ESC Wellness Committee Meeting Minutes
December 9, 2025

Participants: Mary Mitchell, Don Burley, Cindy Williams, Michelle Yocom, Kayla Woolever

1. Purpose of Committee

2. Policy 8510 Review

3. Nutrition Education: The Center shall integrate nutrition education into other subject areas of the curriculum, when appropriate, to complement, but not replace, the standards and benchmark for health education.Currently practice: EMOZI, nurse presentations, incorporated into Mark Townsley's class.

4. Physical Education
    a. Regularly scheduled PE classes for all students

5. School Meals: The Center shall provide at least 30 minutes daily for students to eat.

6. Food Service: National School Lunch Standards
    a. Being met with food service agreements

7. Parent Notification
    Video that highlights wellness- could be added to Final Forms and sent to staff
    Video will include an invitation to parents who want to participate in a meeting

Ohio State & Mary Rutan will come to schools to provide instruction to students.

Don will contact Mary Rutan to make connection for wellness instruction and make video for parents & staff