

Independent Living

Unit 1 Consumer Skill

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do)	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	How do I manage my money to meet my needs and wants?	Financially responsible individuals are accountable for their financial well-being across the life span.	Demonstrate components of a financial planning process that reflect the differences between needs, wants, values, goals, and economic resources.	Consumer skills Needs vs. wants Money personality Assessment	Needs wants	11.1.12.B Analyze the management of financial resources across the lifespan
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	How do I manage my money to meet my needs and wants?	Create a chart to show how money saved today creates financial resources for retirement.	Analyze personal spending habits. Determine how attitudes, priorities, and goals affect money use.	Money personality Assessment	personality	11.1.12.B Analyze the management of financial resources across the lifespan
1-2/45 min lessons	Responsible consumers use effective resource	How does planning my spending help	Create a chart to show how money saved today creates	Identify the parts of a spending plan	List financial resources that can be used for an	Income Expenses Savings	11.1.12.B Analyze the management of financial

	management to accomplish individual, family, and community goals	me reach my goals?	financial resources for retirement.		individual to reach a goal. Assessment		resources across the lifespan
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	How does planning my spending help me reach my goals?	Create a chart to show how money saved today creates financial resources for retirement.	Evaluate how budgeting will aid in managing personal spending. Create a personal budget	Create a personal spending plan. Assessment	budget	11.1.12.B Analyze the management of financial resources across the lifespan
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	What are the consequences of effective and ineffective financial management?	The practical reasoning process is a useful tool when resolving consumer problems.	Discuss consequences of identity theft. Prepare advice on how to prevent identify theft.	Identity theft and how it affects your credit Assessment Guest speaker on protecting your identity	Identity theft	11.1.12.D Evaluate the role of consumer rights and responsibilities in the resolution of a consumer problem through the practical reasoning process.

Unit 2 Managing Finances

2-3/45 min lessons	Responsible consumers use effective resource management to accomplish	What are the consequences of effective and ineffective	A financial plan is necessary to achieve goals	Evaluate advantages and disadvantages of using ATM's and	Shopping skills Products, services, venues, value and quality Assessment		11.1.3.F Describe criteria needed to identify quality in consumer goods and services (e.g., food, clothing,
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	individual, family, and community goals	financial management?		electronic banking.			furniture, home technology, health care, transportation, services).
1-2/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	What checking and savings options are available at the local bank?	It is important to understand the differences and benefits of a savings and checking account.	Explain factors to look for when opening a bank account. Practice compounding interest.	Banking basic Checking and savings accounts Assessment	Interest	11.1.12.G Compare the availability, costs and benefits of accessing public, nonpublic and for profit services to assist the family.
2-3/45 min lessons	Career retention and advancement is dependent upon student's interpersonal skills, work habits, attitudes and effective time management skills	What is the cost of credit?	Credit cards can be both a help and a hindrance	Evaluate advantages and disadvantages of using credit cards. Identify reasons that contribute to credit card debt.	Credit cards, debit cards, and electronic banking options Assessment	Overdraft fee	13.3.11.D Analyze budgets and pay statements, such as, but not limited to: <ul style="list-style-type: none"> • Charitable contributions • Expenses • Gross pay • Net pay • Other income • Saving
2-3/45 min lessons	Career retention and advancement is dependent upon student's interpersonal skills, work habits, attitudes	What are the consequences of effective and ineffective financial management?	A financial plan is necessary to achieve goals	Define and use financial terms in sentences	Practice check writing, maintaining a check register, and balancing a checkbook with a bank statement. Assessment		13.3.11.D Analyze budgets and pay statements, such as, but not limited to: <ul style="list-style-type: none"> • Charitable contributions • Expenses

	and effective time management skills						<ul style="list-style-type: none"> • Gross pay • Net pay • Other income • Saving
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	What are the consequences of effective and ineffective financial management?	Financially responsible individuals are accountable for their financial well-being across the life span.	Identify the parts and terms of the paycheck. Differentiate between mandatory and voluntary paycheck deductions	Work: understanding parts of a paycheck, paycheck terms, and deductions Assessment	deductions	11.1.12.F Compare and contrast the selection of goods and services by applying effective consumer strategies.
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	What are current trends in banking?	Electronic banking is the wave of the future. Awareness of banking options is key to financial success	read and summarize various current trends and research about banking	Investigate various banking apps and electronic options. Assessment		11.1.12.F Compare and contrast the selection of goods and services by applying effective consumer strategies.

Unit 3 Careers

4-8/45 min lessons	Comprehensive planning leads to effective career decisions	What skills do I need to be successful in the workplace?	Good work habits and a strong work ethic relate to employment longevity	Complete a job application thoroughly	Value of work Career exploration Assessment 3-4 career related guest speakers	Interest inventories Abilities aptitudes	13.2.8.E Explain, in the career acquisition process, the importance of the essential workplace skills and knowledge
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4-5/45 min lessons	Interests, aptitudes, and abilities are unique for each individual and play a key role in career choice	What skills and attributes do I have that would be applicable to the job market?	Conflict resolution is necessary for survival and success in the workplace	Demonstrate proper behavior during a mock interview.	Create possible interview questions and write appropriate answers Write a thank you letter for an interview. Assessment	interview	13.2.5.A Apply appropriate speaking and listening techniques used in conversation.
Unit 4 Foods and Nutrition							
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	What quality of equipment is needed to equip a kitchen?	Equipping kitchen can be done economically	Brainstorm a list of essential kitchen equipment Establish a budget for purchasing equipment	Equipping the kitchen in the 21 st century on a budget Assessment	Budget equipment	11.1.12.F Compare and contrast the selection of goods and services by applying effective consumer strategies.
1-2/45 min lessons	Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at individual and societal level.	Why is it important for me to learn the units of measure and their relationships when preparing food?	Recipes are organized in a common way with a common language. Reading and following directions yield consistent results.	Prepare snack within time limit	FOODS LAB EXPERIENCES Teamwork Collaboration Time 1-2/45 min lessons Management Assessment		11.3.3.F Identify components of a basic recipe (e.g., volume, weight, fractions, recipe ingredients, recipe directions, safety techniques).
2-3/45 min lessons	Responsible consumers use effective	How do I prepare breakfast and	Meal planning is based upon set principles.	Evaluate breakfast and lunch based	Meal planning on a budget Assessment		11.1.12.F Compare and contrast the

	resource management to accomplish individual, family, and community goals	lunch within meal management principles?		upon nutrition, cost, time, visual appeal, safety, and calories.			selection of goods and services by applying effective consumer strategies.
1-2/45 min lessons	Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at individual and societal level.	Why is it important for me to learn the units of measure and their relationships when preparing food?	Recipes are organized in a common way with a common language. Reading and following directions yield consistent results.	Prepare breakfast within time limit	FOODS LAB EXPERIENCES Teamwork Collaboration Time 1-2/45 min lessons Management Assessment		11.3.3.F Identify components of a basic recipe (e.g., volume, weight, fractions, recipe ingredients, recipe directions, safety techniques).
2-3/45 min lessons	Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at individual and societal level.	What are current trends in foods and nutrition?	Meal planning is based upon set principles	Read and summarize various current trends and research about foods and nutrition.	Current trends and research about food and nutrition Assessment		11.3.6.C. Analyze factors that affect food choices.
1-2/45 min lessons	Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at	Why is it important for me to learn the units of measure and their relationships when	Recipes are organized in a common way with a common language. Reading and following directions yield	Prepare lunch within time limit	FOODS LAB EXPERIENCES Teamwork Collaboration Time 1-2/45 min lessons Management Assessment		11.3.3.F Identify components of a basic recipe (e.g., volume, weight, fractions, recipe ingredients, recipe directions, safety techniques).

	individual and societal level.	preparing food?	consistent results.				
Unit 5 Transportation							
1-2/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	How do my attitudes towards money affect my life?	Responsibilities and consequences are associated with managing personal finances	Identify various options for obtaining a car.	Discuss options for obtaining personal transportation Assessment	transportation	11.1.9.F Evaluate different strategies to obtain consumer goods and services.
3-4/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	What are the benefits of planning purchases and researching products before you buy?	Investigate financial considerations and procedures for buying and leasing a car.	Demonstrate components of a financial planning process that reflect the differences between needs, wants, values, goals, and economic resources.	Discuss the different ways to obtain a car Assessment	Lease Purchase Rent	11.1.12.C Analyze the relationship among factors affecting consumer housing decisions (e.g., human needs, financial resources, location, legal agreements, maintenance responsibilities).
1-2/45 min lessons	Responsible consumers use effective resource management to accomplish	How do I manage my money to meet my needs and wants?	Understanding the relationship among income, expenses, and saving allows us to manage	Select down payment amount and car payment based on current finances.	Analyze current budget to obtain transportation	budget	11.1.12.F Compare and contrast the selection of goods and services by applying effective

	individual, family, and community goals		our personal finances effectively.				consumer strategies.
3-4/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	What are the consequences of effective and ineffective financial management?	Financially responsible individuals are accountable for their financial well-being across the life span.	Research cars using Consumer Reports Select car model, make and year	Using Consumer Reports and being a responsible shopper Assessment	consumer	11.1.12.F Compare and contrast the selection of goods and services by applying effective consumer strategies.

Unit 6 Housing

2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	How do I choose where to live?	A variety of factors impact the housing options available to individuals and families	List advantages and disadvantages for each type of available housing.	Housing choices Types of housing Assessment	Condo Apartment Dormitory House	11.1.9.C Delineate and assess the factors affecting the availability of housing (e.g., supply and demand, market factors, geographical location, community regulations).
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish	How much money do I need to live on my own?	A variety of factors impact the housing options available to	Describe the Pros and Cons of Renting Identify factors that affect	Housing, renting or buying Assessment	Rent Lease agreement mortgage	11.1.12.C Analyze the relationship among factors affecting consumer housing decisions (e.g.,

	individual, family, and community goals		individuals and families	housing decisions.			human needs, financial resources, location, legal agreements, maintenance responsibilities).
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	What affects housing choices in different circumstances and at various stages of life?	A variety of factors impact the housing options available to individuals and families	Identify costs of living on one's own.	Determine the cost of living in different areas Assessment	Cost of living	11.1.12.C Analyze the relationship among factors affecting consumer housing decisions (e.g., human needs, financial resources, location, legal agreements, maintenance responsibilities). 11.2.3.D Explain
3-4/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society	How do I make my home feel like home?	Design elements and principles are used when planning living spaces.	Determine the effects that the design elements and principles have on aesthetics and function.	Identify design concepts that contribute to effective use of a living space. Create a living space that is comfortable, aesthetically pleasing, and affordable. Assessment		11.2.12.D Based on efficiency, aesthetics and psychology, evaluate space plans (e.g., home, office, work areas) for their ability to meet a variety of needs including those of individuals with special needs.

Unit 7 Clothing

2-3/45 min lessons	The skills, techniques, elements and principles of the arts can be learned, studied, refined, and practiced	What is the relationship between personality and clothing choices?	Knowing the principles and elements of design can facilitate the process of design in many different areas	Select clothing for various job opportunities, functions, and everyday wear.	Clothing's effects on personal behavior Assessment	Shape Form	9.1.12.A Know and use elements and principles of design to create works in the arts and humanities
1-2/45 min lessons	The skills, techniques, elements and principles of the arts can be learned, studied, refined, and practiced	How does fashion begin?	Recognizing the origins of fibers and their uses gives us an insight into the limits of technology of the time frame	Sequence the discovery of fibers, natural vs man made, the uses of each item and the significance to the economy.	The evolution of clothing and fashion cycles and the forces that may have contributed to these changes Assessment	Texture	9.1.12.B Recognize, know, use, and demonstrate elements and principles of design to produce works in the arts.
3-4/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family, and community goals	What is the connection between resources available and what is designed, manufactured, and purposed, as a result of the time period?	Knowing the principles and elements of design can facilitate the process of design in many different areas.	Identify and demonstrate the use of the elements and principles of design.	Research and apply the design characteristics in fashion with hand done sketch models. Assessment	Line Balance Rhythm emphasis	11.1.12.F Compare and contrast selection of goods and services by applying effective consumer strategies