Freedom High School
Athletic Department
1050 Neroly Rd Oakley, CA 94561
925.625.5900

Athletic Registration Information

Interscholastic Sport

Fall Sports	Winter Sports	Spring Sports
Football Flag football - Girls Cross Country Boys & Girls Golf – Girls Tennis – Girls Volleyball – Girls Water Polo – Boys & Girls eSports Traditional Sports Cheer	Basketball – Boys & Girls Soccer – Boys & Girls Wrestling - Boys & Girls Traditional Sports Cheer	Baseball Softball Track & Field Volleyball – Boys Tennis – Boys Golf – Boys eSports Stunt Cheer Swim & Dive
• Season Begins Aug 10th • Football Helmet Climatization July 22nd • Medical Clearance signed dated after Dec 1st • Try-Out Grading period Q4 prior yr.	• Season Begins Oct Nov 2nd • Medical Clearance signed dated after Mar 1st • Try-out Grading period Q1	• Season Begins Feb 8th • Medical Clearance signed dated after Jun 1st • Try-out grading period Q2.

Season begins on the date listed as the first official day of practice. Participation in training, conditioning, open gyms prior to these dates are optional. The Athletic Department encourages student-athletes to participating as much as possible to get ready for the season.

ACADEMIC ELIGIBILITY

To participate in athletics, students must earn a minimum of a 2.0 "C" grade point average on a 4.0 scale in all enrolled classes AND be on track for graduation. Academic eligibility is declared on the date of determination set by the district and reported to NCS at the beginning of every school year. The NCS does not recognize grade changes after the date of determination or the 5.0 grading scale. Students with a GPA below 2.0 and above 1.75 may apply for Academic Probation to participate in interscholastic athletics.

MEDICAL CLEARANCE

A medical clearance must be signed and dated by a licensed physician. The medical release document must include a statement indicating that it is medical clearance for Sports/athletic participation with no restrictions or indicate any medical restriction from the physician. A general school medical clearance does not meet athletic clearance standards.

HOW TO REGISTER FOR ALL ATHLETIC TEAMS AT FREEDOM HIGH SCHOOL.

To participate in Freedom High School athletics in or off season, a student and parent needs to complete the online registration at ***AthleticClearance.com*** . Once the online registration is completed, including signatures, uploaded medical form, and other required documents the system marks the application ***"Pending"***. Once submitted, the athletic department marks the application as "***Practice Only"***, ***"Cleared" or "Denied".*** *"Cleared"* indicates full participation including games and competition. *"Practice Only"* means the athlete cleared to try-outs, practice and condition, but MAY NOT play in games. *"Denied"* mean athlete may not participate. Reason for *"Denial"* can range from an incomplete application to academic issues. *"Practice Only"* and *"Denied"* email include explanation and/or instructions. Only *"Cleared"* athletes for a sport are allowed to compete during the season. Full clearances do not start until 2-3 weeks prior to the official start of the season.

ONLINE REGISTION

Athlete registration is though ***AthleticClearance.com*** or the school website links under Athletics & Registration.

TRANSFER STUDENTS

A student that has attended ANY other high school must complete the NCS Transfer process. See Athletic Director. Freshmen that have NOT attend any other high school, do not need to complete transfer paperwork.

NEXT SCHOOL YEAR ATHLETIC REGISTRTION OPENS JUNE 1ST.

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