

My timeline...

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Week 1	Week 2	Week 3
Date:	Date:	Date:
Goal: What will you work on	Goal: What will you work on	Goal: What will you work on
Reflection: What did you do	Reflection: What did you do	Reflection: What did you do
Adjustment: What should you do differently	Adjustment: What should you do differently	Adjustment: What should you do differently

My timeline...

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Week 4	Week 5	Week 6
Date:	Date:	Date:
Goal: What will you work on	Goal: What will you work on	Goal: What will you work on
Reflection: What did you do	Reflection: What did you do	Reflection: What did you do
Adjustment: What should you do differently	Adjustment: What should you do differently	Adjustment: What should you do differently

My timeline...

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Week 7	Week 8	Week 9
Date:	Date:	Date:
Goal: What will you work on	Goal: What will you work on	Goal: What will you work on
Reflection: What did you do	Reflection: What did you do	Reflection: What did you do
Adjustment: What should you do differently	Adjustment: What should you do differently	Adjustment: What should you do differently