HEALTH CLASS UNITS


INTRO TO HEALTH AND WELLNESS


FITNESS AND NUTRITION


MENTAL HEALTH


DRUGS AND ALCOHOL


HUMAN REPRODUCTION AND SEXUAL HEALTH

IN LIEU OF TEXTBOOKS, HEATLH PACKETS WILL BE GIVEN AT THE START OF EVERY UNIT. STUDENTS WILL BE RESPONSIBLE FOR BRINGING THE PACKET TO EVERY CLASS. CLASSWORK, HOMEWORK AND PROJECTS WILL BE ASSIGNED FROM THE PACKET.