



## MATAWAN-ABERDEEN CONNECTIONS

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STRATHMORE NEWSLETTER

### **Straight From Strathmore**

**Hootline News - Monday, January 19, 2026**



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#### **Important Links**

[District Website](#), [District Calendar](#), [School Hours](#), [Arrival/Dismissal Procedures](#)

#### **Past Newsletters**

[Straight from Strathmore \(9/1-9/21\)](#), [9/28](#), [10/6](#), [10/13](#), [10/19](#), [10/26](#), [11/2](#), [11/9](#), [11/16](#), [11/23](#), [12/7](#), [12/14](#), [12/21](#), [1/11](#)

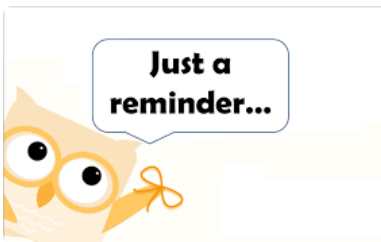
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## Important Arrival / Parking Update

We kindly ask that families refrain from parking in parking spots during morning arrival times. Our teachers and staff need access to these spaces so they can arrive on time and be fully prepared to welcome your children each morning. Families are encouraged to use our kiss-and-go arrival procedure for drop-off, or you may park on nearby neighborhood streets and walk your student(s) to the building. As a reminder, Door #9 is also available for student arrival—you can park on Invar Place for convenient access to this entrance. We appreciate your cooperation in helping us ensure a smooth start to every school day. Thank you for your understanding and support!

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## REMINDERS



### Bus Loop Safety Reminder

To ensure the safety of every child, families should not drive through, park in, or use the bus loop at any time when buses are present, whether during morning drop-off, afternoon dismissal, or other times throughout the day. Buses may arrive at various times throughout the day for field trips, early dismissals, and special

programs.

When personal vehicles enter the bus loop, it creates dangerous conditions for students who are loading and unloading. When you see a bus, please use alternative routes.

Thank you for your cooperation in keeping our school community safe!

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### Nurse's Notes

Please see the the linked educational document regarding [pediculosis information](#).

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## Redistricting

The district has prepared a set of FAQs based on community feedback and questions. Please use the link below to find this and all information regarding Shaping Our District's Future. This specific FAQ can be found under the tab for Letters & Resources to the Community tab.

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## 2026-2027 Registration

Pre-K and Kindergarten registration for the the 2026-2027 school year is now open. See the flyers below for details.



**PreK and Kindergarten**  
(click on flyer for details)



**PreK and Kindergarten Spanish**  
(click on flyer for details)

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## Preschool Parent Workshop

Join us for our second Preschool Parent Workshop, Raising Confident Eaters: End Food Battles. Open to parents with students currently enrolled in our preschool program. Childcare will be provided by our High School's National Honor Society. Registration required.

Register [HERE](#).

# RAISING CONFIDENT EATERS: END FOOD BATTLES A POWERFUL PARENT PRESENTATION

WEDNESDAY, JANUARY 28TH AT 6:15 PM

LAUREN DORMAN, MS RD CDE

Registered Dietitian. Keynote Speaker. Author. Consultations.

Dear Parents,

I know that navigating food-related challenges with children can sometimes feel overwhelming, but Lauren Dorman, Pediatric Registered Dietitian is here to make that process easier.

This presentation is for parents who are interested in transforming their family's nutrition and health. You'll finally have the support and guidance you've been hungry for. You'll know exactly how to think, what to say, and what your next steps should be...

Lauren wants you to feel less overwhelmed with her bite sized-lessons! Learn the recipe to implement a calm structure and routine. Imagine mealtime being less of a battle and more of a joy-filled with a variety of options that everyone loves.

Through this empowering presentation, you as the parent will learn the 6 essential skills necessary to empower your child to crave balance and color on their plate!



#### Outcomes From Presentation:

- ★ Your child exhibits improved energy levels, focus, and mood
- ★ Your child develops a healthy, positive relationship with food and their body
- ★ Your child accurately recognizes and responds to hunger and fullness cues
- ★ Balanced, nourishing, and flexible meal/snack patterns are established, with increased food variety through effective exposure
- ★ Both parent and child experience fulfillment, joy, and ease throughout their nutrition behavior change journey

*"Lauren is such a clear, empathetic, empowering and informative speaker. I was so impressed with her ability to connect with the participants she gave for my school's parents! As a parent and educator, I wish that I had benefited from Lauren's knowledge and experience years ago. Her webinar has already changed the conversations I have with students about food."*

REGISTER HERE!



Scan To Enter The  
Raising Confident Eaters  
Community



732-766-2616  
schooldietitian@gmail.com  
@dont\_diet\_dietitian



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## Winter Activity

Dr. Racioppi, district Physical Therapist, shared a [fun activity](#) to keep kids active in the winter.



## WINTER FUN WITH DR. RACIOPPI

Keep your child active even when the weather gets too cold to head outside!!!

### SUPPLIES NEEDED:

3 BOXES DECORATED LIKE A SNOWMAN, SOCK BALLS, TAPE

### ACTIVITY:

Indoor fun is sure to be had by aiming sock balls at a snowman!! Have your child color their own or paste a printed out snowman onto three boxes as pictured.

Your child 'builds' their snowman by stacking the blocks on top of each other.

Have your child stand an appropriate distance from the target, marked by a piece of tape. With feet shoulder distance apart, have your child squat to the floor to pick up one sock ball at a time. Using an overhand throw, enjoy throwing to knock over the snowman.

Make it fun and keep track of how many throws it takes to knock him over. If you have more than one child you can have them take turns. Make it more challenging or easier by changing the distance they are standing away from the target.

DR. BERNADETTE MIRACIOPPI PHYSICAL THERAPY | GROSS MOTOR FUN WINTER 2026

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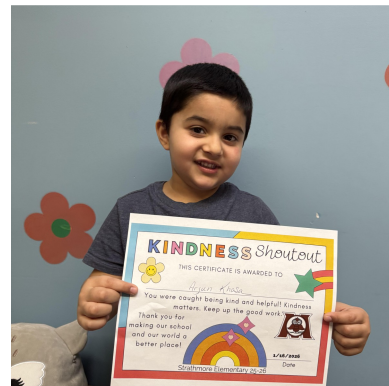
## Strathmore Snapshots

### Kindness Ticket Recipient Recognition - 1/16/26

Congratulations to this week's Kindness Ticket winners, drawn from this week's collection of tickets for showing kindness, respect, and positivity in our school community. Thank you for making our school and our world a better place!



**Callie**



**Arjun**



Eros



Sophia

**Catch a glimpse inside our school on our Instagram page**



Follow us at [strathmore\\_school\\_aberdeen](https://www.instagram.com/strathmore_school_aberdeen)

# PTO Happenings

1/2/26

## STRATHMORE PTO What's coming up...

### PTO MEETING

Wednesday, January 7<sup>th</sup> at 7PM  
Please join us in the school library for our first meeting of the new year! We will be talking about what's coming up for the winter and spring.

### DATES TO REMEMBER

- 1/6: Pizza Bingo signup deadline
- 1/7: PTO Meeting 7PM
- 1/9: Spirit Day
- 1/9: Pizza Bingo
- 1/19: School closed
- 1/29-30: School store
- 2/2: Half day
- 2/2-20: Chocolate bar fundraiser

### PIZZA BINGO

January 9th, 6:30-8PM

Registration CLOSING JANUARY 6th!

- Pizza will be served at 6:30, bingo will start at 7:00. Only a limited amount of pizza will be available for sale that night, it is highly recommended that you pre-order.
- Registration is required even if you are only playing bingo.
- VOLUNTEERS AND DONATIONS ARE NEEDED. Please text Laura at 732-673-3195 if you can help or donate snacks, drinks, or fruit loops.
- See the flyer below or Givebacks for further details.

### SCHOOL STORE IS BACK!

Thursday & Friday, January 29-30

Send cash in an envelope or baggy, students shop during lunch! Text Jackie at 917-524-4713 if you want to volunteer.



Scan the QR code to join, shop or get involved, or visit <https://strathmoreespto.givebaacks.com>

PLEASE CONSIDER BECOMING A PART OF THE PTO TODAY!

Chocolate Bar  
Sale info  
coming soon!



### January Dine Out - 2/27/26

click on the flyer for details



### 3rd Grade Dance

March 27, 2026

### Givebacks

Visit the Givebacks website to stay up to date on the PTO, events and fundraisers. [Click here](#) to visit the Givebacks website.

## Get Involved

Check out Strathmore's [PTO page](#) on the district website, where you can find information on how to connect. The PTO meets every other month in the Strathmore Library at 7:00 PM. Remaining meeting dates for the year are February 25, April 8, and June 3.

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## Save the Date - 3rd Grade Show, May 20, 2026

We are thrilled to announce the details for this year's highly anticipated Third Grade Annual Performance! This is a wonderful and memorable event that celebrates our students and their musical talent.

This year, the third grade will be participating in a spectacular Disney-themed show. Our show is scheduled for Wednesday, May 20th, at the Matawan Regional High School Auditorium. Details regarding times and tickets will be shared closer to the event.

[3rd Grade Show Letter](#)

[3rd Grade Show Letter - Spanish](#)

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## POSP Gala

Click on the flyer for details and ticket information on the Parents of Special People (PoSP) Gala and Gift Auction set for February 7, 2026.

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## Submit a Story

Do you have good news to share about a student, staff member, team or club? The district is always looking for opportunities to share school-community connections! Use this [Google Form](#) to tell us about it. We may feature it in some way on the district's newsletter or social media!

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## Important Dates

- Monday, January 19: School Closed
- Thursday-Friday, January 29-30: School Store
- Friday, January 30: MP 2 ends
- Monday, February 2: MP3 begins
- Monday, February 2: - Early dismissal (PK-8)

- Monday, February 2 - World's Finest Chocolate Kick-off
- Tuesday, February 3 - American Heart Assoc. Challenge Kick-off
- Friday, February 6 - Sprit Day



## Matawan-Aberdeen Regional

School District

