

# Freeman Middle Scoop – 1-16-26

FMS Office Hours are 7:45 am to 3:45 pm. Doors are open to students at 8 am.

Email: [FMSoffice@freemansd.org](mailto:FMSoffice@freemansd.org) Office phone (509)291-7301 Attendance line (509)291-7425



Scottie Families,

This afternoon, our students gathered for an assembly to honor the life and legacy of Dr. Martin Luther King Jr. While we are all looking forward to the long weekend, our goal was to ensure students understood that this holiday is more than a day off, it is a "day on" for character and reflection.

Our presentation focused on how Dr. King's principles apply to life at Freeman Middle School. We discussed our natural wiring for connection and kindness, the historical journey of "We the People," and the "Lessons for the Hallway":

- **Nonviolence** as "Strength Under Control."
- **Character** over categories and labels.
- **Courage** is doing the right thing, even when you are nervous.

**A Moment for Family Reflection:** As you enjoy the holiday on Monday, we encourage you to reflect as a family. You might ask your student:

- What did you think about the idea that we are born wired to love and trust?
- Which of the three "Hallway Lessons" was most interesting to you?
- How can we, as a family, serve someone else in our community this weekend?

We hope you have a safe and meaningful weekend.

**Go Scotties!**

## What Happened This Week (Recap)

- **Honoring Dr. Martin Luther King Jr.:** On Friday, students gathered in the FMS Gym for a special assembly to recognize Dr. King's contributions to the world and our society.
- **Academic & Club Activities:** \* The deadline for semester schedule changes passed on Monday afternoon.
  - 8th graders participated in the **WSU Mentorship program** on Tuesday morning.
  - Students enjoyed **Donuts with Young Life**, the "**Outstanding You**" Store, and **Lego Club** earlier in the week.
- **Community Involvement:** The PTSG held their monthly meeting on Wednesday evening to support our school.

## Upcoming Next Week (Preview)

### Tuesday, Jan 20

- **Donuts w/ Young Life:** 8:00 AM – 8:12 AM.
- **Scottie Break:** The "Outstanding You" Store will be open.
- **Lunch:** Let's Lego Club meets.

### Wednesday, Jan 21

- **Basketball:** Red Team vs. East Valley (dismissed at 2:20 PM).
- **After School:** \* FSD Superintendent Interviews.
  - FMS Musical rehearsal (2:45 PM – 4:15 PM).
  - 6th Grade Math Is Cool practice (2:50 PM – 4:30 PM).

### Thursday, Jan 22

- **Grades:** Three-week grade checks will be sent home.
- **Basketball:** Red Team vs. Centennial (dismissed at 2:25 PM).

### Friday, Jan 23

- **AM Activity Schedule:** Advisory time.
- **WSU 7th Grade Engagement:** 9:00 AM – 11:00 AM.
- **Lunch:** Taco Bout It.

## SPORTS

### Scottie Hoops: Season Kickoff Highlights

The Freeman Middle School basketball season officially hit the hardwood this week! Facing off against Westwood, our Scotties showed impressive grit, teamwork, and plenty of promise for the road ahead.

**Next Up:** The Scotties take on **East Valley** next week. Let's go, Freeman!

- Picture Day Wednesday January 28<sup>th</sup>
- Click [HERE](#) for the current 2026 Boys Basketball schedule

**FINAL FORMS ATHLETE REGISTRATION:** <https://freeman-wa.finalforms.com/>

**REMINDER:** If your student is planning to stay and watch any of the MS home games/meets, they will be meeting in the MS Commons at 2:55 for a study hall. They will be released at 3:35 pm to go directly to the game. *If they stay for after school activities, the closed campus policy is still in effect. They will have school discipline if they go to the Freeman Store.*



### The Value of Failure

Failure isn't the end—it's a new beginning. Every time you fail, you learn something new about yourself and your abilities. The most successful people in the world have failed more times than they can count. Try This: Share a personal story of a time you failed and what you learned from it. This helps normalize the experience of failure and shows that it's an important part of growth. Contact School Counselor Kayleen Archibald – [karchibald@freemansd.org](mailto:karchibald@freemansd.org)

## Band Alumni Night! 1/24/26

If you played an instrument while at Freeman, please consider joining the Freeman Pep Band on Saturday January 24th. FAB (Freeman Arts Boosters) will pay your entry to the game and if you email Mr. Jydstrup ([jjydstrup@freemansd.org](mailto:jjydstrup@freemansd.org)) with your name, instrument and favorite pep song you will have your sheet music

and practice recordings sent to you to prepare. If you need an instrument, no worries, just let Mr. Jydstrup know in the email, and he will find you one. You will need to be in the high school band room at 3pm and we will be playing both games and it will be done around 7:30-8pm. We hope to see you there and thank you again for your continued support!

#### CALENDAR/SAVE THE DATES:

**January 19** – No School – MLK Day

**January 21** – Superintendent Candidate Interviews

**January 26** – FSD Board Meeting, PRTC at 4 pm

**January 30** – Math is Cool Competition, Mead HS @ 3pm

**February 4** – Late Start for Students

**February 11** – 6<sup>th</sup> grade field trip

**February 11** – PTSG Meeting – FES Community Classroom @ 5:30 pm

### Important Fliers/Upcoming Events

**Freeman Mat Dawgs Wrestling Sign Up (Ages 5-14). (attach PDF sign up sheet)**

**Join us for School Night and Zipper Pull Giveaway presented by Shriners Children's Spokane on Friday, February 20, vs. Vancouver Giants. Tickets are \$12 a person.** Presented by Hot 96.9 and KXLY 920 News Now. First 2,000 kids 12 & under receive a Spokane Chiefs zipper pull courtesy of Shriners Children's Spokane. Doors open early at 4:30 p.m. for a charity exhibition game from 5-6 p.m., benefiting Shriners Children's Spokane.

Click [HERE](#) to buy tickets and for more information



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**FREEMAN SCHOOLS SPIRITWEAR**  
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See More Options online / HOW TO ORDER  
go to: [www.bicreative.com/Freeman](http://www.bicreative.com/Freeman)

ORDERS ARE PROCESSED MONTHLY THE 1ST AND 15TH OF EACH MONTH.  
If the 1st or 15th falls on a weekend, orders will be processed the following Monday. Orders will be decorated, packaged and ship between the 20th and 30th of each month depending on your order date.  
USPS postage fees apply to all shipments. A portion of each sale benefits Freeman PTSG.  
Credit Card payment will appear on your statement from BIC Creative  
Questions?? Please email: [kim@bicreative.com](mailto:kim@bicreative.com) or call 485-9775  
In order to ensure speed of delivery and avoid delays, BIC Creative reserves the right to substitute equivalent product in the event of supplier shortages. Please see fulfillment details in the Welcome info on the site.

Click; [Freeman Scottie Gear](#) to order your items.

#### 4th Annual Freeman Athletics Auction and Dinner Fundraiser

We invite you to join us for a fun community evening raising funds to support student athletics at Freeman High School. The benefits of school athletics are profound, and we are proud to provide high quality and equitable

athletic experience for over 275 student athletes on over 40 teams in the Freeman School District. In addition to the obvious physical benefits athletics provide, we feel strongly that being a student athlete helps to build and improve lifelong skills such as perseverance, patience, dedication, leadership, teamwork, time management, accountability and responsibility.

Click [HERE](#) for more information.

### ATTENTION STUDENTS AND PARENTS!



When a report card is shared with Scott Family Orthodontics, Dr. Scott will contribute \$1.00 for each "A" to support your school.



The schools with the most A's will receive the following:

**First place - Up to \$1,500**    **Second place - Up to \$1,000**  
**Third place - Up to \$500**    **All other schools - Up to \$250**

Here are a couple of guidelines to keep in mind:

1. Please send an email to [sforeportcards@gmail.com](mailto:sforeportcards@gmail.com), including a screenshot or attachment of the student's name, school, date, and grades.
2. The report card must be sent from either the student's or the parent's individual email address.

Every student is invited to join, regardless of their affiliation with Scott Family Orthodontics.  
Our sole aim is to find meaningful ways to support our community!

[Student/Parent Handbook](#)

[FMS Office Reminders](#)

[FMS 25-26 Bell Schedules](#)

[SMS Text Opt-in for FMS Communications](#)

[Qustodio App - Monitor your Students Chromebook](#) by using this free app you will be able to Manage your student's screen time; Supervise your student's online activity; Access expert advice vis FSD Online Safety Hub

[25-26 FSD School Calendar](#)

[26-27 FSD School Calendar](#)

[Freeman Elementary Scottie Scoop](#)

[Freeman High School Friday Flyer](#)

*Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, [rrussell@freemansd.org](mailto:rrussell@freemansd.org), 509-291-3695, 15001 S Jackson Rd. Rockford, WA 99030*