Check with your physician before participating in any program. The Roslyn Public Schools relies on each individual to seek appropriate medical advice as to his/her capacity to participate, and will not be responsible for any injuries, damages or loss resulting from an individual's inability to do so.

INTERVAL TRAINING

Higher-Impact Workout (VIRTUAL)

Barbara Romeo

Start your day with an energetic workout in the privacy of your own home via Zoom. The class has a combination of low-impact aerobics (to increase cardiovascular endurance), weight training and resistance bands (to improve bone density and muscle tone), and abdominal and pelvic exercises (to strengthen and firm the lower back), done in four-minute intervals. You will need an exercise mat and weights.

These classes are virtual.

421 • INTERVAL TRAINING SECTION I (VIRTUAL)

Mondays starting March 2 8:30am to 9:45am
12-Sessions

Mondays: March 2, 9, 16, 23, 30 and April 13, 20, 27 and May 4, 11, 18 and June 1

FEES: Resident \$112 | Gold Card \$100 | Non-Resident \$124

422 • INTERVAL TRAINING SECTION II (VIRTUAL)

Wednesdays starting March 4 8:30am to 9:45am
12-Sessions

Wednesdays: March 4, 11, 18, 25 and April 1, 15, 22, 29 and May 6, 13, 20, 27

FEES: Resident \$112 | Gold Card \$100 | Non-Resident \$124

423 • INTERVAL TRAINING SECTION III (VIRTUAL)

Fridays starting March 6 8:30am to 9:45am
12-Sessions

Fridays: March 6, 13, 20, 27 and April 17, 24 and May 1, 8, 15, 22, 29 and June 5

FEES: Resident \$112 | Gold Card \$100 | Non-Resident \$124

MINDFUL YOGA

Linda Cafiero (VIRTUAL)

Being fully present in the moment with all you experience in your mind, body and spirit with patience, compassion and a deeper understanding of your true nature. Wear loose clothing and use a yoga mat. Prior yoga instruction/experience is recommended. **This class is virtual.**

428 • MINDFUL YOGA (VIRTUAL)

Tuesdays starting March 3 9:30am to 11am
12-Sessions

Tuesdays: March 3, 10, 17, 24, 31 and April 14, 21, 28 and May 5, 12, 19 and June 2

FEES: Resident \$95 | Gold Card \$85 | Non-Resident \$105

NON-IMPACT AEROBICS

Lower-Impact Workout (VIRTUAL)

Carin Sanders

If you are looking for a non-impact, low intensity workout, join us for an hour of fun and fitness. All exercises are performed seated in a chair or standing. Resistance bands and medicine balls are also utilized during the class.

This class is virtual.

400 • NON-IMPACT AEROBICS (VIRTUAL)

Mondays starting March 2 9am to 10am
12-Sessions

Mondays: March 2, 9, 16, 23, 30 and April 13, 20, 27 and May 4, 11, 18 and June 1

FEES: Resident \$112 | Gold Card \$100 | Non-Resident \$124

CORE & BALANCE

Lower-Impact Workout (VIRTUAL)

Carin Sanders

Balance-targeted exercises to strengthen your core and abs, blended with elements of *capoeira*, a Brazilian-inspired system especially suited to building balance and core. A non-strenuous approach to improving your balance.

This class is virtual.

410 • CORE & BALANCE (VIRTUAL)

Thursdays starting March 5 9:15am to 10am
12-Sessions

Thursdays: March 5, 12, 19, 26 and April 16, 23, 30 and May 7, 14, 21, 28 and June 4

FEES: Resident \$88 | Gold Card \$76 | Non-Resident \$100

STRETCH & TONE

Lower-Impact Workout (VIRTUAL)

Carin Sanders

Join us for a wonderful hour of safe, healthy, non-aerobic activity. This virtual class will offer stretching and muscle strengthening activities to music. You will improve both upper and lower body strength. It is advisable to consult your physician before beginning any exercise program. You will need a mat or large towel. **This class is virtual.**

405 • STRETCH & TONE (VIRTUAL)

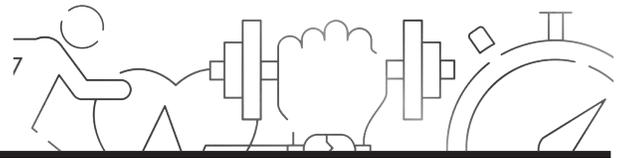
Thursdays starting March 5 10am to 11am
12-Sessions

Thursdays: March 5, 12, 19, 26 and April 16, 23, 30 and May 7, 14, 21, 28 and June 4

FEES: Resident \$112 | Gold Card \$100 | Non-Resident \$124

IN-PERSON

Exercise & Fitness



YOGA

Mia Tojal

Open to students of all levels, this class draws from a range of yoga traditions including vinyasa, core strength vinyasa, and gentle flow. Explore the postures and fundamental principles of vinyasa yoga, pranayama (control of breath) and meditation. This foundation-building class will work every muscle through movement and breath at a moderate and intuitive pace. Come to learn, play, and perhaps even break a sweat in a supportive setting. No experience required, just your willingness to try and discover your potential. A yoga mat is required; blocks are optional.

This class is in-person

HERRICKS COMMUNITY CENTER / GYM

AEH45 • YOGA (IN-PERSON)

Wednesdays starting March 4 6:45pm to 7:45pm

10-Sessions

Wednesdays: March 4, 11, 18, 25 and April 1, 15, 22, 29 and May 6, 13

FEES: Resident \$114 | Gold Card \$106 | Non-Resident \$122

ROSLYN HIGH SCHOOL/ADULT ED EXERCISE ROOM

430 • YOGA (IN-PERSON)

Thursdays starting March 5 5:15pm to 6:15pm

10-Sessions

Thursdays: March 5, 12, 19, 26 and April 16, 23, 30 and May 7, 14, 21

FEES: Resident \$114 | Gold Card \$106 | Non-Resident \$122

GENTLE YOGA/ STRETCHING

Lower-Impact Workout

Nandini Trivedi

This practice goes through a slow flow of forward bends, backbends and twists that are easier on the body. We will end with a guided relaxation. All levels are welcome!

This class is in-person

ROSLYN HIGH SCHOOL/ADULT ED EXERCISE ROOM

427 • GENTLE YOGA/STRETCHING (IN-PERSON)

Wednesdays starting March 4 7pm to 8pm

10-Sessions

Wednesdays: March 4, 11, 18, 25 and April 1, 15, 22, 29 and May 6, 13

FEES: Resident \$122 | Gold Card \$114 | Non-Resident \$130

ZUMBA-TONING®

All Levels Welcome

Amy Cordero

Zumba Toning takes Zumba to the next level, improving overall fitness by integrating muscle work and international rhythms via a combination of cardio and dynamic resistance exercises. And it's fun! Zumba Toning Sticks or light hand weights (2 pounds or less) are recommended, but optional. Dress in your favorite activewear, and bring a towel and water. All levels are welcome!

Materials fee (optional): \$20 (Toning Sticks)

This class is in-person

HERRICKS COMMUNITY CENTER / GYM

AEH47 • ZUMBA-TONE (IN-PERSON)

Wednesdays starting March 4 5:30pm to 6:30pm

10-Sessions

Wednesdays: March 4, 11, 18, 25 and April 1, 15, 22, 29 and May 6, 13

FEES: Resident \$114 | Gold Card \$106 | Non-Resident \$122



SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>

American Express, Visa, MasterCard, Discover and eChecks accepted

IN-PERSON

Sports & Dance



ISRAELI DANCE

Deborah Faust

This is an introductory class for beginners who would like to learn a variety of circle and line dances. Wear comfortable clothing and please bring a water bottle.

This class is in-person.

**ROSLYN HIGH SCHOOL / ADULT ED EXERCISE ROOM
498 • ISRAELI DANCE (IN-PERSON)**

Wednesdays starting March 4 5pm to 6pm

6-Sessions

Wednesdays: March 4, 11, 18, 25 and April 1 & 15

FEES: Resident \$68 | Gold Card \$60 | Non-Resident \$76

BASKETBALL

Chris Garrey

Come play basketball! Get your cardiovascular exercise in a fun and engaging way. This course is designed to provide maximum participation in 3 to 4 person, half court or 5-person full court basketball. **MUST BE 18 years or older to play.**

Class size limited. This class is in person.

HERRICKS COMMUNITY CENTER / GYM

AEH41 • BASKETBALL (IN-PERSON)

Wednesdays starting March 4 8pm to 9:30pm

12-Sessions

Wednesdays: March 4, 11, 18, 25 and April 1, 15, 22, 29 and May 6, 13, 20, 27

FEES: Resident \$140 | Gold Card \$132 | Non-Resident \$148

INTRODUCTION TO BOLLYWOOD DANCE



Siddhi Vaishnav

Nartan Rang Dance Academy

This dynamic genre combines classical Indian dance forms with contemporary influences, creating attractive and energetic performance art. Bollywood dance celebrates diversity and creativity. Let's explore the rich history, cultural significance, and various styles of Bollywood dances that continue to evolve and inspire with every beat!

This class is in-person.

HARBOR HILL SCHOOL / CAFETERIUM

439 • BOLLYWOOD DANCE (IN-PERSON)

Wednesdays starting March 11 7pm to 8pm

5-Sessions

Wednesdays: March 11, 18, 25 and April 1, 15

FEES: Resident \$75 | Gold Card \$70 | Non-Resident \$80



**SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted**



Those Funny Boys from Brooklyn
presented by Sal St. George
Thursday, April 16 at 7pm

From the tree-lined streets of beautiful Brooklyn, New York, we proudly introduce to you a plethora of some of the wackiest, zaniest, and most outrageous comedy stars of the 20th Century! Join us as we reveal the backstory of EIGHT Brooklyn-born classic funnymen including Jimmy Durante, The Three Stooges, Phil Silvers, Henny Youngman, Woody Allen, Dom DeLuise, Jerry Stiller, and Buddy Hackett. Included in this hilarious presentation are rare photos and video clips depicting the comedy stars at their best! Plus, don't be surprised if several other notable comedy Brooklynites make an unannounced appearance.



Frank Sinatra: A Man & His Movies
presented by Sal St. George
Thursday, May 7 at 7pm

Considered the greatest singer of the 20th Century, Frank Sinatra earned nicknames such as Ol' Blue Eyes and The Chairman of the Board. Although his recording career is punctuated with countless musical milestones, his motion picture career is equally impressive. From spirited musicals such as Guys & Dolls, High Society and On The Town to dramatic endeavors such as his Oscar-winning performance in From Here To Eternity to The Manchurian Candidate and The Man With the Golden Arm, Sinatra delivered memorable performances and received critical, as well as public, accolades. Learn about Frank Sinatra's impressive, and at times much maligned, Hollywood motion picture career.



ROSLYN HIGH SCHOOL/LECTURE HALL B
947 • LECTURE: THOSE FUNNY BOYS FROM BROOKLYN (IN-PERSON)
Thursday, April 16 from 7pm to 8:30pm
FEES: Resident \$25 | Gold Card \$20 | Non-Resident \$30

ROSLYN HIGH SCHOOL/LECTURE HALL B
948 • LECTURE: FRANK SINATRA (IN-PERSON)
Thursday, May 7 from 7pm to 8:30pm
FEES: Resident \$25 | Gold Card \$20 | Non-Resident \$30

Sal St. George is an Award-winning playwright, comedy writer, theatrical director, and Hollywood historian, Sal St. George captivates audiences with stories of America's greatest leaders, legends, and icons. Sal is a popular speaker on the subject of Classic American Comedy, 20th Century Pop Culture, and Motion Picture history. He is also an acclaimed Adjunct Professor at several colleges and universities.

Boating

AMERICA'S BOATING COURSE®
For new and experienced boaters
Thomas Peltier, Oyster Bay Sail Power Squadron

America's Boating Course: New York State Law requires: "all operators of motorized vessels, regardless of age," to obtain a safe boating certificate.

The America's Boating Club®/United States Power Squadrons' course focuses on New and Experienced boater educational needs:

- rules of the road
- proper seamanship
- navigational aids
- know what's new before you go
- nautical knots
- using a marine radio /GPS

This 4-week course (8 hours as required by NYS) is a blended learning experience with a proctored NYS approved exam. 3 classes via ZOOM beginning March 4 and 4th class held in the Syosset High School Room A-11

All classes are hosted by certified instructors: Virtual sessions required students to have a computer, laptop, tablet or smartphone with a camera enabling them to participate via ZOOM.

The In-Person session will be held at Syosset HS. Education Material will be distributed prior to the first class. The squadron members of Long Island are always available to help you operate your boat safely.

This Course is free for Qualified Veterans.

For additional information contact Thomas by email: OBSEO@boatosterbay.net

**MAIL TO: Oyster Bay Power Squadron
PO Box 13, Oyster Bay, NY 11771**

PLEASE COMPLETE A REGISTRATION FORM OR REGISTER ONLINE TO RESERVE YOUR PLACE AND MAIL YOUR \$65 CHECK TO OYSTER BAY POWER SQUADRON (contact OBSEO@boatosterbay.net to pay with PayPal)

320 • AMERICA'S BOATING COURSE

Wednesdays starting March 4 7:30pm to 9:30pm
4-sessions
First 3 classes via ZOOM
4th class is held in the Syosset High School Rm A-11

Computer & Tech Skills



MICROSOFT EXCEL

Terrylynn Bayon

This course will enable you to become more proficient in one of the most powerful software tools in use in business and at home. Join our expert instructor for an in-depth, hands-on class that will provide you with greater facility in Excel. You will learn more about entering data, formatting rows, columns and cells, inserting mathematical formulas, automatically filling cells, sorting, and creating charts. Learn how to use this universal product. You will make your home and professional life more efficient and productive. Basic knowledge of MS Excel is required. **Class size limited.**

This class is in-person.

**ROSLYN HIGH SCHOOL/COMPUTER LAB ROOM 142
145 • EXCEL (IN-PERSON)**
Wednesdays starting March 4 6:30pm to 8:30pm
8-Sessions
Wednesdays: March 4, 11, 18, 25 and April 1, 15, 22, 29
FEES: Resident \$132 | Gold Card \$124 | Non-Resident \$140

GETTING THE MOST OUT OF YOUR iPad® & iPhone®

Terrylynn Bayon

If you have an iPad but feel overwhelmed by all of its possibilities, our master computer teacher will help you get the most out of this amazing device. In this beginner class, learn to use maps and email, play music, search and browse the Internet, and find the best apps for your needs from among the many thousands available. Bring your iPad and/or iPhone along with your questions and let us show you what you've been missing! *Note: The class covers Apple devices only.*

Class size limited. This class is in-person.

**ROSLYN HIGH SCHOOL/COMPUTER LAB ROOM 142
199 • iPad & iPhone (IN-PERSON)**
Thursdays starting March 5 6:30pm to 8:30pm
8-Sessions
Thursdays: March 5, 12, 19, 26 and April 16, 23, 30 and May 14 (no class May 7)
FEES: Resident \$132 | Gold Card \$124 | Non-Resident \$140

INTRODUCTION TO ChatGPT, GEMINI and COPILOT

(VIRTUAL)

Sharper Training Solutions

In this class, you will learn about the latest technology to hit mainstream; AI. Students will learn about the newest options, including ChatGPT, Google's Gemini and MS CoPilot as well how to navigate the sites, and the benefits and precautions using AI. No prerequisites. **This class is virtual.**

A link will be emailed to you before the class begins.

112 • INTRODUCTION TO ChatGPT, Gemini and CoPilot (VIRTUAL)
Wednesday, April 15 7pm to 8:30pm
FEES: Resident \$35 | Gold Card \$30 | Non-Resident \$40

ChatGPT Made Easy: Practical AI Skills

(IN-PERSON)

Terrylynn Bayon

Transform AI from intimidating to empowering. Learn how to use the most popular AI app, ChatGPT, in this in person - hands on course. You will learn what everyone is talking about and how you can responsibly integrate AI (Artificial Intelligence) into your real-world tasks. This course introduces the basics of prompting and evaluating AI responses. Attend and discover how with ChatGPT you can boost your productivity, creativity, and everyday problem-solving. You are welcome to bring your cell phone and use the ChatGPT app (that you've previously installed) or you can use one of our computers in our lab. **Class size limited.**

This class is in person.



**ROSLYN HIGH SCHOOL/COMPUTER LAB ROOM 142
136 • ChatGPT Made Easy (IN-PERSON)**
Tuesdays, April 21 & 28 6:30pm to 8:30pm
2-Sessions
FEES: Resident \$50 | Gold Card \$45 | Non-Resident \$55

INTRODUCTION TO CANVA

(IN-PERSON)

Sharper Training Solutions

In this hands-on class, learn how to create beautiful designs and professional graphics with Canva. Whether it is a photo editor, create picture collage, logo, invitation or poster, Canva makes online graphic design easy.

Prerequisite – basic computer skills



**ROSLYN HIGH SCHOOL/COMPUTER LAB ROOM 142
111 • INTRODUCTION TO CANVA (In-Person)**
Wednesday, May 13 7pm to 8:30pm
FEES: Resident \$35 | Gold Card \$30 | Non-Resident \$40





FLIP THIS HOUSE

William Adlman

Do you have a desire to get involved with flipping houses, but are not sure where or how to get started? This course will reveal what the instructor has learned in 21 years of buying, renovating, and “flipping” homes. You will learn everything from securing the cash you need to finance your venture, to finding undervalued properties, to negotiating the price so that you can sell the home at a profit. You will learn how to make profitable renovation decisions and how to market your property. The course will cover devising a successful flipping strategy, how to build your dream team, guesstimating the return on your investment, choosing your target market, prioritizing and planning your renovation, and selling.

This class is in-person.

ROSLYN HIGH SCHOOL, ROOM 134

535 • FLIP THIS HOUSE (IN-PERSON)

Tuesdays, April 14 and 21

7pm to 9pm

2-Sessions

FEES: Resident \$54 | Gold Card \$44 | Non-Resident \$64

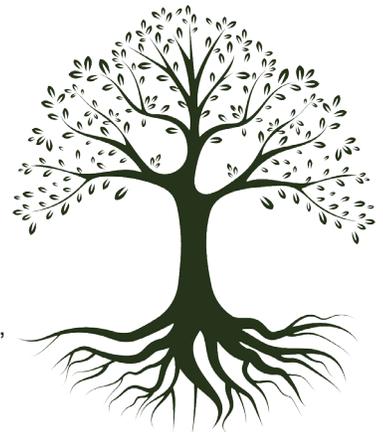
GENEALOGY

Jean King

Whether you are just getting started or need new insights to genealogical resources, this 3-part course will educate you on the basics of genealogy and touch on subjects like census records, vital records, military records, naturalization records and passenger lists.

Class size limited.

This class is in-person.



ROSLYN HIGH SCHOOL ROOM 137

970 • GENEALOGY (IN-PERSON)

Wednesdays, March 18, 25 and April 1

7pm to 8:30pm

3-Sessions

FEES: Resident \$62 | Gold Card \$52 | Non-Resident \$72

COOKING DEMONSTRATION

Mediterranean Dips & Chips

Naela Zeidan

Join us for a delectable lesson on the art of Mediterranean cooking. Participants will have the opportunity to learn how to make **hummus, baba ganoush, olive oil with za'atar with HOMEMADE Pita Bread!**

ROSLYN HIGH SCHOOL/CAFETERIA

930 • COOKING DEMONSTRATION

Thursday, March 5

6:30pm to 8:30pm

1-Session

FEES: Resident \$25 | Gold Card \$20 | Non-Resident \$30



COME HUNGRY!

Leave Happy! 😊



SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>

American Express, Visa, MasterCard, Discover and eChecks accepted



MAH JONGG: SUPERVISED PLAY AND STRATEGY

Lisa Kimoto

Come play this popular tile-based game of skill, strategy, calculation, and luck. This course is for anyone who knows the basics or took the beginner class and needs a refresher. We will focus on hand building, strategy and some tips and tricks. Students must know how to play Mah Jongg or have taken a beginner course. Bring your Mah Jongg set to class if you have one. Class limit to 22 students

Materials Fee: \$15 cash or check to Lisa Kimoto for the 2025 NMJL card if you don't have a card.

This class is in-person.

ROSLYN HIGH SCHOOL LIBRARY

637 • MAH JONGG PLAY & STRATEGY (IN-PERSON)

Mondays starting March 2 6pm to 7:30pm
8-Sessions

Mondays: March 2, 9, 16, 23, 30 and April 13, 20, 27

FEES:Resident \$110 | Gold Card \$105 | Non-Resident \$115

CANASTA FOR BEGINNERS

Deborah Faust

With step-by-step instructions, you will learn the basics of this card game while gaining the skills to play with others while having fun and making friends. *This class is in-person.*

ROSLYN HIGH SCHOOL LIBRARY

632 • CANASTA: BEGINNERS (IN-PERSON)

Thursdays starting March 5 5pm to 7pm
6-Sessions

Thursdays: March 5, 12, 19, 26 and April 16, 23

FEES:Resident \$157 | Gold Card \$147 | Non-Resident \$167

CANASTA INTERMEDIATE

Deborah Faust

This class is for those who have some game-playing experience. Continue reviewing the game and learning strategies. We'll have fun becoming even better Canasta players! *This class is in-person.*

ROSLYN HIGH SCHOOL LIBRARY

633 • CANASTA: INTERMEDIATE (IN-PERSON)

Wednesdays starting March 4 6:30pm to 8:30pm
6-Sessions

Wednesdays: March 4, 11, 18, 25 and April 1 & 15

FEES:Resident \$157 | Gold Card \$147 | Non-Resident \$167

MAH JONGG: BEGINNER

Lisa Kimoto

This class is for a student who has never played Mah Jongg and wants to learn. Join the fast-growing trend and meet new friends while learning the exciting and thought-provoking game of American Mah Jongg. The course covers all aspects of the game including understanding the card, selecting a hand, and playing strategies which all lead to the ultimate Mah Jongg! By the second class, the games begin and the challenge is on! Bring your Mah Jongg set to class if you have one. PLEASE NOTE: It is imperative that you attend the first 2 classes where the premise and rules of the game are explained! Class limit to 18 students

Materials Fee: \$15 cash or check to Lisa Kimoto for the 2025 NMJL card. This class is in-person.

ROSLYN HIGH SCHOOL LIBRARY

635 • MAH JONGG BEGINNER (IN-PERSON)

Mondays starting March 2 7:30pm to 9pm
8-Sessions

Mondays: March 2, 9, 16, 23, 30 and April 13, 20, 27

FEES:Resident \$110 | Gold Card \$105 | Non-Resident \$115

KNITTING FOR BEGINNERS

Pat Korn

For beginners or those who need a refresher, students will learn about the various yarns and equipment used as well as the basic stitches of knit, purl, cast on, bind off, increasing, decreasing, etc. Participants will produce combinations of patterns utilizing the basic stitches and will learn about color and textures and come away with a beginning understanding of reading patterns, adjusting gauge, and will knit a project suitable for their level of skill. Please bring to class 10" length aluminum knitting needles US sizes, 6, 7, and 8 Susan Bates Silvalume package. Bring one skein (small up to 200 yards) worsted weight no. 4 acrylic SMOOTH light colored yarn for practice. Other materials will be discussed in class. Come relax, meet new friends, laugh, and be inspired.

This class is in-person.

ROSLYN HIGH SCHOOL LIBRARY

660 • KNITTING BEGINNER (IN-PERSON)

Tuesdays starting March 3 6:30pm to 8:30pm
8-Sessions

Tuesdays: March 3, 10, 17, 24, 31 and April 14, 28 and May 5
(no class April 21)

FEES:Resident \$124 | Gold Card \$118 | Non-Resident \$130

SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>

American Express, Visa, MasterCard, Discover and eChecks accepted



TURQUOISE GEM TREE

Christin Nash

You'll leave with a one-of-a-kind turquoise gem tree, a beautiful piece of art that serves as a constant reminder of the stone's powerful and positive energy. Learn how to manipulate jewelry wire, secure the stones and shape and arrange the branches to create a unique & personal design. Perfect for all skill levels.



Class size limited.

This class is in-person.

\$25 materials fee due to the instructor

ONE WEEK IN ADVANCE Venmo @Christin-Nash or ZELLE 516-782-3861 (please include class date in memo)

ROSLYN HIGH SCHOOL / ROOM 114
328 • TURQUOISE GEM TREE (IN-PERSON)
 Wednesday, March 25 7pm to 9pm
 1-Session
FEES: Resident \$25 | Gold Card \$20 | Non-Resident \$30

BEADED JEWELRY WORKSHOP

Rekha Mehta

Learn the basic skills needed to create well-crafted jewelry. Each class will feature a new skill and you will take home a beautiful one of a kind quality piece of jewelry for your self or as a gift. All materials will be provided at a reasonable cost payable to the instructor at the first class.



ROSLYN HIGH SCHOOL / ROOM 114
670 • BEADED JEWELRY WORKSHOP (IN-PERSON)
 Thursdays beginning March 5 6pm to 8pm
 4-Sessions
 Thursdays, March 5, 12, 19 & 26
FEES: Resident \$60 | Gold Card \$55 | Non-Resident \$65

FLORAL SUNCATCHER

Christin Nash

Step into a moment of tranquility and creativity! Learn the beautiful and relaxing art of making pressed flower suncatchers.



Using a selection of vibrant, real pressed flowers and botanical elements, you will discover the techniques for artfully arranging and encapsulating these natural treasures between two panes of glass. This process creates a stunning piece of translucent window art that catches the sunlight and brings the everlasting beauty of a garden indoors. Learn tips and tricks for choosing and composing your pressed flowers for visual impact, how to securely assemble your suncatcher, and how to add a hanging loop and polish your creation to a professional shine.

Class size limited. This class is in-person.

\$22 materials fee due to the instructor

ONE WEEK IN ADVANCE Venmo @Christin-Nash or ZELLE 516-782-3861 (please include class date in memo)

ROSLYN HIGH SCHOOL / ROOM 114
329 • FLORAL SUNCATCHER (IN-PERSON)
 Wednesday, May 13 7pm to 9pm
FEES: Resident \$25 | Gold Card \$20 | Non-Resident \$30



IN-PERSON

Creative Arts



THE ART OF STORYTELLING THROUGH PHOTOGRAPHY

Anisha Kall

Each photograph is said to say a thousand words. Learn techniques to help you use photography to tell your stories. Photography is an art form that allows you to draw your ideas. When you photograph, you are drawing with light. We will learn about various ways to harness the light, experiment with light to create a mood in your images, learn techniques to create effective compositions, understand exposure, and learn the importance of a setting. We will also cover framing, editing, and organizing your images and explore themes and subjects which will help us tell our stories through photography. Whether you wish to tell a story about your favorite color or a loved one, we will explore ways to create the stories that will resonate. Join us on adventures to seek out our stories through the lens of photography. Film camera, digital camera, or camera phone required.

This class is in-person.

ROSLYN HIGH SCHOOL/COMPUTER LAB ROOM 142
170 • DIGITAL PHOTOGRAPHY (IN-PERSON)

Tuesdays starting March 3 6:30pm to 8:30pm

5-Sessions

Tuesdays: March 3, 10, 17, 24, 31

FEES: Resident \$95 | Gold Card \$90 | Non-Resident \$100

DRAWING: PASTELS & CHARCOAL

Anisha Kall

Take time out of your day to truly relax, and maybe achieve a New Year's resolution to try something new or mindful. Whatever the reason, come spend a few hours drawing with pastels and charcoal. We will learn how to build a form, blend values, create light and dark areas with the materials, and just have fun. It will be messy fun, but good for the soul.

This class is in-person.

ROSLYN HIGH SCHOOL / ROOM 115
326 • DRAWING: PASTELS & CHARCOAL (IN-PERSON)

Tuesdays beginning April 14 6:30pm to 8:30pm

3-Sessions

Tuesdays, April 14, 28 and May 5 (no class on April 21)

FEES: Resident \$75 | Gold Card \$70 | Non-Resident \$80

PAINTING ON CANVAS

Anisha Kall

Discover how to express yourself through painting. Participants will learn how light, space, shapes, and lines, can be used to create visuals that inspire a particular mood. The course will cover basic painting techniques like color mixing and paint strokes, as well as techniques such as the grid method. In a relaxed environment, you will be guided to create original works of art and uncover vision and artistic voice. This course is not only a way to take time for yourself, but also to get to know yourself and help you see things in new ways. A supply list will be provided. ***Class size limited. This class is in-person.***

ROSLYN HIGH SCHOOL / ROOM 115

225 • PAINTING ON CANVAS (IN-PERSON)

Thursdays starting March 5

6:30pm-8:30pm

8-Sessions

Thursdays: March 5, 12, 19, 26 and April 16, 23, 30 and May 7

FEES: Resident \$132 | Gold Card \$122 | Non-Resident \$142

LECTURE:

Modern Art's Beginnings: Sparking the Art Movement in New York

Anisha Kall

Join us as we explore some events and legends of the 20th Century that shaped people intellectually, artistically, philosophically, and spiritually. We will observe together some of the early movements of Modern Art in Europe (Impressionism and Cubism) and wind around to New York City, where the shattering of norms and defiant works by the Abstract Expressionists both horrified and delighted the art community and the eyes of America. Works by artists such as: Paul Cezanne, Pablo Picasso, Jackson Pollock, Lee Krasner, Willem De Kooning, Elaine DeKooning, Franz Kline, Helen Frankenthaler, Arshile Gorky, Mark Rothko, and, if time allows, more.

ROSLYN HIGH SCHOOL LECTURE HALL B
350 • ART HISTORY (IN-PERSON)

Wednesday, March 25

6:30pm to 8pm

1-Session

FEES: Resident \$25 | Gold Card \$20 | Non-Resident \$30

SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted

IN-PERSON

Creative Arts

The Art of PAPER QUILLING

Nalini Adele Cerciello

The class introduces students to the art of Paper Quilling - rolling, shaping and arranging narrow strips of paper to create decorative designs. Learn essential techniques for forming coils, teardrops, marquise shapes, and scrolls using simple tools like a slotted quilling tool and other stencils. Students will combine these elements to decorate cards, framed artwork, and other pieces of art. The process is relaxing and meditative, making the class enjoyable for beginners and experienced crafters alike. By the end, students will complete their own quilled pieces of art, gain a deeper understanding of paper-filigree techniques and the confidence to experiment on their own. **Class size limited.**

This class is in-person.

\$30 materials fee due in cash or Venmo to the instructor the night of the program

ROSLYN HIGH SCHOOL / ROOM 115

324 • PAPER QUILLING (IN-PERSON)

Mondays starting April 13

6:30pm-8pm

6-Sessions

Mondays, April 13, 20, 27 and May 4, 11, 18

FEES: Resident \$75 | Gold Card \$70 | Non-Resident \$80

WATERCOLOR PAINTING

George Black

Express your creativity with Watercolor painting!

In this class you will explore the use of different watercolor techniques such as watercolor wash, wet into wet, wet into dry, color mixing, as well as the use of value. This class is for beginner and intermediate students. **Class size limited.**

This class is in-person.

Needed for first class:

- White watercolor pad (140lb., 11"X15")
- #2H or 3H drawing pencil and kneaded eraser
- Nylon round paint brushes (#2, #6 and #8)
- A tube of ultramarine blue watercolor paint
- A small plastic cup, aluminum muffin tin or plate
- Roll of paper towels and masking tape

A complete supply list will be given out at the first class

ROSLYN HIGH SCHOOL / ROOM 113

325 • WATERCOLOR PAINTING (IN-PERSON)

Tuesdays starting March 3

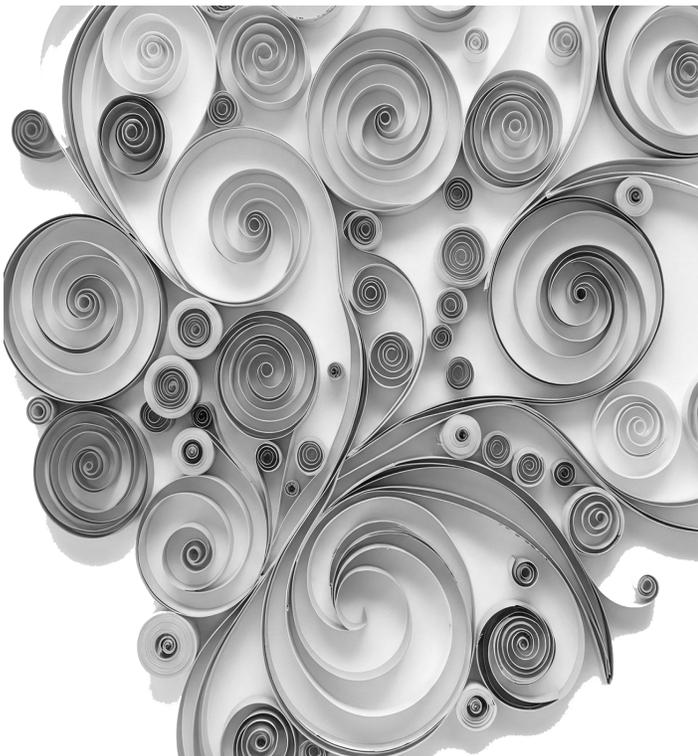
6:30pm to 8:30pm

8-Sessions

Tuesdays: March 3, 10, 17, 24, 31 and April 14, 28 and May 5

(no class on April 21)

FEES: Resident \$130 | Gold Card \$125 | Non-Resident \$135



SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted

Finance & Courses for Seniors



ESTATE PLANNING & ELDER LAW: Protecting Your Assets

Michael J. Greenberg, Esq.

Learn how to legally avoid estate taxes and nursing home costs, as well as how to keep family assets from ultimately ending up in the hands of your children's spouses, all without surrendering control. You will be taught what needs to be done in order to pass assets to children free of estate taxes, how you can protect your home from future nursing home costs, how you can avoid in-laws from gaining access to your family's estate, and how to avoid problems that may arise out of the probate process. How trusts and other estate planning documents (Will, Living Will, Health Care Proxy, and Power of Attorney) can be used to accomplish these goals will be discussed as part of the presentation.

This class is in-person.

ROSLYN HIGH SCHOOL ROOM 134

885 • ESTATE PLANNING/ELDER LAW (IN PERSON)

Wednesday, May 13 (1-Session) 7pm to 8:30pm

FEES: Resident \$32 | Gold Card \$27 | Non-Resident \$37

CREATING YOUR LIFETIME RETIREMENT INCOME PLAN



Jeffrey R. Silverman

Did you know that for many, retirement can span 30 or more years? How can you make sure that your income will continue to flow throughout your retirement years? This program will explore concepts that can help you plan a retirement income strategy with the goal of maximizing income, minimizing taxes using the new tax laws, staying ahead of inflation with protective growth strategies for your own retirement accounts, creating predictable lifetime income, maximizing social security benefits, and blending financial and legal strategies to preserve and protect your assets. **If you are retired or thinking about retirement, you will not want to miss this program!** *This class is in-person.*

ROSLYN HIGH SCHOOL ROOM 137

887 • CREATING YOUR LIFETIME RETIREMENT INCOME PLAN (IN PERSON)

Tuesday, March 10 (1-Session) 7pm to 9pm

FEES: Resident \$32 | Gold Card \$27 | Non-Resident \$37

Introduction to INVESTING

Katherine Kanen, CFP

Learn the key steps to financial success. Focus on a planning a strategy, quality investments, diversity, long term investing, staying on track and focusing on what you can control.

This class is in-person.

ROSLYN HIGH SCHOOL ROOM 134

876 • INTRO TO INVESTING (IN-PERSON)

Monday, April 27 (1-Session) 7pm to 8:30pm

FEES: Resident \$32 | Gold Card \$27 | Non-Resident \$37

PLANNING FOR YOUR CHILD WITH SPECIAL NEEDS

Jeffrey R. Silverman

Parents have numerous issues to consider in planning for the long-term wellbeing of their children with special needs. With new tax laws and changes in government benefits, planning becomes even more important. This program will examine aspects that need to be considered in developing a life plan that will help to provide the best future possible. Topics will include: Creating financial security during uncertain times; Strategies to protect your child's assets; Special Needs Trusts; Government Benefits; Guardianship; and Future housing. *This class is in-person.*

ROSLYN HIGH SCHOOL ROOM 137

880 • PLANNING SPECIAL NEEDS (IN-PERSON)

Monday, March 16 (1-Session) 7pm to 9pm

FEES: Resident \$32 | Gold Card \$27 | Non-Resident \$37

SOCIAL SECURITY Your Questions Answered

Katherine Kanen, CFP

This program for people who are nearing retirement, ages 55 and up who have questions about social security.

How does Social Security fit into my retirement income plan? When should I start taking benefits? What about taxes?

This class is in-person.

ROSLYN HIGH SCHOOL ROOM 134

875 • SOCIAL SECURITY OVERVIEW (IN-PERSON)

Monday, March 23 (1-Session) 7:00-8:30pm

FEES: Resident \$32 | Gold Card \$27 | Non-Resident \$37

SECURE ONLINE REGISTRATION:

<https://roslynschools.revtrak.net>

American Express, Visa, MasterCard, Discover and eChecks accepted

IN-PERSON

Senior Programs

HERRICKS COMMUNITY CENTER

999 Herricks Road, New Hyde Park

HERRICKS LEISURE CLUB

Coordinator – Rosalie Cooper

President – Ann Vendinello

Thursdays, starting at 9:30 am

516-741-8739

HERRICKS SENIOR COMMUNITY SERVICE CENTER (NUTRITION)

Transportation is available to & from center in local areas for a suggested donation of \$2.00.

The Herrick's Senior Community Service Center is non-denominational and open to Nassau County residents 60+. We operate on Monday, Tuesday and Friday from 9:00am-2:00pm. We are a congregate meal site offering delicious hot or cold lunches (advanced registration) for a suggested donation of \$3.00. We offer aerobic exercise, exercise for arthritis, line dancing, yoga, Tai Chi, painting and ceramics classes for a suggested donation of \$2.00 each class. Nutrition education and informative programs are presented.

Come join us to stay active socially, physically, and mentally.

Our menu and activity schedule can be found at www.herricks.org/scsc.

Please call Frank, Angela, or Lynn at 305-8976 or 305-8975 before attending for more information.

This program is supported by Herricks Community Fund, Herricks UFSD, NCOFA, US Admin.

On Aging and the TONH.

Note: Herricks senior programs are not part of Roslyn Adult Education.

Online registration is not available for senior programs offered at Herricks Community Center.

Sid Jacobson JCC “Our Space” Adult Day Program

Sid Jacobson JCC is proud to provide adult day programming to the community at multiple sites in Nassau County, including our home base at 300 Forest Drive in East Hills and Herricks Community Center. All SJJCC social model adult day programs provide cognitive, physical and social stimulation through a variety of structured, group activities such as music, art, word games and exercise to those with a neuro-degenerative condition such as Alzheimer's disease, Parkinson's disease, and other frailties. These supervised programs enable individuals to function at their highest capacity for as long as possible while simultaneously providing much needed respite and support to caregivers. In addition, SJJCC facilitates caregiver support groups and educational workshops. We operate Monday/Wednesday/Thursday 10:00am - 2:00pm.

These programs are made possible with funds from Nassau County Office for the Aging through the NYS Office for the Aging and the U.S. Administration on Aging, and private contributions.

**For more information and to schedule an assessment, please contact
Christine Pizzo, Adult Day Program Site Supervisor, at 516-484-1545 ext. 788.**



General Information

REGISTER ONLINE (preferred method):

See instructions on page 3

Visit: <https://roslynschools.revtrak.net/>

or **MAIL:** Send a completed registration form to:

Roslyn Adult Education
P.O. Box 367, Roslyn, NY 11576

or **FAX:** (516) 801-5095 Send a completed registration form

REGISTRATIONS ARE **NOT** ACCEPTED BY PHONE!

2 WAYS TO PAY:

CHARGE

American Express, Visa, Mastercard & Discover are accepted. Include account number, CVC number, expiration date, and signature (if using a registration form). Charge information must accompany fax registrations. E-checks are also accepted (online only).

CHECK

Payable to **Roslyn Public Schools** (except Boating Safety).

Note: Accounts are debited electronically

ONE CHECK CAN BE USED FOR MULTIPLE CLASS REGISTRATIONS.

Register early!

Don't be shut out – **space in many classes is limited.** Avoid disappointment and send in your registration form as soon as possible.

Where space is limited, **preference is given to residents of the Roslyn, Herricks and East Williston School Districts.**

A **separate registration form** with check or credit card number is required for each person in each course. Be sure to include the correct course number and an email address.

Downloadable paper registration forms are also available online at: www.roslynschools.org

Please include all information required on the registration form.

Incomplete forms will not be processed.

We will contact you only if a class is **not** running or there's a change in schedule. If you don't hear from us, assume the class is running and attend the first session, as listed in the catalog.

REFUNDS & CREDITS

Non-attendance does not constitute withdrawal from a course. Request for a refund or credit must be made **in writing one week before the first class.** A \$5 cancellation fee will be charged if a payment has already been processed. There are **no refunds on processing fees, books or supplies. There is no provision for a partial fee for taking one session or part of a course.** Making up absences in another section of a course depends on space availability in that section.

CANCELLATIONS

Adult Education reserves the right to cancel any course for which there is insufficient enrollment and to withdraw or modify course offerings. In the event that Adult Education has to cancel a class session, we will make every effort to reschedule it. If the class cannot be rescheduled, we will provide a refund or credit. There are no credits or refunds for classes that are rescheduled as a result of "acts of God".

INCLEMENT WEATHER

Classes are canceled whenever the schools are closed. Announcements of school closings are posted online at www.roslynschools.org.

PROOF OF RESIDENCY

In classes with limited enrollment, preference is given to residents of the Roslyn, Herricks & East Williston School Districts, until one week prior to the first class. Proof of residency may be requested.

REGISTRATION

Instructions are on page 4. If you sign up for a class and don't hear from us, it means that the class will run as scheduled and that you are registered. We will only contact you if: a class is not running; there's a change in schedule; you're on a waiting list; or there is some unusual circumstance.

BOOKS AND MATERIALS

These costs are not included in the course fees unless specifically noted. No discounts are available on texts or materials. No refunds on books or supplies.

LIABILITY

The Board of Education of the Roslyn Union Free School District, its employees and agents hereby disclaim any and all responsibility for any injury, damage, or loss whatsoever in connection with any course offered by the Roslyn Adult Education program. All individuals take such courses at their own risk.

VISITORS

No auditors or visitors are permitted in any class.

YOUNG ADULTS

Children under 18 years old are not permitted in classes.

SENIOR CITIZEN DISCOUNT FOR RESIDENTS

A senior citizen discount is available for many courses and is listed with most course descriptions. There are no senior discounts for any trips, walking tours, or Zoom Webinars. Discounts apply to individuals 60 years or older who reside in the Roslyn, Herricks or East Williston School Districts. Please include your Gold Card number when you register. If you don't have a Gold Card, please call 516-801-5091.

PERSONAL ADVICE

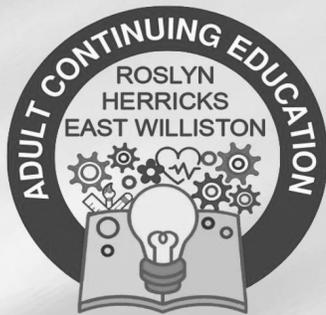
Courses providing financial, legal or other professional information are offered for educational purposes only. Students waive any claim against the Roslyn Union Free School District for loss or damage which may result if such prohibition is violated and if students rely on such advice. Instructors are also prohibited from soliciting participants for the sale of professional services, books or other materials not specifically related to the class.

ADULT PROGRAMS AT THE BRYANT LIBRARY

Adult programs at the library are designed to serve the diversified needs, interests, and expressed desires of the community. Visit www.bryantlibrary.org.

Our Instructors

Love to Teach ?



We are continuously looking for talented instructors with new ideas for our successful adult continuing education program.

For more information contact us at:

adulthood@roslynschools.org

WILLIAM ADLMAN is a graduate of Hofstra University with an MBA from NYU. He was a national sales manager at various Fortune 500 companies and has been flipping houses for the past 21 years.

TERRYLYNN BAYON has a BS in computer science from Marist College and an MS in education from Dowling College. She was a computer science teacher at the LI School for the Gifted and has been teaching computer education classes for Roslyn Adult Education since 1992.

GEORGE BLACK is a career NYS Art Teacher who has taught on both the elementary and secondary levels. He has also enjoy teaching on the college level. He enjoys teaching because he finds that sharing his extensive knowledge with others to be very rewarding.

AMY CORDERO has been a licensed Zumba® instructor since 2012 and currently teaches Zumba, Zumba Gold, and Zumba Toning. A lifelong dancer, Amy loves the Zumba fitness format and really enjoys sharing it with her students. An IT Project Manager by day, Zumba, singing with her women's barbershop chorus, and her family make her life complete.

LINDA CAFIERO has more than 10 years of experience teaching, and therapeutic experience integrating Eastern and Western stress management practices. She has worked at senior and fitness centers, schools, corporations and health care facilities. She has a degree from the School of Visual Arts.

NALINI ADELE CERCIELLO enjoys teaching the art of Paper Quilling to inspire others, support personal growth and cultivating a welcoming, creative environment.

DEBORAH FAUST has been enjoying Israeli dancing for over 35 years. She started in her high school youth group, performing at temples around Long Island. As a middle school guidance counselor in Syosset, she loves teaching students during their annual Multicultural Week. She also participates in classes at her temple in Commack.

CHRIS GARRY is a former Physical Education teacher for 30 years. He has worked as an athletic trainer at St. John's University in the 1980's and early 90's and has coached four different sports. In addition, Chris has umpired softball for more than three decades and plays in a recreational ice hockey league.

MICHAEL J. GREENBERG is the managing partner at Michael J. Greenberg, P.C., an Estate Planning and Elder Law boutique firm located in NYC. He serves as the Chair of the Legal Committee of the NYC Chapter of the Alzheimer's Association and as a Second Lieutenant/Judge Advocate in the New York Guard. He received his law degree from Emory University School of Law and is admitted to the bar in NY, NJ, Conn., and FL.

ANISHA KALL is an experienced Art Educator with a BFA in Photography and a Masters in Painting. She is a licensed educator in NYS and teaches a variety of art courses such as art history, photography, digital photography, painting and film.

KATHERINE KANES is a financial advisor with Edward Jones and a CERTIFIED FINANCIAL PLANNER®. She has been working in financial services for over 30 years. Kathy runs a female focused practice and helps clients financially prepare for every stage of their life. She holds a Bachelor of Science in Finance and an MBA both from Fordham University. Kathy is a Herricks High School graduate and currently lives in Manhasset with her husband and two children.

LISA KIMOTO has been a continuing education teacher since 2008, most recently teaching Mah Jongg in neighboring districts and libraries. She has enjoyed teaching and sharing her knowledge of this strategic, fun, and social game for 20 years.

JEAN KING has spent over 30 years researching her immigrant ancestors in New York State, mainly in New York City and Long Island records. She is a board member of the Genealogy Federation of Long Island and the German Genealogy Group and a member of the New York Genealogical and Biographical Society.

Our Instructors continued

PATRICIA KORN has for the past 18 years taught knitting and crocheting in adult education programs. In 2005 while attending workshops at the Fashion Institute of Technology, she received a Certification by The Craft Yarn Council as a Teacher of Knitting. Pat enjoys designing and bringing people together by sharing her lifelong hobby.

REKHA MEHTA is an experience maker and designer of beaded jewelry who enjoys teaching her craft to the community.

CHRISTIN NASH is a passionate creative artist, who has dedicated her career to inspiring others through hands-on workshops. With a keep eye for design and a knack for teaching, she transforms complex techniques into accessible and enjoyable experiences.

BARBARA ROMEO is a certified step aerobics instructor, private trainer, and former instructor at Lucille Roberts. She has been teaching multiple exercise classes for Roslyn's Adult Education program for more than 30 years.

CARIN SANDERS is a graduate of Clark University, where she was in the Gerontology Certificate Program. She has a Masters in Special Education from Hunter College and numerous fitness certifications.

SHARPER TRAINING SOLUTIONS has been serving the Long Island and NYC areas since 2002. They provide hands-on computer training and technology classes to the community.

SAL ST. GEORGE is an Award-winning playwright, comedy writer, theatrical director, and Hollywood historian, Sal St. George captivates audiences with stories of America's greatest leaders, legends, and icons. Sal is a popular speaker on the subject of Classic American Comedy, 20th Century Pop Culture, and Motion Picture history. He is also an acclaimed Adjunct Professor at several colleges and universities.

JEFFERY R. SILVERMAN Jeffrey R. Silverman, JD CFP® is a Certified Financial Planner™ practitioner and attorney. His financial planning practice has offices in Syosset and Hauppauge.

MIA TOJAL is a certified yoga instructor who has been practicing and teaching yoga for many years. She began her career in business where she utilized yoga as an integral part of managing stress and finding balance. She is a graduate of Adelphi University.

NANDINI TRIVEDI is a 200-hour certified yoga teacher, certified in kids yoga, restorative yoga, chair yoga and silver sneakers. She has taught at: NYSC, UFC, LAFitness, Town of North Hempstead, Town of Hempstead, Commonpoint Queens, YMCA, YMHA, Great Neck Schools summer camp and more.

NAELA ZEIDAN is a Mediterranean home chef based out of Long Island, New York. Her years feeding her family in New York while staying close to her culture has drawn the interest of many. She has been a part of the farmers market community since 2008. She has holds cooking classes to those who wish to create her food in their own homes, via zoom and public or community events.

THE NARTAN RANG DANCE ACADEMY has been a staple in New York for over 30 years. Founded by choreographer Swati Vaishnav, the school has locations at Herricks/ New Hyde Park and Hicksville located on Long Island, New York.

TITLE IX & SECTION 504 OF THE REHABILITATION ACT

No person shall, on the grounds of race, color or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance, or be so treated on the basis of sex under most educational programs, or activities receiving federal assistance. For questions or issues concerning Title IX, contact the district's Title IX Coordinator, at 801-5020. Section 504 provides that: "No otherwise qualified individual with handicaps in the United States,...shall, solely by reason of her or his handicap, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance..." For questions or concerns, contact Pupil Personnel Services, 801-5060.

EQUAL EMPLOYMENT OPPORTUNITY

The Board of Education, its officers and employees, will not discriminate against any employee or applicant for employment on the basis of race, color, national origin, creed or religion, marital status, sexual orientation, handicapping condition, gender or age.

SECURE ONLINE REGISTRATION: <https://roslynschools.revtrak.net>
American Express, Visa, MasterCard, Discover and eChecks accepted

SPRING 2026 Calendar

Classes begin the week of March 2nd

 No classes at Roslyn and Herricks

 No Evening Classes (daytime virtual classes may be scheduled)

March 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026

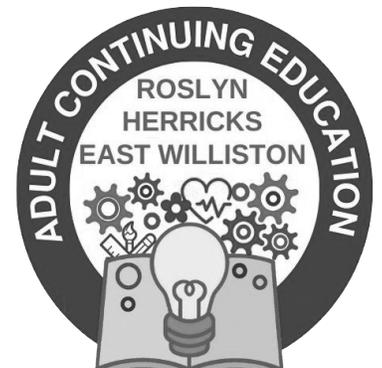
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



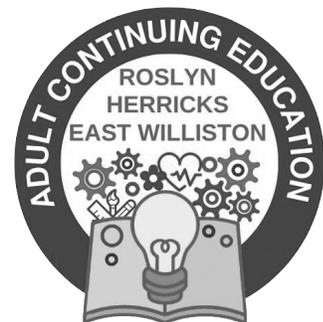
FOLLOW US ON INSTAGRAM
@roslyn.adult.education



DATES ARE SUBJECT TO CHANGE

REGISTRATION FORM

ADULT CONTINUING EDUCATION



WAYS TO REGISTER

ONLINE: Please visit: <https://roslynschools.revtrak.net/>

MAIL: Roslyn Adult Education
P.O. Box 367, Roslyn, NY 11576

FAX: (516) 801-5095

Registrations are **NOT** accepted in-person or by phone.

PLEASE BE SURE REGISTRATION FORM IS COMPLETE

ONE FORM PER PERSON FOR EACH COURSE.

ONE CHECK FOR MULTIPLE REGISTRATION IS ACCEPTED

RESIDENTS OF THE ROSLYN, HERRICKS & EAST WILLISTON SCHOOL DISTRICTS PAY THE RESIDENT FEE
ASSUME YOU ARE ENROLLED IN A CLASS UNLESS OTHERWISE NOTIFIED

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Phone (home) _____ Phone (mobile) _____

Email _____

Course # _____ Course Title: _____

Date(s): _____ Time: _____ Location: _____

(specify VIRTUAL for classes online)

Roslyn Resident Herricks Resident East Williston Resident Non-Resident Gold Card # _____

Course fee \$ _____ Payment method: check enclosed Visa Mastercard Discover Amex

* ONE CHECK CAN BE SUBMITTED FOR MULTIPLE CLASS REGISTRATIONS

Card # _____ *CVC # _____ Exp. date _____

Cardholder's name (print) _____ Signature _____

I acknowledge that I have read the policy on refunds and credits below. I also understand that, as an Adult Education student, instructors are prohibited from giving me personal advice, either in or outside of the classroom, and hereby waive any claim against the Board of Education, Roslyn Union Free School District, for loss or damage which I may incur if such prohibition is violated and I in any way rely on such personal advice.

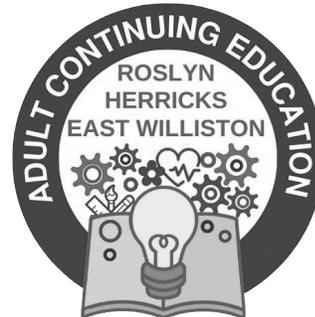
REFUNDS & CREDITS

A written request for a refund or credit must be made one week before the first class. Trip refunds must be requested 30 days prior to departure date. For trip cancellations less than 30 days prior to departure, full or partial refunds are contingent upon the ability to sell the seat. There are no refunds on registration fees, books or supplies. There is no provision for a partial fee for taking one session or part of a course. Making up absences in another section of a course depends entirely on space availability in that section.

Classes are virtual or in-person. Please take note when registering.

REGISTRATION FORM

ADULT CONTINUING EDUCATION



WAYS TO REGISTER

ONLINE: Please visit: <https://roslynschools.revtrak.net/>

MAIL: Roslyn Adult Education
P.O. Box 367, Roslyn, NY 11576

FAX: (516) 801-5095

Registrations are **NOT** accepted in-person or by phone.

PLEASE BE SURE REGISTRATION FORM IS COMPLETE

ONE FORM PER PERSON FOR EACH COURSE.

ONE CHECK FOR MULTIPLE REGISTRATION IS ACCEPTED

RESIDENTS OF THE ROSLYN, HERRICKS & EAST WILLISTON SCHOOL DISTRICTS PAY THE RESIDENT FEE
ASSUME YOU ARE ENROLLED IN A CLASS UNLESS OTHERWISE NOTIFIED

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Phone (home) _____ Phone (mobile) _____

Email _____

Course # _____ Course Title: _____

Date(s): _____ Time: _____ Location: _____

(specify VIRTUAL for classes online)

Roslyn Resident Herricks Resident East Williston Resident Non-Resident Gold Card # _____

Course fee \$ _____ Payment method: check enclosed Visa Mastercard Discover Amex

* ONE CHECK CAN BE SUBMITTED FOR MULTIPLE CLASS REGISTRATIONS

Card # _____ *CVC # _____ Exp. date _____

Cardholder's name (print) _____ Signature _____

I acknowledge that I have read the policy on refunds and credits below. I also understand that, as an Adult Education student, instructors are prohibited from giving me personal advice, either in or outside of the classroom, and hereby waive any claim against the Board of Education, Roslyn Union Free School District, for loss or damage which I may incur if such prohibition is violated and I in any way rely on such personal advice.

REFUNDS & CREDITS

A written request for a refund or credit must be made one week before the first class. Trip refunds must be requested 30 days prior to departure date. For trip cancellations less than 30 days prior to departure, full or partial refunds are contingent upon the ability to sell the seat. There are no refunds on registration fees, books or supplies. There is no provision for a partial fee for taking one session or part of a course. Making up absences in another section of a course depends entirely on space availability in that section.

Classes are virtual or in-person. Please take note when registering.

Roslyn School District

SPRING 2026

School Performances

Please contact the school to purchase tickets.
THESE ARE NOT ADULT EDUCATION PROGRAMS.



Performed by the Roslyn Middle School
Spotlight Drama Club

Thursday, March 5 at 4pm
Friday, March 6 at 7:30pm
Saturday, March 7 at 7:30pm
Sunday, March 8 at 2pm

Roslyn Middle School:
75 Locust Ln, Roslyn Hts.
Call: 516-801-5200 for tickets



ROYAL CROWN PLAYERS

Performed by the Roslyn High School
Royal Crown Players

Thursday, March 26 at 4pm
Friday, March 27 at 7pm
Saturday, March 28 at 7pm

Roslyn High School:
475 Round Hill Rd., Roslyn Hts.
Call: 516-801-5100 for tickets



Roslyn Adult Continuing Education
P.O. Box 367
Roslyn, NY 11576

Non-Profit
Organization
U.S. Postage
PAID
Permit No. 52
Roslyn, NY

***** ECRWSS *****
POSTAL CUSTOMER

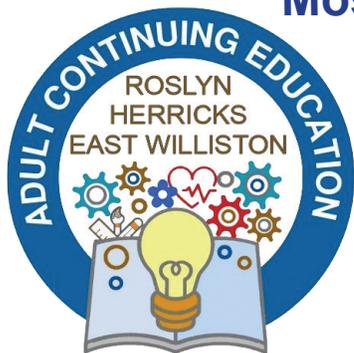
ADULT CONTINUING EDUCATION

ROSLYN • HERRICKS • EAST WILLISTON

SPRING 2026

ONLINE REGISTRATION BEGINS FEBRUARY 9, 2026

Most SPRING courses begin the week of MARCH 2



516-801-5091 / FAX: 516-801-5095



FOLLOW US ON INSTAGRAM
[@roslyn.adult.education](https://www.instagram.com/roslyn.adult.education)

SECURE ONLINE REGISTRATION:

<https://roslynschools.revtrak.net>

American Express, Visa, MasterCard, Discover and eChecks accepted