

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NATIONAL
PRESBYTERIAN
SCHOOL

Hello
February

EVERYDAY OPTIONS

Fresh Deli Bar

Featuring Metro Deli Sliced Meats

Low Sodium • Gluten Free • Sugar & Dairy Free

Featuring Fresh Baked Gold Crust Bread

White Bread • Honey Wheat Bread • Multigrain Bread

Sourdough Bread • Bagel

Additional Everyday Items:

Tuna Salad, Chicken Salad, Egg Salad

Fresh Crisp Fruits & Veggies,

Sunflower Butter, Jelly

Market Salad Bar

New Everyday Items:

Tomato, Cucumber, Carrots, Bell Peppers

Grilled Chicken, Tofu, Red Onion, Feta,

Crouton, Dried Cranberries

Daily Chef's Choice

Specialty Salads to Include:

White Bean Arugula Salad

Mexican Roasted Potato Salad

Kale Citrus Salad

Roasted Beet & Feta Salad

LOCALLY SOURCED

FRUITS & VEGGIES














Baywater Farms, MD

C&E Farms, VA

Kirby Farms, VA

Miller Farms, MD

Lehigh Valley Dairy Farms, PA

<p>2/2 </p> <p>Honey Garlic Rosemary Chicken MWG Broccoli & Cheese Quiche ** Orzo with Parmesan & Basil Roasted Zucchini MWG</p>	<p>2/3</p> <p>Beef Stir Fry Veggie Stir Fry ** Fried Rice Veggie Spring Rolls Asian Veggies Blend MWG</p>	<p>2/4 </p> <p>Chicken Fettuccine Alfredo Fettuccine Alfredo ** Broccoli MWG French Bread</p>	<p>2/5 </p> <p>Sloppy Joe Sandwich Veggie Sloppy Joe Sandwich ** Potato Wedges ** MWG Roasted Brussels Sprouts MWG</p>	<p>2/6</p> <p>Chicken Ranch Taco Roasted Veggie & Black Bean Taco ** White Rice ** MWG Topping Bacon, Lettuce, Tomato, Cheese, Ranch Dressing Churros with Cinnamon Sugar</p>
<p>2/9</p> <p>BBQ Pulled Beef Sliders BBQ Roasted Veggie Sliders** Coleslaw MWG Kettle Chips MWG </p>	<p>2/10</p> <p>Peruvian Chicken MWG Peruvian Chickpea Stew ** MWG Fluffy White Rice MWG Black Bean MWG Sauté Spinach MWG Green Sauce MWG</p>	<p>2/11 </p> <p>Pepperoni Pizza Cheese Pizza ** Honey Roasted Carrots MWG</p>	<p>2/12 </p> <p>Chicken Tenders Veggie Nuggets ** White Cheddar Mac & Cheese Green Peas & Carrots MWG Valentine's Sugar Cookie</p>	<p>2/13</p> <p></p>
<p>2/16</p> <p></p>	<p>2/17</p> <p>Beef Ravioli Lasagna Veggie Ravioli Lasagna ** Italian Vegetable Blend MWG Garlic Knot </p>	<p>2/18</p> <p>Chicken Souvlaki MWG Falafel Veggie Souvlaki ** MWG Couscous Fresh Pita Chips Yogurt Sauce MWG Tomato & Cucumber MWG</p>	<p>2/19 </p> <p>Beef Hot Dog Veggie Hot Dog ** Maple Baked Beans ** MWG Sweet Potato Waffle Fries **</p>	<p>2/20</p> <p>Chicken & Cheese Flauta Cheese & Veggie Flauta ** Mexican Black Beans MWG Cilantro Lime Rice ** MWG Cheese, Salsa, Sour Cream MWG Oreo Chunk Cookie</p>
<p> 2/23</p> <p>Cheese Tortellini Alfredo Sauce MWG Marinara Sauce ** MWG Italian Green Beans MWG Texas Toast</p>	<p>2/24</p> <p>"Supreme Nacho" Seasoned Shredded BBQ Chicken Seasoned Roasted Veggies ** Refried Beans MWG Cheese Sauce MWG Salsa, Guacamole, Sour Cream & Pico de Gallo </p>	<p>2/25</p> <p>Belgin Waffle Sticks Hickory Bacon MWG Meatless Hickory Bacon ** Hash Browns Scrambled Eggs MWG</p>	<p>2/26</p> <p>"Famous KFC Bowl!" Popcorn Chicken Veggie Popcorn Nuggets ** Mashed Potatoes MWG Sweet Corn MWG Chocolate Chip Cookie</p>	<p>2/27</p> <p></p>

Vegetarian

**Vegetarian Entrée Option

MWG - Made Without Gluten

ridgewells
CATERING



NPS Snack List for February 2026

Monday February 2nd – Goldfish Pretzel, String Cheese, Sliced Apple

Tuesday February 3rd – Oatmeal Chocolate Chip Bar, Strawberry Go-Gurt

Wednesday February 4th – Cinnamon Graham Numbers, Celery & Ranch, Clementine

Thursday February 5th – Cheese Cubes, Wheat Thins, Blueberries

Friday February 6th – Pepperoni, String Cheese, Sweet Potato Cracker

Monday February 9th – Soft Pretzels Bites, Cream Cheese, Pineapple

Tuesday February 10th – Whole Wheat Animal Cracker, Vanilla Yogurt

Wednesday February 11th – Pepperoni, Whole Wheat Ritz Crackers, Red Grapes

Thursday February 12th – Craisin Strawberry Flavored, Whole Grain Cheese Square

Friday February 13th – No School

Monday February 16th – No School

Tuesday February 17th – Scooby Doo Chocolate Graham Cracker, Green Grapes

Wednesday February 18th – Soft Pretzels Bites, Cream Cheese, Raisin

Thursday February 19th – Pepperoni, Baby Carrots & Ranch, Whole Grain ABC Cracker

Friday February 20th – Cinnamon Graham Cracker Bug Bites, Vanilla Yogurt

Monday February 23rd – Blueberry Lemon Crispy Bites, Red Grapes

Tuesday February 24th – Bunny Grahams Friends, Clementine

Wednesday February 25th – Chocolate Chip Granola Biscuits, Strawberry Apple Sauce

Thursday February 26th – Vanilla Dinosaur Graham Cracker, Raspberry Blend Yogurt

Friday February 27th – Pepperoni, String Cheese, Sweet Potato Cracker

