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JANUARY 16, 2026

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

We are proud to recognize the hard work, dedication, and perseverance of our students through our Honor Roll celebration. New this year: all FHS students are eligible to earn this recognition by achieving a semester GPA of 3.25 or higher, a standard that reflects consistent academic excellence. The FHS Honor Roll will be published each semester, and it is an important opportunity to celebrate students who set high expectations for themselves and follow through with effort and commitment. Please see the list of 1st semester honorees in this week's Friday Flyer on page 07 . We are also continuing to celebrate and recognize students in grades 9-12 who show noteworthy academic excellence or improvement, AND students who consistently demonstrate outstanding character traits that positively impact our school community. Students are nominated by FHS staff and selected by the Counseling and Administration team. For the month of December, I am proud of the following students for their academic work: senior Jackson Smith, junior Ash Shultz, sophomore Leighla Bias, and freshman Austin Turner, AND I am proud of the following students for the way they consistently demonstrate caring: senior Logan Schultz, junior Madisen Hansen, sophomore Kingsley Lents, and freshman Madison Hill. In closing, congratulations to Briley Snyder for earning 3rd place in an FFA Employment Skills Competition this week – great job, Briley!

Go Dawgs!

Jeff Smith, Principal

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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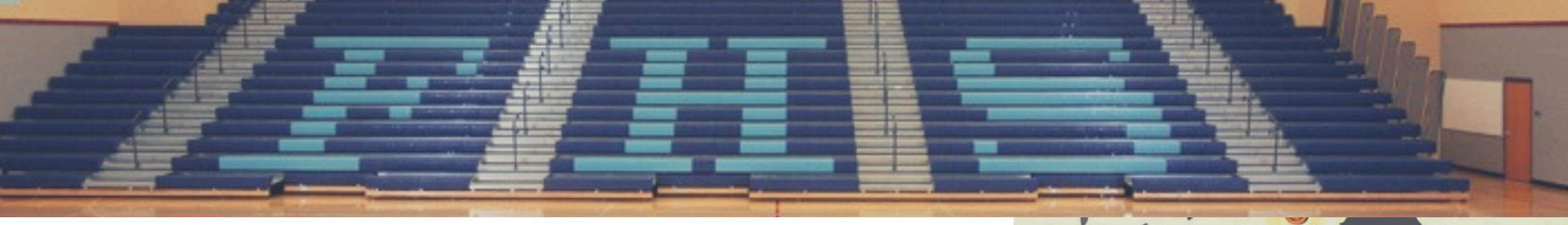


SAVE THE DATE

FREEMAN HIGH SCHOOL

DUAL CREDIT INFO NIGHT

Join us to hear and learn more about dual credit options available to your 2026-2027 Juniors and Seniors. We will have representatives from EWU, SCC, SFCC, and NEWTech Skills Center to present information about Running Start, Skills Center, and College in the High School.

Tuesday January 20th, 6 - 8pm

SPOKANE COLLEGES scc | sfcc

EASTERN WASHINGTON UNIVERSITY

CWU

email kholm@freemansd.org with any questions

UPCOMING events

JANUARY 19TH
NO SCHOOL - MLK, Jr. Day

JANUARY 20TH
Dual Credit Info Night - pg. 4

JANUARY 23RD
AM Activity Bell Schedule

JANUARY 26TH
School Board Mtg. 4pm PRTC
ASVAB Test - See pg. 4

JANUARY 30TH
AM Activity Bell Schedule

FEBRUARY 4TH
LATE START FOR STUDENTS

FEBRUARY 6TH
AM Activity Bell Schedule

FEBRUARY 13TH
AM Activity Bell Schedule

FEBRUARY 16TH
NO SCHOOL - President's Day

WHAT'S UP?

Would you like to read about what's happening at the elementary or middle school? Get caught up with their Friday newsletters here:

FES

FREEMAN ELEMENTARY

FMS

FREEMAN MIDDLE SCHOOL

FREEMAN SCOTTIES

FREEMAN

FREEMAN SCHOOLS SPIRITWEAR

More Options Available Online

See More Options online / HOW TO ORDER
go to: www.bcicreative.com/Freeman

ORDERS ARE PROCESSED MONTHLY THE 1ST AND 15TH OF EACH MONTH.
If the 1st or 15th falls on a weekend, orders will be processed the following Monday. Orders will be decorated, packaged and ship between the 20th and 30th of each month depending on your order date. USPS postage fees apply to all shipments. *A portion of each sale benefits Freeman PTSG..*

Credit Card payment will appear on your statement from BCi Creative

Questions?? Please email: kim@bcicreative.com or call 465-9775

In order to ensure speed of delivery and avoid delays, BCi Creative reserves the right to substitute equivalent product in the event of supplier shortages. Please see fulfillment details in the Welcome info on the site.

CTE

COLLEGE CAREER readiness

Soup was on this week in Food Class. The students made 11 different soups. Chicken noodle, chicken gnocchi, taco, tomato, beef stew, past e fagioli, dumpling, creamy quinoa, marry me, lentil and albondiga. Very tasty!

Our Employment Skills FFA team competed at Cheney High School earlier this week and did very well! They had to complete a resume, cover letter and a mock interview with a panel of judges. Briley S. took 3rd and will be competing at regionals. Congratulations Maddy J., Jaycee P. and Briley S.!

Great news! The Washington State Opportunity Scholarship (WSOS) is now open for applications for the 2026-27 cycle in Washington State. This scholarship helps students pursuing high-demand careers in STEM, health care and trades with financial support and career resources. **The application deadline is February 26, 2026** - don't miss your chance to apply. APPLY HERE

Upcoming Sports

1/16 - vs. Liberty BJV-4pm, GJV-5:30pm, BV-6pm, GV-7:30pm

1/19 - Boys C Team @ Newport Tournament 9am & 11am

1/20 - @ UCA BJV-3pm, GJV-4:30pm, BV-6pm, GV-7:30pm C Team @ Reardan

1/24 - vs. West Valley GJV-1:30pm, BJV-3pm, GV-3:30pm, BC-4:30pm, BV-5pm

1/17 - @ Saxon Shuffle (Ferris)

1/22 - vs. Newport & Lakeside (SENIOR NIGHT) 6pm

1/23 & 1/24 - Girls @ U High

Sports Links:

FINALFORMS
CLICK HERE
to Complete Your Online Forms

GOFAN

Pay Fines/Fees

goscotties.org
athletics website

AUCTION WISH LIST

We are currently looking for donations for the auction. Below are some ideas. To donate, please submit this online form.

TICKETS & PASSES
Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets

CRAFTED ITEMS
Handmade items, woodworking, metal works, custom gifts

VACATIONS & EXCURSIONS
Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.

GIFT CARDS
Gift cards to just about anywhere - restaurants, stores, salons, spas, movie theaters, etc.

HOSTED PARTIES
Theme parties thrown by one or more families such as progressive dinners, holiday parties, children's parties, etc.

UNIQUE & RARE ITEMS
Collectibles, sports memorabilia, sports equipment, collectibles

Questions? Please email khayek@freemansd.org

Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 – 9:53	47 min
SCOTTIE BREAK	9:53 – 10:01	8 min
3	10:04 – 10:51	47 min
4	10:55 – 11:42	47 min
5	11:46 – 12:33	47 min
LUNCH	12:33 – 1:03	30 min
6	1:07 – 1:54	47 min
7	1:58 – 2:45	47 min

AM Activity Schedule		
1	8:15 – 8:57	42 min
2	9:01 – 9:43	42 min
SCOTTIE BREAK	9:43 – 9:51	8 min
3	9:55 – 10:37	42 min
4	10:41 – 11:23	42 min
5	11:27 – 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 – 1:59	42 min
7	2:03 – 2:45	42 min

Late Start Schedule		
1	10:15 – 10:46	31 min
2	10:50 – 11:21	31 min
3	11:25 – 11:56	31 min
4	12:00 – 12:31	31 min
LUNCH	12:31 – 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 – 2:11	31 min
7	2:15 – 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply here.

SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: $2.50

LUNCH - served at the High School in the MPR. Cost: $3.90. Click image for menus.

Menu

ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

PRODUCTION + MANUFACTURING INSTITUTE

The Manufacturing Institute

Don't just talk about the trades...

LIVE IT!

Summer 2026

Locations in
East Valley HS/
West Valley HS
Newport HS
Ferris HS
Cheney HS/Ritzville HS
Spokane Colleges
...and growing!

Come learn about career paths available in manufacturing & trades!

Hands-on Experiential Learning in a Live Work Environment

What We Do at the Institute

- Jump into the world of work to help you see what it's really like to be a part of something great.
- Work with your team to design, manufacture, and sell real products to customers.
- Accelerate learning, problem-solving, and interpersonal skills that set you apart in the workplace.
- Learn new skills in design, CAD, 3D printing, welding, machining, production, quality, and much more.
- Visit manufacturing sites to learn about careers, processes, and to visit with professionals and executives.

Program Options

- Our standard program runs 3-weeks and gives you the full spectrum of learning and experience. You won't be the same person you were when you started the program.
- For those unable to attend all 3 weeks, or who aren't quite ready to make the commitment, we have a 1-week Certificate program to get you the knowledge and skills to help get you on your pathway to success.

Costs & Details

- There is no fee to attend. That's right! Our sponsors have graciously supported the program!
- You'll still need to show up on time to the program locations as required.
- The Institute is offered at various locations with others coming soon. Upon acceptance, you'll be assigned according to location, program selection, and background.
- The 1-week program runs July 6-10, 2026. The 3-week program runs July 6-24, 2026.
- Students must sign up via the PMI website at www.ManufacturingInstitute.net.

Partners

- PMI partners with schools, businesses, and other organizations to organize and run the Institute. We help connect students to employers to expose them to opportunities for learning and career options.

What's In It For You?

- This program is valuable. It's the best opportunity for career exposure and development in as short a time as possible. Most people would pay a lot just for the experience. The only cost is time.
- We have applied for CTE credit through Spokane Public Schools' NEWTECH Skills Center. If approved, students wishing to enroll in the summer program through SPS may do so for CTE credit.
- Participants who successfully complete the 3-week program may be eligible for additional prizes, incentives, and stipends. The amount of incentives will depend upon the level of donations provided by sponsors.
- All participants recieve free t-shirts, bags, and other swag!

How to Get Started...

STEP 1: Apply online! Go to the link or QR code below to apply.

STEP 2: Tell your friends and get them to apply!

STEP 3: Tell your school counselors & teachers about it so they can share!

MORE INFORMATION AVAILABLE...

www.ManufacturingInstitute.net

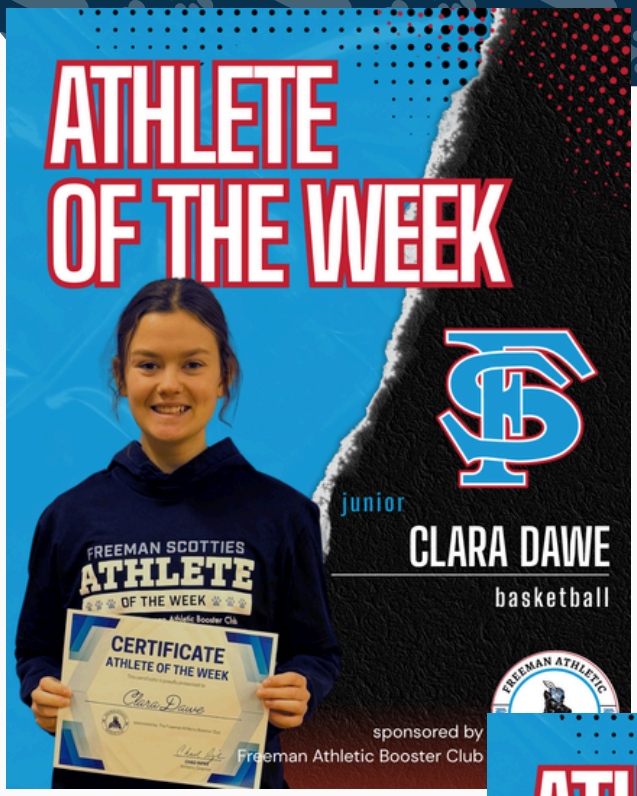
Questions about the Institute or about sponsoring can be sent to:
support@ManufacturingInstitute.net

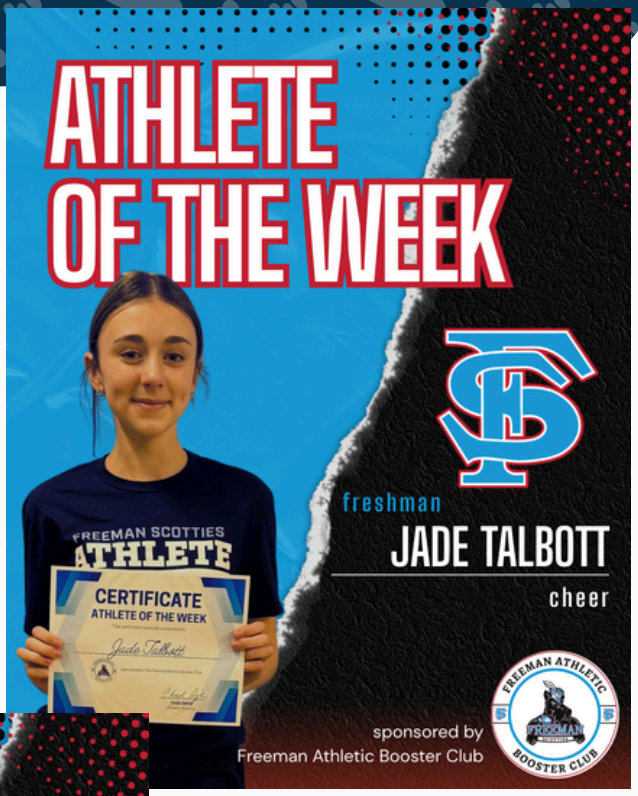
HONOR ROLL

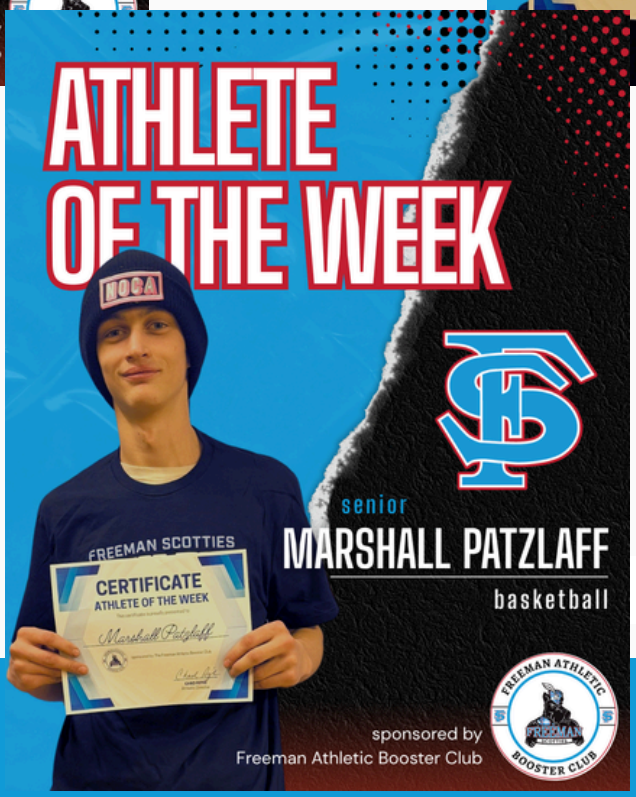
Congratulations to the following FHS students for receiving a 3.25 or higher for first semester!

ABUSTALLO, DELANEY E.
ADMIRE, CHLOE M.
AGEE, ADDYSYN L.
AGMAN, EVELYN E.
ANDERBERG, WHITNEY R.
ANDERSON, FIONA L.
ASHMOORE, TRISTIN E.
AYLWARD, AVA S.
BAILEY, COLIN C.
BAKE, LOGHAN M.
BEACH, KELLYNN S.
BECK, ELIJAH J.
BERGLUND, AVERY J.
BESSIRE, ELLIANNA R.
BESSIRE, JOSIAH D.
BESSIRE, MICAH M.
BEYDLER, SERYNAH J.
BIAS, LEIGHLA M.
BOSWELL, AVERY J.
BOWEN, BRADY B.
BREBNER, MADISON M.
BREBNER, REED W.
BROERS, KASSIE L.
BURGAN, HANNAH M.
CASHMERE, MAE M.
CLARK, BRENDAN R.
COBB, JETT J.
COCHRAN, TITUS J.
COLLETT, MARLI N.
CONKLIN, EMERSON J.
COTTON, ELI J.
COTTON, HAILEE D.
COYNER, TANSEY M.
CROW, RANDI E.
CURTIS, LILLIAN A.
DAINES, CARSON S.
DAINES, CHELSEA M.
DASHIELL, ALYSON G.
DAWE, CLARA A.
DAWE, STELLA A.
DEXTER, JONATHAN D.
DOHRMANN, HOLDEN I.
DREYER, EMMA M.
DRYDEN, JARED M.
DUMARS, EVE E.
DUNCAN, GRACE A.
DUPONT, NICOLE G.
DURRANT, CONNER S.
EIGENHUIS, NEVAEH J.
ELLIS, AVA S.
FINLEY, JAKE E.
FLORENCE, COOPER M.
FRANCEK, DREW C.
FRANCEK, JASON K.
FRYE, WILLIAM J.
GASS, AVERY E.
GASS, NORA J.
GIBSON, JACK A.
GIUSTI, LUCAS J.
GOODE, GAVIN E.
GREGER, DREW W.
GUINN, AUSTIN G.
HASKINS, ANNEKE F.
HASKINS, GUSTAVE B.
HATCHER, HYRUM J.
HAYEK, CIERRA J.
HILL, MADISON J.
HOLLEN, CARSON D.
HOLLEN, KELSEY E.
HULL, ISAAK D.
JACOT, CHASE P.
JENSEN, ANNA M.
JENSEN, EMILY A.
JOHNSON, MADISON L.
JUHNKE, TAYLOR N.
KADZEJS, LILA G.
KANN, ADELEIGH S.
KANN, JOSIAH S.
KEMBLE, MADDOX Z.
KEY, GRAYCEN E.
KNIGHT, LILY G.
KOPP, ELSIE J.
KOSTAL, CHLOE E.
LADWIG, ADASYN
LALLY, KARSON N.
LAPOINTE, CAPRI E.
LAPOINTE, FINN M.
LENTS, KIAH J.
LENTS, KINGSLEY S.
LOCHMILLER, PAIGE D.
MACKLEIT, JAMES M.
MALONE, QUINTEN T.
MCCROREY, ELIZABETH M.
MCGOWAN, JOSEPH
MCNALLY, ANNA MARIE J.
MELIN, HAILEY N.
MELIN, LOGAN M.
MENDENHALL, JOHN A.
MERCIER, CAMDYN K.
MILLER, MASON M.
MUELLER, ISAIAH B.
MURPHEY, BEARRET A.
NEWHOUSE, IAN A.
PARRY, ISAAC J.
PAXTON, QUINCY R.
PECHT, FINLEY B.
PECHT, LOGAN V.
PETERS, GARRETT A.
PRIMMER, JAYCEE J.
PRIMMER, TRENT A.
PUTZ, ADDYSON I.
RAMSEY, PIPER
REYNOLDS, BRODY Q.
RIPKE, KAYLEE A.
RIPKE, RILYN R.
ROTHROCK, TRAYCE L.
RUSSELL, RYLEE M.
SALINAS, RYLEE K.
SANDBORN, TRENTON T.
SANTMAN, AUDREY M.
SATYBALDY, ASYL T.
SCHIENE, JANIE G
SCHMIDT, ALEX
SCHULTZ, LOGAN A.
SCHULTZ, PRUDENCE E.
SCHULZ, JORDYN S.
SCHULZ, RYLEE J.
SEEHORN, EVAN L.
SEUBERT, KAMRYNN J.
SHAW, AUDREY J.
SMITH, AVERY J.
SMITH, DANIEL D.
SMITH, EVAN J.
SMITH, GEORGIA B.
SMITH, JACKSON H.
SMITH, LOGAN S.
SMITHSON, CORBYN P.
SNYDER, BRILEY B.
STENLUND, SADIE K.
STENLUND, TYLER K.
SWANSON, KALYN J.
TALBOTT, JADE K.
TALLEY, RYLAN M.
TATSEY, SIENNA M.
TEAGUE, PARKER A.
THOMPSON, AUSTIN E.
ULLRICH, ARALYNN E.
VALENTE, MICHAEL V.
VAN GEMERT, JOHN C.
VAN GEMERT, MARGARET J.
VERNON, MARIS P.
VINSON, PAIGE M.
WASLEY, SOFIA J.
WATSON, SIERRA N.
WELLNER, LEVI B.
WIGEN, MATTHEW J.
WILKINSON, EMMETT G.
WINEINGER, ELLIE L.
WOLFINBARGER, COLTON E.
ZEHM, GRADY W.
ZEHM, TAYLOR D.

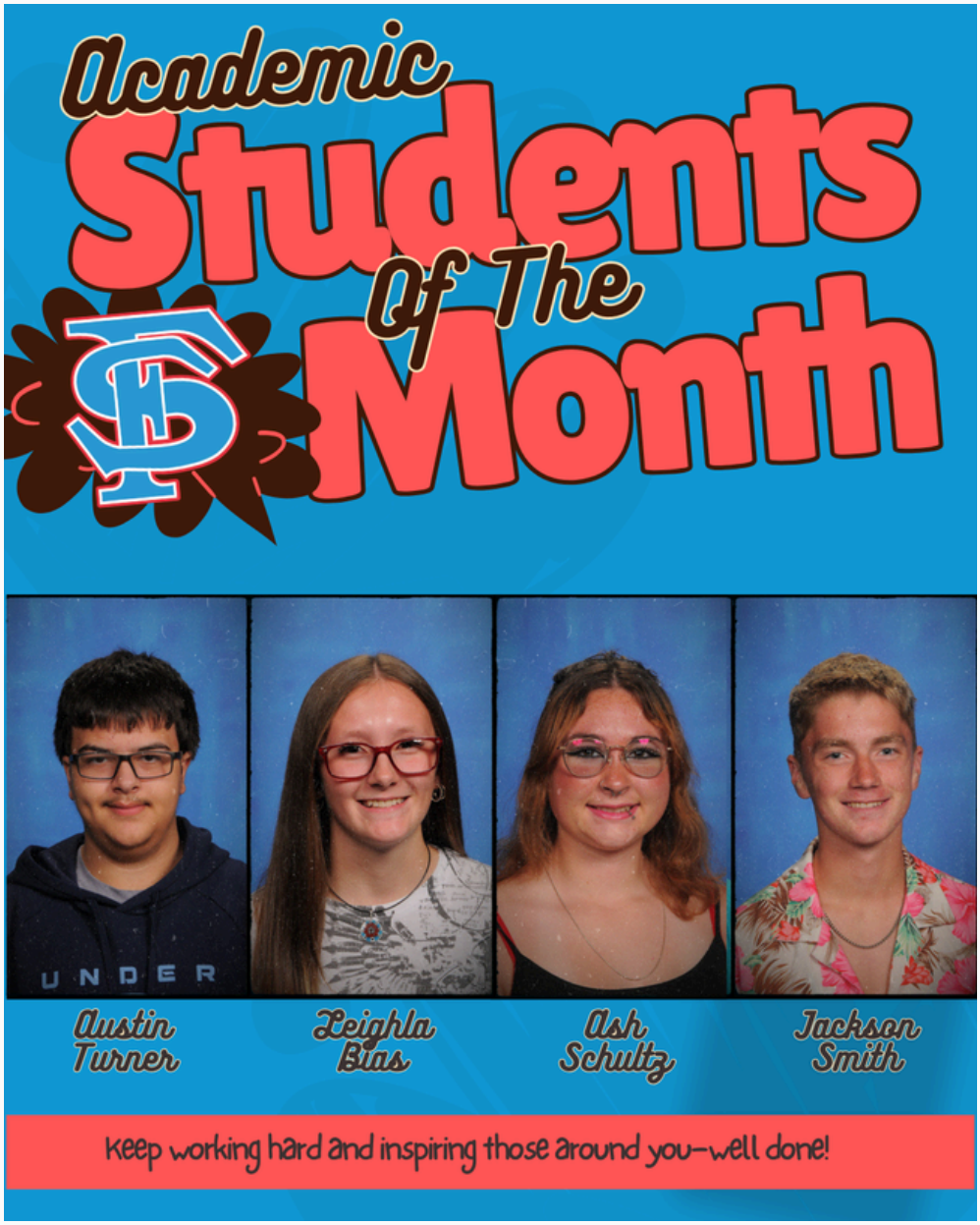
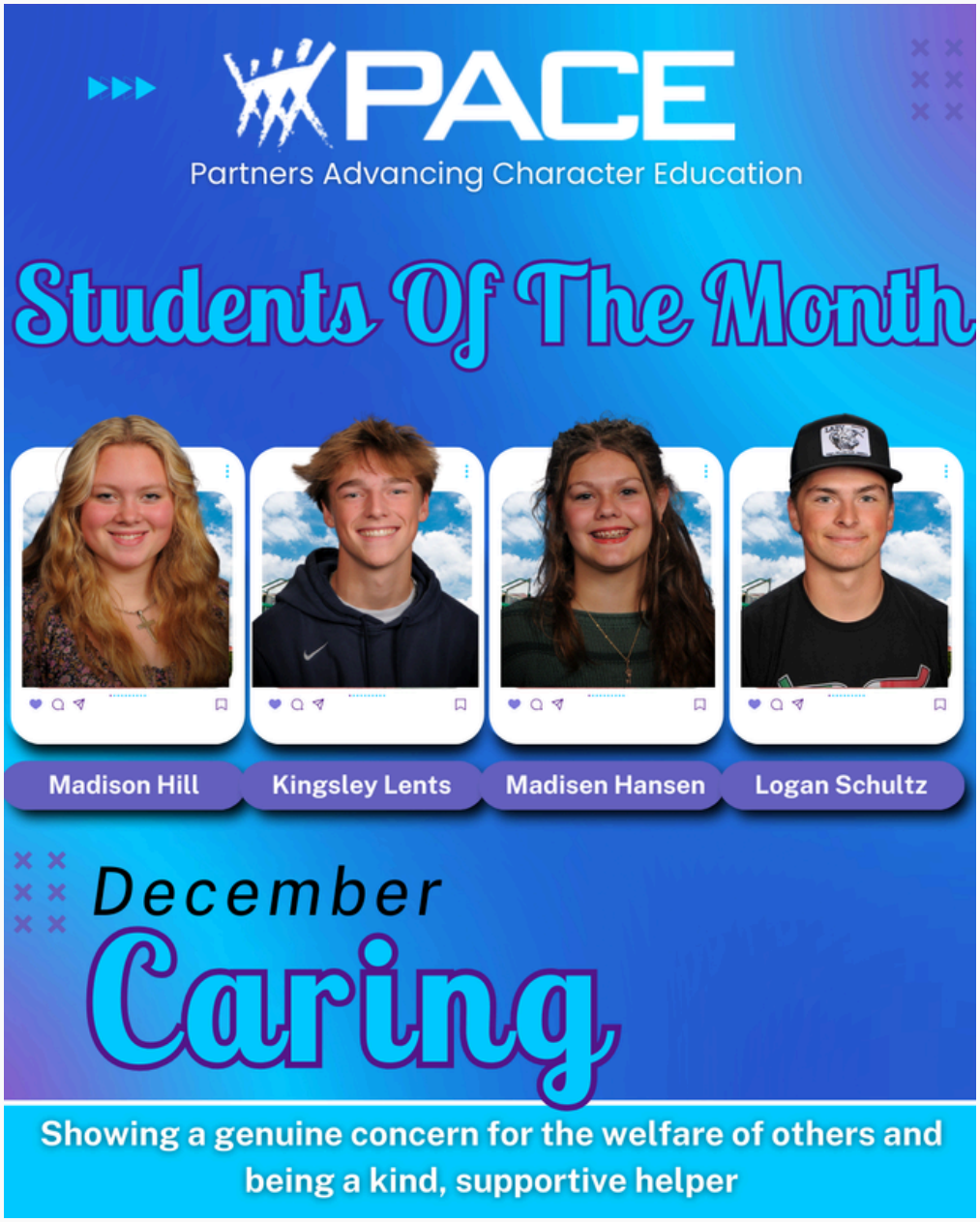
Student HIGHLIGHTS







Student HIGHLIGHTS



Student HIGHLIGHTS