

# minutes

## SHAC-School Health Advisory Council

12.3.2025

12:00– 1:01

CISD Boardroom

Facilitator

Dr. Mark McClure

Note taker

Cheri McCullough

Attendees

Dr. Mark McClure, Rickie Leck, Debbie Reynolds, Stefanie McBroom, Glenna Pollock, Christi Gregory, Bill Allen, Stacy Stayton, Jason Middleton, Cecilia White, Sara Mangrum, Guadalupe Rainey, Janeth Meador, LeAnne Pollock, Yvette Gann, Kylah Redden  
Guest: Jason Cooper

### Welcome – Dr. Mark McClure

- Welcomed committee members
- Good Things

### Approval of Previous Meeting Minutes \*

- Committee members silently read minutes from October 1, 2025
- Rickie Leck made a motion to accept the minutes; Jason Cooper seconded. Motion carried.

### Update on Asthma 411 – Christi Gregory

- 6.1 million children affected
- 10.5 million school absences
- 11% school-aged children currently have asthma
- 1 in 2 children were reported to have missed school in the past year due to their condition
- Children with asthma are absent about 2 days more than others
- Each absence is associated with 3-5% increase in grade level failure

#### **Why stock quick relief medication at school?**

- Experts recommend people with asthma always have access to quick-relief medication (albuterol)
- Only 15-20% of students with asthma are thought to have access to their own quick-relief medication at school
- Quick relief medication is used when a person does not have their own medication immediately available
- NOT a replacement for a student's own medication and/or Asthma Action Plan with medication authorization form
- Bill Allen made a motion to move forward with unassigned albuterol on campuses; Christi Gregory seconded. Motion carried.

# minutes

## Sub-Committee

### PE/Health – Bill Allen

- It's required to have 30 minutes of vigorous activity daily
- Work with Nurses with hygiene
- Sending PE teachers to conference December 4<sup>th</sup> and 5<sup>th</sup>
- Setting up for State Accessed Fitness Gram in the Spring
- Four campuses have had Field Day
- Some of our kids participated in the Elks Shoot Hoops

### Sexual Health Awareness – Lori Roque

- Elementary will go through the curriculum in December
- Letters sent out for parents to Opt Out
- Middle and High school will go through the curriculum in the Spring
  - Middle school through PE classes
  - High school through Biology classes

### Child Nutrition – Stefanie McBroom

- Everything has guidelines that must be followed
- All campuses have free breakfast
- Adams, Irving, Cooke and Santa Fe have free lunch
- Around 7000 students are served daily
- Summer lunches are served daily for anyone ages 1 – 18
- Teachers can schedule our cute lunch bus to come to the campus for their students to have lunch

### Safety & Security – Rickie Leck

- Required to have a full committee
- Required to meet 3 times a year
- CISD does their best to provide a safe environment for students and staff

### Mental Health and Wellness – Glenna Pollock

- Psychiatric services are offered through TCHATT
- Safety Matters program (bullying) is run through Monique Burr

### Health – Christi Gregory

- Every teacher has access/knowledge of the EpiPen and Stop the Bleed
- Narcan, Albuterol and Goodside Telehealth have been implemented at CISD
- Law for choking devices with campus response teams

### Community Relations – Debbie Reynolds

- Parent Square is CISD's major contact for families
- Updated our Family Engagement Policy
- Implemented a couple groups
  - Golden Jackets (60 & older) meets every other month
    - Next meeting January 8<sup>th</sup> at the Bistro
  - Realtor Academy meets monthly on campuses
    - There are about 16 participants
    - Next meeting, December 10<sup>th</sup>