CJHS 7th Grade Scheduling

7th Grade Counselors

Mr. Ruperto

Last Names A-LE

Ms. Caramico

Last Names LF-Z

CJHS Bell Schedule

REGULAR BELL SCHEDULE – PERIOD 3A / 7A LUNCH				
A-DAY			B-DAY	
PERIOD	**TIME**		**PERIOD**	**TIME**
1	8:00 AM – 9:40 AM (85 MIN + 15 MIN		5	8:00 AM – 9:40 AM (85 MIN + 15 MIN
2	9:46 AM – 11:11 AM (85 MIN)		6	9:46 AM – 11:11 AM (85 MIN)
3A LUNCH	11:17 AM – 11:43 AM (26 MIN)		7A LUNCH	11:17 AM – 11:43 AM (26 MIN)
3BCD	11:48 AM – 1:14 PM (86 MIN)		7BCD	11:48 AM – 1:14 PM (86 MIN)
4	1:20 PM – 2:45 PM (85 MIN)		8	1:20 PM – 2:45 PM (85 MIN)

CJHS Schedule

Course	Sect	Sub	Description	Per	Sem	Days	Start	End	Room	Teacher
2016	11	1	ENGLISH 7	1	FY	A	8:00 AM	9:40 AM	CH2133	Islam, Nitharul
2463	2	1	COMPUTERS IN THE CLASSROOM 7	2	S1	A	9:46 AM	11:11 AM	CH2508	Gordon, Stacey
2023	2	1	PUBLIC SPEAKING H 7	2	S2	A	9:46 AM	11:11 AM	CH2129	Macha, Jan
2065	1	1	SOCIAL STUDIES 7	3	FY	A	11:17 AM	1:14 PM	CH2322	Ruszala/Laudien
2065	1	2	LUNCH 3C	3C	FY	A	12:18 PM	12:44 PM	CAFE	Ruszala/Laudien
2214	15	1	SPANISH II	4	FY	A	1:20 PM	2:45 PM	CH2134	Torres-Sierra, Egdanis
2105	22	1	SCIENCE 7	5	FY	B	8:00 AM	9:40 AM	CH2507	Leach, Debra
2261	5	1	ART EXPLORATION 7	6	S1	B	9:46 AM	11:11 AM	CH2504	Baron, Gregory
2024	4	1	CREATIVE WRITING 7	6	S2	B	9:46 AM	11:11 AM	CH2133	Leclair, Lauren
2734	17	2	LUNCH 7A	7A	S1	B	11:17 AM	11:43 AM	GYM	Lubarsky, Todd
2734	17	1	PHYSICAL EDUCATION 7	7	S1	B	11:17 AM	1:14 PM	GYM	Lubarsky, Todd
2735	17	1	HEALTH 7	7	S2	B	11:17 AM	1:14 PM	CH2321	Barragan, Tracy
2735	17	2	LUNCH 7D	7D	S2	B	12:48 PM	1:14 PM	CAFE	Barragan, Tracy
2164	2	1	PRE-ALGEBRA H	8	FY	B	1:20 PM	2:45 PM	CH2329	Bortnick, Linda

Class Options

- English 7 or English 7 H
- Math 7/Pre-Algebra, Pre-Algebra H, or Algebra 1 H
- Social Studies 7
- Science 7
- World Language (Spanish 2, Mandarin 2, German 2, Italian 2, or French 2 or Spanish 1, German 1, Italian 1, or Mandarin 1)
- Health and Physical Education
- Electives- Rank choices 1-12!

Honors Placement

- Course Placement Criteria

Electives Offered

Semester

Computers in the Classroom

STEM 7

Media Production Lab

Coding with Robotics

Study Skills

Arts Exploration

World of Theatre

Beginning Piano

Exploration of Music

Mindfulness, Movement, and Stress Management

Creative Writing 7

Public Speaking H 7

Investigative ELA: Crime and Mystery in Literature

AI & Technology in Society

Exploring the Human Environmental Footprint

Full Year

Chorus (Full Year or Semester)

Honors Chamber Choir

Orchestra

Honors Advanced Orchestra

Honors Select Orchestra

Concert Band

Honors Wind Ensemble

All incoming 7th grade students, with their parents/guardians, will be entering their 7th grade course requests through parent access.

Parent access will be open on January 16, 2026 and close on February 23, 2026.

If you are in Band, Orchestra, or Chorus and would like to continue, please rank that elective as number 1, and then rank 2-12, with 12 being the lowest ranked choice.

Step 1: For students

Fill out course request worksheet!

Course Request Form

Step 2: For Parents/Guardians

Fill out parent access!

Parent Access Steps

Elective Descriptions

- Art Exploration- Art Exploration is the art elective course offered to seventh grade students. Art Exploration provides students with an opportunity to experience in greater depth the many varied methods and materials of art media. Exploration and development of line, color, form, texture and space in both 2-dimensional and 3-dimensional projects help to develop individual growth and personal expression. The program consists of projects in drawing, painting, 3 dimensional design, printmaking and graphic design.
- World of Theatre- Developing speaking skills, personal presentation skills, self-confidence and strategies for memorization are the results of such a course. Emphasis will be placed on development and increased understanding of performance skill. Students will utilize acting techniques and terminology, solo and group performances, improvisational exercises, monologue study and critique to enhance personal performance.
- Beginning Piano- This course introduces the fundamentals of playing any keyboard instrument. A music technology lab equipped with MIDI keyboards, computers and headsets will be used to learn to read and play music in the treble and bass clef using two hands. It is recommended that students have access to an instrument at home or outside of school. This course is intended for students that have no prior piano experience.
- Exploration of Music- Exploration of Music will have a strong emphasis on listening, analysis, and historical/cultural context. After learning how to talk about and listen critically to music, students will explore a variety of musical genres and styles in a semi-chronological order. This course will build a foundation of musical knowledge and experience for students to continue to build on in their personal lives.

Elective Descriptions

- Chorus- Chorus at the Junior High School is a full-year elective that develops the interest of the student who enjoys singing using a widely varied repertoire of grade appropriate music. Pieces may include classical selections, festival literature, folk arrangements, popular music, musical theater songs, spirituals and selections from world choral music. Students learn basic choral techniques: breathing, intonation, score reading, articulation, and diction. Basic concepts of theory, sight-singing with solfege, and ear-training are further developed. The Churchill Chorus prepares and performs one concert each semester. Small ensembles, duets, and solos may be performed in the rehearsal setting to add to the performing experience. Attendance at all rehearsals and formal concerts is required.
- Concert Band- These courses are similar to previous band classes, with more in-depth study included and more advanced literature performed. Qualified students are encouraged to audition for CJMEA Intermediate Region Bands. Group lessons are part of the course requirement and are offered on a rotating schedule. Daily home practice is required to complete assigned scales, etudes, technical studies, and performance literature successfully. Band students must attend extra after school and evening rehearsals and public performances. New students must complete an informal audition with the director to determine eligibility before enrolling. Instruments that students are encouraged to begin are oboe, bassoon, french horn, trombone, baritone horn, or tuba.
- Orchestra- The 7th grade Orchestra is designed for students with prior experiences playing violin, viola, cello or bass. The course is a continuation of the Orchestra courses at HUES, with more in depth study and more advanced literature performed. Students learn orchestral bowings, applications and technique. Qualified seventh graders are encouraged to audition for the CJMEA Intermediate Region Orchestra. Group lessons are part of the course requirement and are offered on a rotating schedule. Daily home practice is required and is monitored by the instructor via the assigning of etudes and technical studies. Orchestra students must attend extra after school rehearsals, group lessons and public performances. New students will complete an informal audition with the director to determine eligibility before enrolling.

Elective Descriptions

- STEM 7- STEM Elective is a course designed to introduce students to the designed world around them. While applying concepts related to Science, Technology, Engineering, and Math, they will learn to think critically, apply knowledge, and create through real-world design challenges. Students will participate in problem-solving projects in fields such as electricity and electronics, structural engineering and design, Computer Aided Design and Rapid Prototyping, and concepts in transportation technology. Group work and as well as individual projects will be part of the curriculum, as will multiple project creations that they will be able to walk away with.
- Coding with Robotics- Coding with Robotics is an introductory-level computing course that introduces students to the breadth of the field of computer science. Students learn to design and evaluate solutions and apply computer science to solve problems by developing algorithms and programs. They will send their code to robots that will help solve the engineering problem. Students will investigate how computing innovations and robotics impact their lives and the globe.
- Computers in the Classroom- As engaged digital learners, students are able to acquire and apply content knowledge and skills through active exploration, interaction, and collaboration with others across the globe, challenging them to design the future. The Computer Literacy course, required for all eighth-grade students, provides hands-on laboratory experience through the use of modern operating systems and software applications.
- Study Skills- Study Skills is designed to strengthen executive functioning skills. This course assists students in becoming more proficient learners and promotes the acquisition of strategies and techniques that will enable students to function more successfully and independently in content area courses. The course will focus on how to organize materials, self-advocate, manage time effectively, take notes, and manage and sustain emotional health in tandem with academic goals. Students will synthesize all skills throughout the course in developing a personalized plan to achieve agency in their academic, technical, and social-emotional learning.

Elective Descriptions

- Creative Writing- This semester English elective course is designed for students who wish to develop their creative writing abilities through independent practice and frequent individual conferences with the instructor. This course trains students to express themselves through original poems, short stories, and essays, based upon their own experiences and sensory impressions. Students read and discuss literary models, as well as read and discuss one another's work. Students also have opportunities to publish their work both within and outside of the school context. Ideal candidates for this course are motivated, self- directed learners who are able to complete and submit tasks independently.
- Public Speaking H- This English elective course is designed to help students become more confident speakers and better speech writers. Students will learn to research, organize, write, and present various types of speeches: informative, persuasive, and demonstrative. They will also read, analyze, and deliver memorable speeches from literature and history. At the end of the course, students will understand how to effectively write speeches and how to deliver them using rhetorical techniques.
- Investigative ELA: Crime and Mystery in Literature- This English elective course is designed for students who have an interest in the genres of crime and mystery - perfect for the fan of podcasts and true crime! The class offers students of different levels an opportunity to read/listen to and discuss fiction, nonfiction, podcasts, short stories, television shows, etc. The coursework focuses less on literary analysis, and more on the entertainment value of the texts. The course requires students to read and write critically and creatively, write and discuss reactions to the texts, and think deeply. Students will explore these texts completely in class - no homework! Open discussions and active participation will be a core focus of the course.

Elective Descriptions

- Mindfulness, Movement, & Stress Management- This course will provide students with an outlet for stress relief and relaxation. Through a variety of different relaxation techniques, fun activities and stretching/easy yoga exercises, students will be provided with a wealth of resources to use in school and at home to balance their emotional health and well-being.
- AI & Technology in Society- The rapidly evolving landscape of technology, especially advancements in artificial intelligence (AI) and generative AI (GenAI), have significantly impacted our society. This course delves into the economic, social, and political ramifications of increased technological integration, including AI and GenAI, in all areas of our society. Students will gain practical skills in evaluating educational and professional applications of AI and GenAI, while exploring potential career paths in technology, IT, and customer service, along with the historical impacts of AI and technological advancements on society. The course will examine the evolving structures, best practices, principles of AI literacy, and professional ethics within public and private sector job markets, increasingly influenced by AI and GenAI. Recognizing the pervasive nature of technology in modern life and its integration across industries, students will develop critical skills in customer service, communication, and technology, including the effective and appropriate use of AI and GenAI tools.
- Exploring the Human Environmental Footprint- In this course students will explore the various ways human activities are affecting the environment, from pollution to climate change and habitat destruction. This interactive course encourages students to investigate real-world issues, engage in problem-solving activities, and develop a sense of responsibility toward the planet. The goal is for students to understand the science behind environmental issues caused by human actions.

Elective Descriptions

- Media Production Lab - In Media Production Lab, students will learn about creating, recording, and editing multiple forms of media that have become an ever-growing part of our everyday lives. Covering photography, video production, audio recording, editing, and podcasting. This class will introduce and immerse students in multiple forms of media and what goes into creating what they experience daily. The class will consist of multiple unit projects that cover the technical aspects of media production. Each student will walk away with creations that they will have collaborated on and can share over various platforms.

Need help with scheduling?

Request an appointment with your school counselor!