

HOLMEN MIDDLE SCHOOL JANUARY 2026 VIKING UPDATES



Happy New Year! What a difference a year makes! Last year at this time our building was completely under construction and we were waiting for what the final product would look like. We are now living in the finalized project and the space is amazing. It is awesome to see the learning and collaboration that is happening with our students in these new spaces. Thank you for your support of the referendum to make this possible. We appreciate you!

I wanted to send some reminders about drop off and pick up at HMS. The most important reminder is to please drive slowly around school. Thank you so much for driving slowly and looking for students and staff in the crosswalks and parking lots while dropping your students off or picking up at school. Please remember to also drive slowly in the parking lot when you are leaving after you have dropped off your students. Please DO NOT enter the parking lot on the north end and drive around the back of the school to drop your student off.

This is just a reminder of the safest route to take when dropping off/picking up at door A in the parent drop off loop.

- [Link](#) to student drop off and pick up map at HMS.

I would like to send a huge thank you to all of our families that participated in our second annual food drive for our local pantries. We were able to collect over 1800 pounds of food and \$2000.00 to support these pantries and our families that are in need. My favorite part of this event is seeing the pride in our students as they bring the food out to load the trucks to take to the pantries. THANK YOU for your support.

In just a short time we will be sending home information for our 6th and 7th grade students to rank their Encore classes for the 2026 - 2027 school year. We will be sending home ranking sheets and sharing digital information about the courses they can take next year. Please look for information for our 6th graders at the beginning of February and our 7th graders at the beginning of March.

We have so many great opportunities for students to be involved at HMS in co-curricular activities or clubs. Please talk to your student about the activities they are participating in or about co-curriculars and clubs they would like to join. Check out the information on our [Activities Department](#) website. Please contact Jenny Eickhoff at ejcjen@holmen.k12.wi.us or Ben Tashner at tasben@holmen.k12.wi.us if you have any questions.

While you are at HMS check out our lost and found by the Main Office. We have so many items that we would really like to find the way back home. All items that are not claimed by January 31, 2026 will be donated to local charities.

Have an Awesome Day and Be Kind!
Ryan Vogler
Holmen Middle School Principal

HMS Information

Phone Number
608-526-3391

School Hours
7:35am - 2:40pm

Principal
Ryan Vogler
vogrya@holmen.k12.wi.us

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Show Choir Rehearsal	6 MathCounts	7	8 7/8th Gallery Club Show Choir Rehearsal	9 Gathering - Show Choir	10 Gathering - Show Choir
11	12 Show Choir Rehearsal	13 Student Council Meets MathCounts	14 6th Gallery Club	15 Show Choir Rehearsal	16 Onalaska Classic - Show Choir	17 WI Honor Band
18	19 No School	20 MathCounts Show Choir Rehearsal	21	22 Show Choir Rehearsal 7/8th Band Concert	23 La Crosse Grand Showcase Show Choir	24
25	26 No School	27 MathCounts Show Choir Rehearsal	28	29 Show Choir Rehearsal	30 Sauk Prairie - Show Choir	31

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Show Choir Rehearsal	3 MathCounts	4 7/8th Grade Gallery Club	5 Show Choir Rehearsal	6	7
8	9 Show Choir Rehearsal Student Council Meets	10 MathCounts	11 6th Grade Gallery Club	12 Show Choir Rehearsal	13	14 Waconia Star Power - Show Choir
15	16 Show Choir Rehearsal	17	18	19 Show Choir Rehearsal	20	21 Solo & Ensemble
22 Closing Curtain - Show Choir	23	24 Student Council Meets	25	26 NHD Open House 5:30-7:30	27 No School	28

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 No School	3	4 7th Choir - Large Group Festival 7/8th Gallery Club	5 8th Choir - Large Group Festival	6	7
8	9 Student Council Meets	10	11 6th Gallery Club	12 Quiz Bowl	13	14
15	16	17 Parent/Teacher Conferences	18	19 Quiz Bowl Finals 7/8th Collage Band Concert	20	21
22 Orchestra Concert	23	24	25 7/8th Band Large Group Festival	26 Early Release Parent/Teacher Conferences	27 No School	28
29	30	31 Student Council Meets				

Daily Schedule

Early Release or Late Start Schedules

HOLMEN MIDDLE SCHOOL CLASS SCHEDULE					
GRADE 6		GRADE 7		GRADE 8	
1	ADVISORY 7:35 - 7:48 13 minutes	1	ADVISORY 7:35 - 7:48 13 minutes	1	ADVISORY 7:35 - 7:48 13 minutes
2	CORE 1 7:51-8:51 60 minutes	2	CORE 1 7:51-8:51 60 minutes	2	CORE 1 7:51-8:51 60 minutes
3	CORE 2 8:54-9:54 60 minutes	3	CORE 2 8:54-9:54 60 minutes	3	ENCORE 1 H-DAY 8:54 - 9:36 42 minutes Band
4		ENCORE 1 V-DAY 8:54 - 9:36 42 minutes			
5	CORE 3 9:57-10:57 60 minutes	5	CORE 3 9:57-10:57 60 minutes	4	ENCORE 2 H-DAY 9:39 - 10:21 42 minutes Choir
6		ENCORE 2 V-DAY 9:39 - 10:21 42 minutes Choir/Orchestra			
7	LUNCH 11:00-11:27	7	ENCORE 1 H-DAY 11:00 11:42 42 minutes	6	CORE 2 10:24 - 11:27 63 minutes
8	CORE 4 11:30-12:33 63 minutes	8	ENCORE 1 V-DAY 11:00 11:42 42 minutes Band	7	
9		CORE 4 11:30-12:33 63 minutes	9	ENCORE 2 H-DAY 11:45 12:27 42 minutes Choir/Orchestra	8
10	CORE 4 11:30-12:33 63 minutes		10	ENCORE 2 V-DAY 11:45 12:27 42 minutes Choir/Orchestra	9
11		ENCORE 1 H-DAY 12:36 1:18 42 minutes Holmen Band	11	LUNCH 12:30-12:57	10
12	ENCORE 1 V-DAY 12:36 1:18 42 minutes Viking Band	12			
13	ENCORE 2 H-DAY 1:21 2:03 42 minutes Choir	13	CORE 4 1:00-2:03 63 minutes	11	CORE 3 12:00-1:00 60 minutes
14		ENCORE 2 V-DAY 1:21 2:03 42 minutes Choir/Orchestra			
15	ACADEMY H-DAY 2:06 2:40 34 minutes	14	CORE 4 1:00-2:03 63 minutes	12	CORE 3 12:00-1:00 60 minutes
16		ACADEMY V-DAY 2:06 2:40 34 minutes			
16	ACADEMY H-DAY 2:06 2:40 34 minutes	16	ACADEMY H-DAY 2:06 2:40 34 minutes	13	CORE 4 1:25-2:03 38 minutes
16		ACADEMY V-DAY 2:06 2:40 34 minutes			



Early Release Student Schedule

Grade 6	Grade 7	Grade 8
Advisory 7:35 - 8:00 25 minutes	Advisory 7:35 - 8:00 25 minutes	Advisory 7:35 - 8:00 25 minutes
Core 1 8:03 - 8:38 35 minutes	Core 1 8:03 - 8:38 35 minutes	Core 1 8:03 - 8:38 35 minutes
Core 2 8:41 - 9:16 35 minutes	Core 2 8:41 - 9:16 35 minutes	Encore 1 8:41 - 9:07 26 minutes
Core 3 9:19 - 9:54 35 minutes	Core 3 9:19 - 9:54 35 minutes	Encore 2 9:10 - 9:36 26 minutes
Lunch 9:57 - 10:27 30 minutes	Encore 1 9:57 - 10:23 26 minutes	Core 2 9:39 - 10:14 35 minutes
Core 4 10:30 - 11:05 35 minutes	Encore 2 10:26 - 10:52 26 minutes	Core 3 10:17 - 10:52 35 minutes
Encore 1 11:08 - 11:34 26 minutes	Lunch 10:55 - 11:25 30 minutes	Core 4 10:55 - 11:30 35 minutes
Encore 2 11:37 - 12:03 26 minutes	Core 4 11:28 - 12:03 35 minutes	Lunch 11:33 - 12:03 30 minutes
Academy 12:06 - 12:40 34 minutes	Academy 12:06 - 12:40 34 minutes	Academy 12:06 - 12:40 34 minutes

Late Start Student Schedule

Grade 6	Grade 7	Grade 8
Advisory 9:35-9:48 13 minutes	Advisory 9:35-9:48 13 minutes	Advisory 9:35-9:48 13 minutes
Core 1 9:51 - 10:29 38 minutes	Core 1 9:51 - 10:29 38 minutes	Core 1 9:51 - 10:29 38 minutes
Core 2 10:32 - 11:10 38 minutes	Core 2 10:32 - 11:10 38 minutes	Encore 1 10:32-10:58 26 minutes
Lunch 11:13 - 11:43 30 minutes	Core 3 11:13 - 11:51 38 minutes	Encore 2 11:01-11:27 26 minutes
Core 3 11:46 - 12:24 38 minutes	Encore 1 11:54-12:20 26 minutes	Core 2 11:30-12:08 38 minutes
Core 4 12:27 - 1:05 38 minutes	Encore 2 12:23-12:49 26 minutes	Lunch 12:11-12:41 30 minutes
Encore 1 1:08 - 1:34 26 minutes	Lunch 12:52-1:22 30 minutes	Core 3 12:44-1:22 38 minutes
Encore 2 1:37 - 2:03 26 minutes	Core 4 1:25-2:03 38 minutes	Core 4 1:25-2:03 38 minutes
Academy 2:06 - 2:40 34 minutes	Academy 2:06 - 2:40 34 minutes	Academy 2:06 - 2:40 34 minutes

ATTENDANCE REMINDERS

Attendance at school is essential to the successful completion of an education. Good communication from the school to the home and from the home to the school regarding absences is a major responsibility for the school and the home. Part of the school's mission is to teach students good work habits, which includes regular attendance.

All attendance matters (signing in or out, special leave requests, passes to leave school, reporting absences, etc.) are handled at the attendance desk. The attendance desk is located in the main office inside the Door D entrance.

- **Please report all absences by 7:30 a.m.** by calling the attendance line at 526-1369. *If we do not hear from you, we will attempt to contact you to verify the absence. If no contact occurs, the absence will be considered unexcused.*
- **If your child needs to leave school during the school day:** *To avoid interruptions to the classroom we ask that you send a note with your student in the morning. They should bring the note to the attendance desk before school starts in the morning and we will issue them a pass to leave class. When it is time for them to leave, it is the student's responsibility to report to the attendance desk and wait for you to sign them out. Upon returning to school, the student is to sign in at the attendance desk to obtain a pass to return to class.*
- **If your child arrives late for school:** *Please send a note with your child or call (526-1369) so we can excuse him/her. Upon arrival he/she should report to the attendance desk to sign in and get a pass for class.*
- **Homework requests:** *If you wish to request homework, please leave that message when you call in your child's absence. Your child can also check his/her homework from their Chromebook.*



Attendance: Jenny Eickhoff

Call: 608-526-1369

Text: 608-492-1340

Email: eicjen@holmen.k12.wi.us

TERM 1 - 6TH GRADE HONOR ROLL

High Honor Roll

Bennett Abts, Stella Alcaraz, Lila Alexander, Brooklyn Arneson, Graham Bartels, Audrey Benz, Fiona Bliss, Carson Bloyer, Griffin Bowe, Ashlynn Brandau, Chase Breidel, Emma Bretl, Kara Bright, Tristan Buarapha, Ryker Casper, Reid Chamberland, Henrik Chodur, Aspen Cichacki, Kennedy Colgan, Maxwell Colvin, Claire Danielson, Maya Davis, Everly DeGier, Mason DeNault, Aubree Doolittle, Faith Dreyer, Olivana Dummer, Avery Durnil, Laila English, Ava Erdmann, Nora Fiegen, Boone Fitzgerald, Riley Franzini, John Fredrickson, Aaron Ganther, Kendall Gaulke, Emma Genz, Owen Graumann, Leonardo Greco, Henry Hall, Teagan Hanson, Leia Harm, Trygve Haug, Chelsea Heiden, Boone Henry, Hadley Hesselberg, Amelia Hicks, Dominick Hilleshiem, Derek Hoyer, Caiden Ikert, Vaughn Ipavec, Soren Iverson, Hadley Jagim, Viviana Janus, Colby Jentz, Knox Johnson, Nolan Johnston, Kenley Jorgenson, Owen Kazmierczak, Hunter Kelly, Luke Kerrigan, Kennedy Kesser, Adalynn Kiel, Kylie Kiel, Jaxon Kinder, Madelyn Kletzien, Liam Komp, Livia Korneta, Kinsley Koxlien, Mina Lambert, Becker Lang, Elettie Lang, Graceyn Lang, Grace Lawry, Haydin Lenz, Camilla Lodoen, Xavier Lor, Carson Lorentz, Alexandria Love, Everett Low, Ezra Lusk, Kole Mahoney, Londynn Major, Claire Malak, Evielyn Mande, Parker Mausolf, Kellin Mayer, Ezlie Mettillie, Emma Mickschl, Aubree Miller, Bryson Moe, Lillian Montgomery, Tenley Moore, Arian Moua, Adelyn Mount, Ava Mueller, Teagan Needham, Easton Odegaard, Teresa O'Farrell, Madison Oliver, Blake Olson, Ellie O'Reilly, Julia Patty, Lacie Pergande, Nora Piepkorn, Norah Pierce, Ivy Platteter, Everly Pomeroy, Dylan Puent, Elsie Puent, Samantha Rao, Emily Rindfleisch, Roland Rohrbach, Emersen Schollmeier, Briella Schueller, Marcus Semann, Levi Servais, Jakob Shaver, Emmerson Shore, Elise Sinn, Alleigh Slosser, Colin Smith, Harrison Smith, Quinn Sobek, Norah Spencer, Elle St Aubin, Sadie Stroik, Vivian Sye, Lilliana Taylor, Odin TeBeest, Jada Thomas, Ellianna Thompson, Evelyn Thompson, Lucas Traut Lietz, Audrey Valencia, Ainsley Van Eijl, Zoey Vang, Clara Verthein, Peyton Wencel, Ellis Williamson, Sanders Witte, Ryu Xiong, Chiashe Yang, Nuchi Yang, Vera Yang, Bennett Young, Greyson Zielke, Merrick Zitzner.

Regular Honor Roll

Dominic Adams, Bear Albright, Max Anderson, Ryan Armstrong, Ryker Aylsworth, Oliver Barg, Halle Beal, Jayce Beck, Landon Becker, Grace Bentzen, Seppe Berckmans, Ayla Bluske, Aaron Bronk, Madelyn Buchheit, Peyton Carley, Jordy Caulum, Luxann Copus, Keng Cross, Carrie Davis, Keegan Davis, Landon Deml-Iverson, Evelyn Dummer, Wyatt Edlund, Connor Ellis, Ellie Farmer, Ryley Finnerud, Parker Fitzpatrick, Richard Gagner, Easton Gerdes, Clayton Glanville, Hudson Haried, Aubree Harris, Caleb Haugen, Aubrey Henthorn, Lukas Humpal, Elliana Kerr, Jayse Koby, Liahm Korish-McDonald, Ellis La Liberte, Carter Lawrence, Albert Locy, Joy Madero, Jace Maland, Molly Mashak, Adria McDowell, Leon McNeil-Stuhr, Esme Moua, Logan Mullikin, Gage Neal, Nathan Nordstrom, William Pearson, John Peterson, Rylan Pfennig, Julio Ramos, Anika Reister, Clare Riley, Giovanni Rocco, Ethan Ruppert, Alina Rzepiejewski, Belinda Schmidt, Anika Sesvold, Weston Smith, Colin Snyder, Harrison Snyder, Landon Sobkowiak, Teagan Tauscher, Jude Thao, Simon Thao, Anna Tyler, Braxton Ustby, Jayden Vang, Kashia Vang, Michelle Vang, Sawyer Walensky, Keira Wallenfelsz, Kallan Wenger, Raelynn Wilson, Jordin Xiong, Keebkwm Jayden Xiong, Jaesen Yang.

TERM 1 - 7TH GRADE HONOR ROLL

High Honor Roll

Jack Allind, Noah Anderson, Cade Anneke, Jase Arneson, Beau Balk, Adelynn Balow, Susanna Banks, Makenna Banse, Wyatt Bell, Henry Berg, Eddy Bergman, Beverly Bjerke, Ryker Blough, Kenzie Bornitz, Hannah Boshier, Kennedy Boswell, Landon Bradle, Natalie Brewer, Brenna Cain, Kaia Carley, Elaine Chen, Avery Cichosz, Avery Clements, Evelyn Cox, Evan Danielson, Jayson Davis, Embirlin DeFlorian, Jayla Dieck, Carter Disbrow, Carson Dolesy, Rush Drugg, Oliver Dziweczynski, Matthew Eddy, Noah Elder, Jonah Erickson, Kailee Erickson, Sloan Etrheim, Vaughn Evers, Jackson Every, Shannon Faherty, Clara Faron, Benjamin Finstuen, Scarlett Flint, Kendall Foley, Logan Fortek, Violet Gagner, Elin Gasch, Mason George, Rylee Gleason, Broderick Goltz, Charlotte Goryl, Easton Goyette, Katelyn Gray, Olivia Grego, Lauren Griffith, Violet Haight, Olivia Hansen, Brysen Hom, Journie Hom, Amelia Houdek, Clara Jensen, Brock Johnson, Grayson Kamrowski, Boone Keenan, Nathan Kemper, Parker Knadle, Rosalyn Kollars, Ellesandra Kramolis, Aly Kulig, Reagan Lancaster, Giovanni Lethlean, William Lieser, Elena Lor, Felicity Lor, Weston Lorentz, Elin Malone, Lydia Manske, Wilson McIlquham, Parker McRill, Kamden Mitchell, Lila Molling, Azura Moua, Celeste Moua, Trisity Moua, Clara Nelson, Hallie Nestingen, Trent Oeltjen, Alexander Olson, Adelynn Otto, Zoey Ottum, Jackson Peplinski, Dalys Rehwinkel, Maddox Retzlaff, Eliana Richgels, Madelynn Roemen, Jaylee Schott, Harper Schulze, Evelyn Schuster, Brooklyn Shea, Maggie Shepard, Riley Simonson, Axl Spah, Nolan Staed, Lincoln Steen, Bria Steffen, Reese Stegall, Henry Strittmater, Daniel Suhr, Brandon Swift, Grady Tauscher, Shayden Teeter, Andrew Tenwinkel, Arthur Thao, Roderick Thompson, Ivan Tierney, Altair Vang, Michael Von Haden, Grant Wagoner, Alexis Walbrun, Lincoln Weigel, Kamyn Welch, Brayden Wessel, Kennedy Wilson, Lanagan Wolff, Evan Wopat, Cecilia Xiong, Chijah Yang, Liam Yang, Greta Zielsdorf, Owen Zietlow.

Regular Honor Roll

Sophia Aponte, Talon Archer, Stella Baitinger, King Beard, Hadley Bearwald, Elaina Berger, Aleaya Betsinger, Ashlyn Blood, Braylon Boisen, Samantha Byers, Gage Casper, Eloise Clements, Beau Comstock, Tytan Coole, Cullen Coots, Addison Craig, Cohlton Dahlby, Owen Derrickson, Chase Dolesy, Aaliyah Estrada, Everett Euler, Cameron Everson, Tinley Fawver, Isabelle Fish, Ava Fletcher, Dominic Foster, Benjamin Freybler, Noah Galke, Tayte Gnewikow, Liam Godolphin, Cole Hagen, John Hanson, Landry Hill, Jagger Holland, Noah Hoogland, Avery Hooper, Ryanne Jacobson, Kenzie Jensen, Adelaide Johnson, Catherine Johnson, Tate Johnston, Lillie Karo, Beckett Kline, Gabriel Knapmiller, Simon Kolpitcke, Daxton Kuban, Elsa Lau, Emerson Lawrence, Violet Martin, Dylan McMahon, Lilah Meyer, Thorson Mezera, Colby Millette, Macy Molling, Rowan Monty, Charlene Moua, Gianni Mumaw-Flury, Parker Olson, Lydia Pagliaro, Maddox Parce, Jackson Petersen, Gracelynn Phillips, Presley Popp, Sloane Powers, Jayla Purdy, Brody Reese, Ashton Regan, Branson Reinhart, Jordyn Ricard, Matteo Rivera, Lillian Roth, Oliver Rourk, Riley Schollmeier, Abrielle Semke, Braxton Slusser, Rosalie Sterud, Eloise Stratton, Christina Thao, William Thompson, William Tippery, Sophie Vang, Keedyn Vue, Meredith Wientzen, Corbin Williams, Preston Witt, Aerial Xiong, Kong Xiong, Phaven Xiong, Zachary Xiong, Jay Yang.

TERM 1 - 8TH GRADE HONOR ROLL

High Honor Roll

Quinten Albitz, Brynlee Ammerman, Lilly Aspenson, Jarell Ayed, Alexander Balsley, Arthur Banwart, Kinley Barrette, Ava Beach, Logan Benzing, Emma Berckmans, Ramsey Berndt, Isabella Bessler, Taelyn Bjergum, Jack Bockenbauer, Esten Bork, Mason Brandau, Owen Bretl, Caleb Brudos, Amelia Burrow, Addison Burt, Taylor Caulum, Sawyer Cichacki, Noah Clausen, Saria Clegg, Delaney Conroy, Emery Coots, Aspen Csete, Saul Daffinson, Mary Davis, Rylan Dehli, Sydney Dewey, Sam Dloniak, Kaci Doolittle, Everett Dow, William Dudei, Ryan Dwyer, Bryanna Dyck, Maxum Dzieweczynski, Lyla Eberhardt, Caleb Erdmann, Hillary Faherty, Allyson Fiers, Kinsley Fitzpatrick, Cash Fogel, Laynee Foran, Madyson Franzini, Ashlyn Genz, Harrison Goodrich, Emma Graumann, Ashlynn Griffin, Willow Gumz, Aubrey Hager, Riley Hager, Kiki Hamburger-Lavelle, Caleb Hampson, Nolan Hanan, Morgan Hansen, Alexis Haverfield, Eve Heerts, Chloe Heiden, Kenton Heim, Cora Herlitzke, Lillian Holman, Eva Holmes, Adelynn Janke, Ella Janke, Abigail Johnson, Trenton Jones, Avrie Kelm, Graham Kinsman, Maliyah Knudtson, Dominic Korhuis, Addisyn Kroner, Addison Kuehn, Lucy Laabs, Addison Latva, Dorian Lee, Cooper Leis, Noah Lepsch, Alivia Lindberg, Ethan Lor, Brynlee Low, Lucy Lowman, Olivia Magnuson, Barrett Matt, Alyssa McCormick, Andrew McViety, Taylor Meier, Kinley Meyer, Adela Mezera, Madison Miles, Gideon Moize, Landon Molling, Ellisyn Monroe, Lucy Montgomery, Brecken Moore, Landon Mueller, Allie Mullikin, Lillian Oeltjen, Wesley Olsen, Aidan Olson, Gavin Olson, Gemma Olson, Lydia Olson, Addyson Otto, Knox Owens, Desmond Palmer, Jessa Patty, Skyler Pearson, Raina Pergande, Brody Peterson, Samuel Peterson, Wyatt Peterson, Nolan Pierce, Evalyn Pinnow, Kora Pongratz, Arianna Powell, Gabriel Powell, Mason Prince, Clayton Puent, Taryn Puljas, Charlotte Randles, Myles Rasmussen, Emily Rector, Cassie Reibel, Gavin Reichgelt, Ashton Remke, Holley Rivera, Wesley Roeckers, Aria Roth, Cameron Ruger, Isabelle Schauf, Cailyn Schreiber, Arianna Schuldt, Paige Schumacher, Taelynn Seidel, Isaac Shaw, Morgan Sherry, Alexa Shisler, Carter Simonson, Adilyn Smith, Clayton Smith, Evelyn Smith, Charlotte Sunday, Julian Stevenson, Porter Strelow, Lily Swetkovich, Jayden Tuquero, Cullen Van Eijl, Abby Yang, Mai Yang Kimberly Yang, Muajeej Yang, Ingrid Ver Steeg, Keegan Wallenfels, Lilah Walters, Brady Wenzel, Makenzie Wiemerslage, Alana Williams, Elsiy Williams, Kynsley Williams, Kaylin Xiong, Tina Xiong, Charlotte Yang, Jewel Yang, Moua Yang, Skylee Yang, Abraham Yildirim, Hunter Young.

Regular Honor Roll

Theo Anderson, Nicholas Athnos, Charleigh Baxter, Chasen Becker, Aidan Boback-Wesley, Bentley Buarapha, Landyn Cary, Max Chodur, Ayden Corton, Melody Dahlberg, Davian Daily, Jade Donnell, Kellan Every, Rainna Goyette, Neil Hall, Owen Hansen, Olivia Haugen, Gwendolyn Heacox, Abel Hernandez, Paige Johnson, Briley Kaatz, Braxton Kalume, Evan Kingsbury, Nathan Komperud, Lyriq Kumbier, Peyton Kussman, Violet Lau-Melby, Jameson Lavender, Easton Lee, Madelynn Leis, Breleigh Levendoski, Aiden Lockington, Bradley Martin, Drew Mashak, Victoria Mathwig, D'Anthony Matthews, Callen McArthur, Evie McClurg, Zachary McCormick, Megan McCurdy, Kamdyn Meyer, Tate Miles, Mason Mock, Ami Moe-Farino, Lucas Mossman, Elise Moua, Tristian Moua, Kaleb Newman, Matthew Nordstrom, Eli Nunley, Colton Oelfke, Camdin O'Hearn, Nolan Oldenburg, Elbridge Opoku-Antwi, Mack O'Reilly, Alaina Oswald, Charles Peterson, Connor Riley, Amari Roden, Gracie Schulz, Shayla Sheard, Jaxon Smith, Kennedy Snodgrass, Ellyce Sommerville, Harrison Stanton, Brecken Stetter, Holden Stetzer, Preston Swaney, Oliver Thompson, Ivan Tippery, Hayden Vanderhoof, Kong Phong Vang, Preston Vang, Charlie Vue, Kaeto Vue, Peter Waller, Austin Weisbecker, Talen White, Abigail Wigdal, Clarissa Xiong, Ethan Yang, Kailee Yang, Abigail Zielke.

HMS

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HEALTH OFFICE







R.I.S.E.

A County Connection to Care



WINTER SAFETY TIPS



-  Plan outdoor play when the temperature, including wind chill, is above zero degrees Fahrenheit.
-  Dress children in dry, breathable layers of clothing that still allow for free movement. Keep as little of their skin exposed as possible.
-  Limit outside time to 20-30 minutes before a warm-up break. Warm up times should occur sooner if clothing becomes wet (inside and/or outside), if shivering occurs, or if complaints of pain, burning, or numbness are voiced. Skin that is unusually red, white, grey, or has blisters should be treated with care and warmed gently. If these signs do not disappear, contact a health care provider.
-  Metal on skates, skis, boards, sleds, snowmobiles and other winter equipment can cut skin. It is not always noticed right away with cold or covered skin. Keep everyone up to date on their tetanus vaccines for added peace of mind.



Scan here to receive a copy of the R.I.S.E. Newsletter every month!



Skating, skiing, snowboarding, snowman building, and sledding are just a few of the fun things to do in the snow and the ice. Choose a safe site away from traffic, tree lines, uneven surfaces, weak ice, and poor lighting to prevent accidents. Be sure that children are properly outfitted with pads, helmets, safety inspected equipment, and well-fit clothing to give them the protection they need.



R.I.S.E. January 2026 Pg. 1

R.I.S.E.: Recipe



APPLE CARROT SOUP

Ginger and orange peel are the secret to flavor!

Ingredients

- 1 pound lean pork, cut into chunks
- 4 medium apples, cored and quartered (with skin)
- 4 large carrots, peeled and cut into chunks
- 2 medium potatoes, washed and cut into chunks
- orange peel, dried (1 teaspoon, optional)
- 4 slices ginger root
- 1/2 teaspoon salt
- 20 cups water



Directions

1. Wash hands with soap and water.
2. In a large pot over high heat, combine all ingredients, bring to a boil.
3. Reduce heat to medium and simmer until soup reduces to about 8 cups of liquid, about 3 to 4 hours.
4. Skim fat from surface and serve.
5. Store leftover soup covered in refrigerator for up to 3 days.

Resources

R.I.S.E. is an acronym AND an invitation! La Crosse County Health Department exists to help all La Crosse County residents be as smart, strong, and safe as they can be. R.I.S.E. stands for the Resources, Information, Services, and Education that we offer. With the right tools YOU can RISE to meet today's challenges with all that you and your family need to make the best choices possible. We are working with YOUR school to support smart students, strong schools, and safe settings. With YOUR participation, La Crosse County thrives!

Information Services Education

R.I.S.E. January 2026 Pg. 4

[CLICK HERE TO READ MORE FROM R.I.S.E.](#)



Beets are The Harvest of the Month!

Add beets to your favorite family meals:

- Add grated raw beets to salad.
- Mix cooked beets into mashed potatoes for a pop of color.
- Add raw or leftover cooked beets to canned vegetable beef soup and simmer until tender.

Make meals and memories together. It's a lesson kids will use for life.

Select – Choose beets with firm, smooth skins and crisp leaves. Smaller beets are more tender.

Store – Remove greens leaving about 1 inch of stem. Store beets in a plastic bag in the refrigerator for up to 2 weeks.

Prepare – Rinse beets under cool running water and scrub with a vegetable brush. Beets can be eaten raw or cooked. You can eat the beet greens too!

Did you know?

Most of the beets grown in Wisconsin are red beets, but there are also pink, purple, white, and yellow beets. Try a rainbow of beet colors!



Nutritious, Delicious, Wisconsin!
#WISharvestoftheMonth

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Recipe of the month

Beet Borscht

Serves 10

- 2 cups shredded fresh beets
- 1 cup shredded carrots
- 1 cup chopped onion
- 2 cups water
- 1/2 teaspoon salt
- 2 cans (14-1/2 ounces each) beef broth
- 1 cup shredded cabbage
- 1 tablespoon butter or margarine
- 1 tablespoon lemon juice
- Sour cream, optional

Directions:

1. In a saucepan, bring the beets, carrots, onion, water and salt to a boil.
2. Reduce heat; cover and simmer for 20 minutes.
3. Add broth, cabbage and butter; simmer, uncovered, for 15 minutes.
4. Just before serving, stir in lemon juice.
5. Top each serving with a dollop of sour cream if desired.

Per serving: 69 calories, 2 g fat, 8 g carbohydrate, 2 g fiber, 675 mg sodium Source: laxf2s.org



COULEE REGION FARM TO SCHOOL is a partnership between UW-Madison Division of Extension, and the School Districts of Bangor, Holmen, LaCrosse, Onalaska, and West Salem. FoodWise education is funded by the USDA Supplemental Nutrition Assistance Program-SNAP and Expanded Food and Nutrition Education Program-EFNEP. The University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming in compliance with state and federal law.

HARVEST OF THE MONTH BEETS

MathCounts

$$f(t) = a_0 + \sum_{n=1}^{\infty} \left[a_n \cdot \cos\left(\frac{n\pi t}{L}\right) + b_n \cdot \sin\left(\frac{n\pi t}{L}\right) \right]$$

The Holmen Middle School MathCounts Club has been busy this year, fostering a love for math and problem-solving among our students!

The club meets weekly on Tuesdays to tackle challenging math problems, improve teamwork skills, and prepare for our upcoming regional competition on February 6th. Students of all skill levels are encouraged to join, whether they're looking to sharpen their math abilities or simply enjoy the thrill of solving puzzles. We look forward to more exciting opportunities for our math enthusiasts in the months ahead! Please contact Angie Mezera at mezang@holmen.k12.wi.us if you have any questions.

$$\begin{aligned} &= \frac{1}{2} [1]_{-1} + \frac{1}{2} [1]_0 \\ &= -\frac{1}{2} + \frac{1}{2} = 0 \end{aligned}$$

$\rightarrow a(\omega)$
 $\rightarrow b(\omega)$

HMS BAND NEWS

Congratulations to the HMS 6th grade Holmen & Viking Bands! The students performed their very first concert on Thursday, November 20. The bands performed pieces in small groups and large ensembles demonstrating what they had learned in rehearsals and lessons since the beginning of the school year. For the concert finale, both bands performed *JINGLE BELLS* for an excited audience that filled the gym. The next concert for the 6th grade bands is Tuesday, May 7.



UPCOMING EVENTS

Thursday, January 8 - 7:30pm
Saturday, January 17 - 7:00pm
Thursday, January 22 - 7:30pm
Saturday, February 21 - 8am-4pm
Thursday, March 19 - 7:30 pm
Wednesday, March 25 - TBD
Saturday, May 2 - 8am-4pm
Thursday, May 7

Monday, May 25 - 9:30 am

HHS Jazz Band Concert, HHS FAC [HMS Jazz Band performs]
WCBA All-State Junior Band - Eau Claire, WI [select students]
Winter Band Concert, HMS Gym B [7 & 8 Grade Bands]
Solo & Ensemble Festival at Logan High School [7 & 8 graders]
Collage Concert, HMS Gym B [7 & 8 Grade Bands & Jazz Band]
Large Group Festival (7 & 8th grade) TBD
State Solo & Ensemble, UW-La Crosse [qualifying students]
Spring Band Concerts, HMS Gym B [6, 7, & 8 Grade Bands]
• 6th Grade - 6:30 pm
• 7th & 8th Grades - 7:30 pm
Memorial Day Parade, Holmen [7 & 8 Grade Bands]

Earlier this fall, several HMS band students were nominated for the Wisconsin Concert Band Association's All-State Junior Band. This honor band is comprised of sixth through eighth grade students from across the state of Wisconsin. Students are nominated by their band directors and their names are submitted to a selection committee to be chosen to play in the band. The honor students will rehearse all day on Saturday, January 17 and conclude their experience by performing at the Finale Concert at the Wisconsin Concert Band Association Convention. The concert will be held on the UW-Eau Claire campus and will be conducted by Dr. Cassandra Bechard. Dr. Bechard serves as Director of Bands and Associate Professor of Music at University of Northwestern - St. Paul.

We are very proud to announce five HMS students were selected to participate in this year's band: 8th graders Taelynn Seidel, bassoon; Chloe Heiden, clarinet; Olivia Haugen, bass clarinet; Joseph Vahle, trombone; and 7th grader Grayson Kamrowski, tuba.

Congratulations to these fine musicians and good luck in Eau Claire!

WCBA

CONTINUED...

The 8th Grade Band performed as part of the Veteran's Day program on Friday, November 11 at HMS. The band performed the *Star-Spangled Banner*, and combined with the 8th grade Orchestra and 7th and 8th grade choirs for a spectacular performance of *Our America*. Trumpeter Cora Herlitzke concluded the program by playing TAPS. This was a perfect way to honor our nation's veteran and active servicemen and women. Thank you, band, choir, and orchestra!

VETERAN'S DAY



HONORS BAND

Thirteen Holmen band students participated in the Western Wisconsin Honors Band on Friday, November 14 at Holmen High School. This 80-plus piece band featured musicians from middle schools throughout the Coulee Region and performed under the direction of Dr. Patrick Lawrence, Professor of Trombone, Euphonium, & Tuba at the University of Wisconsin-Stevens Point. The musicians rehearsed all day and concluded the event with an evening performance for family and friends. The HMS students involved in the Western Wisconsin Honor Band included 8th graders: Brynlee Ammerman, Addison Burt, Nolan Hanan, Olivia Haugen, Chloe Heiden, Cora Herlitzke, Ella Janke, Lydia Olson, Raina Pergande, Taelynn Seidel, Joseph Vahle, Brady Wenzel and 7th grader: Weston Lorenz. Excellent work HMS musicians on your outstanding performance! We are very proud of all of you.



WSMA

The Wisconsin State Music Association (WSMA) Middle Level Honors Band, Choir, and Orchestra are the highest ensembles middle school music students can be selected for in Wisconsin. These honor groups are open to any students in 6-8 grade through audition. Students must complete a comprehensive audition in April and are selected from candidates throughout the state for the honors project weekend the following fall. Two of the Holmen students who auditioned as 8th graders were selected to perform with this prestigious ensemble. French horn player Andrew Weber was selected to play in the orchestra and RJ Anneke was selected to play in the band on trombone. Andrew and RJ, who are now both HHS freshmen, spent two days at Verona High School rehearsing and preparing for the finale concerts on Saturday, November 1.

Congratulations RJ and Andrew on your wonderful preparation and fabulous performances for this spectacular event!

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Substitute Nutrition Cooks



Do meaningful work and
be a key part in
something **BIG!**

JOIN THE HOLMEN TEAM

TODAY

For more information and
where to apply, visit:

www.holmen.k12.wi.us/employment

Questions?
Call (608) 526-6610

Substitute Bus Drivers



We are Hiring!!



Holmen Middle School

Visit us at our [website](#)

Check us out on [Facebook](#)

Looking for things to do?

Checkout the [Virtual Backpack](#) where community events are listed.

Coulee [Parenting Place](#) also lists things that are going on in our community.

[Holmen Parks and Recreation](#) offers many thing for kids, adults and families to do.

Information

Phone Number
608-526-3391

School Hours
7:35am - 2:40pm

Early Release
March 26th - 12:40pm
June 5th - 12:40pm

Principal:
Ryan Vogler - vogrya@holmen.k12.wi.us

Associate Principals:
Ben Tashner - tasben@holmen.k12.wi.us
Brady Turner - turbra@holmen.k12.wi.us