

FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT



Patient Care A

CAC Approval Date: December 3, 2025 Board Approval Date: January 15, 2026	Course Length: 2 Semesters
Grading: A-F	Credits: 5 Credits per Semester
Proposed Grade Level(s): 10, 11, 12	Subject Area: Elective, CTE Elective Area (if applicable): Career Technical Education
Prerequisite(s): N/A	Corequisite(s): N/A
CTE Sector/Pathway: Health Science and Medical Technology / Patient Care	
Intent to Pursue 'A-G' College Prep Status: Yes	
A-G Course Identifier: (g) College-preparatory elective	
Graduation Requirement: No	
Course Intent: Site Specific Program (if applicable): CTE	
Folsom Cordova Unified School District 2024-2025 Nondiscrimination Statement The Folsom Cordova Unified School District prohibits discrimination, intimidation, harassment (including sexual harassment) or bullying based on a person's actual or perceived ancestry, color, disability, gender, gender identity, gender expression, immigration status, nationality, race or ethnicity, religion, sex, sexual orientation, or association with a person or a group with one or more of these actual or perceived characteristics. For questions or complaints, contact: Jim Huber, Ed.D., Assistant Superintendent, Educational Services Compliance Officer, Section 504 Coordinator, ADA Coordinator (students) jhuber@fcusd.org 916-294-9000 x 104580	

**Shannon Diaz, Director of Compliance
Compliance Officer and Title IX Coordinator
sdiaz@fcusd.org
916-294-9000 x 104415
1965 Birkmont Drive
Rancho Cordova, CA 95742**

The Folsom Cordova Unified School District does not discriminate on the basis of sex and prohibits sex discrimination in any education program or activity that it operates, as required by Title IX and its regulations, including in admission and employment.

Inquiries about Title IX may be referred to the Folsom Cordova Unified School District's Title IX Coordinator, the U.S. Department of Education's Office for Civil Rights, or both. The District Title IX Coordinator is:

**Shannon Diaz, Director of Compliance
Compliance Officer and Title IX Coordinator
sdiaz@fcusd.org
916-294-9000 x 104415
1965 Birkmont Drive
Rancho Cordova, CA 95742**

The District nondiscrimination policy can be located at:

<https://www.fcusd.org/district/about-us/nondiscrimination-statementpolicy>

The District's nondiscrimination complaint procedures can be located at:

Students: <https://www.fcusd.org/departments/compliance/complaints/uniform-complaints>

Staff: <https://www.fcusd.org/departments/compliance/complaints/nondiscrimination-in-employment>

To report information about conduct that may constitute sex discrimination or sex-based harassment, or make a complaint of sex discrimination or sex-based harassment under Title IX, please refer to:

Students: <https://www.fcusd.org/district/about-us/title-ix-notificationsexual-harassment>

Staff: <https://www.fcusd.org/departments/compliance/complaints/sexual-harrassment-title-ix>

COURSE DESCRIPTION:

Patient Care A is a concentrator level course for a two-course sequence in the Health Science & Medical Technology industry sector and Patient Care pathway. During this course of study, students will receive an introduction into health careers and the healthcare system. The course will provide students with a focus on theory, technical and employability skills. This interdisciplinary CTE course will allow students to explore concepts within the Career Technical Education Standards, as well as academic subjects which include Science, Mathematics, English, and Social Science. Additionally, students will participate in the Career Technical Student Organization, HOSA-Future Health Professionals.

DETAILED UNITS OF INSTRUCTION:

Unit Number/Title	Unit Essential Questions	Examples of Formative Assessments	Examples of Summative Assessment
1. Exploration of Healthcare: Past, Present and Future	*How has health care changed over time? *What role does the government play in a modern healthcare system?	*Classroom seminar and classroom activities *Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies *Current events	*Healthcare timeline *Insurance and regulations presentation
B1.0 Recognize the integrated systems approach to health care delivery services: prevention, diagnosis, pathology, and treatment.			
2. Healthcare Systems and Types of Care Organizations	*What are the four main health care systems? *What are five different levels of care?	*Classroom seminar and classroom activities *Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies *Current events	*Classroom Presentation
B12.2 Describe the various roles and responsibilities of health care workers as team members in an integrated health care delivery system			
3. Careers in Health Care	*What are the career opportunities available in health care? *What specific career opportunities are available within the Greater Sacramento Region?	*Classroom seminar and classroom activities *Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio	*Research project for a future career in healthcare including the required steps of completion
B12.1 Understand scope of practice and related skills within prevention, diagnosis, pathology, and treatment occupations			
4. Legal and Ethical	*What is ethical in healthcare?	*Classroom seminar and classroom activities	*Outline the three main areas of ethics:

Responsibilities within the Healthcare System	*What is the Health Insurance Portability and Accountability Act (HIPAA) and why is it so important?	*Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies *Current events	normative, metaethics, and applied ethics and how they apply to healthcare *Research a medical current event involving a business or professional acting in a way that was considered unethical *Create and conduct a survey to assess and better understand public opinion related to the issue
B12.0 Adhere to the roles and responsibilities, within the scope of practice, which contribute to the design and implementation of treatment planning.			
5. Culture Diversity within a Healthcare System	*What is the difference between culture, ethnicity and race? *How bias, prejudice or stereotypes can cause a barrier to effective relationships within healthcare.	*Classroom seminar and classroom activities *Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies *Current events	*Students will complete a personal bias study and how the results could affect them in the health care setting/profession
B13.0 Research factors that define cultural differences between and among different ethnic, racial, and cultural groups and special populations. B13.1 Utilize culturally appropriate community resources. B13.2 Recognize complementary and alternative medicine as practiced within various cultures.			
6. Infection Control	*What are the differences between antisepsis, disinfection, and sterilization?	*Classroom seminar and classroom activities *Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies *Current events	*Demonstration and skills check on proper glove techniques, wearing appropriate PPE gear, clean vs. sterile fields, and the proper cleaning and disposal of items
B10.0 Comply with protocols and preventative health practices necessary to maintain a safe and healthy environment for patients, health care workers, coworkers, and self within the health care setting.			
7. Vital Signs	*What are the four main vital signs and the	*Classroom seminar and classroom activities	*Complete a partner skills-based lab.

	importance of each?	*Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies *Current events	*Exam on normal and abnormal ranges of the four main vital signs
B7.0 Apply observation techniques to detect changes in the health status of patients. B7.1 Demonstrate observation techniques.			
8. Language and Writing of Health Care	*Why would healthcare professionals need to be familiar with medical terminology and the proper application of words, symbols and abbreviations? *What influence has Greek and Latin languages had on medical terminology?	*Classroom seminar and classroom activities *Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies *Current events	*Medical Terminology exam
B5.0 Know the definition, spelling, pronunciation, and use of appropriate terminology in the health care setting.			
9. Human Body Systems, Disease, and Disorders	*What are the functional relationships between body systems that are required to sustain life? *How do we identify what systems are not functioning that may lead to disease and disorders?	*Classroom seminar and classroom activities *Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies *Current events	*Formal presentation
B2.0 Understand the basic structure and function of the human body and relate normal function to common disorders.			
10. Documentation of Patient Information and Test Results	*How do you properly document a patient's care and treatments? *What information needs to be included?	*Classroom seminar and classroom activities *Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies	*Create and complete a patient care plan

		*Current events	
B9.0 Implement wellness strategies for the prevention of injury and disease.			
11. Body Mechanics, Emergency Procedures and Protocols	*Differentiate fight or flight responses. *What to do in an emergency situation? *What are the steps in triage?	*Classroom seminar and classroom activities *Tests: Selected response/Open ended response *Performance based tasks *Journal *Career digital portfolio *Case studies *Current events	*Demonstration of basic first skills *Demonstration of procedures to administer emergency medications such as Epi-Pens, Norcan and inhalers
B7.0 Apply observation techniques to detect changes in the health status of patients. B7.1 Demonstrate observation techniques. B7.2 Differentiate between normal and abnormal patient health status.			

RELEVANT STANDARDS AND FRAMEWORKS, CONTENT/PROGRAM SPECIFIC STANDARDS:

Link to Common Core Standards (if applicable):

Educational standards describe what students should know and be able to do in each subject in each grade. In California, the State Board of Education decides on the standards for all students, from kindergarten through high school.

<https://www.cde.ca.gov/be/st/ss/documents/finaelacssstandards.pdf>

Link to Framework (if applicable):

Curriculum frameworks provide guidance for implementing the content standards adopted by the State Board of Education (SBE). Frameworks are developed by the Instructional Quality Commission, formerly known as the Curriculum Development and Supplemental Materials Commission, which also reviews and recommends textbooks and other instructional materials to be adopted by the SBE.

Link to Subject Area Content Standards (if applicable):

Content standards were designed to encourage the highest achievement of every student, by defining the knowledge, concepts, and skills that students should acquire at each grade level.

<https://www.cde.ca.gov/ci/ct/sf/documents/healthmedical.pdf>

Link to Program Content Area Standards (if applicable):

Program Content Area Standards apply to programs such as International Baccalaureate, Advanced Placement, Career and Technical Education, etc.

<https://www.cde.ca.gov/ci/ct/sf/documents/ctescrpflyer.pdf>

<https://www.cde.ca.gov/ci/ct/sf/documents/healthmedical.pdf>

TEXTBOOKS AND RESOURCE MATERIALS:

Textbooks

Board Approved	Textbook Title ISBN #	Author(s)	Publisher	Edition
	<i>N/A</i>			