AHEC Day with the Doctors 2026

Audio	Video
[Dr. Thomas] So Day with the Doctor is an introduction to the health care workforce.	Varied group of high school students in an anatomy lab being shown a heart by a professor
Our high school students come from all over North and Central Louisiana,	High school students with a variety of skin tones and hair styles representing a mix of genders and ethnicities seated in a classroom
and they explore health careers	Medical student holding a demo of the lumbar spine as students listen
that are opportunities at LSU Health Shreveport.	Cardiologist using a mannequin to demonstrate heart sounds
They're going to do a lot of simulations,	Blonde girl having her arm prepared for a cast by another student
so they will get to learn and explore Harvey heart sounds.	Varied group of girls in a classroom listening to heart sounds as a cardiologist demonstrates on a mannequin
They're going to learn how to suture.	Table full of students working with suture pads as a medical student helps one tie a knot
They're going to have an intubation	Varied group of students around a medical student as he shows them an airway on a mannequin
and I V access station. And the culminating event I think will	A medical student talks a young dark complected man through I V placement
be the anatomy lab where they will get a chance to see what our	Professor talking to high school students around a table displaying hearts, lungs, and brains
first year medical students are doing right now.	Two dark complected students pass a heart between them
So lots of hands on activities for them.	Dark complected girl listens as she practices a lumbar puncture
Our medical students have really, volunteered their time and their talent to serve as tour guides.	Woman with medium complexion and long, reddish braids in front of a window looking out onto campus Text: Wanda Thomas, M D AHEC Program Director
To serve as leaders at our different stations,	Student with light complexion and hair in two long braids is instructed by a medical student on I V placement

Audio	Video
along with our residents and our staff.	Male medical student with glasses and dark, floppy hair leans over a lumbar spine demo as students look on intently
They are also going to sit on a student panel at lunch just to answer all the questions that our high school students may have about becoming a physician. So we know	Group of medical students with a variety of skin tones and hair styles representing a mix of genders and ethnicities seated on a panel in front of the high school students
that we are in a health services shortage area here in our state.	Room full of students in two groups listening as medical students explain intubation and lumbar punctures
And we know the earlier we expose students to health careers,	Medical student with curly hair and a dark beard explains suturing tools to a fair complected girl with long dark hair
the earlier their interest will grow. And so this Day	Medical student with floppy hair explains an intubation tube as a mix of students listen
with the Doctor's program presents an opportunity	Dark complected student with long blonde braids attempts a lumbar puncture as other students look on
for students to see all the different ways they can be involved in health care.	Blonde girl in an anatomy lab holding a brain as other girls look on
And it's so important that they're exposed	Variety of students look on as a medical student shows them an airway on a mannequin
at an early age so that we can nurture their interest.	Blonde girl places an I V in a mannequin’s arm as a medical student talks her through it
And hopefully it will lead them down the path to medicine.	Smiling girl with fair complexion and blonde hair wraps another student’s arm to prepare for a cast