


Netball

Intent- For students to become competent, confident and masters in a broad range of physical activities and sport. To be able to evaluate their own and peer’s performance. Develop the confidence and interest to get involved in exercise, sports and activities out and school and in later life. To understand and apply long-term participation health benefits of physical activity that promotes an active healthy lifestyle.

Implementation	Year 7					Year 8					Year 9					Year 10					Year 11				
	Big Picture- Introduce the basic skills and rules of the game of netball shown through game and umpiring in conditioned game. Applying these skills into conditioned games to develop the sense of outwitting an opponent.					Big picture- Embed skills previously covered in Year 7. Introduce positional and tactical play to outwit opponents during direct competition. Applying more rules into conditioned game and/or set plays					Big Picture- To master skills covered in both year 7 and 8. Embed the position and tactics play to outwit opponents during direct competition. Introduce umpiring/coaching into full games. Applying skills and tactics to a game situation.					Big Picture- To master skills learnt in Year 7-9 and. To apply the skills and tactics into competitive game. Embed umpiring/coaching into a competitive game.					Big Picture- to develop all round learners with the use of Sport Education. Master umpiring/coaching in a competitive game				
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5
	L2 Passing and Catching - Chest and bounce pass whilst stationary	L2 Movement on Court	L2 Defending the Player	L2 Evasion skills – holding space	L2 Assessment Lesson	L2 Passing and Catching - Chest and bounce pass whilst	L2 Evasion skills - Holding Space and dodging	L2 Game play focusing on holding space in D for	L2 Marking Space	L2 Assessment Lesson	L2 Footwork – Pivot, landing and running pass	L2 Evasion – Holding space and dodging	L2 Attacking play- centre pass set play	L2 Defending, assessing whether to mark,	L2 Assessment Lesson	L2 Catching skills – Tow and One handed on the move	L2 Footwork – pivot, landing and running pass	L2 Rules and umpiring	L2 Defending, assessing whether to mark,	L2 Assessment Lesson	L2 Catching skills – Tow and One handed on the move	L2 Footwork – pivot, landing and running pass	L2 Rules and umpiring	L2 Defending, assessing whether to mark,	L2 Assessment Lesson
	L1 Passing and Catching - Chest Pass whilst stationary	L1 Footwork- Pivoting	L1 Assessment Lesson 1	L1 Defending the Ball	L1 Creating space	L1 Passing and Catching - Chest Pass whilst on the	L1 Footwork – pivot and landing	L1 Assessment Lesson 1	L1 Defending – defending the player and the pass	L1 Shooting skills – two handed and one handed	L1 Passing Skills – chest, bounce shoulder on the	L1 Rules and Umpiring	L1 Assessment Lesson 1	L1 Defending – Players, the pass and denying space	L1 Shooting – Tow handed, one handed and forward	L1 Passing Skills – Chest, bounce, shoulder and	L1 Rules and Umpiring	L1 Assessment Lesson 1	L1 Defending – The Player, the pass or denying space	L1 Shooting – two handed, one handed, forward and	L1 Passing Skills – Chest, bounce, shoulder and	L1 Rules and Umpiring	L1 Assessment Lesson 1	L1 Defending – The Player, the pass or denying space	L1 Shooting – two handed, one handed, forward and
End Point Progress and assessment	At the end of the year 7 netball unit students will be able to begin to demonstrate : 1. Passing – using the chest pass 2. Catching – Whilst stationary 3. Footwork skills– landing without moving first foot and pivot if needed 4. Evasion skills– holding space 5. Show shooting technique in tasks– Two handed 6. Defending skills– Player to Player 7. Position-specific skills and techniques – court order Leadership roles:					At the end of the year 8 netball unit students will have improved their ability by demonstrating : 1. Passing skills– chest pass and bounce pass 2. Catching skills - Whilst stationary and on the move 3. Footwork skills – Pivot and Landing 4. Evasion skills – holding space and dodging 5. Show shooting technique in tasks - Two handed and One handed. 6. Defending skills - Player to Player and defending the pass					At the end of the year 9 netball unit students will be able to competently demonstrate : 1. A wide range of successful passing skills - chest, bounce and shoulder pass 2. A wide range of successful catching skills - Whilst stationary and on the move using two hands 3. A wide range of accurate footwork skills – Pivot, landing and running pass. 4. A wide range of accurate evasion - holding space and dodging 5. A wide range of showing shooting skills in tasks - Two					At the end of the year 10 netball unit students will be able advanced at demonstrating the following: 1. All Passing skills- chest, bounce, shoulder and two-handed overhead pass. 2. All Catching skills - Whilst stationary and on the move both two and one handed 3. All Footwork skills - Pivot, landing and running pass. 4. All Evasion skills- holding space and dodging 5. All Shooting skills - Two handed and One handed forward and backward step shot in tasks.					At the end of the year 11 netball unit students will have mastered the ability to demonstrate: 1. Consistently demonstrate all Passing skills- chest, bounce, shoulder and two-handed overhead pass. 2. Consistently demonstrate all Catching skills - Whilst stationary and on the move both two and one handed 3. Consistently demonstrate all Footwork skills- Pivot, landing and running pass. 4. Consistently demonstrate all Evasion skills - holding space and dodging				

	When officiating call out the following infringements in a conditioned game 1. Footwork 2. Obstruction 3. Not received in the centre 1/3	7. Position-specific skills and techniques – switching into space Leadership roles: When officiating call out the following fouls and the sanction awarded in a conditioned game/set play 1. Footwork 2. Obstruction 3. Not received in the centre 1/3 4. Contact 5. 3 second rule	handed and One-handed forward step shot. 6. A wide range of Defending skills - Player to Player, defending the pass and denying space 7. Position-specific skills and techniques Leadership roles: When officiating call out the following fouls and the sanction awarded in a full game 1. Footwork 2. Obstruction 3. Not received in the centre 1/3 4. Contact 5. 3 second rule 6. Over a 1/3 7. Offside 8. Throw ins and back lines	6. All Defending skills - Player to Player, defending the pass and denying space 7. Position-specific skills and techniques Leadership roles: When officiating call out the following fouls and the sanction awarded in a competitive game, showing correct hand signals if possible. 1. Footwork 2. Obstruction 3. Not received in the centre 1/3 4. Contact 5. 3 second rule 6. Over a 1/3 7. Offside 8. Throw ins and back lines	5. Consistently demonstrate all Shooting skills (position specific)- Two handed and One handed forward and backward step shot. 6. Consistently demonstrate all Defending skills- Player to Player, defending the pass and denying space 7. Position-specific skills and techniques Leadership roles: When officiating call out all fouls and the sanction awarded in a competitive game, showing correct hand signals if possible.
Key Vocabulary/ Literacy	Passing: bounce, shoulder, overhead and chest pass. Positions: Goalkeeper, goal defence, wing defence, wing attack, centre, goal attack, goal shooter. Footwork, pivot.	Passing: bounce, shoulder, overhead and chest pass. Positions: Goalkeeper, goal defence, wing defence, wing attack, centre, goal attack, goal shooter. Footwork, pivot. Defence: blocking, marking, 1:1, zone. Attack: Dodge	Passing: bounce, shoulder, overhead and chest pass. Positions: Goalkeeper, goal defence, wing defence, wing attack, centre, goal attack, goal shooter. Footwork, pivot. Defence: blocking, marking, 1:1, zone. Attack: Dodge, centre pass.	Passing: bounce, shoulder, overhead and chest pass. Positions: Goalkeeper, goal defence, wing defence, wing attack, centre, goal attack, goal shooter. Footwork, pivot. Defence: blocking, marking, 1:1, zone. Attack: Dodge, centre pass.	Passing: bounce, shoulder, overhead and chest pass. Positions: Goalkeeper, goal defence, wing defence, wing attack, centre, goal attack, goal shooter. Footwork, pivot. Defence: blocking, marking, 1:1, zone. Attack: Dodge, centre pass.
Connected Knowledge within Physical Education	V CERT Health and Fitness Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. BTEC Sport Level 3 Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. A Level PE Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise.	Year 7 Core PE Netball How to defend the ball/player. The netball positions on the court and their role. Understand the basic rules. Small sided conditioned games. V CERT Health and Fitness Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. BTEC Sport Level 3 Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. A Level PE Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise.	Year 8 Core PE Netball Understand key defensive and attacking tactics. Understand what makes an effective attacking performer. V CERT Health and Fitness Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. BTEC Sport Level 3 Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. A Level PE Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise.	Year 9 Core PE Netball Apply defensive tactics. Apply attacking tactics. Be able to apply the rules in a game situation. V CERT Health and Fitness Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. BTEC Sport Level 3 Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. A Level PE Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise.	Year 10 Core PE Netball Apply and understand advanced defensive tactics. Apply and understand advanced attacking tactics. Be able to apply the rules in a game situation V CERT Health and Fitness Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. BTEC Sport Level 3 Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise. A Level PE Types of joint, movement available at a joint, names of bones, names of muscles, importance of a warm-up and cool down, short term effects of exercise.
Cultural values	<ul style="list-style-type: none"> Develop understanding of the importance of maintaining good health and diet. The three different types of health. 	<ul style="list-style-type: none"> Articulating informed and balanced opinions whilst participating as part of a team, while being respectful to all – other members of a sports 	<ul style="list-style-type: none"> Forming an informed opinion, while showing respect for other's beliefs and values who are part of your team or just 	<ul style="list-style-type: none"> Understand about positive relationships and wellbeing – how does this translate over to sport? 	<ul style="list-style-type: none"> Demonstrate an understanding of what is meant by 'good' health and physical & mental wellbeing and the role that exercise and

	<ul style="list-style-type: none"> Explore what the term 'wellbeing' means. The different types of wellbeing Develop an understanding around factors which can impact on mental health and wellbeing, such as the social benefits of participating and socialising through team sports. Encourage to get involved with wellbeing events and charity events at school or within the wider community including extra-curricular clubs – socialising with others in sport outside of sport, setting goals to improve and achieve, to boost self-esteem. 	<p>team may have a difference in opinion, how you manage that is essential towards success.</p> <ul style="list-style-type: none"> Becoming involved in citizenship whole school/character and culture events or in wider extra-curricular activities – taking part in school competitions to earn points towards house totals. Demonstrate their understanding of physical and mental health and wellbeing – the benefits of exercise and working as part of a team – weight loss, feeling better about yourself, boosting self-esteem, self-confidence. 	<p>participating in the same sport as you.</p> <ul style="list-style-type: none"> Understand what positive relationships are – building relationships through team sports. What is the common link – between relationships with team mates in sport and those you interact with in or outside of sport? 	<ul style="list-style-type: none"> Encouraging relationships that foster trust and respect – working with others that you wouldn't normally choose to, in order to achieve a common goal in sport. Sharing, encouraging and setting boundaries to promote safety and wellbeing – through healthy competition in competitive team sports. 	<p>physical activity can play in maintaining it.</p> <ul style="list-style-type: none"> Evaluating how we can develop our levels of physical, mental health and wellbeing through sport and exercise.
<p>Spiritual, Moral, Social and cultural.</p>	<p>Use of the imagination and creativity in their learning Willingness to reflect on their experiences, both within and outside of school Ability to recognise the difference between right and wrong and their readiness to apply this understanding to their own lives Showing understanding of the consequences of their actions Willingness to participate in a variety of social settings, including charity events and cooperating well with others and being able to resolve conflicts effectively Willingness to participate in, and respond to sporting opportunities</p>				
<p>British Values</p>	<p>Physical education will be a valuable tool, pupils will learn the importance of the British values and how it can help shape their lives within the school community and leading into later life. Democracy – Pupils will learn to work as a team and cooperate with each other to be successful. Allowing freedom of speech, whilst upholding the school values. Rule of law – Pupils will consistently play by the rules and recognise why we have fair play. Pupils will be accountable for their actions. Tolerance of different cultures and religions Mutual respect – Pupils will learn to work together respectfully, regardless of differences. Creating a positive and inclusive school culture, showing the school values. Individual liberty – Pupils learn about their own rights, as well as the rights of others. Learn about responsible decision making and the impact this will have on others.</p>				

Impact:
Links to NCEP of assessment and evaluation of own and peers skills. Links to NCEP with Use a range of tactics to overcome opponents in a team sport.