

Medical Advisory Committee

January 2026

1. Statement of purpose
 - a. The Ventura Unified School District Medical Advisory Committee (MAC) is comprised of representatives from VESPA, VUEA, and VUSD. The purpose of the Committee is to meet with the District's Group Provider Organization (GPO). The Committee's recommendations will be based upon providing employees with a quality Health and Welfare Benefits package at a competitive price.
 - b. Will meet on a regular basis to assess the new GPO, to educate employees about the plan, and to discuss ways to educate employees on choosing future cost saving plans offered by the GPO.
 - c. The committee will also have a goal of offering Health Savings Account (HSA) plans to all eligible employees in the future.
 - d. Monitor the overall costs of medical benefits.
 - e. Recommendations will be passed on to the VESPA-VUEA-VUSD negotiations teams for negotiations.
2. Committee membership (how many, from where)
 - a. Voting Members (identified at the start of the meeting)
 - i. 3 VESPA; up to 2 non-voting alternates/observers
 1. Chosen by association president
 - ii. 3 VUEA; up to 2 non-voting alternates/observers
 1. Chosen by association president
 - iii. 6 VUSD; up to 4 non-voting alternates/observers
 1. Chosen by lead negotiator
 - b. Non-voting members
 - i. Resource/Support
 1. Risk Management
 - c. This list can be modified with the approval of the MAC
 - d. Meeting place
 - i. VUSD meeting rooms unless otherwise noted
 - e. Quorum is
 - i. One member from each group
 - ii. Minimum 9 voting members
3. Frequency- how often we meet
 - a. Minimum one (1) meeting per calendar year
 - b. Additional meetings shall be scheduled as requested
4. Chair rotation
 - a. Committee chair annually rotates between VESPA, VUEA, VUSD
5. Meetings shall be during the work day unless otherwise noted
6. Minutes taken
 - a. Risk Management/HR shall take the minutes; to be approved at the following meeting; distributed to the MAC prior to the following meeting for review
7. Decision making process

- a. Decisions shall be made based on available data, research, support and resource personnel expertise, etc.
 - b. **Non-monetary plan changes:** These items do not involve additional costs to the employees and/or to the District. It was agreed that consensus would be utilized for these items and the recommended change would be recorded in the minutes of the meeting.
 - c. **Monetary plan changes and/or major plan changes:** These items would result in additional costs to the employees and/or to the District. This category would also include major changes in the coverage offered. These items will ultimately need to be negotiated as a part of collective bargaining. The committee will investigate alternatives, collect data, and advise their respective teams, but there would not be a “decision” made by the committee. The committee will strive to reach consensus to make a recommendation.
 - d. **Voluntary deductions:** These are optional insurances that are provided to the employees and for which the employees pay the entire costs. It was agreed that consensus would be utilized for these items and any recommended changes (additions/deletions) would be recorded in the minutes of the meeting.
8. Committee goals
- a. To be decided by the MAC.
 - b. Essential goals for 2026:
 - i. Explore alternative, additional and/or modifications to plans
 - ii. Educate employees on plan options
 - iii. Determine distribution/use of wellness funds
 - iv. Others to be determined
9. Timeline
- a. Possible September MAC meeting to discuss rate changes
 - i. Generally renewals approved in August for a January 1 effective dates
 - ii. Typically there is a July preview of rates CSEBO
10. Future agenda items
- a. Agenda shall be created by the MAC chair with input from all MAC members and others.
11. This document may be revised at any time with a simple majority of the members present of the MAC