

Life Management 8

Unit 1 (Personal Development)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do)	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family and community goals.	Why is it important to manage money responsibly and to keep good banking records?	There are costs and benefits to holding a job as a teenager.	Identify and evaluate reasons why a teen would get a job.	identify ways for 8th grader to earn money	benefit cost earn income save	11.1.6.A Justify the decision to use or not use resources based on scarcity.
2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family and community goals.	How can the practical reasoning process aid the consumer in making purchasing decisions?	Understanding the relationship among income, expenses and saving allows us to manage our personal finances effectively.	Analyze what is gained or lost by having a job.	make a list of needs and wants plan a budget to meet needs and wants	Budget Choice	11.1.6.B Know the relationship of the components of a simple spending plan and how that relationship allows for managing income, expenses and savings

2-3/45 min lessons	Responsible consumers use effective resource management to accomplish individual, family and community goals.	How do you and your family manage limited resources to meet your needs?	When deciding whether to purchase a product, consumers should analyze available information.	Identify financial resources that can be used for an individual to reach a goal.	set a long term goal to save for decide what is needed reach that goal	Wants Needs Spend	11.1.6.A Justify the decision to use or not use resources based on scarcity.
--------------------	---	---	--	--	--	-------------------	--

Unit 2 (Babysitting)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do)	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environment	What does nurturing children involve	Appropriate learning activities are dependent on the child's stage of development.	Identify steps of planning an activity for each stage of development	Writing to inform	Child-Care provider empathy	11.4.6.A Compare and contrast child development guided practices according to the stage of child development
2-3/45 min lessons	Children grow and learn in understandable	What factors need to be considered	Caregivers play a key role	Observe children at various levels	Videos Guided practice	Child development stages	11.4.6.B Identify ways to keep children

	observable patterns that can be recognized and optimized through consistent and stable family and community environment	before choosing a child care provider?	in the learning environment	of development and analyze differences		Guided practice Practical reasoning	healthy and safe at each stage of child development.
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environment	What is child development?	There are many considerations when choosing a child care provider	Examine and select activities and toys appropriate for children at different stages of development	Internet search Read aloud	Developmental stage Developmental tasks	11.4.6.C Identify the role of the caregiver in providing a learning environment (e.g., babysitting, daycare, preschool).
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized	What makes a home dangerous for children?	Ways to keep children healthy and safe at each stage of need to be identified.	Describe the roles and responsibilities of the caregiver in providing a variety of opportunities	FIND decision-making model	Developmental tasks	11.4.6.D Identify child-care provider considerations.

	through consistent and stable family and community environment			for play and learning.			
--	--	--	--	------------------------	--	--	--

Unit 3 (Financial and Resource Management)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do)	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
2-3/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society	When using goods and services, how can consumers protect their rights	Public and nonpublic services support individuals and families within the community	Summarize consumer rights	PowerPoint Guided notes Assessment	Consumer Rights Responsibilities	11.1.6.D Analyze information in care instructions, safety precautions and the use of consumable goods as a demonstration of understanding of consumer rights and responsibilities
2-3/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to	How does having a spending plan help you manage money?	There are costs and benefits to holding job as a teenager	Explain the consumer complaint process	Contrast consumer responsibilities and consumer rights Assessment	CPSC USDA FTC	11.1.6.G Identify the public and nonpublic services that are available to serve

	manage the challenges of living and working in a diverse, global society						families within the community.
2-3/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society	What steps can a consumer take to prolong the life of a product/service?	Understanding the relationship among income, expenses and saving allows us to manage our personal finances effectively.	Identify financial resources that can be used for an individual to reach a goal.	Group project Assessment	FDA SEC CDC	11.1.6.D Analyze information in care instructions, safety precautions and the use of consumable goods as a demonstration of understanding of consumer rights and responsibilities

Unit 4 (Food & Nutrition)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do)	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
2-3/45 min lessons	Nutrition, eating habits and preparation choices impact overall health and wellness	How can food be processed to last longer?	Digestion breaks down food into nutrients used by the body.	Describe the purpose of the digestive process.	video on My Plate and dietary guidelines	dietary guidelines MyPlate	11.3.6.A Demonstrate knowledge of techniques used to evaluate food in various forms (e.g., canned,

	throughout the lifecycle at individual and societal level.						frozen, dried, irradiated).
2-3/45 min lessons	Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at individual and societal level.	What factors influence eating habits?	Environmental conditions affect food safety.	Explain the relationship between caloric in-take versus energy output.	food preparation lab; smoothies and nachos, muffins, omelets	FDA	11.3.6.B Describe safe food handling techniques (e.g., storage, temperature control, food preparation, conditions that create a safe working environment for food production).
2-3/45 min lessons	Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at individual and societal level.	What is the connection between food and energy?	Food can be prepared and handled by using various methods.	Categorize nutrients that provide energy.	demonstrate measuring	nutrient	11.3.6.C Analyze factors that affect food choices.
2-3/45 min lessons	Nutrition, eating habits and preparation	What is the purpose and process of digestion?	Food can be processed and preserved for later use.	Identify food-borne illnesses.	demonstrate proper hand washing	Microbial contamination	11.3.6.D Describe a well-balanced daily menu using the

	choices impact overall health and wellness throughout the lifecycle at individual and societal level.						dietary guidelines and the food guide pyramid.
2-3/45 min lessons	Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at individual and societal level.	What is the relationship between calories and weight loss or gain or maintenance?	Many factors affect food choices.	Describe conditions & practices that promote safe food handling.	experiments on food safety and contamination	USDA	11.3.6.E Explain the relationship between calories, nutrient and food input versus energy output; describe digestion.