Entering 10th Grade Students—2026-2027 School Year

Dear Parents and Guardians,

Please read these guidelines completely as they contain important information about your student's high school course selection. It is important that you understand the course selection process, AP/Honors policy (available on the website and on the reverse) graduation requirements (reviewed below), and the University of California (UC) and California State University (CSU) eligibility requirements (reviewed below) referred to as A-G subjects. Knowing this information will help you and your student make the right choices when picking their classes.

Important Information to Consider:

- All sophomores must be enrolled in six (6) classes
- Students should consult the Course Catalog (available on the website) to view course information and required prerequisites to make informed decisions about class choices. Students can also speak to teachers about class expectations and should attend the informational meeting for any courses in which they are interested.
- Students should consider their class options carefully, taking into consideration not only the rigor of individual classes but the overall rigor of their complete schedule. Additionally, there is no guarantee that students will be able to make class changes in the future.
- **All** course selection forms must be signed by a parent / guardian. Students will not be placed in AP / Honors courses without a parent/guardian signature.
- Students earn graduation credits by earning grades of "D" or higher in their classes. For each class passed, five (5) credits will be issued per semester for a total of ten (10) credits per class per year.
- "D" grades do not meet the A-G subject requirements for UC / CSU admissions.
- Courses cannot be repeated for credit unless otherwise noted in the course catalog and on the reverse. A student can only earn a maximum of ten (10) credits per course. If a student chooses to repeat a class for which they have already earned a passing grade and credits, the previously earned credits will be removed from the student's credit total and potentially create credit deficiencies toward graduation. Students should consult with their counselor prior to repeating a course.
- Students should be mindful of the AP/Honors Policy listed on the reverse.
- Two Years of PE is required for Graduation. Students are encouraged to complete this requirement as sophomores. Students may qualify for a PE Exemption for the second year of PE based on successful participation on school sports teams. To qualify for a PE Exemption, a student must successfully complete two seasons of an Alameda High school sport and submit a PE Exemption Application. The paperwork is also available on the school website under Students-Athletics.

Alameda Unified School District Graduation Requirements: 220 Credits

40 credits in English	60 credits in Electives
20 credits in Math	20 credits total in 2 out of the 3 categories: • 10 credits in World Language • 10 credits in Visual and Performing Art • 10 credits of Career Technical Education (CTE) may be substituted for one of the categories listed above
20 credits in Lab Science *10 Biological/10 Physical*	5 credits in Navigating Life/Adulting
	5 credits in Ethnic Studies
20 credits in Physical Education	20 Hours of Community Service
30 credits in History/Social Science *10 MW Hist/10 US Hist/10 Govt/Econ*	GPA of 1.75 or higher

A-G Eligibility Requirements (University of California and California State University)

Note: Only semester grades A, B, or C count toward A-G Eligibility Requirements

A. History: 2 years Required	E. Foreign Language: 2 yrs. Required (3 Recommended)
B. English: 4 years Required	F. Visual/Performing Art: 1 yr. Required
C. Math: 3 yrs. Req (Alg 1/IM1, Geom/IM2, Alg 2/IM3)* *4 Years Recommended	G. College Prep Elective: 1 yr. Required
D. Lab Science: 2 yrs. Req (1 Biological & 1 Physical)* *3 years Recommended	**UC Minimum Academic 10th and 11th grade GPA for Admissions = 3.0** **CSU Minimum Academic 10th and 11th grade GPA for Admissions = 2.5**

AP/Honors Policy

AP classes are the equivalent to college courses. Please remember when selecting your AP/Honors courses.

By completing and signing this course selection sheet, students and guardians acknowledge the following:

- Ninth grade students do not have access to AP classes. Tenth grade students may take up to two AP/Honors classes per school year. Eleventh and Twelfth grade students may take a maximum of four AP/Honors classes per school year.
- Placement in AP/Honors classes is randomized and based on space availability. There is no guarantee that a student will receive a specific number of requested AP/Honors classes. Please note that there is no priority system.
- Once students have registered for the following year's classes, they may drop any AP/Honors class up to **May 15, 2026,** with no reason or approval process necessary. Drop requests must be made in writing to the counselor by submitting a completed Course Change Request form.
- After **May 15, 2026,** all AP/Honors drop requests will be reviewed by the counselor and administrative representative. **These drops are not guaranteed, and the student may need to remain in their originally chosen class.**
- Students interested in taking more than four AP/Honors courses at one time must petition in writing (with a parent signature). You can pick up a petition from the Counseling office. Petitions must be turned in to your counselor by **February 13, 2026,** of the current school year. Students whose petitions are granted still may drop any of their AP/Honors classes up to the final drop date of **May 15, 2026.**
- Students must have submitted their completed, signed Course Selection Sheet to the Counseling Office. Otherwise, students will not be enrolled in any AP/Honors courses.

Please note that signing up for an AP/Honors class is signing on to a commitment. DO NOT sign up for an AP class if you are not sure, as we may not be able to release you from the class due to seat availability in other classes. Also note, seat availability includes the planning for new students not yet enrolled.

The following classes are the only classes which may be repeated for credit towards graduation.

- Academic Strategies
- Advanced Projects Multi-Media Art with prior teacher approval
- Concert Band
- Contemporary Dance 2/3
- Creative Writing
- Digital Filmmaking 2
- Drama 3
- ELD classes
- Jazz Band
- Jujitsu
- Leadership
- Musical Theater
- Orchestra
- PE 2
- Strength and Conditioning
- Symphonic Band
- Theater Tech
- Yearbook

School Attended 2025-26: _____

Entering 10th grade Course Selection Form 2026-27

First Name: _____ Last Name: _____

Please check here if your student has: an Individualized Education Plan (IEP): ☐ / 504 Plan: ☐

All 10th grade students are required to take 6 classes (AUSD Board Policy). Courses with a "P" listed meet A-G College Requirements. Students should refer to the AHS Course Catalog for information about specific classes, requirements, and **prerequisites**. All prerequisites must be met. The AHS Course Catalog and course selection resources are available on our website at https://ahs.alamedaunified.org/ under Students-Course Catalog & Selection.

Return completed form as soon as possible to Alameda High either in person or by email (preferred method) to kmendoza@alamedaunified.org . In person submissions are unavailable from June 12- July 20.

Students cannot choose the order of classes. Courses offered are tentative pending student signups. Classes that do not fill may be cancelled. **Student schedules will be based on class availability and students may not receive their preference.**

Required Subjects—Circle Choice.

English (EECE English 2 P)

History
SMCE MW History P
SWPE AP World History P

Current Math Class: _____

Math
MICD Integrated Math 1 P
MICE Integrated Math 2 P
MICF Integrated Math 3 P
MFCF Pre-Calculus P
MFHF Honors Pre-Calculus P

Elective Subjects—Choose 10 and rank in order of preference with "1" as your first choice. Choices 4-10 are your Alternative Selections.

Physical Education
____PZGI PE
____PSGI Jujitsu
____PDGI Dance

ELD (English Language Learners)
____NEBI Beginning ELD
____NEJI Newcomer English (must sign up for Beginning ELD also)
____NEII Intermediate ELD
____NXCG Advanced ELD

Science
____QBCI Biology P (Biological)
____QCCI Chemistry P (Physical)
____QPCI Physics P (Physical)
____VOJN Biotech 1 P (Physical)

Career Technical Education (CTE)
____VQJI Comp Sci. Discoveries CTE 1 P
____VQIN Comp Sci. Principles CTE 2 P
____RGCI Digital Filmmaking 1 P
____RGIN Digital Filmmaking 2
____LAAE Multimedia Art 1 P
____LAAF Adv. Multimedia Art P
____VOGE Sports Medicine 1 P

Foreign Language
____FFCD French 1 P
____FFCE French 2 P
____FFCF French 3 P
____FFCG French 4 P
____FFHF Honors French 4 P
____FMBI Mandarin 1 P
____FMKI Mandarin 2 P
____FMUI Mandarin 3 P
____FMAI Mandarin 4 P
____FMHI Honors Mandarin 4 P
____FSCD Spanish 1 P
____FSCE Spanish 2 P
____FSCF Spanish 3 P
____FSCG Spanish 4 P
____FSHF Honors Spanish 4 P

Visual Performing Art
____LIBI Beginning Guitar P
____LBII Concert Band P
____LMGI Cont. Dance 1 P
____LMIX Cont. Dance 2 P
____LMAI Cont. Dance 3 P
____LDCE Drama 1 P
____LDCF Drama 2 P
____LDCG Drama 3 P
____LIAI Jazz Band P
____LDAI Musical Theater
____LICI Orchestra P
____LXAI Symphonic Band P
____LLGI Theater Tech
____LAGD Visual Art 1 P
____LAGE Visual Art 2 P
____LAGF Visual Art 3 P

Other
____ZOBI Academic Strategies (IEP)
____CCPL AP Comp Science Principles P (only if Comp Sci Discoveries completed)
____ZXBI Communication in the Real World (IEP)
____EWCI Creative Writing P
____SJCI Ethnic Studies P (semester)
____EXCI Film as Literature P
____OSGD Leadership
____SPCI Psychology P
____EYCI Yearbook (application required)

We understand that 1) these are the classes we have selected and approve for the 2026-2027 school year but there is no guarantee that the student will receive the selected classes; 2) teachers are hired based on course selection requests; 3) requests for other classes not selected may not be honored, including level changes; and 4) signature indicates we agree to all the stipulations in the course selection letter and the **AP/Honors Policy** both available for review on the website (Students/AHS Course Catalog & Selection).

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____