



CARDINAL CAFE WEEKLY MENU



Nutrition Facts: **Carrots** are rich in beta-carotene, which the body stores and converts to vitamin A to help with good vision.

BREAKFAST

Monday, Feb. 23, 2026

Sausage Gravy over Biscuit Or
PB&J OR Long John Or
Cold Cereal & Cheese Stick
Fruit &/Or Juice

Tuesday, Feb. 24, 2026

French Toast & Syrup Or
Frudel Or
Muffin & Cottage Cheese
Cold Cereal & Cheese Stick
Fruit &/Or Juice

Wednesday, Feb. 25, 2026 (starts @ 8:30)

Cinnamon Roll or Caramel Roll Or
PB&J Or Frudel Or
Cold Cereal & Cottage Cheese
Fruit &/Or Juice

Thursday, Feb. 26, 2026

Snack'N' Waffle Or
Frudel OR Long John Or
Cold Cereal & Cottage Cheese
Fruit &/Or Juice

Friday, Feb. 27, 2026

Egg & Cheese Biscuit Or
PB&J or
Muffin & Cottage Cheese
Cold Cereal & Cheese Stick
Fruit &/Or Juice



LUNCH

Mon. Feb. 23, 2026

A. **HAMBURGER ON A BUN**
B. **GRAB'N'GO CHOICES AVAILABLE**
PEPPER FRIES
LEAF LETTUCE/TOMATO/ONION/PICKLES
TROPICAL FRUIT

Tues. Feb. 24, 2026

A. **DELI TURKEY HOAGIE**
B. **GRAB'N'GO CHOICES AVAILABLE**
BROCCOLI CHEESE SOUP + CRACKERS
SHREDDED LETTUCE/BANANA PEPPERS/PICKLES
SPINACH/TOMATO/ONION/PEPPERS
SEASONAL FRESH FRUIT

Wed. Feb. 25, 2026

A. **CHICKEN FRIED STEAK**
B. **GRAB'N'GO CHOICES AVAILABLE**
SLICED BREAD WITH BUTTER + JELLY
WHIPPED POTATO + GRAVY
CAESAR SALAD OR FRESH **BABY CARROTS**
DRIED FRUIT MIX

Thurs. Feb. 26, 2026

A. **NACHO SUPREME WITH TORTILLA CHIPS**
B. **YOGURT PARFAIT**
REFRIED BEANS
SHREDDED LETTUCE/TOMATOES/ONIONS/PEPPERS
SALSA/SOUR CREAM
MANDARIN ORANGES

Fri. Feb. 27, 2026

A. **STUFFED CRUST PIZZA**
B. **GRAB'N'GO CHOICES AVAILABLE**
GLAZED **CARROTS + ROMAINE SALAD**
ROSY APPLESAUCE
PEANUT BUTTERFINGER BAR



Vending Available 24/7

Each Meal Includes Choice of Milk. Water available daily.

This institution is an equal opportunity employer and provider.

Menu is subject to change based on shortages / seasonal availability.