Strath Haven High School
205 S. Providence Road • Wallingford, PA 19086 • 610-892-3470

Junior Post Secondary Planning:

What do we do and when do we do it?

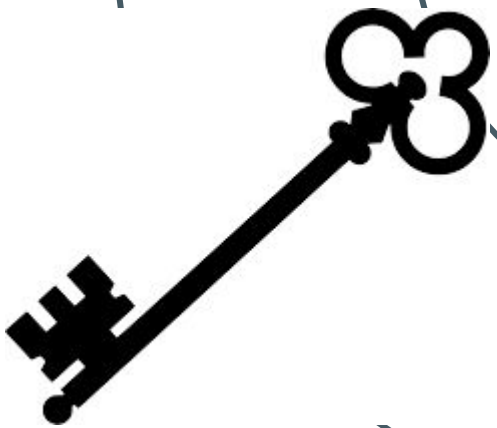
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Counselor Roles

School Counselor	Individual counseling including post-secondary counseling, as well as social- emotional and academic. First point of contact for all students and families. Works on a team with a behavioral health counselor and administrator. Mr. Travis Edwards tedwards@wssd.org x2119 Ms. Robin Smith rsmith2@wssd.org x2112 Mrs. Jennifer Salvage jsalvage@wssd.org x2114 Mrs. Danielle Lyons dlyons@wssd.org x2116 Mr. Gavin Stewart gstewart@wssd.org x2111
Career and College Counselor	Collaborates with School Counselors Career and College Programming for all students and families grades 9-12 Specific support at the request of School Counselors Workshops, DCTS, ACT 339, AP, Career development, teacher support, dual enrollment, field career, co-op

Communication is Key!

- Expectations, limits, and financial realities – are we all on the same page?
- Your child's thoughts, fears, hopes, and goals
- Your student's journey is their own…it's ok to ignore the herd.
- Keep talking!



Military Path



- Communication with family
- ASVAB
- Research
- Talking to a recruiter
- Physical requirements/Fitness
- ROTC

The World of Work

- Skills and Interest Assessment
- Goal Setting - working with the counselor
- Field Career/Co-op/Career Exploration
- Using your resources
- Apprenticeships/Training
- Application help
- Graduating with a plan





Post Secondary Education 4yr/2yr/Trade



What Counselors Do:

- Meet with students to plan and assist with the process
  - Info is shared in a variety of ways
  - students/families can meet with counselors at any time
- Provide resources to support the process - scholarships, rep visits, workshops, community based opportunities
- Attend to/support student progress throughout HS
- Write letters of rec for all students who provide brag sheets and for all schools who require it

What counselors Cannot do...

- Counselors cannot see student applications unless students show them and ask for help
- Counselors cannot provide support but not supply responses for applications
- Counselors are available to meet to provide support and answer questions, and counselors schedule appointments at milestone points during high school, but students must schedule their own check-in appointments.



What students do:



- Students need to be aware of deadlines
- Students communicate with teachers about letters of recommendation
- Students complete required documents (e.g. brag sheets and permissions)
- Students research schools OR alternate plans
- Demonstrated interest - visiting schools (virtually or in person), rep visits, interviewing if possible.
- Students should research scholarships
- Students should have a testing plan
- Students considering playing sports at the D1 or D2 level need to register with the NCAA and send transcripts and test scores. They are not automatically sent.

While we're on the subject - Testing

- Test plans: SAT v. ACT
- Test Prep
- Test Optional/Test Blind



"We were originally thinking SAT, but then Noah's admissions advisor told us left-handed students born on Tuesdays do better on the ACT."

What Parents/Guardians Do

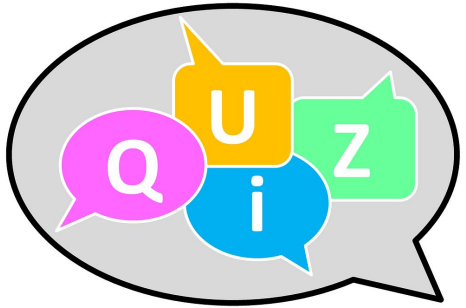


- Investigate costs
- Know your deadlines (FAFSA/CSS Profile)
- Do your forms/read announcements
- Ask questions
- Conversations to have at home
  - Financial and geographic restrictions and considerations
  - Check up on progress, agree on a plan

You are the coach and consultant. This process can be daunting...for everyone!

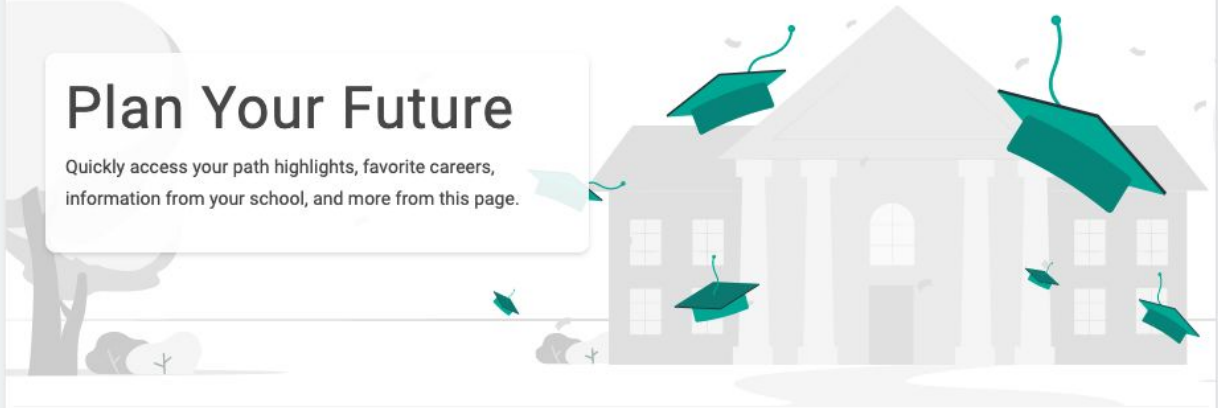
Vocabulary

- Naviance
- Common Application
- Coalition Application
- Common Black College Application
- Gap Year/Bridge year
- Rolling Admission
- ED/EA/Restrictive EA



Chewy's Future Planning

College: Bachelor's Degree | Edit Path



College Path Highlights

Search for a College

Enter name | Search

Colleges I'm Applying To

Colleges I'm Thinking About

Favorite Scholarships

Welcome to Naviance

Follow these steps to register for a college admissions rep visit.

1) Log in to your Naviance student account.

2) Find the **New Events** section on the home page. There you will find a list of the colleges visiting Strath Haven this fall.

3) When you find a college that interests you, click on view details.

4) Click on the green registration button in the top right corner.

Read More

Additional Information from Your School

Tasks from My School

Relax, you have no overdue or upcoming to-dos and tasks. However, you can get ahead by going to My Planner to see what's next or create a goal or to-do.

Go to My Planner

What's New

Washington & Jefferson College will be visiting your school on Thursday, November 30th, 2023 at 1:00 pm more info

What we know...

- Communication
- Readiness
- Ownership
- FIT

What does that look like?

- Emails
- Deadlines
- Research
- Planning
- Working ahead
- Asking questions
- Using resources

How do we find the right fit?

Availability of courses/majors
Direct admit to certain programs
Class sizes
Gen ed requirements
Honors programs

Available supports
Retention/Graduation data
Job placements

COST
Availability of scholarships

Geography
Setting
Diversity
Campus size
Residence Life
Social Scene/Extracurriculars

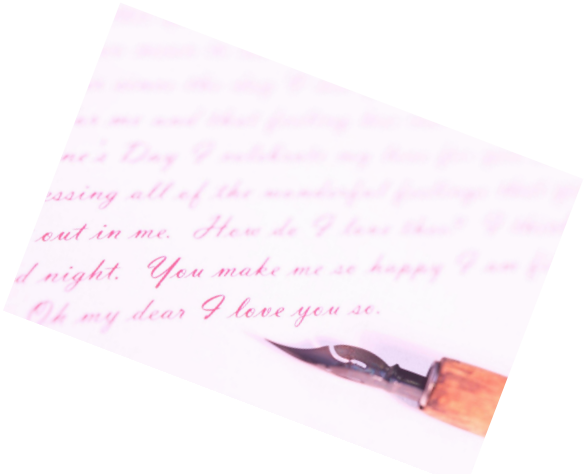
What are Colleges looking for?

- Transcript - Rigor of curriculum and GPA
  - School Profile, Recalculation of GPA, STARS
  - Growth is noted, students should take the most challenging classes in which they can succeed
- Strong essays and recommendations
- Engagement in activities and exploration of interests
- Standardized tests - predictive value, comparative value
- Demonstrated interest

Letters of Recommendation

- Generally, schools require 2 teacher recommendations.

- Best practice says that letters should be from core teachers from junior year. Exceptions exist!
  - What does this mean? Students should be thinking about recommenders now.
  - What will recommenders be evaluating them on?



- Students should plan to ask teachers around spring break.

Timeline



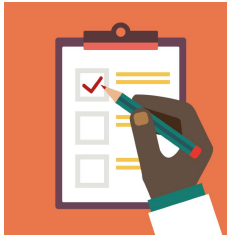
Now - Communicate! Review PSAT/pre-ACT

Spring Semester - Individual planning meetings with counselor, Testing plan, potential Academy applicants should review requirements, teacher recommendation requests, research schools/careers/alternate plans, start/continue college campus visits, develop list of schools

Summer - Create a **Common Application** account, draft essays, continue visits, job shadow, speak to recruiters, list of activities/résumé

Summer/Early Fall - Finalize list of colleges, work on applications.

Fall- Complete and submit applications



Financial Aid

- FAFSA (*Free Application for Federal Student Aid*)
  - Application opens up on **December 1 (maybe?)**
  - **You AND your student** *should* register for an **FSA ID** *before* the FAFSA opens
  - Net Price Calculator on college websites
- CSS Profile
  - only to schools that require it in addition to the FAFSA
- Counseling web page
  - Scholarship Opportunities
  - Financial Aid
  - PHEAA



HELP!

ASK

Build their skills...your student should ask!

Use Your Resources!

Webpage, weekly email blasts, THE SCHOOL COUNSELOR

Student sessions

Coffee with the Counselor

Evening/Day Programming

Outside Events (email blasts/HSA)

Do your research

A word about IECs

Q&A

