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Children's Intensive Mental Health Services **Single Point of Access (CSPOA)** **&** **Children's Additional Support Services**

In-Home CSPOA Services

Name of Program	Description	Telephone Number
<u>Nassau County SPOA</u> Nassau County Office of Mental Health, Chemical Dependency & Developmental Disabilities 60 Charles Lindbergh Blvd. Uniondale, NY 11553	<p>Developed in 2001 at the recommendation of the Office of Mental Health to simplify and coordinate the process of linking children and their families to the services that can assist in meeting their needs. Most services are available to children and youth between the ages of 5 to 17 years old. <u>Please note that all SPOA services are accessed through the completion of the SPOA Application only.</u></p> <p>Nassau County SPOA: cspoa@hhsnassaucountyny.us</p>	516-227-7057
<u>Children's Health Home</u> Multiple Agencies Available	<p>Through Health Homes, Care Management works with the child/family and providers of services to identify service needs, developing an overall rehabilitation goal, and writing service plans with the child/family that include strategies and objectives to address their identified needs. Care management facilitates service delivery, including acquiring benefits, helping child/families make and keep appointments and assisting child/family in arranging needed behavioral health, physical health and psychiatric rehabilitation services and finding appropriate school placement, vocational training or employment. Services also provide linkage to services that prevent or resolve crises in order to prevent unnecessary use of emergency rooms and/or inpatient services.</p> <p>Equivalent services are available for children who do not have Medicaid through Non-Medicaid Care Coordination.</p>	
<u>Clinical Care Coordination Team (CCCT)</u> North Shore Child & Family Guidance Center 480 Old Westbury Road, Roslyn Heights, NY 11577	<p>CCCT (Clinical Care Coordination Team) is designed to meet the clinical and case management needs of high-risk youth for whom the traditional outpatient system has proven ineffective. These youth typically refuse to participate in therapy, often are school-avoidant, and frequently have limited social contacts. CCCT provides in-home clinical services, including individual therapy, family therapy, and psychiatric consultation, evaluation and monitoring with a goal of returning the child to outpatient treatment.</p>	516-626-1971
<u>Coordinated Children's Services Initiative (CCSI)</u> North Shore Child & Family Guidance Center 480 Old Westbury Road, Roslyn Heights, NY 11577	<p>CCSI (Coordinated Children's Services Initiative) works directly with youth who are served by multiple systems and who are at risk of placement in at least one of these systems. The goal is to reduce the rate of residential placement and optimize their functioning in the community.</p>	516-626-1971
<u>Home and Community Based Services (HCBS) Medicaid Waiver</u>	<p>HCBS provides intensive services to children at risk for admission to institutional levels of care such as hospitalizations and Residential Treatment Facilities. HCBS offer support to children and allow them to remain at home and in the community. They provide person-centered care and value individual strengths, preferences, needs, and desired outcomes. Children and families can choose from a collection of service options and providers. Services are provided in a flexible, complimentary package that develops over time to meet the changing needs of children.</p>	<p>For referral information, call 516-227-7057</p>
<u>Home-BEST</u> Federation of Organizations 11 Farmingdale Road, Route 109 West Babylon, NY 11704	<p>Home-BEST is an intensive in-home program that provides support to youth and families using a team-based approach. Home-BEST focuses on strengthening the connections between youth, their families and community networks. The support team assists families that have a child in crisis by helping the youth remain in the community and avoid residential placement.</p>	631-669-5355
<u>Youth Assertive Community Treatment (YACT)</u> CN Guidance & counseling Services 950 South Oyster Bay Road Hicksville, NY 11801	<p>Youth ACT targets youth and young adults aged 10-21 years old. The purpose of our Youth ACT Team is to serve children/youth with Serious Emotional Disturbance (SED); who are returning home from inpatient or residential settings; at risk of entering such settings; or have not adequately engaged or responded to treatment in more traditional community-based program settings. Youth ACT ensures the child and their family have the level of support services and access to clinical professionals they require to sustain any gains made in crisis response or high-end services. Youth ACT teams deliver intensive, highly coordinated, individualized services and skilled therapeutic interventions through an integrated, multi-disciplinary team approach to better achieve success and maintain the child in the home, school and community.</p>	<p>For referral information, call 516-227-7057</p>

Placement Out of Home SPOA Services

Name of Program	Description	Telephone Number
Deer Park Community Residence SCO Family of Services	The program provides an intensive therapeutic environment through 24-hour coverage by staff trained in behavior management, child/adolescent development and the treatment of mental illness. Additional therapeutic linkages are provided through a strong community involvement with outpatient mental health settings, medical providers and educational/recreational settings. The goal of this program is to provide a structured, supportive and therapeutic environment that will equip these children with skills necessary to live at home or in a family like setting in the community.	631-243-3179
	Deer Park 8 Beds, Co-Ed, ages 13-17	
WellLife Community Residence	The Community Residence is a 24-hour awake staffed program. It provides direct supervision and guidance to eight emotionally disturbed adolescent males. The program provides an intensive therapeutic environment and restorative services including but not limited to behavior management, counseling services, independent living skills, daily living skills, socialization skills, medication management, health services and family support services. The goal of the program is to teach the youth necessary skills to be able to return home with their families or to community based placements.	631-751-0197 Setauket 631-683-4393 Dix Hills
	Setauket 8 Beds, Co-Ed, ages 13-17	
	Dix Hill 8 Beds, Co-Ed, ages 13-17	
Lakeview House Family and Children's Association	A residential program that provides a therapeutic milieu to adolescents with serious emotional disturbance. It is an out of home placement that provides a structured therapeutic environment and restorative services to assist in stabilizing and maintaining their symptoms and behaviors of their mental illness and reunite the family upon discharge.	516-678-5991
	Lakeview 8 Beds, Co-Ed, ages 13-17	
Merrick House Mercy First	The Community Residence is staffed 24 hours a day with awake staff. It houses eight youth with serious emotional disturbances. Residents can learn the skills of emotion management and self-care that will enable them to return to their families. In addition, they work with staff on developing their independent living skills, socialization skills, behavior management, medication management, and more. Staff and youth continue to incorporate the Sanctuary Model into the fabric of the Merrick Community Residence program. This is accomplished by youth using Sanctuary tools and trauma sensitive interventions both in the residence and with their families at home.	516-868-2050
	Merrick 8 Beds, Co-Ed, ages 8-14	
<u>New York State Office of Mental Health</u> Residential Treatment Facility (RTF)	Provides fully integrated mental health treatment and special education services under the direction of a psychiatrist, in a well supervised residential setting. RTFs can serve youngsters between 5 and 21 years of age, but each program generally serves only a portion of this total range. Most youngsters are served for an extended stay, between 6 months and 2 years. Access to an RTF is through CSPOA.	For referral information, call 516-227-7057

Additional Support Services (These are not CSPOA services)

Name of Program	Description	Telephone Number
<p><u>Home Base Crisis Intervention Program (HBCI)</u> South Shore Child Guidance Center 91 Guy Lombardo Avenue Freeport, NY 11520</p> <p>Hamaspik of Kings County 76 Columbia Ave, Cedarhurst, NY 11516</p>	<p>The goal of HBCI is to prevent inpatient hospitalizations of children and adolescents. HBCI program professionals work with the entire family to assist in keeping families together, resolve crisis situations, enhance family functioning, and promote self-sufficiency.</p>	<p>516-868-3030</p> <p>718-387-8400 X 844</p>
<p><u>Mobile Crisis Team</u> Nassau County Dept. Human Services Office of Mental Health 60 Charles Lindbergh Blvd. Uniondale, NY 11553</p>	<p>The goal of the Mobile Crisis Team is to facilitate services for children experiencing an emotional emergency and crisis situation. Crisis intervention services for children/adolescents. Team responds on-site at home, school, or elsewhere in the community. Services are available to residents of Nassau County.</p>	<p>516-227-Talk 516-227-8255</p>
<p><u>Children's Crisis Respite Program</u> Mental Health Association of Nassau County, Inc. 16 Main Street, 3rd Floor Hempstead, NY 11550</p>	<p>The goal of the program is to provide swift crisis intervention and foster long-term symptom stabilization for children and adolescents in psychiatric crisis without the use of psychiatric hospitalizations or other overly restrictive placements.</p> <p>Program Objective: a) provide a short-term residential respite bed in a structured and supportive environment. b) provide respite to family members and identified client through these short-term stays, c) provide crisis assessment and family needs assessment, d) provide individualized planning and service coordination, e) provide a smooth transition back home</p>	<p>516-740-4976</p>
<p><u>Pediatric Behavioral Health Urgent Care Center</u> Cohen Children's Medical Center Northwell Health 269-01 76th Avenue New Hyde Park, NY 11040</p>	<p>The Cohen Children's Pediatric Behavioral Health Urgent Care Center provides timely access to pediatric mental health services for children and adolescents (age 5-17) presenting in a mental health crisis. The program is designed as an alternative treatment setting for those who need urgent (same day) intervention, but do not necessarily require the services of the emergency room. The Behavioral Health Urgent Care cannot provide ongoing mental health treatment, and cannot perform medical assessment, physical exam and diagnostic tests. Should a child be identified as requiring a higher level of care than can be provided by our center, they can be easily transferred to the Cohen Children's pediatric psychiatry emergency room, located one floor down.</p>	<p>718-470-3148</p>
<p><u>Children's Hospital Discharge Program</u> Mental Health Association of Nassau County, Inc. 16 Main Street, 3rd Floor Hempstead, NY 11550</p>	<p>The goals of the Children's Hospital Discharge Program is to shorten hospital stays through transition to appropriate community supports, avoid re-hospitalization or psychiatric emergency room visits through the provision of appropriate community mental health resources.</p> <p>Program Objective: a) provide consultation to hospital staff to ensure adequate discharge planning, b) provide client and family needs assessments, c) provide individualized planning and service coordination, d) transition children and adolescents to appropriate mental health resources e) provide a smooth transition back home after hospitalization through follow-up services.</p>	<p>516-740-4976</p>

Additional Support Services (These are not CSPOA services)

Name of Program	Description	Telephone Number
<u>Family Center</u> Family and Children Association 377 Oak Street, Suite 104 Garden City, NY 11530	Family Center provides family support and respite services to enhance the capacity of families to care for their child and reduce the need for placement or hospitalization. Family support is provided by credentialed Parent Advocates who have personal experience raising a child with special needs. This can occur individually and/or through various support groups, workshops, family engagement activities, and an evidence-based parenting class. Respite is provided to children for up to 3 hours each week either on an individual basis, small groups of up to 3 children, or in a larger group setting. The child is picked up from their home and transported to events by the program's Respite Counselors. Services are family-driven and strength-based.	516-485-5976
<u>Sagamore Children Psychiatric Center</u> Mobile Integration Team Servicing Nassau and Suffolk Counties	The Long Island Children's MIT provides an array of services delivered by a multidisciplinary team of professionals and paraprofessionals. These services may include, but are not limited to: brief therapeutic supports, skill building, crisis assessment and intervention, consultation and information, peer support groups and skills trainings, family and caregiver support, behavioral support and consultation, in-home and community based respite.	631-370-1701
<u>Sagamore Children Psychiatric Center</u> Child & Adolescent Crisis Respite/Residence Servicing Nassau and Suffolk Counties	The Child & Adolescent Crisis Respite House provides short term care in a homelike environment to children & adolescents from the Long Island region. The purpose of this program is to provide support in a trauma sensitive, safe and therapeutic environment. The goal of this 8-bed program is to assist in stabilizing the crisis and to support the family and service provider's efforts to maintain youth in his or her current residence. The program serves youth, who currently receive mental health services or who are at risk of, or are currently experiencing, an emotional/behavioral crisis due to events in the person's environment. Examples of such events include, but are not limited to, family problems, loss of relationships, abuse, neglect and problems in school. This is a voluntary and free service for families. The family and youth must agree to admission.	631-370-1701