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Section 9-20.11:1. Prescription medications; Nonprescription Medications; Self-Administration of Medications is Prohibited Except for Asthma Medication and Auto-Injectable Epinephrine is Prohibited; Sharing, borrowing etc., of Medication is Prohibited; When Self-Administration of Asthma medication and Auto-Injectable Epinephrine Allowed; When Students Are Allowed to Carry Certain Supplies for High and Low Glucose Levels; When Certain Individuals Can Possess and Administer Epinephrine; The Manner in Which Albuterol Inhalers Are To Be Stored and Administered; Administering of Opioid Antagonists; Student Possession of Seizure Medications; Superintendent to Develop Regulations. —

A. Employees of the School Board may give medication prescribed for individual students, but only pursuant to the written order of a physician, physician assistant, or nurse practitioner and with written permission from the student's parent or guardian. Such medicine must be in the appropriate pharmacy labeled container and delivered to the principal, school nurse or school division designee by the parent or guardian of the student.

B. Employees of the School Board may give nonprescription medication to students only with the written order of a physician, physician assistant, or nurse practitioner and with written permission of the parent or guardian. Such permission shall include the name of the medication, the required dosage of the medication, and the time the medicine is to be given. Such medicine must be in the original container and delivered to the principal, school nurse or school division designee by the parent or guardian of the student.

C. Self-administration of any medication with the exception of asthma medication and auto-injectable epinephrine, as discussed herein, is prohibited for students.

D. Sharing, borrowing, distributing, manufacturing or selling any medication is prohibited.

E. Students with a diagnosis of asthma or anaphylaxis, or both, are permitted to possess and self-administer inhaled asthma medications or auto-injectable epinephrine, or both, as the case may be, in accordance with this policy during the school day, at school-sponsored activities, or while on a school bus or other school property. For a student to possess and self-administer asthma medication, or auto-injectable epinephrine, or both, the following conditions must be met:

- (i) Written parental consent that the student may self-administer inhaled asthma medications or auto-injectable epinephrine, or both, is on file with the school;
- (ii) Written notice from the student's health care provider is on file with the school, indicating the identity of the student, stating the diagnosis of asthma or anaphylaxis, or both, and approving self-administration of inhaled asthma medications or auto-injectable epinephrine, or both, that have been prescribed for the student; specifying the name and dosage of the medication, the frequency in which it is to be administered and the circumstances which may warrant its use; and attesting to the student's demonstrated ability to safely and effectively self-administer the medication;
- (iii) An individualized health care plan is prepared, including emergency procedures for any life-threatening conditions;
- (iv) There is a consultation with the student's parent before any limitations or restrictions are imposed on a student's possession and self-administration

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of inhaled asthma medications and auto-injectable epinephrine, and before the permission to possess and self-administer inhaled asthma medications and auto-injectable epinephrine at any point during the school year is revoked;

- (v) Self-administration of inhaled asthma medications and auto-injectable epinephrine is consistent with the purposes of the Virginia School Health Guidelines and the Guidelines for Specialized Health Care Procedure Manual, which are jointly issued by the Virginia Department of Education and the Virginia Department of Health, and
- (vi) Information regarding the health condition of the student may only be disclosed to school board employees in accordance with state and federal law governing the disclosure of information contained in student scholastic records.

Permission granted to a student to possess and self-administer asthma medications or auto-injectable epinephrine, or both, will be effective for a period of 365 calendar days, and must be renewed annually. However, a student's right to possess and self-administer inhaled asthma medication or auto-injectable epinephrine, or both, may be limited or revoked after appropriate school personnel consult with the student's parents.

F. Each enrolled student who is diagnosed with diabetes, with parental consent and written approval from the prescriber, is permitted to carry with him/her and use supplies, including a reasonable and appropriate short-term supply of carbohydrates, an insulin pump, and equipment for immediate treatment of high and low blood glucose levels, and self-check his/her own blood glucose levels on a school bus, on school property, and at school-sponsored activities.

A School Board employee, as defined in Va. Code § 22.1-274.E, who is a registered nurse, licensed practical nurse, or certified nurse aide and who has been trained in the administration of insulin, including the use and insertion of insulin pumps, and the administration of glucagon, may assist a student who is diagnosed with diabetes and who carries an insulin pump with the insertion or re-insertion of the pump or any of its parts. Prescriber authorization and parental consent shall be obtained for any such employee to assist with the insertion or re-insertion of the pump or any of its parts. Nothing in this policy requires an employee to assist with the insertion or re-insertion of the pump or any of its parts.

G. Pursuant to an order or standing protocol issued by the prescriber within the course of his professional practice insurance, any school nurse, School Board employee, employee of a local governing body or employee of a local health department who is authorized by a prescriber and trained in the administration of epinephrine may possess epinephrine and administer it to any student believed to be having an anaphylactic reaction.

H. Albuterol inhalers and valved holding chambers are stocked in each school in the division to be administered by any school nurse, licensed athletic trainer under contract with the school division, employee of the School Board, employee of a local appropriating body, or employee of a local health department who is authorized by the local health director and trained in the administration of albuterol inhalers and valved holding chambers for any student believed in good faith to be in need of such medication.

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I. A dosage of opioid antagonist may be administered by a school nurse or trained and certified employee to any student who is believed to be experiencing or about to experience a life-threatening opioid overdose in accordance with Section 9-20.11:3 and any related regulations and applicable laws.

J. Secondary school students with a diagnosis of a condition causing seizures are permitted to possess seizure rescue medications during the school day, at school-sponsored activities, or while on a school bus or other school property if (i) the student's parent has submitted a seizure management and action plan in accordance with Va. Code § 22.1-274.6 that includes written consent of the parent and written approval of the student's primary care provider for such self-possession and (ii) the school nurse has been notified of such self-possession.

Pursuant to a written order or standing protocol by the prescriber within the course of his professional practice and with the consent of the student's parent as defined in Va. Code § 22.1-1, an employee of the School Board, local governing body, or local health department who is trained in the administration of seizure rescue medications may be authorized to administer seizure rescue medications to a student with a diagnosis of a condition causing seizures, when the student is believed to be experiencing or about to experience a seizure, and a licensed nurse, an advanced practice registered nurse, a physician, or a physician assistant is not capable of reaching the student within the amount of time necessary to effectively perform the administration of the medication.

K. The superintendent shall develop a regulation for administration of medicines to students. The regulations shall include provisions for the handling, storage, monitoring, documentation and disposal of medication. (Adopted June 13, 2013; Ordinance Number 12/13-124; Effective Date: July 1, 2013; Revised February 8, 2018; Ordinance Number 17/18-45, Effective Date: February 8, 2018; Revised December 13, 2018; Ordinance Number 18/19-59, Effective Date: December 13, 2018; Revised/Effective Date: June 9, 2022; Ordinance Number 20/21-42; Ordinance 23/24-65, Revised/Effective: January 11, 2024)

Legal Authority - Virginia Code §§ 8.01-225, 22.1-78, 22.1-274, 22.1-274.01:1, 22.1-274.2, 22.1-274.6, 54.1-2952.2, 54.1-2957.02, 54.1-3408 (1950), as amended.