

FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT



AVID 7

CAC Approval Date: December 3, 2025 Board Approval Date: January 15, 2026	Course Length: 2 Semesters
Grading: A-F	Credits: 5 Credits per Semester
Proposed Grade Level(s): 7	Subject Area: Elective Elective Area (if applicable): Study skills and academic success
Prerequisite(s): None	Corequisite(s): None
CTE Sector/Pathway: N/A	
Intent to Pursue 'A-G' College Prep Status: No	
A-G Course Identifier: N/A	
Graduation Requirement: No	
Course Intent: Program (if applicable):	
Folsom Cordova Unified School District 2024-2025 Nondiscrimination Statement The Folsom Cordova Unified School District prohibits discrimination, intimidation, harassment (including sexual harassment) or bullying based on a person's actual or perceived ancestry, color, disability, gender, gender identity, gender expression, immigration status, nationality, race or ethnicity, religion, sex, sexual orientation, or association with a person or a group with one or more of these actual or perceived characteristics. For questions or complaints, contact: Jim Huber, Ed.D., Assistant Superintendent, Educational Services Compliance Officer, Section 504 Coordinator, ADA Coordinator (students) jhuber@fcusd.org 916-294-9000 x 104580 Shannon Diaz, Director of Compliance Compliance Officer and Title IX Coordinator sdiaz@fcusd.org 916-294-9000 x 104415	

**1965 Birkmont Drive
Rancho Cordova, CA 95742**

The Folsom Cordova Unified School District does not discriminate on the basis of sex and prohibits sex discrimination in any education program or activity that it operates, as required by Title IX and its regulations, including in admission and employment.

Inquiries about Title IX may be referred to the Folsom Cordova Unified School District's Title IX Coordinator, the U.S. Department of Education's Office for Civil Rights, or both. The District Title IX Coordinator is:

**Shannon Diaz, Director of Compliance
Compliance Officer and Title IX Coordinator
sdiaz@fcusd.org
916-294-9000 x 104415
1965 Birkmont Drive
Rancho Cordova, CA 95742**

The District nondiscrimination policy can be located at:

<https://www.fcusd.org/district/about-us/nondiscrimination-statementpolicy>

The District's nondiscrimination complaint procedures can be located at:

Students: <https://www.fcusd.org/departments/compliance/complaints/uniform-complaints>

Staff: <https://www.fcusd.org/departments/compliance/complaints/nondiscrimination-in-employment>

To report information about conduct that may constitute sex discrimination or sex-based harassment, or make a complaint of sex discrimination or sex-based harassment under Title IX, please refer to:

Students: <https://www.fcusd.org/district/about-us/title-ix-notificationsexual-harassment>

Staff: <https://www.fcusd.org/departments/compliance/complaints/sexual-harrassment-title-ix>

COURSE DESCRIPTION:

Students will focus on transitioning to high school life and improving the academic skills necessary for completing college preparatory classes. Students will develop writing, inquiry, collaboration, organization and reading skills. Students will also participate in activities designed to foster problem solving and strengthen math skills. Twice each week students will work in teams during tutorial sessions so that they can have a better understanding of the material in their core classes. Guest speakers, cultural field trips, and college trips will be used to help students explore career and college options.

DETAILED UNITS OF INSTRUCTION:

Unit Number/Title	Unit Essential Questions	Examples of Formative Assessments	Examples of Summative Assessment
1. College and Career Readiness Framework	*What is the College and Career Readiness Framework (CCR)?	*Name Tents *FrieNN Diagrams *Acrostic *Critical Reading Process	*Evaluations *Social Contracts *Too Good One Pager
2. Building Relational Capacity	*How can we increase the physical, social, and/or emotional support of our class?	*Introductions *Peer Interviews *Who do you know?	*Peer Interview Quizzes *Class Pet Peeves *Post Unit Survey
3. Organization	*What is the purpose of organization? *What strategies and tools can a student use to organize their materials? *What strategies can a student use to organize their time and thoughts?	*Carousel brainstorm *Gallery Walk and Talk *Study Buddies Contact sheets	*Planner Set Up *SMART Goals *Google Drive Folder and subfolders *Post Unit Prompts and Survey
4. Focused Note Taking (FNT)	*What is Focused Note Taking (FNT)? *How do I remember my lessons? *What are the 5 phases of note taking?	*Pre Unit Prompts *List Group Label *FNT Phases *Stand Share Sit *Costa's Levels of Thinking	*Exit KWLA chart *Focused Notes *Summary and Reflection *Digital Considerations *Post Unit Prompts and Survey
5. Tutorology part 1	*What is a Tutorial? *How do I succeed in *challenging classes?	*Name Tents *AVID Tutorial Graphic *Process Notes *Word Splash	*Process Notes *Understanding *Expectations *Evaluation Form *Post Unit Prompts
6. Packback	*What is Packback? *Why are we using it in AVID? *What is Artificial Intelligence (AI)?	*Creating Packback Profile *Connections from Packback to AVID *Different types of questions *Curiosity Score	*Packback Evaluations and Feedback *Packback Questions *Packback Description *Exit Statement *Post Unit Survey
7. Training Peer and/or Cross-Age	*How can reflecting on personal leadership traits	*Self Evaluate Leadership *Traits	Group Member *Participation Tracking

Tutor	help us become more effective leaders? *How will peer/cross-age tutors lead in the tutorial process? *How will I lead as a peer/cross-age tutor?	*Types of Tutors *Tutor Responsibility Charts	Sheet *Practice Tracking Sheet *Collaborative Social Contract *Tutoring Goal *Post Unit Survey
8. 7th grade College and Career Unit	*Which type of job will best match my career choice?	*FNT Career List/Categories *FNT types of colleges *College Demo-Steps	*Best Career and Job Choice *Match/Reach/Safety Schools *Post Unit *Prompts/Survey
9. Tutorology Unit 2 Completing and Assessing the TRF	*What is a Tutorial Request Form (TRF)? *Why do I need to complete TRFs?	*Finding the initial question *Tutorial Pre work *Writing at Tutoring Question (TQ) *Writing TQ with Packback *Review TRF Rubric	*Filling out the TRF *Jigsaw Pairs *Grading TRF *Post Unit Prompts and Survey
10. Introduction to Critical Reading	*What is Critical Reading? *What are the phases of Critical Reading?	*Reading for the Gist *Marking the Text *Phases of Critical Reading Process	*Glows and Grows *Thinking Forward *Post Unit Prompt and Survey
11. Exploring Careers	*What types of careers are you familiar with? *What Careers best fit your Interest Profile? *How do I navigate the Big Future College Board Career Search?	*FNT Interest Profiling *KWL Chart *Quick Writes *Career Fair	*Evaluation of Learned *Column for FNT *Career Presentation *Self Graded Rubric *Exit Reflection *Post Unit Prompts and Survey
12. The World of Financial Literacy With EVERFI	*What is Financial Literacy? *How can FL help me make decisions and accomplish my goals?	*Future Smart Lessons *Summarizing Values *EVERFI Lesson 2 Smart Shopping *EVERFI Ways to pay *EVERFI Investing	*Creating a roadmap *Plan your path to success *Summary Reflection *Post Unit Prompts and Surveys

RELEVANT STANDARDS AND FRAMEWORKS, CONTENT/PROGRAM SPECIFIC STANDARDS:

Link to Common Core Standards (if applicable):

Educational standards describe what students should know and be able to do in each subject in each grade. In California, the State Board of Education decides on the standards for all students, from kindergarten through high school.

Link to Framework (if applicable):

Curriculum frameworks provide guidance for implementing the content standards adopted by the State Board of Education (SBE). Frameworks are developed by the Instructional Quality Commission, formerly known as the Curriculum Development and Supplemental Materials Commission, which also reviews and recommends textbooks and other instructional materials to be adopted by the SBE.

Link to Subject Area Content Standards (if applicable):

Content standards were designed to encourage the highest achievement of every student, by defining the knowledge, concepts, and skills that students should acquire at each grade level.

Link to Program Content Area Standards (if applicable):

Program Content Area Standards apply to programs such as International Baccalaureate, Advanced Placement, Career and Technical Education, etc.

https://drive.google.com/file/d/1v4lEPCU6k8gDQzM7ijxzDTwjiIkMA_Ev/view

TEXTBOOKS AND RESOURCE MATERIALS:**Textbooks**

Board Approved	Textbook Title ISBN #	Author(s)	Publisher	Edition
	<i>N/A</i>			