How Pupils Are Taught to Keep Safe at Woodlands Park School

At Woodlands Park School, we are committed to ensuring that all our pupils develop the knowledge and skills they need to keep themselves and others safe. We recognise that safeguarding education is essential in helping children navigate the opportunities and challenges they will face both now and in the future.

Safety education is delivered through:

- Regular assemblies: where whole-school messages about keeping safe are reinforced
- PSHE lessons: which provide age-appropriate, detailed teaching on safety topics
- Cross-curricular opportunities: where safety messages are reinforced in other subjects

Our Approach to Teaching How to Keep Safe

We ensure that children are taught about how to keep themselves and others safe, including online, through our curriculum. Learning also considers the specific needs and vulnerabilities of individual children/groups of children, including children who are victims of abuse, and children with special educational needs and/or disabilities (SEND) when and where appropriate. We use the Jigsaw programme to teach PSHE and teachers supplement learning when needs are identified.

Jigsaw topics include Relationships and Health Education. These subjects form a core part of our curriculum and help pupils understand:

Healthy and Respectful Relationships: We support children to develop the skills that form the building blocks of all positive relationships, teaching about healthy and respectful relationships, body safety, boundaries, consent and kindness in relationships, and stereotyping, prejudice and equality.

Physical and Emotional wellbeing: Children learn how to keep themselves safe by developing their understanding of wellbeing. They explore healthy choices around food, exercise, sleep, and hygiene, and learn how these support their overall safety and health. Pupils are taught practical skills such as what to do if they get lost, how to say no, and how to seek help. As they get older, they also learn about risks such as peer

pressure, smoking, alcohol, and exploitation, and how to make informed, safe decisions. Children are encouraged to recognise their feelings and identify trusted adults who can support them.

Recognising and Reporting Concerns: Pupils learn how to recognise and report concerns about their own safety or the safety of others. Children are taught what Safeguarding is in school and are encouraged to share concerns, worries or anything that makes them feel uncomfortable, in school or outside of school, with an adult that they trust in school.

Online Safety

Children are safeguarded from potentially harmful and inappropriate online material through our whole school approach to online safety, which uses filtering and monitoring systems to protect children, training to support staff to identify issues and educate pupils in their use of technology. Woodlands Park School recognises that children are at risk of illegal or harmful online content including pornography, racism, misogyny, self-harm, suicide, antisemitism, radicalisation, extremism, misinformation, disinformation (including fake news) and conspiracy theories. Children are also at risk of harmful online interactions with other users including peer to peer pressure, bullying, commercial advertising and adults posing as children or young adults with the intention to groom or exploit them.

Additional Safety Topics

In addition to the statutory curriculum, we consider the following safety topics important:

- Water Safety
- Road Safety
- First Aid and Emergency Response
- Physical Health and Wellbeing e.g. sun safety, the importance of sleep, dental health

Our Commitment to Safeguarding

We maintain a whole-school approach to safeguarding that ensures all pupils understand how to keep themselves safe, know who to talk to if they have concerns, and feel confident that they will be listened to and supported.

If you have any questions regarding our approach to teaching children at Woodlands Park School to keep safe please speak to Mrs Sergeant, Headteacher and DSL, Mrs Horton, SENCO and DDSL or Mrs Hayward our PSHE and RSE lead.