



WELCOME TO ARDSLEY  
HIGH SCHOOL  
CLASS OF 2030

Presented by: Administration, Curriculum Leaders, and School  
Counselors

Date: January 21, 2026



# Vision

Building on a tradition of academic excellence and success for every student, we cultivate passionate learners and informed global citizens who actively influence their world.



Challenging Minds. Building Character. Inspiring Excellence

# Agenda

Meet Our Team

Transition Process and Timeline

Expectations, Resources, and Tips for Success

Bell Schedule and Sample 9th-grade schedule

Curriculum Leader Presentations

Athletics



# Meet Our Team

**Principal - Danielle Trippodo**

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**Assistant Principal - Brendan Granstrand**

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**Director of Physical Education, Health, and Athletics - Matt Pringle**

**[mpringle@ardsleyschools.org](mailto:mpringle@ardsleyschools.org) (914) 295-5870**



# Our Office and Clerical Support Team

**Samantha Luis - Principal's Assistant [sluis@ardsleyschools.org](mailto:sluis@ardsleyschools.org) (914) 295-5815**

**Gina Russo - Assistant Principal's Assistant [grusso@ardsleyschools.org](mailto:grusso@ardsleyschools.org) (914) 295-5827**

**Patty Medina- Counseling Office [pmedina@ardsleyschools.org](mailto:pmedina@ardsleyschools.org) 914 295-5858**

**Lurana Spinelli- Counseling Office [lspinelli@ardsleyschools.org](mailto:lspinelli@ardsleyschools.org)**

**Attendance - Nicole Cressi [ncressi@ardsleyschools.org](mailto:ncressi@ardsleyschools.org) 914 295-5894**

**Athletics - 914 295-5871**



# AHS Medical Office

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# AHS School Counselors

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# AHS Psychologists and Social Worker

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# Curriculum Leaders

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**Social Studies**

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**School Counseling**

Bill Lessa

[wlessa@ardsleyschools.org](mailto:wlessa@ardsleyschools.org)



# Transition Process and Timeline

**January 2026**

AHS Counselors visit AMS

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**February - April  
2026**

Students meet with their AMS counselor to discuss courses and program of study for the 2026-2027 school year

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**August 2026**

Class of 2030 Orientation and Building Tour

Fall sports begin

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**September 2026**

First day of high school

9th-grade parent night

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# Expectations of AHS Students

## Attendance

- **Drop off and punctuality**
- **Absence Notifications**
- **Athletic Eligibility (4 missed classes)**
- **Documentation**
- **Student ID Badges**



# Expectations of AHS Students

## **Agency of Learning**

- **Time Management**
- **Organization**
- **Accessing Resources**
- **Academic Integrity and Engagement in Learning**



# Tips for Success

- - **Be present and be on time**
- - **Be prepared**
- - **Focus on a balanced schedule**
- - **Get involved**
- - **Ask for help**
- - **Access Resources**



# Social Emotional Learning

## Supports and Resources for Freshmen Students

- **August Orientation Day**
- **Sept. Classroom Push-in Orientation**
- **Oct- June Dialectical Behavioral Therapy (DBT) Prevention Push-in Program**
- **School Counselor Freshmen 1 to 1 Check-ins**
- **Individual/Group School Counseling**
- **Specialized Stress-Less Seminar (CBT Model)**
- **Specialized DBT Counseling (group/1 to 1)**
- **DBT 1x a Month Workshops**
- **Wellness Center**
- **Wellness Week (physical/nutritional/SEL)**
- **Prevention and Community Building Activities (RAK, Red Ribbon, etc)**





# Graduation Requirements

<b>Subject</b>	<b>Credits</b>
<b>English</b>	<b>4</b>
<b>Social Studies</b>	<b>4</b>
<b>Mathematics</b>	<b>3</b>
<b>Science</b>	<b>3</b>
<b>Art/Music</b>	<b>1</b>
<b>Health</b>	<b>.5</b>
<b>Physical Education</b>	<b>2</b>
<b>World Language</b>	<b>1</b>
<b>Electives</b>	<b>3.5</b>
<b>Total</b>	<b>22</b>

<b>Regents Examinations</b>
<b>English</b>
<b>Global History</b>
<b>US History</b>
<b>Algebra</b>
<b>Science</b>



# Program of Study Updates for the Class of 2030



AP Capstone  
Diploma™

**AP Seminar**  
Year 1  
Earn score of 3 or higher

**AP Research**  
Year 2  
Earn score of 3 or higher

**4 AP Exams**  
Throughout High School  
Earn score of 3 or higher



AP Seminar  
and Research  
Certificate™



# Program of Study Updates for the Class of 2030

- **Intro to Computer Science will be available for 9th -grade students**
- **An increase in the number of AP Courses offered**
- **Transition from Cambridge/Global Perspectives to AP Seminar/AP Research**
- **We are phasing out our Latin Sequence**
- **Adding Business Courses**



# Mathematics: Next Gen

**8th or 9th**

Algebra I

January and/or June Regents

**9th or 10th**

Geometry

June Final

**10th or 11th**

Algebra II

June Final

## Support & Intervention and Enrichment

- Honors
- 9th Period
- Math Center



# Mathematics - Electives

## Pure Mathematics

PreCalculus  
PreCalculus Honors  
Calculus  
AP Calculus AB  
AP Calculus BC

## Applied Mathematics

Statistics  
  
AP Statistics

## Computer Science

Intro to CS  
AP CS Principles  
SUPA Cybersecurity  
AP CSA

### Support & Intervention

- 9th Period
- Math Center (for prerequisite skills)



# Mathematics - Competitions & Clubs

## COMPETITIONS

Math Team

Robotics Team

## CLUBS

Math Club

Girls Who Code

Ardsley Innovate  
(Cyberpatriot)

# Science Program - High School Sequence

## Earth Science

9th Grade  
Regents ES  
ICT Regents ES

Regents Exam

## Biology

10th Grade  
Honors Bio  
Regents Bio  
ICT Regents Bio

Regents Exam

## Chemistry

11th Grade  
Honors Chem  
Regents Chem  
ICT Regents Chem  
Conceptual Chemistry\*  
Intro Quant Sci\*  
Regents Exam

## Physics

12th Grade  
Regents Physics  
(AP Physics)  
Conceptual Physics\*

Regents Exam/AP

Accelerated Sequence

\* No Regents exam

9<sup>th</sup>

10<sup>th</sup>

11<sup>th</sup>



# Science Program - Honors Biology Entrance

## Honors Biology

- Enhanced curriculum
- Greater depth and faster pace
- Independent studying and reading
- Student choice-Added commitment

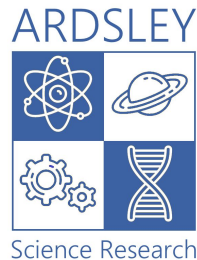
## Entrance Criteria

- Jointly established by AMS and AHS (see program Planning Guide).
- Students are not officially placed into the honors class until the end of June.
- Key Factors: *Science test Averages, Earth Science Regents Grade, Math grade, Teacher Recommendation*
- Any issues about 9<sup>th</sup> grade placement, please call AMS guidance first.
  - **The door is not closed** to honors after freshman year!
  - Opportunities exists later in the sequence to change levels.

# Science Program - Enhanced Programming

## Science Research

- Three year sequence (10th-12th)
- Affiliated with SUNY Albany
- Potential for 12 college credits
- Students pursue independent project in an area of interest
- Encourages partnership with mentor scientist / professional
- Focus on: literature review scientific thinking, experimental design, scientific writing and presentation



## Engineering

### Project Lead the Way (PLTW)

- Intro to Engineering & Design (IED)
- Principles of Engineering (POE)
- Computer Integrated Manufacturing (CIM)
- Open to 10-12th grades
- Prerequisite letter of interest required
- May complete some or all classes
- Hands-on project based learning
- Potential for College Credit



# Science Program - Elective Classes

- Human Physiology
  - Astronomy
  - Contemporary Issues in Science
  - Forensics
  - Marine Biology
  - Ecology
- Classes designed to meet all academic levels
  - Diverse science topics
  - Discussion, lab & project based classes
  - ½ year classes

# Science Program - AP / College Credit Classes

- AP Biology
- AP Chemistry
- AP Physics
- AP Environmental Science
- SUPA Forensics (Open Admission to Seniors with prerequisites- No Point System)

(SYRACUSE UNIVERSITY PROJECT ADVANCE)

- Students qualify in Junior and Senior years.
- Based on performance and grades in previous science and math courses
- Points systems to qualify
- Rigorous course study
- Follow approved AP/College Syllabus

# Science Program - Extracurricular Activities

**National Science Bowl Team:** Mr. Kim

**Science Olympiad Team:** Mr. Lee & Mr. Kim

**Olympiad Exams:** Mr. Lee (Physics) & Mr. Kim (Chem)

**Robotics Club (FTC):** Mr. Lee and Mr. Milonovich

**Additional Questions:** Contact Brysen Van Eck

**[bvaneck@ardsleyschools.org](mailto:bvaneck@ardsleyschools.org)**

# English Program - High School Sequence

## 9th Grade

English 9R  
Critical Writing and  
Research

English 9 Local Final

## 10th Grade

English 10R

English 10 Local Final

## 11th Grade

English 11R  
AP Lang & Comp  
AP Seminar

English Regents

## 12th Grade

English 12R  
AP Lit and Comp  
AP Research

Senior Project

# AHS English Department Electives 2026-2027

**01**

**Film Studies I & II**

**02**

**Theater Arts I & II**

**03**

**Creative Writing I & II**

**04**

**Journalism I & II**



# English Department-Transition to 9th grade

- Transition begins over the summer with independent reading.
- Close curricular alignment with AMS.
- Writing and reading continuity in grades 9 - 12.
- English 9 investigates an essential question through a variety of contemporary and classic texts: What is the nature of human nature?
- We explore that question through a wide range of classic and contemporary texts.
- Students are immersed in learning experiences they will encounter throughout high school and college: critical analysis of texts, seminar, research, training in various modes of writing, especially analysis and argument



# English Department-Transition to 9th grade

## **CWR = Critical Writing and Research**

The course offers rigorous development of skills in research, writing, and argumentation.

It's essentially a 9th grade version of AP English Language for freshmen.

Encourage the use of the **Writing Center**: All AHS students can utilize the Writing Center as needed by appointment or drop-in.

An English teacher is on hand every day during both lunch periods to assist students with writing, planning, research and revision.





# English Department-Transition to 9th grade

- Joining a club also helps students with the transition to high school.

The English Department-based clubs include

- *The Panther* (Newspaper),
- Book Club
- Drama Club
- Film Club
- Poetry Slam Club

If there is something you'd like to know that is not addressed tonight, please feel free to email me: [bgutherman@ardsleyschools.org](mailto:bgutherman@ardsleyschools.org)





# Social Studies - A look at the 9th grade

New Global Curriculum (2019)

New Regents Examination - taken in 10th grade

## **Three Part Exam:**

1. Stimulus-based multiple choice questions covering 10th grade content
2. Short Answer Questions (Sourcing Documents)
3. Enduring Issues Essay



# Social Studies Practices - K-12 Vertical Articulation

- We focus on conceptual understanding, student inquiry, collaboration and informed action
- Integrate content and skills purposely
  1. Gathering, interpreting and using evidence (sourcing documents)
  2. Chronological reasoning and causation
  3. Comparison and contextualization
  4. Geographic reasoning
  5. Economics and economic systems
  6. Civic Participation



# Social Studies - Transition 8th to 9th grade

1. Use of Google Classroom
2. Maintaining Organization
3. Learning HOW to study (**Social Studies Resource Center**)
4. Join an extracurricular! Amnesty International, Building Bridges, Habitat for Humanity/Fuller Center, Model UN, Feminism, Asian Student Union, IMPACT, Debate Club, etc.

Questions? [dodonnell@ardsleyschools.org](mailto:dodonnell@ardsleyschools.org)



At the end of 8th grade, your student will have completed one year / one credit of a World Language, technically fulfilling their NYS graduation requirement for WL.



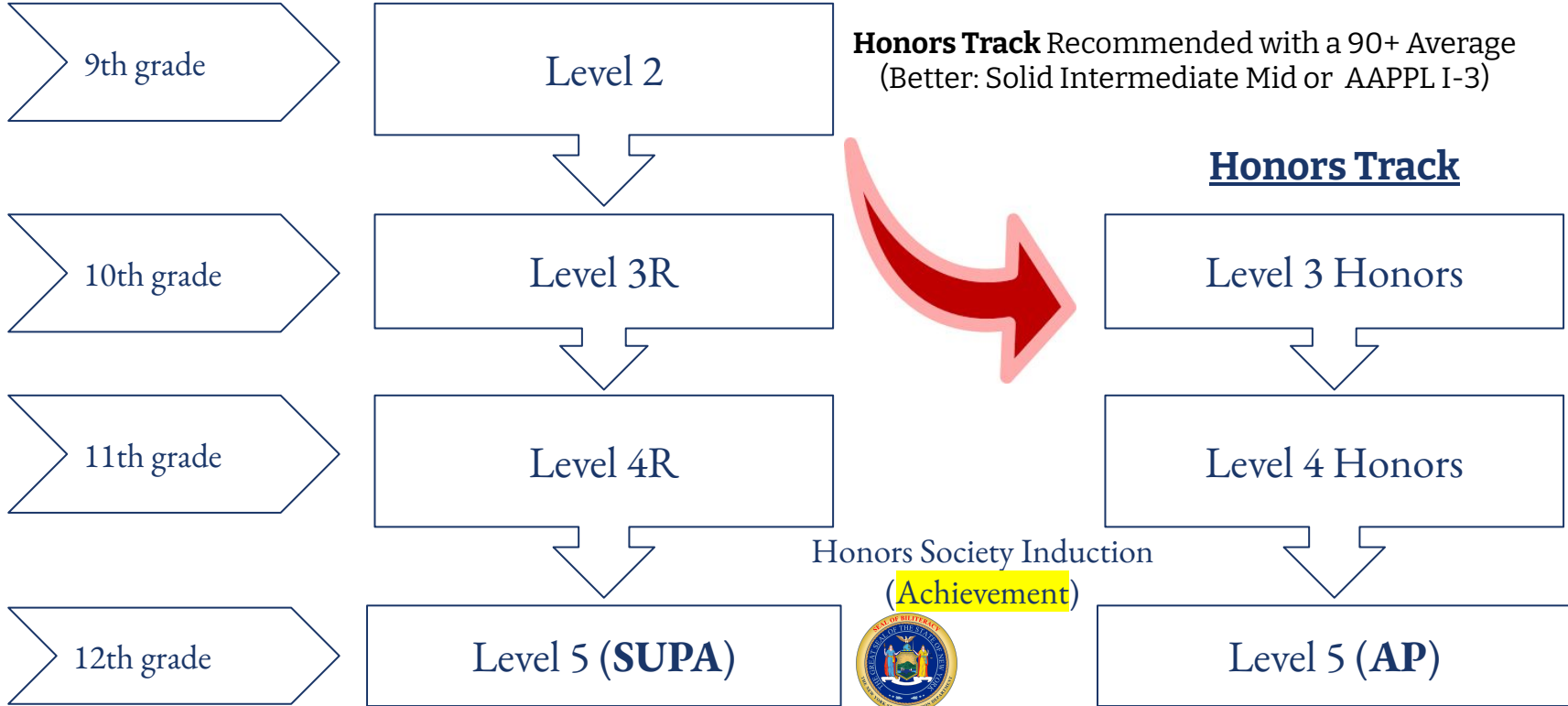
## HIGH SCHOOL World Language



- Your students continue their chosen modern language into level 2 (as freshmen).
- In the high school, there is an instructional pacing adjustment. Level 2 - 5 at the high school cover one year of content over one academic year, not two years like what was done at the middle school.
- **AHS** Proficiency Target Upon Entering AHS: **Intermediate Low** (AAPPL I-1)
- **NYS** Proficiency Target Upon Entering Level 2: **Novice High** (AAPPL N-4)

# Modern Language Course Sequence for the High School

Students in our Modern Language Programs (French, Italian, & Spanish) will follow this path.



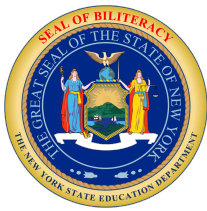
# WL Honors Society Induction

Students are eligible for induction after level 4 if they have a combined Level 2, 3 & 4 average of 90 or higher. (**Achievement**-based)



**SOCIÉTÉ HONORAIRE  
DE FRANÇAIS**





# New York State Seal of Biliteracy (Proficiency-based)

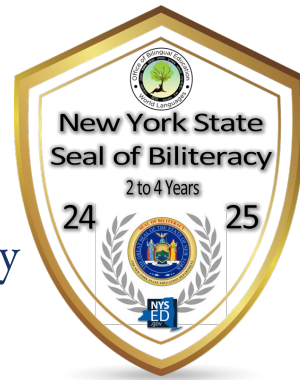
The NYSSB is an award given by school districts like Ardsley UFSD that formally recognize students who have attained a high level of proficiency in two or more world languages (one of which must be **English**) by high school graduation.

Students who earn the New York Seal of Biliteracy will earn a certificate, a Seal for their diploma, as well as a medallion presented as Senior Awards Night.

## Ardsley High School - Seal of Biliteracy Statistics

	<u>22-23</u>	<u>23-24</u>	<u>24-25</u>
Seals of Biliteracy Earned (ELA + 1 WL)	9	31	28
Seals of Biliteracy Earned (ELA + 2 WL)	0	3	3

Seal Languages Earned at AHS: French, Italian, Spanish, Japanese, Korean, Thai



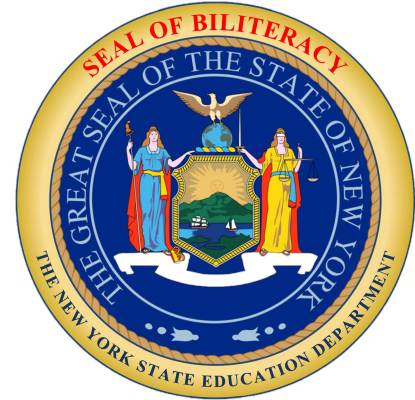
# WHY do the Seal of Biliteracy?

**It can save families money!** College credit is regularly given to students who earn the Seal.

As of March 2023:

- 4 states, by law, offer college credits:
  - Illinois, Minnesota, Hawaii, Maine
- 2 states, by policy, offer college credits:
  - Missouri and Mississippi (*pending work*)

The Seal of Biliteracy is also regularly used for placement decisions in modern language courses. Students might test out of the world language requirement altogether, or move right into upper level classes







# Music at AHS

- Builds on skills learned at AMS
- Combined 9th-12th grade ensembles
- More performance opportunities outside typical Winter and Spring Concerts
- Traveling (Local and National)
- Auditions for Wind Ensemble/Chamber Orchestra - Spring
- Auditions for Select Chorus/Jazz Band - Fall
- Jazz Band - must be in a major ensemble to be considered
- Sectionals
- Auditioned ensembles are Honors distinguished

Band	Chorus	Orchestra	Electives	Clubs
Concert Band Wind Ensemble Honors* Jazz Band*	Chorus Select Chorus Honors*	Orchestra Chamber Orchestra Honors*	Guitar Digital Music Music Theory** (9-12) AP Music Theory** (10-12)	More Than Mozart

All classes fulfill ½ credit per year and meet every other day. 1 full credit of art/music required to graduate.

**\*Audition-based**

\*\*Some prerequisites must be met



# Music at AHS

Successfully transitioning from 8th grade

- Independence/Responsibility
- Communication
- Regular practice

## Contact

Jeff Kinsey (Band)

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Adam Hyman (Orchestra)

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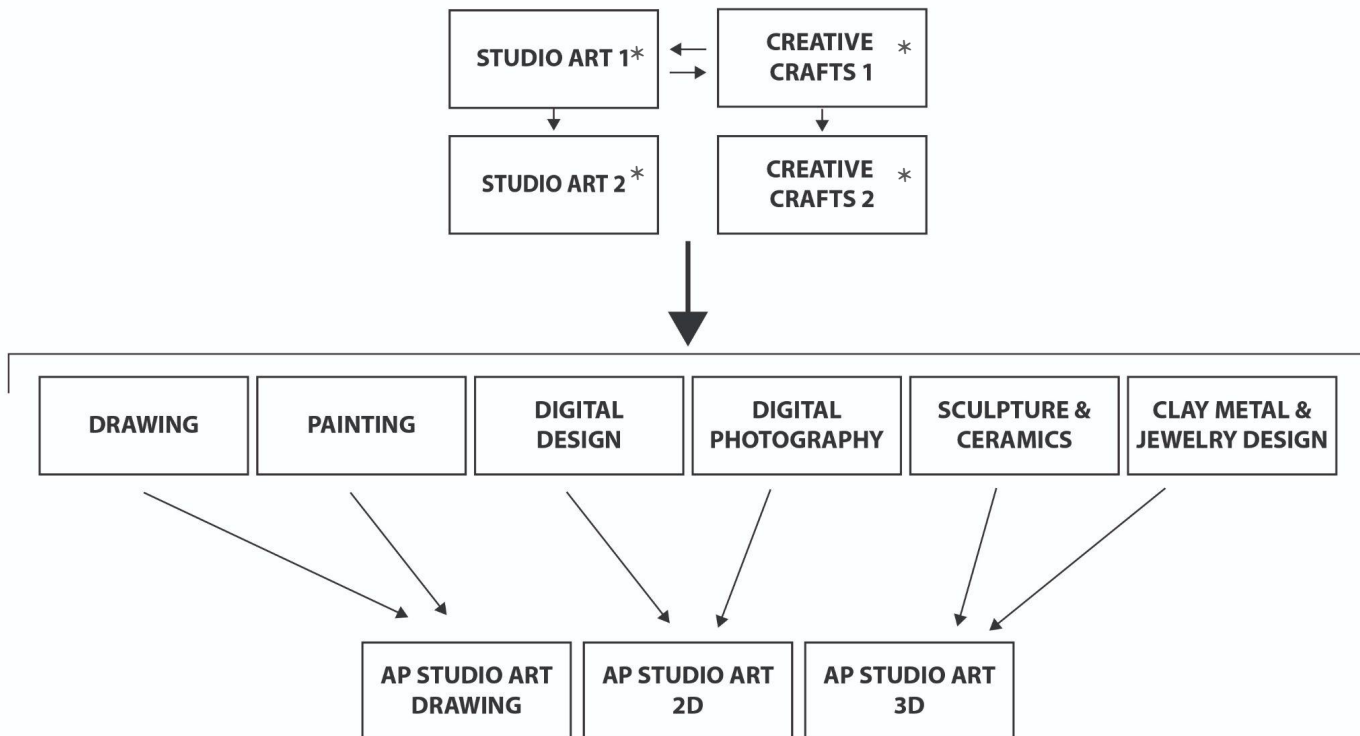
Erin Dawson (Curriculum Leader)

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# Visual Arts Program (9th grade)



Comprehensive foundation courses that fulfill the New York State Arts requirement.\*



# Visual Arts Program

## SKILLS LEARNED

- **Problem Solving**
- **Observation Skills**
- **Discipline**
- **Organizational/Executive Functioning Skills**
- **Self-Expression**
- **Self-Appreciation**
- **Courage/Risk Taking**
- **Time Management**
- **Builds Fine Motor Skills and Neural Connections**
- **Enhances Creative Abilities and Encourages Imagination**
- **Attention to detail**
- **Communication**
- **Patience/Resilience**
- **Connections to other subjects**

## HOW THE ARTS BENEFIT STUDENT ACHIEVEMENT

- **Creates positive changes in the school environment and improved student performance and attitude**
  - **Including reading and language skills**
  - **Mathematics skills**
  - **Thinking Skills**
  - **Social skills**
  - **Motivation to learn**
- **Helps teach children to communicate effectively with adults and peers**
- **Improves a student's achievement in other realms of learning and life**
- **High arts-involved students also watched fewer hours of TV, participated in more community service and reported less boredom in school**
- **High school students who take arts classes have higher math and verbal SAT scores than students who take no arts classes - the more arts classes, the higher the scores**
- **Studies have found a link between arts elective courses in music, dance, visual art and drama, and better grades**



# Visual Arts Program

## Extracurriculars in Art

### National Art Honor Society (NAHS)

- 10-12 grade
- Students must apply
- Student must complete a minimum of 5 hours of art-based community service
- Meets Thursday afternoons



# ARDSLEY ATHLETICS

## WHY

**Purpose-based** athletics  
**connects** students to a **culture of belonging.**

**Community. Communication. Character-trait Development**



# ARDSLEY ATHLETICS MISSION

## Athletics as an Extension of Academics

### Promote Joyful Competition

### Safe and Nurturing Environment:

-Grounded in a Growth-mindset

### Character-trait Building:

-Teamwork, Leadership, Adaptability, Work-ethic, Time management, Problem solving

### Community Involvement:

-Athletics as the Social Hub of the

-Communal Celebration of Success



# ARDSLEY ATHLETICS

## Important Dates:

- **Fall 2026 Start Date**
  - **Varsity Football 8/17/26**
  - **JV & Varsity Sports: 8/24/26**
- **Arbiter Registration Opens - 7/13/26**

**Please visit the district athletics page for more information.  
Follow us at @ArdsleySports on Instagram and X (Formally Twitter)**

**<https://www.ardsleyschools.org/departments/athletics>**



# AHS Schedule 2026-2027

- ➔ **Beginning in 2026-2027, AHS will implement a Rotating Drop Schedule**
- ➔ **Period 1 begins at 7:42am and the day ends at 2:37pm**
- ➔ **Each class period is 57 minutes**
- ➔ **Friday will still begin an hour later to accommodate our Music Hour**
- ➔ **60 Minute Unit Lunch- Every student**
- ➔ **The extra help period will be in the middle of the day**

# Regular Daily Schedule

**REGULAR DAILY SCHEDULE - 57 Minutes - 3 minutes passing**

<b>TIME BLOCK</b>	<b>DAY A</b> Blue and Gold	<b>DAY B</b> Blue and Gold	<b>DAY C</b> Blue and Gold	<b>DAY D</b> Blue and Gold
<b>7:42 - 8:39</b>	<b>CLASS 1</b>	<b>CLASS 4</b>	<b>CLASS 3</b>	<b>CLASS 2</b>
<b>8:42 - 9:39</b>	<b>CLASS 2</b>	<b>CLASS 1</b>	<b>CLASS 4</b>	<b>CLASS 3</b>
<b>9:42 - 10:39</b>	<b>CLASS 3</b>	<b>CLASS 2</b>	<b>CLASS 1</b>	<b>CLASS 4</b>
<b>10:40 - 11:40</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>11:40 - 12:37</b>	<b>CLASS 5</b>	<b>CLASS 8</b>	<b>CLASS 7</b>	<b>CLASS 6</b>
<b>12:40 - 1:37</b>	<b>CLASS 6</b>	<b>CLASS 5</b>	<b>CLASS 8</b>	<b>CLASS 7</b>
<b>1:40 - 2:37</b>	<b>CLASS 7</b>	<b>CLASS 6</b>	<b>CLASS 5</b>	<b>CLASS 8</b>

# Regular Daily Schedule - Morning in Detail -

**REGULAR DAILY SCHEDULE - 57 Minutes - 3 minutes passing**

TIME BLOCK	DAY A Blue and Gold	DAY B Blue and Gold	DAY C Blue and Gold	DAY D Blue and Gold
7:42 - 8:39	CLASS 1	CLASS 4	CLASS 3	CLASS 2
8:42 - 9:39	CLASS 2	CLASS 1	CLASS 4	CLASS 3
9:42 - 10:39	CLASS 3	CLASS 2	CLASS 1	CLASS 4

**There are four courses students are scheduled to have in the morning (prior to lunch):**

- All of these courses “rotate” through the three morning time slots during the week.
- One morning course “drops” each day.
- Hence the name “rotating drop.”

# Regular Daily Schedule - Afternoon in Detail -

**REGULAR DAILY SCHEDULE - 57 Minutes - 3 minutes passing**

TIME BLOCK	DAY A Blue and Gold	DAY B Blue and Gold	DAY C Blue and Gold	DAY D Blue and Gold
11:40 - 12:37	CLASS 5	CLASS 8	CLASS 7	CLASS 6
12:40 - 1:37	CLASS 6	CLASS 5	CLASS 8	CLASS 7
1:40 - 2:37	CLASS 7	CLASS 6	CLASS 5	CLASS 8

**There are four courses students are scheduled to have in the afternoon (after lunch). As is true in the morning, in the afternoon:**

- All of the afternoon courses “rotate” through the three afternoon time slots during the week.
- One afternoon course “drops” each day.



# Benefits of Rotating Drop Schedule

- Longer periods for improved, varied instruction  
Moving from 44 to 57 minutes of instruction
- Increase of instructional time per year
- Less frenetic pace of the day, decreased number of transitions
- Daily lunch for all students
- Daily homework load reduced since not all classes meet every day
- Increased access to extra help and support centers
- More time for teachers and students to meet during school hours
- Transportation closer to the beginning and end of the school day
- Rotating class time slots. Not the same class at the same time each day
- Decrease in student pull-out from courses for music, guidance, etc.
- Opportunities to take additional courses. Eight classes instead of seven



# Examples of a Freshman Schedule

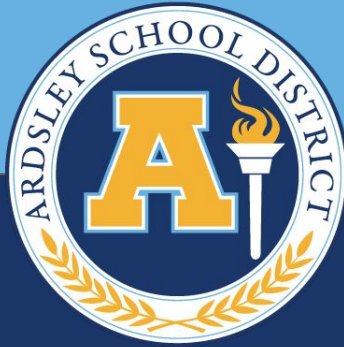
## Sample Schedule 2025-2026

Period 1	Global History I
Period 2	Earth Science
Period 3	Earth Science Lab/PE
Period 4	French II
Period 5	Lunch or Elective
Period 6	Algebra I
Period 7	English 9
Period 8	CWR and Art, Music Drama

- Same first period every day
- Student may have to choose elective course over lunch
- The student can only take a half credit of a required Music/Art credit

	A Day (Blue)	B Day (Gold)	C Day (Blue)	D Day (Gold)
7:42 - 8:39	Global History I	French II	Earth Science Lab	Earth Science
8:42 - 9:39	Earh Science	Global History I	French II	Physical Education
9:42 - 10:39	Earth Science Lab	Earth Science	Global History I	French II
10:40 - 11:40	Lunch	Lunch	Lunch	Lunch
11:40 - 12:37	Studio Art 1A	Intro to Comp Sci	English 9	Algebra I
12:40 - 1:37	Algebra I	Study Hall	CWR	English 9
1:40 - 2:37	English 9	Algebra I	Studio Art 1A	Intro to Comp Sci
	Dropped Periods			
	French II	Physical Education	Earh Science	Global History I
	CWR	English 9	Algebra I	Study Hall

Thank you!



Any Questions?