

SEND Parent Workshops

SPRING TERM

Welcome

We are delighted to invite all families to join us for a series of practical, collaborative sessions designed to support children with SEND both at home and in school. These workshops are a great opportunity to learn strategies, share experiences, and connect with other parents and professionals.

Each session will include:

- Practical strategies you can use at home and school
- Techniques to support young people in daily life
- Time to talk and share ideas with other families

All families are welcome, including those from our feeder schools (Year 5 & 6). Sessions are focused on working with parents rather than bringing students along.

To book your place:

Click the button or email Lotte Coombe-Perry at: coombe-perry.l@stowevalley.com

Workshop 1: Supporting Emotional Regulation and Communication

Date:

Thursday, 29th January

Location:

School Library (Main Block)

Time:

5:00 PM – 6:30 PM

Themes:

- Expressing emotions & communicating feelings
- Understanding emotions
- Creating social stories
- Effective communication
- Coping strategies & managing emotions

Focus:

Practical strategies for helping children express and manage emotions at home and school. Tools for improving communication and reducing frustration.

Workshop 2: Sensory Needs and Environmental Adjustments

Date:

Thursday, 26th February

Location:

The Core

Time:

5:00 PM – 6:30 PM

Themes:

- Overstimulation & overload
- Sensory tools & equipment trials
- Physical strategies
- Noise, crowds, clothing, uniform issues
- Bright light, food smells, busy corridors

Focus:

Identifying sensory triggers and creating calming environments. Practical sensory tools for home and school.

Workshop 3: Building Independence and Daily Routines

Date:

Thursday, 26th March

Location:

The Core

Time:

5:00 PM – 6:30 PM

Themes:

- Home strategies
- Morning routines advice
- Independence of tasks
- Coping mechanisms in school
- Processing instructions & concentration
- Food-related challenges

Focus:

Supporting independence in daily tasks and routines. Strategies for smoother mornings and transitions.

BOOK HERE