

Wellness Committee Agenda January 29, 2026



1. Welcome
2. List of Committee Members
3. Presentations/Review Forms
 - a. Wellness Policy overview – Well Sat District and from each school
 - b. Triennial Assessment Report from 2026
 - c. Physical Activity/Health Screening – Yearly Wellness Goals and Activities
 - d. Child Nutrition Program or Lunchroom, Fundraiser, and Smart Snack Guidelines
 - e. Fundraisers – Attestation Forms
4. Complete the Google Form and answer the Wellness Policy Review questions embedded in it.
5. Submit the survey in Google Forms.