

Class

of

2027

Junior Planning Night



SVHS Counseling Team

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<u>Last Names</u>	<u>School Counselors</u>	<u>Email Address</u>
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	<u>Administrative Assistants</u>	
	Mrs. Nicole Skwirut	nskwirut@pdsd.org
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Graduation Requirements

English - 4 credits

Math - 4 credits

Science - 3 credits

Social Studies - 3 credits

Careers or WOW - .5 credit or 1 credit

Health - .5 credit

Physical Education - 1 credit (2 classes)

Electives - 7 credits

TOTAL MINIMUM CREDITS: 23 CREDITS



Additional Graduation Requirements

Pennsylvania ACT 158 and CEW Standards

PA Career and Education Work Standards as required by the Pennsylvania Department of Education require 8 artifacts to be completed by the end of Junior year. Artifacts are completed as in Careers/WOW class and as a part of class assignments by teachers/counselors.

Students must pass all 3 Keystone exams with a minimum score of a 1500 or higher (ELA, Algebra, Biology). If a student does not meet this pathway there are 4 additional pathways a student may meet to satisfy this requirement.

Pathway 2: Keystone Composite

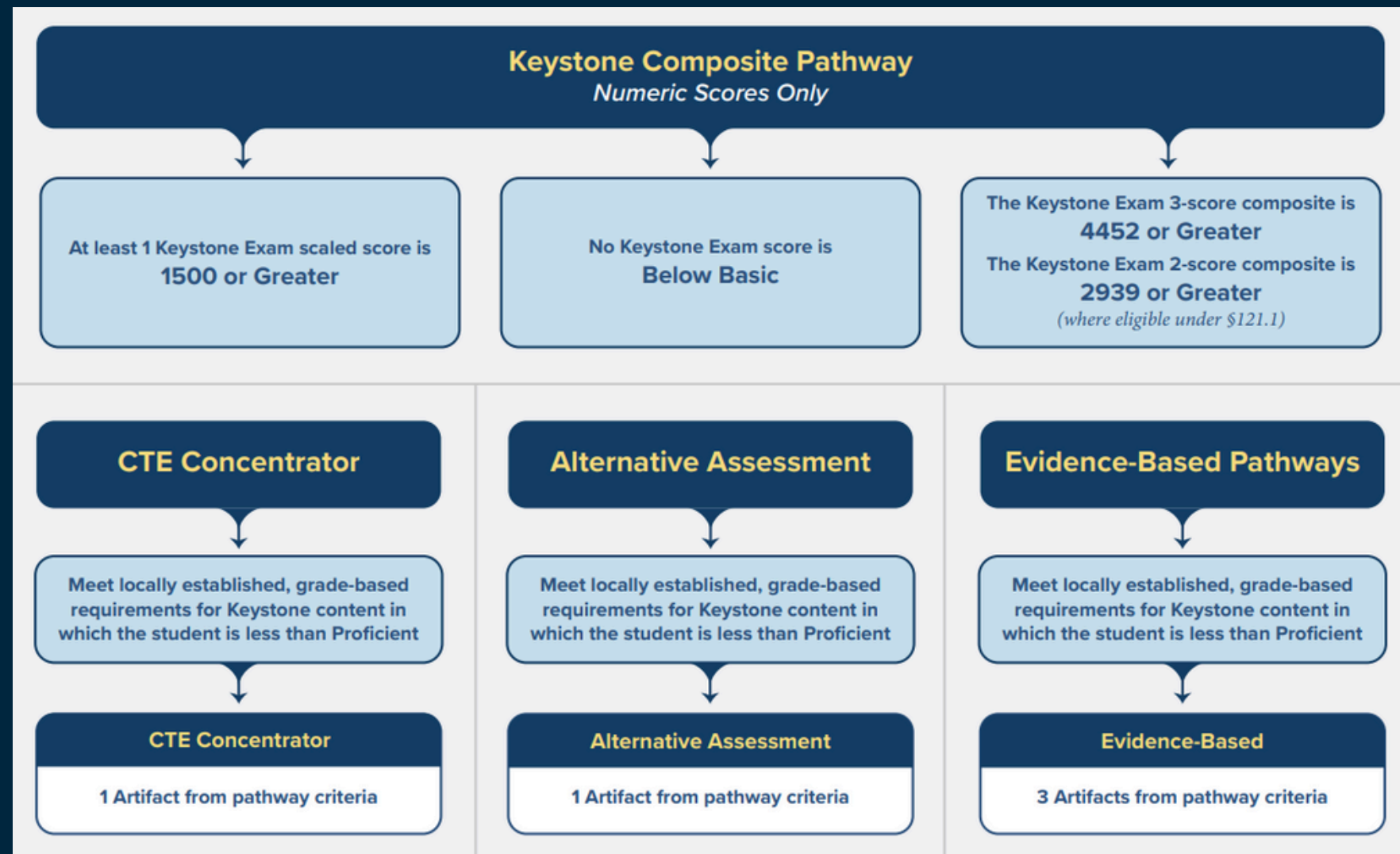
Pathway 3: CTE Concentrator

Pathway 4: Alternative Assessment

Pathway 5: Evidenced Based Pathway

Pathway Criteria

ACT 158 Pathways



CTE Concentrator	Alternative Assessment	Evidence-Based
1 Artifact	1 Artifact	3 Artifacts consistent w/student goals ONE or more from Section One No more than TWO from Section Two
Industry-based competency certification Likelihood of industry-based competency assessment success Readiness for continued engagement in CTE Concentrator program of study	Attainment of one alternative assessment score or better: ACT (21), ASVAB AFQT (31), PSAT/NMSQT (970), or SAT (1010) Attainment of Gold Level or better on ACT WorkKeys Attainment of 3 or better on AP Exam(s) related to each Keystone content area in which less than Proficient Attainment of 4 or better on IB Exam(s) related to each Keystone content area in which less than Proficient Successful completion of concurrent enrollment course(s) related to each Keystone content area in which less than Proficient Successful completion of a pre-apprenticeship program Acceptance into accredited, non-profit Institution of Higher Education (IHE) 4yr program for college-level coursework	Section 1 Attainment of 630 or better on any SAT Subject Test Attainment of Silver Level or better on ACT WorkKeys Attainment of 3 or better on any AP Exam Attainment of 3 or better on any IB Exam Successful completion of any concurrent enrollment or postsecondary course Industry-recognized credentialization Acceptance into accredited, non-profit Institution of Higher Education (IHE) for college-level coursework in an other-than-4yr program Section 2 Attainment of Proficient or Advanced on any Keystone Exam Successful completion of a service-learning project Letter guaranteeing full-time employment or military enlistment Completion of an internship, externship, or cooperative education program Compliance with NCAA Division II academic requirements

Sun Valley High School Transcript

- Official high school record
- Includes courses taken, final grades, credits earned, GPA
- GPA at end of 11th grade is reported to post-secondary schools
- Senior year courses sent to post-secondary schools
- First Quarter/First Semester grades are often requested

**Sun Valley High School**
2881 Pancoast Avenue
Aston, PA 19014-2899

Student
Student Address
Student Number
Birthdate
Graduation Date:

Principal: **John Paul Roskos**
Phone: **610-497-6300**
GPA: **3.8536**
Earned Credits: **20.50000**

9th Grade			10th Grade		
Earned Credits: 7.000			Earned Credits: 7.000		
Course	Grade	Earned Credits	Course	Grade	Earned Credits
Spanish I	96	1.000	American Literature	96	1.000
Survey of Literature	95	1.000	H Biology	86	1.000
Astronomy	100	0.500	Geometry	90	1.000
Kitchen Science	99	0.500	Intro to Forensic Scien	100	0.500
Civics & Government	93	1.000	Art Foundations I	96	0.500
Careers	100	0.500	Core Physical Education I	100	0.500
Health and Wellness	100	0.500	Zoology	97	0.500
Algebra I	84	1.000	Spanish II	90	1.000
General Science	93	1.000	World History	95	1.000

11th Grade			12th Grade		
Earned Credits: 6.500			Earned Credits: 0.000		
Course	Grade	Earned Credits	Course	Grade	Earned Credits
H Contemporary US History	90	1.000	H British Literature		0.000
Anatomy and Physiology	98	1.000	Pre Calculus		0.000
Lifetime Activities	100	0.500	Art Foundations II		0.000
H Spanish III	85	1.000	AP Psychology		0.000
H Chemistry	80	1.000	Ceramics & Sculpture I		0.000
Algebra II	96	1.000	AP Biology		0.000
H World Literature	92	1.000	Criminal Law		0.000


Official Signature: _____ Date: _____

Junior Year Timeline



SPRING

- Grades/Academic Rigor
- Sign up for SAT/ACT exams
- Research Schools/Make a List (10-15 schools)
- Post-secondary Visits (Gr. 11 & 12)
 - 2 visits per year allowed
- Senior Year Schedule
- Financial Aid - Federal Student Aid Estimator
- Brainstorm ideas for college essays
- Complete Brag Sheet in SchoolLinks
- Ask teachers for Letter of Recommendation
- Main Line Regional College Fair -May 27, 2026 from 6-8:30 pm at Villanova

SUMMER

- Have a productive Summer
- Refine List of Schools
- Continue Post-Secondary Visits
- Write and Revise Essays
- Start Applications (8/1/2026)
- College Application Support



Post-Secondary Education Programs Evaluate...

- Academic Records (Transcript, Attendance, Discipline)
- Rigorous curriculum including Senior year (i.e. higher level math)
- Courses taken to support the student's intended major
- Extracurriculars and/or Volunteer work
- Look for an upward trend in grades/course rigor during high school career. If not the case, an explanation to a situation that caused the decline.



Types of Colleges/Universities

State Schools - PA State System of Higher Education (PASSHE)

- PA has 10 State Colleges (14 campuses)
- State funded, tuition discount for in-state residents, most affordable

State-affiliated Schools - Penn State, Temple, University of Pittsburgh, Lincoln University

- Receives funding from the Commonwealth, connected to the state through the Board of Trustees
- Is otherwise independent and not subject to state's direct control
- Tuition discounts for in-state residents

Private Schools

- Funded through tuition fees, endowments, and donations
- More scholarship opportunities
- Tuition cost is the same for all

Community/Trade School:

- Certificate programs (1 year)
- 2 year programs (Associate degree)
- Can be pathway to 4 year degree
- Trade School Admission criteria varies depending on the institution.

Military/Workforce

Military

Requires ASVAB Exam (Armed Services Vocational Aptitude Battery)

Offered for FREE at Sun Valley

Upcoming test dates: January 26, 2026 & April 14, 2026

*Email your counselor if you want to take the January test date.

AFQT Score of a 31 or higher qualifies for military enlistment.
Scores are valid for 2 years.

Apprenticeship

Apprenticeships are a learn-while-you-earn approach to career development

Require a HS diploma

No prior knowledge of the trade

Application / Testing requirements

<https://pacareerlinkdelco.org/>



Standardized Testing

SAT Exam - DIGITAL (www.collegeboard.org)	ACT Exam Paper/Digital (www.act.org)
2 hours 14 minutes (no essay)	Composite score available at 2 hours 5 mins (not including optional and essay section)
Sections: Reading Writing and Language 2 Math sections *calculator permitted	Sections: Reading English Math *calculator permitted (Optional writing) (Optional science)
Scores: 400-1600	Scores: 1-36
Total questions: 98	Total questions: 131 w/o Science 171 w/Science

- Colleges accept either test
- Superscore - testing more than once
- Fee Waivers - F/R Lunch
- Testing Schedule
 - Junior Year - Spring
 - Senior Year - Summer/Fall

SAT Upcoming Test Dates:
March 14, 2026- Held at Sun Valley
May 2, 2026
June 6, 2026 - Held at Sun Valley
August 15, 2026
September 12, 2026 -Held at Sun Valley
October 3, 2026 - Held at Sun Valley

ACT Upcoming Test Dates:
February 14, 2026 Held at Sun Valley
April 11, 2026
June 13, 2026 - Held at Sun Valley
July 11, 2026

*Scores are available in about 3 weeks.

FAQ's on Standardized Testing

How do I know which test is best for me?

- Take an at home Practice SAT and ACT test. Then use SAT/ACT Concordance table to determine which you scored higher on.
- For SAT's - Complete a full practice test through the Bluebook app and then practice with Khan Academy - free
- For ACT's - go to act.org to access free practice tests.
- Private tutoring - \$
*See website links in the Planning Guide for test prep

1210	25
1200	25
1190	24
1180	24
1170	24
1160	24
1150	23
1140	23
1130	23
1120	23

Free SAT Test Prep in the Bluebook App

Your Tests ✓ Active Past

You Have No Upcoming Tests

Tests appear here a few weeks before test day. If you got a paper ticket from your school, [sign out](#) and sign in with it.

Practice and Prepare ✓ Active Past



Test Preview



Full-Length Practice



Choose a Full-Length Practice

Test Type * * = Required

✓ Select

PSAT-Related Assessments

SAT



Free SAT Test Prep in the Bluebook App

Accommodations and Supports

I will be testing with accommodations ☒

Note: Selecting a testing accommodation here does not mean you will receive it on test day. [Need more info about testing accommodations?](#)

Reading: Extended Time ⓘ

Select

Math: Extended Time

Select

Breaks

☐ Extra Breaks ⓘ

☐ Extended Breaks ⓘ

☐ Breaks as Needed ⓘ

Other

☐ Raised Line Drawings ⓘ

If you want to print out a practice test you can find them at cb.org/practicepdf.

Choose a Full-Length Practice

Test Type *

* = Required

SAT

Practice Test *

✓ Select

SAT Practice 1

SAT Practice 2

SAT Practice 3

SAT Practice 4

SAT Essay Practice 1

SAT Essay Practice 2

SAT Essay Practice 3

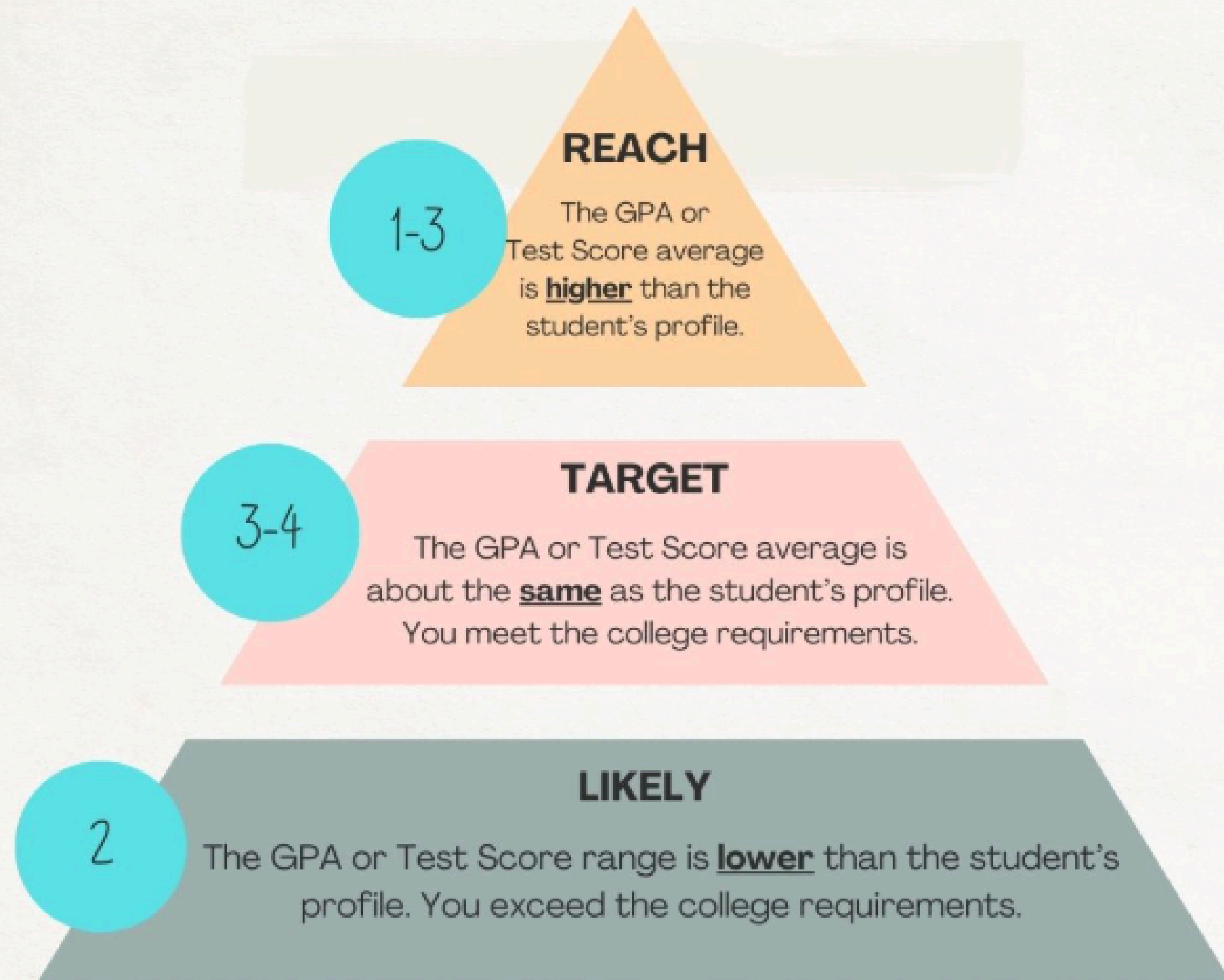
Test Optional/Test Free - www.fairtest.org

Fall 2025 Data:

- 2100+ 4 Year Colleges/Universities are test optional
- 75+ are test-free*

Penn State	University of Pittsburgh	Widener University
Drexel University	Lehigh University	Temple University
Thomas Jefferson Univ.	West Chester University	La Salle University*
Villanova University	Immaculata University	Shippensburg University*
Bucknell University	Neumann University*	Eastern University

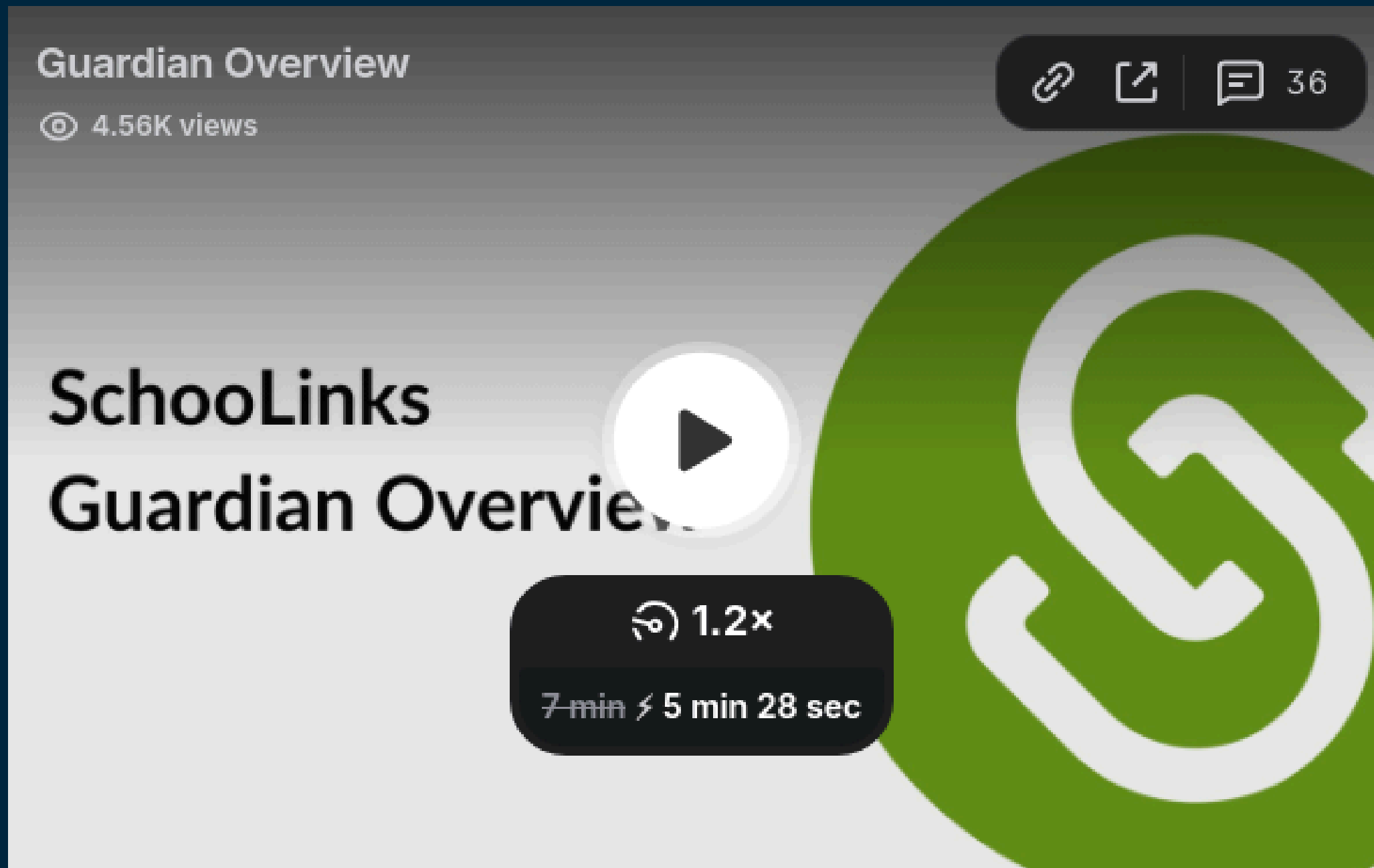
Apply to a Range of Schools



Important Notes:

- Refer to the individual college's website or the Common Data set for GPA and test scores ranges from the last admitted class.
- In recent years, the college admission process is more competitive with increased applications due to test optional policies causing reduced admission rates.

SchooLinks for Parents



What is the Common Application?



One college application that is accepted by over 1000 colleges and universities.

Students write 1 essay for “main essay” and can send it all colleges that accept the Common Application. Students pick their essay prompt from one of the seven options. Some colleges may have supplemental essays that students may need to submit.

Fee waivers are available for students who receive free or reduced lunch at school. See your school counselor for details.

College application support is available for seniors in August. Dates are TBD.

www.commonapp.org



Application Types

ED - Early Decision is BINDING (ED1 and ED2) - Typically Due: 11/1 or 11/15 for ED1 and 1/1 or 1/15 for ED2

EA - Early Action is NOT BINDING - Typically Due 11/1 or 11/15

REA - Restricted Early Action is NOT BINDING - Typically Due: 11/1 or 11/15

*Each institutions terms and conditions may vary: typically can't apply to any other private institutions ED, EA, or REA or to binding early programs at any public institution.

RD - Regular Decision - Typically Due: 1/1 or 1/15

RA - Rolling Admission - applications are evaluated when submitted. Depending on the school students can hear back within two to six weeks with a decision.



Fall of Senior Year Student To-Do's

- Final list of schools (4 to 8 schools recommended).
- Complete applications. Be aware of deadlines!
- Letters of Recommendation. Ask teachers in person first and then make the formal recommendation request in SchoolLinks in the fall. Focus on core class teachers (English, Math, Science, Social Studies, or World Language). Allow 2 weeks for submission.
- Meet with your School Counselor. If a counselor letter of recommendation is required, be sure to speak to your counselor. Allow 2 weeks for submission.
- Continue post-secondary program visits - students get 2 more days senior year.
- Take the SAT/ACT, if needed.



Fall of Senior Year Parent To-Do's

- Complete the FAFSA (opens October 1st of senior year).
- Complete the CSS Profile, if needed.
 - May apply if student is applying to private institutions.
- Attend Sun Valley's Financial Aid Night in Fall 2026 - Date TBD
- Complete the Federal Student Aid Estimator - to determine what you can expect to pay for college (www.studentaid.gov)
- Continue to attend post-secondary visits with your child.

Scholarships

- Awarded from the post-secondary institution or from the student applying.
- Types: Merit-based, Need-based, Athletic
- Where can my child find scholarships?
 - Schoollinks - updated daily with national and local scholarships
 - Schoology - College and Career course
 - PDSD School Counseling website - national scholarship websites are listed
 - Senior year - students complete a scholarship application in the spring to be considered for scholarships from local donors for Sun Valley students only.
- TIP: when starting an account through national scholarship organizations, create a new email address to use just for scholarships. Your inbox will fill up!



Junior Planning Meetings

Counselors are available to meet with each student individually to guide students with their specific needs and plans.

Parents are welcomed and encouraged to attend as well.

Meetings can be held in person or on Zoom to accommodate parents work schedules.

Meetings are held during the school day.

We will send the student a Junior Planning Google Form to complete before the meeting.

To set up an appointment, please contact Nicole Skwirut: nskwirut@pdsd.org or 610-497-6300 ext 2365.

[Post-Secondary Planning Guide](#)

Thanks for attending!

