

ALEXANDRIA AREA GYMNASTICS Spring 2026 Schedule

Classes Start the Week of March 2nd and run through May 2nd.

Classes meet ONCE a week. Please check your registration email for any dates classes are not held.

If your desired class is full, PLEASE get on the waiting list. Classes listed are subject to change.

Tip: For the quickest registration possible, make sure your user information is current, including payment information.

REGISTRATION IS 2/17/26 AT 9:00AM ONLINE

Parent Tot

Monday	9:10-9:40
Monday	615-645
Tuesday	435-505
Thursday	5:30-6:00
Saturday	9:50-10:20

Intermediate (must pass Intro)

Monday	3:00-4:15
Monday	3:30-4:45
Monday	4:45-6:00
Monday	6:15-7:30
Tuesday	4:15-5:30
Tuesday	6:30-7:45
Wednesday	3:15-4:30
Wednesday	3:30-4:45
Wednesday	4:15-5:30
Wednesday	5:00-6:15
Thursday	3:15-4:30
Thursday	6:45-8:00
Saturday	9:00-10:15
Saturday	10:30-11:45
Saturday	12:00-1:15

Little Leapers (2-3 yrs)

Monday	9:50-10:30
Monday	5:20-6:00
Tuesday	5:15-5:55
Thursday	435-5:15
Saturday	9:00-9:40

Advanced (must pass Intermediate)

Monday	3:15-4:45
Monday	6:00-7:30
Tuesday	3:30-5:00
Wednesday	3:30-5:00
Wednesday	4:45-6:15
Thursday	3:30-5:00
Saturday	8:45-10:15
Saturday	10:15-11:45
Saturday	11:45-1:15

SPRING SHOWCASE

ON MAY 5TH!

Showcase is for Intro, Intermediate & Advanced
Registration email will have more details!

Intro (5 and up)

Monday	3:30-4:30
Monday	5:00-6:00
Tuesday	3:00-4:00
Tuesday	5:15-6:15
Wednesday	3:00-4:00
Wednesday	5:45-6:45
Thursday	3:15-4:15
Thursday	6:45-7:45
Thursday	7:00-8:00
Saturday	9:00-10:00
Saturday	10:30-11:30
Saturday	12:00-1:00

PRESCHOOL OPEN GYM

Tue & Wed 9:30-11:00

\$5 per family - 5 years old and under (not intended for older children)

OPEN GYM (ages 6 and up)

Saturday 1:30-3:30

\$10 (6 & 7 year olds must have adult supervision)
Maximum of 25, register early to secure a spot!
We are CASHLESS, cards or pre register only.