




JANUARY

Resilience. Is defined as one’s ability to bounce back from negative experiences with competent functioning. For families this translates into problem solving, placing difficulties in perspective, and drawing on trusting relationships for support.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Weight Loss Awareness Month				1 New Year’s Day  Center Closed	2 10am-12pm BFSC • Leonardo Baby Pantry  9am-3pm Monmouth County Social Services, BFSC Leonardo	3
4	5	6	7 4-6pm Application Assistance, St. Benedicts Holmdel	8 12pm CAC Meeting, AH Starbucks 1pm Grandparents’ Group	9	10 <u>Open (10am-12pm)</u>
11	12	13 10am Beginner Technology Assistance Class, AH Library	14 3:30pm Jewelry Making, AH Library	15 9am-12pm Application Assistance & Food Pantry, United Methodist Church AH 5pm-7pm Adult Bingo, BFSC Leonardo	16 9am-3pm Monmouth County Social Services, BFSC Leonardo	17
18	19 Martin Luther King, Jr. Day  Center Closed	20	21 1:30pm-3:30pm BFSC • Keansburg Baby Pantry  5:30pm-6:30pm Parenting Class, Keansburg Early Learning Center	22	23	24 <u>Open (10am-12pm)</u>
25	26 11am-1pm Application Assistance, St. Marks Keansburg	27	28 5:30pm-6:30pm Parenting Class, Keansburg Early Learning Center	29 4pm-6pm Family Fun Night, UB Borough Hall	30	31

BAYSHORE FAMILY SUCCESS CENTER
YMCA OF THE JERSEY SHORE
 945 State Highway 36 | 732.497.3811
 Leonardo, NJ 07737 | familysuccess@ymcanj.org

LET’S CONNECT!

 YMCANJ.org/BFSC
 Facebook.com/BayshoreFSC

Monday–Wednesday: 9 AM – 5 PM
 Thursday: 11 AM – 7 PM
 Friday: 9 AM – 3 PM
 Saturday*: 10 AM –12 PM *2nd & 4th wks monthly

Baby Pantries:

- > **Leonardo Baby Pantry (Bayshore Family Success Center) | First Friday of the month, 10am-12pm**
Please call the center (732.497.3811) with any questions. Supplies are limited and are on a first come, first served basis. ([945 State Highway 26, Leonardo](#))
- > **Keansburg Baby Pantry (St. Anns Gymnasium) | Third Wednesday of the month, 1:30pm-3:30pm**
Pre-registration for our baby pantry is required. Please call the center at 732.497.3811 or email us at familysuccess@ymcanj.org. We are unable to fulfill walk-up/walk-in requests. ([311 Carr Ave, Keansburg](#))

Support Groups:

- > **Grandparents Group | Second Thursday of the month, 1pm**
Join our remote grandparent's group via Zoom. [Meeting ID: 850 2583 2204](#).

Community Meetings:

- > **Quarterly Meeting (Atlantic Highlands Starbucks) | Second Thursday of the month (Quarterly), 12pm**
Each community has its own Community Advisory Committee (CAC). They help implement the programs and events that your community needs and wants. We will be meeting at the Starbucks in AH ([999 Memorial Pkwy, AH](#)) and all are welcome! For more information, contact familysuccess@ymcanj.org.

Life Skills:

- > **Monmouth County Social Services (Bayshore Family Success Center) | 1st and 3rd Friday of the month, 9am-3pm**
We will have Social Services on site to assist and process applications for TANF, SNAP, GA, and health insurance. Contact us with any questions. ([945 State Highway 36, Leonardo](#))
- > **Application Assistance (St. Benedicts, Holmdel) | First Wednesday of the month, 4pm-6pm**
Come see the BFSC in Holmdel ([165 Bethany Rd, Holmdel](#)) for help with any applications. We will also be providing information about our center/what we offer, handing out fliers/calendars, and providing any resources you may need. A notary will also be on site.
- > **Application Assistance & Food Pantry (United Methodist Church, AH) | First & Third Thursday of the month, 9am-12pm**
Come see the BFSC in Atlantic Highlands ([96 Third Ave, Atlantic Highlands](#)) for help with any applications. We will also be providing information about our center/what we offer, handing out fliers/calendars, and providing any resources you may need. A notary will also be on site.
- > **Application Assistance (St. Marks, Keansburg) | Fourth Monday of the month, 11am-1pm**
Come see the BFSC in Keansburg ([247 Carr Ave, Keansburg](#)) for help with any applications. We will also be providing information about our center/what we offer, handing out fliers/calendars, and providing any resources you may need. A notary will also be on site.
- > **Beginner Technology Assistance Class | Second Tuesday of the month, 10am**
Need help setting up an email account? Want to make a spreadsheet, but have no idea how? Want to connect with loved ones on social media? Then this is the right class for you. Join us in Atlantic Highlands Library ([100 First Ave, Atlantic Highlands](#)) to learn the basics. Bring your own laptop, smartphone, or tablet. Email us at familysuccess@ymcanj.org to register.
- > **Parenting Class: 6-weeks (Keansburg Early Learning Center) | Every Wednesday (ending 2/25), 5:30pm-6:30pm**
We have partnered with Hackensack Meridian Children's Health to have a 6-week in-person ([142 Port Monmouth Rd, Keansburg](#)) weekly parent coaching group. To register, you can email ahazeldine@keanburg.k12.nj.us or call 732-787-2007 Ex 5003.

Family Fun!:

- > **Jewelry Making (Atlantic Highlands Library) | Second Wednesday of the month, 3:30pm**
Kids 8 and over can join Debbie at the AH Library ([100 First Ave, Atlantic Highlands](#)) to make some beaded bracelets that can be given to loved ones or kept for yourself! Registration is required.
- > **Adult Bingo (Bayshore Family Success Center) | Thursday, January 15, 5pm-7pm**
The BFSC will be hosting a night for the parents to start the year off right! There will be food, beverages, and prizes. If you would like to register, email familysuccess@ymcanj.org. ([945 State Highway 36, Leonardo](#))
- > **Family Fun Night (Union Beach Borough Hall) | Last Thursday of the month, 4pm-6pm**
Join the BFSC at UB Borough Hall ([650 Poole Ave, Union Beach](#)) for a Family Fun Night! There will be pizza and refreshments for all participants. To register call 732.497.3811 or email familysuccess@ymcanj.org.

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Here for all.

Financial assistance is offered based on availability of funds.