

School Counseling

School Counselors work to improve success for **ALL** students by implementing a comprehensive school counseling program focused on career readiness, appropriate academic supports, and social emotional skills to become productive citizens.



- **WHAT WE DO:**
 - MEET INDIVIDUALLY, IN THE CLASSROOM, OR IN GROUPS WITH STUDENTS TO ADDRESS ACADEMICS, POST-GRADUATION OPTIONS, CAREER READINESS AND SOCIAL EMOTIONAL SKILLS.
- **WHO WE ARE:**
 - MRS. MARY KATE ZACHARIAS: SCHOOL COUNSELOR (A-D), MZACHARIAS@PINERICHLAND.ORG
 - MRS JENNIFER BOWERS: SCHOOL COUNSELOR (E-K), JBOWERS@PINERICHLAND.ORG
 - MRS. FILIPOWSKI: SCHOOL COUNSELOR (L-Q), TFILIPOWSKI@PINERICHLAND.ORG
 - MRS. STRAUB: SCHOOL COUNSELOR (R-Z), LSTRAUB@PINERICHLAND.ORG
 - MRS. SECEN: TRANSITION COUNSELOR, JSECEN@PINERICHLAND.ORG
 - MRS. WELSHONCE: SOCIAL WORKER, CWELSHONCE@PINERICHLAND.ORG
 - MRS. WHALEN: COLLEGE AND CAREER COUNSELOR, JWHALEN@PINERICHLAND.ORG
- **HOW TO CONTACT US:** GOOGLE CLASSROOM/APPOINTMENT SCHEDULE/EMAIL/VISIT OFFICE
- **CLASS OF 2027:** CLASS CODE: F37OUMY

CAREER READINESS LEARNING GOAL

USING NAVIANCE, STUDENTS WILL COMPLETE THE CAREER INTEREST PROFILER WHICH CAPTURES THEIR INTERESTS AND PERSONALITY TRAITS. STUDENTS WILL RESEARCH AND SAVE A CAREER AND ONE POST-SECONDARY INSTITUTION THAT ALIGNS WITH THOSE INTERESTS.



- COMPLETE THE CAREER INTEREST PROFILER
- SAVE A CAREER
- SAVE A COLLEGE/TECHNICAL SCHOOL

WHAT'S IN IT FOR YOU?



- PERSONALITY TRAITS CAN HELP IDENTIFY CAREERS THAT MATCH YOUR INTERESTS
- UNDERSTAND POTENTIAL FUTURE EARNINGS IN THOSE CAREERS
- ENJOY WORKING MORE
- INCREASE YOUR SUCCESS



SIGNING INTO NAVIANCE

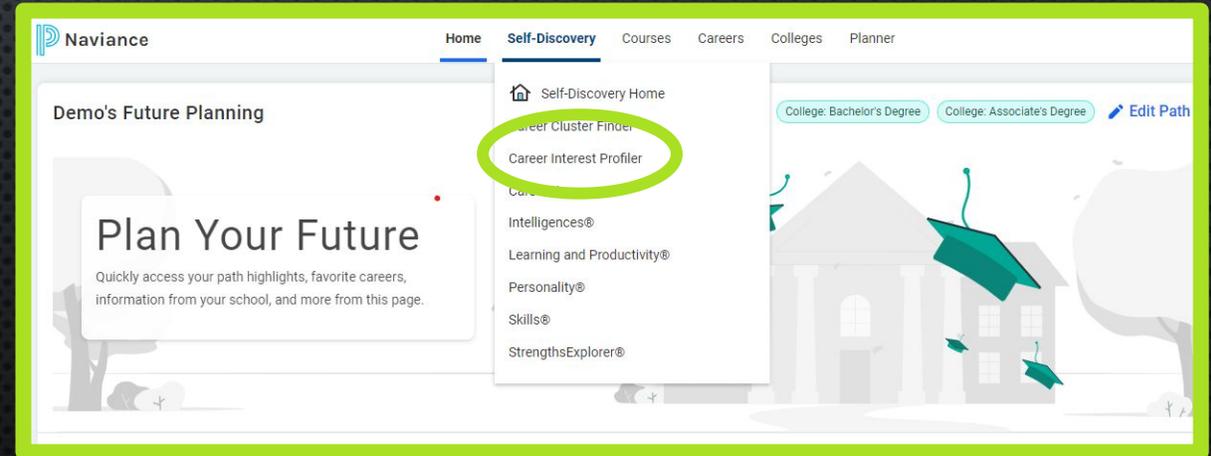
- EVERY STUDENT HAS AN ACCOUNT
- GO TO: [PRRAMS.ORG](https://prrams.org)
- CLICK ON CLEVER
- LOG IN WITH GOOGLE

The screenshot shows the Naviance user interface. At the top, it says "Demo's Future Planning" and has two tabs: "College: Bachelor's Degree" and "College: Associate's Degree", along with an "Edit Pa" button. The main heading is "Plan Your Future" with a subtext: "Quickly access your path highlights, favorite careers, information from your school, and more from this page." Below this is a "Career Goals" section with two items: "Marketing Managers" and "Secondary School Teachers, Except Special and Career/Technical Education". At the bottom, there is a "College Path Highlights" section with a search bar labeled "Search for a College". The background features a stylized illustration of a school building with several green graduation caps flying around it.

LOCATING CAREER INTEREST PROFILER

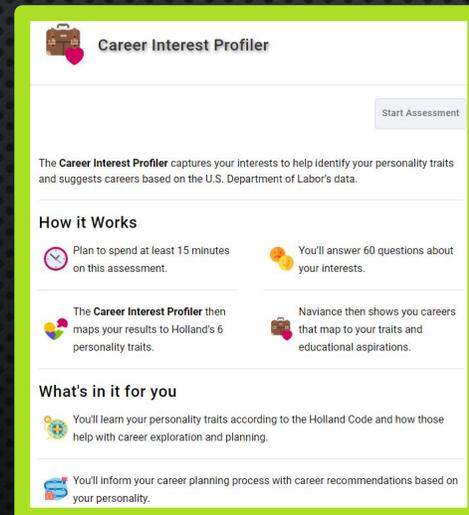
60 Questions

- HOW TO ACCESS THE LESSON
 - CLICK ON *SELF-DISCOVERY* TAB
 - **CAREER INTEREST PROFILER**
- READ DIRECTIONS AND COMPLETE THE ASSESSMENT



CAREER INTEREST PROFILER

- ❑ THINK ABOUT WHETHER YOU WOULD LIKE OR DISLIKE DOING A PARTICULAR WORK ACTIVITY IF YOU HAD A CHANCE TO DO IT
- ❑ THERE ARE NO RIGHT OR WRONG ANSWERS. THE MORE ACCURATELY YOU ANSWER EACH QUESTION, THE BETTER YOUR RESULTS WILL BE. TRY TO **AVOID** ANSWERING WITH **NEUTRAL**
- ❑ WHEN YOU ARE READY TO BEGIN, PLEASE CLICK THE "START" BUTTON



Career Interest Profiler

Start Assessment

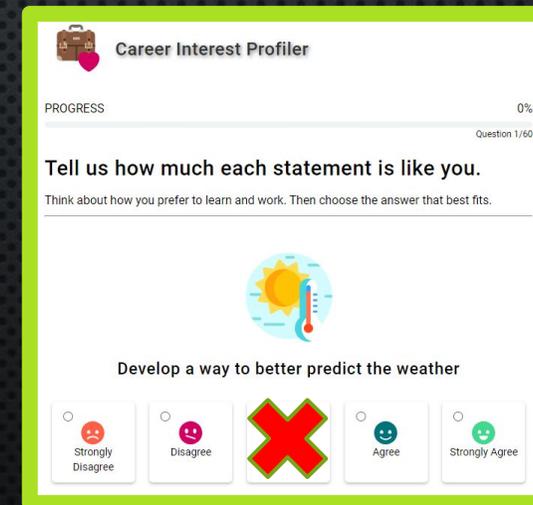
The **Career Interest Profiler** captures your interests to help identify your personality traits and suggests careers based on the U.S. Department of Labor's data.

How it Works

- Plan to spend at least 15 minutes on this assessment.
- You'll answer 60 questions about your interests.
- The **Career Interest Profiler** then maps your results to Holland's 6 personality traits.
- Naviance then shows you careers that map to your traits and educational aspirations.

What's in it for you

- You'll learn your personality traits according to the Holland Code and how those help with career exploration and planning.
- You'll inform your career planning process with career recommendations based on your personality.



Career Interest Profiler

PROGRESS 0%
Question 1/60

Tell us how much each statement is like you.

Think about how you prefer to learn and work. Then choose the answer that best fits.

 Develop a way to better predict the weather

Strongly Disagree Disagree Agree Strongly Agree

ASSESSMENT RESULTS

- CAREER INTEREST PROFILER HELPS YOU FIND CAREERS BY MAPPING YOUR INTERESTS WITH HOLLAND TRAITS
 - SOCIAL: I AM A **HELPER**
 - ENTERPRISING: I AM A **DOER**
 - CONVENTIONAL: I AM A **ORGANIZER**
 - ARTISTIC: I AM A **CREATOR**
 - INVESTIGATIVE: I AM A **THINKER**
 - REALISTIC: I AM A **PERSUADER**
- YOU ARE **UNIQUE**
- VIEW CAREERS BY HIGHEST HOLLAND SCORE
- FAVORITE AT LEAST ONE CAREER





SUCCESS!

Summary

The Career Interest Profiler helps you find careers by mapping your interests to six basic types of personalities, together called the Holland Code. The higher you score, the more you are like that type.

What's Next

- Take a look at the traits where you received your **highest scores** and then view the related careers for those types.
- Consider your education and training aspirations.** You have to level up your skills to break into any occupation. Different careers require different certification, licenses, and degrees. These can take anywhere from a few months to over 5 years. Filter related careers by education to find careers that match your needs.
- You are unique.** Not every career that matches a personality type will be a match to your interests, skills, aspirations, or desired lifestyle. The trick is to discover the ones that do.
- Be sure to **favorite careers** that interest you to save them for later.

Your Overall Scores by Holland Trait



Secondary School Teachers, Except S...

Teach one or more subjects to students at the secondary school level.

Education
4 Year College

Median Salary
\$61,660

Favorite

Your Top Holland Traits

 <p>Social</p> <p>HOLLAND TRAIT Likes to do things to help people -- like, teaching, nursing, or giving first aid, providing information. Generally avoids using machines, tools, or animals to achieve a goal.</p> <p>View Careers</p>	<p>SCORE: 35</p>	 <p>Enterprising</p> <p>HOLLAND TRAIT Likes to lead and persuade people, and to sell things and ideas. Generally avoids activities that require careful observation and scientific, analytical thinking.</p> <p>View Careers</p>	<p>SCORE: 27</p>
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COLLEGE SEARCH

- CLICK ON COLLEGES TAB
- FIND YOUR FIT
- COLLEGE LOOKUP
 - LOOKUP BY QUICKLIST
- SAVE A SCHOOL:

CLICK ON THE



Home Self-Discovery Courses Careers **Colleges** Planner

College Home

Find Your fit

SuperMatch College Search

College Events

Scattergrams

Advanced College Search

College Lookup

Research Colleges

Colleges I'm Thinking About

College Visits

College Compare

College Resources

Acceptance History

Enrichment Programs

College Maps

Apply to College

Colleges I'm Applying To

Test Scores

  University of Pittsburgh-Pittsburgh Campus

 The Art Institute of Pittsburgh-CLOSED DO NOT USE

 Trade Institute of Pittsburgh

UNDERSTANDING ADMISSION DATA: PENN STATE

PennState Pennsylvania State University-Penn State Main Campus

University Park, Pennsylvania | Small City, less than 100,000 pop

Standard (4 year) | Public | Large

College links | Favorite

Pennsylvania State University-Penn State Main Campus at a glance

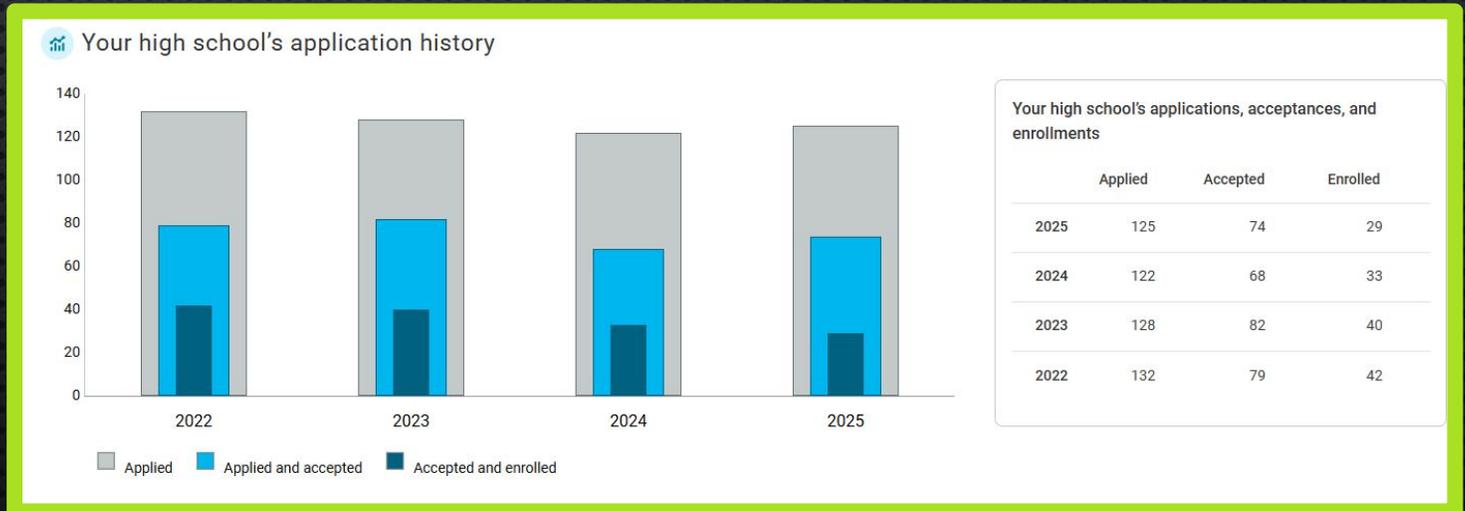
- Acceptance rate: 56.49%
- Average net price: \$21,514 (for \$0 - \$30K family income)
- Student retention: 93% (Students who return their sophomore year)
- Next deadline: November 1 (Fall 2026 - Early Action)

Is this college right for you?

This college aligns with your planned pathway of earning a Bachelor's Degree and offers majors that connect to one of your three favorite career options. However, your GPA and lack of standardized test scores may not meet the school's typical standards.

- Path**
College: Bachelor's Degree
- Career match**
Offers majors that relate to 1 of your 3 favorite careers.
- GPA**
No data available
- Test scores**
You do not have test scores in Naviance.

- HOW HARD IS IT TO GET IN?
 - % OF PR SENIORS ACCEPTED
 - AVERAGE GPA
 - TEST SCORES?
- WHAT ABOUT BY MAJOR?
 - ENGINEERING
 - BUSINESS
 - NURSING
- WHAT ARE OVERLAPS?
 - WHERE ELSE CAN I APPLY?
- IS IT EXPENSIVE?



UNDERSTANDING ADMISSION DATA: CMU

- HOW HARD IS IT TO GET IN?

- % OF PR ACCEPTED
- GPA?
- TEST SCORES?

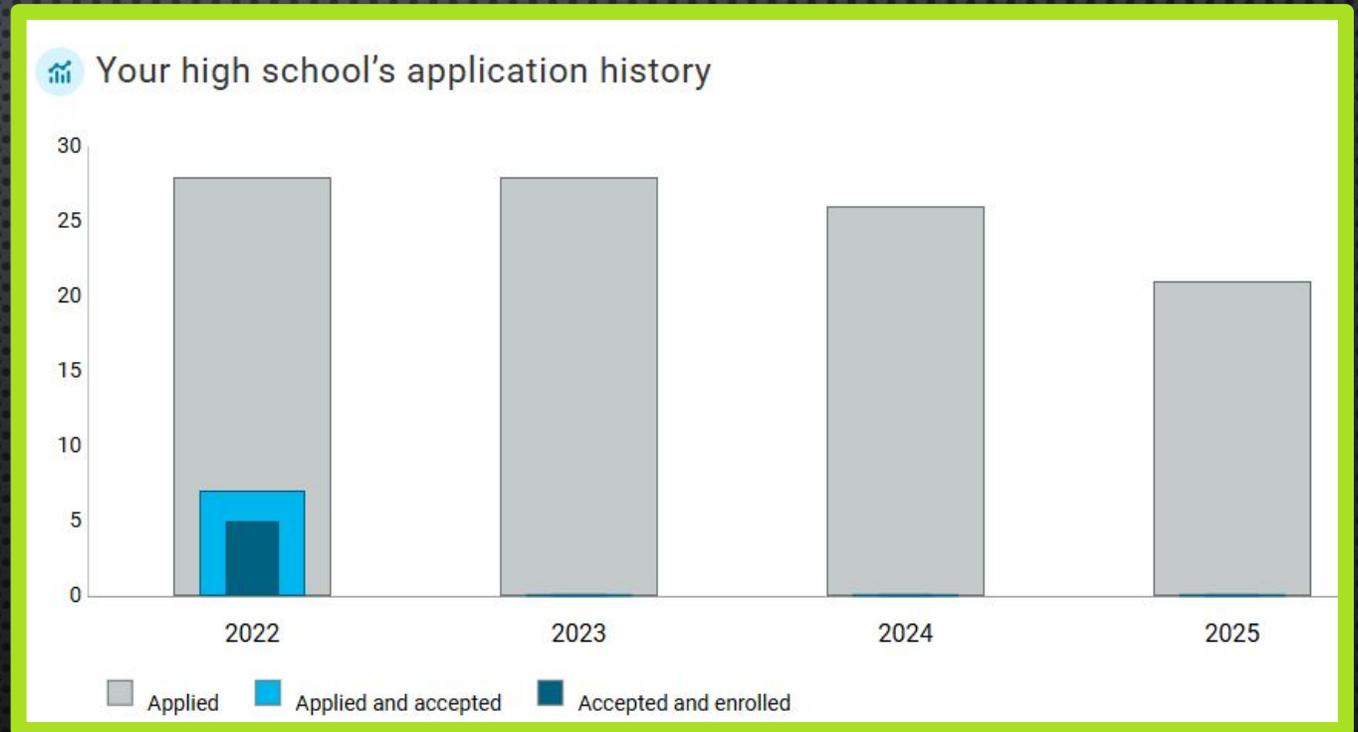
- WHAT ABOUT BY MAJOR?

- COMPUTER SCIENCE ?
- ENGINEERING ?
- ART ?

WHAT ARE OVERLAPS?

- WHERE ELSE CAN I APPLY?

- IS IT EXPENSIVE?



ADVANCED COLLEGE SEARCH



- REMEMBER TO SAVE  AT LEAST ONE COLLEGE/TECHNICAL SCHOOL UNDER COLLEGES I'M THINKING ABOUT
- CREATE A BALANCED LIST. IT'S ALL ABOUT HAVING **OPTIONS!**
 - 2-3 REACH (ADMISSION CRITERIA EXCEEDS YOUR GPA/TEST SCORES OR % OF ADMISSION IS LOW)
 - 4-5 TARGET (YOUR GPA/TEST SCORES FALL WITHIN AVERAGE ACCEPTED STUDENTS)
 - 2-3 SAFETY (YOUR /TEST SCORES EXCEED AVERAGE ACCEPTED STUDENTS)



NEXT STEPS

- **KNOW ADMISSION CRITERIA AND SCHEDULE APPROPRIATELY**
- **CREATE YOUR TESTING/APPLICATION TIMELINE**
- **ATTEND VIRTUAL COLLEGE PLANNING NIGHT ON FEBRUARY 4, 2026**
 - [VIEW PAST EVENTS](#)
- **ATTEND VIRTUAL/IN-PERSON COLLEGE/TECHNICAL SCHOOL ADMISSION EVENTS**
 - **PITTSBURGH NATIONAL COLLEGE FAIR: TUESDAY AND WEDNESDAY, JANUARY 27-28, 2026**
 - **ABSENCE FOR JUNIORS IS TUESDAY, JANUARY 27, 2026**
 - **PARENTS NEED TO FILL OUT ABSENCE FORM (SAPPHIRE)**
- **SCHEDULE AN APPOINTMENT WITH SCHOOL/COLLEGE COUNSELOR**
- **APPLICATIONS OPEN IN AUGUST**
 - **OPEN YOUR COMMON APP BEFORE SCHOOL ENDS**
 - **TAKE YOUR TIME**
 - **LETTERS OF RECOMMENDATION (NAVIANCE) DO NOT OPEN UNTIL WEEK BEFORE SCHOOL BEGINS.**
 - **MANY COLLEGES NO LONGER REQUIRE OR ACCEPT LETTERS.**
 - **TRANSCRIPT REQUESTS DO NOT OPEN UNTIL AFTER THE 10 DAY ADD/DROP PERIOD (NO EXCEPTIONS)**
 - **TRANSCRIPTS ARE NOT SENT TO PITT, PENN STATE, CLEMSON, DELAWARE, VT, ETC. (STARS)**
 - **FOLLOW MRS. WHALEN'S DIRECTIONS IN SENIOR YEAR!**



PRHS DAILY BELL SCHEDULE

PD 5 LUNCH			PD 6 LUNCH			PD 7 LUNCH		
HR	7:45 AM	7:54 AM	HR	7:45 AM	7:54 AM	HR	7:45 AM	7:54 AM
PD 1	7:58 AM	8:40 AM	PD 1	7:58 AM	8:40 AM	PD 1	7:58 AM	8:40 AM
PD 2	8:44 AM	9:26 AM	PD 2	8:44 AM	9:26 AM	PD 2	8:44 AM	9:26 AM
PD 3	9:30 AM	10:12 AM	PD 3	9:30 AM	10:12 AM	PD 3	9:30 AM	10:12 AM
PD 4	10:16 AM	10:58 AM	PD 4	10:16 AM	10:58 AM	PD 4	10:16 AM	10:58 AM
PD 5	11:02 AM	11:32 AM	PD 5A	11:02 AM	11:44 AM	PD 5A	11:02 AM	11:44 AM
PD A6	11:36 AM	12:18 PM	PD 6	11:48 AM	12:18 PM	PD 6B	11:48 AM	12:30 PM
PD B7	12:22 AM	1:04 PM	PD B7	12:22 PM	1:04 PM	PD 7	12:34 PM	1:04 PM
PD 8	1:08 PM	1:50 PM	PD 8	1:08 PM	1:50 PM	PD 8	1:08 PM	1:50 PM
PD 9	1:54 PM	2:36 PM	PD 9	1:54 PM	2:36 PM	PD 9	1:54 PM	2:36 PM