

Entering 10th Grade Students—2026-2027 School Year

Dear Parents and Guardians,

Please read these guidelines completely as they contain important information about your student's high school course selection. It is important that you understand the course selection process, AP/Honors policy (available on the website and on the reverse) graduation requirements (reviewed below), and the University of California (UC) and California State University (CSU) eligibility requirements (reviewed below) referred to as A-G subjects. Knowing this information will help you and your student make the right choices when picking their classes.

Important Information to Consider:

- All sophomores must be enrolled in six (6) classes
- Students should consult the Course Catalog (available on the website) to view course information and required prerequisites to make informed decisions about class choices. Students can also speak to teachers about class expectations and should attend the informational meeting for any courses in which they are interested.
- Students should consider their class options carefully, taking into consideration not only the rigor of individual classes but the overall rigor of their complete schedule. Additionally, there is no guarantee that students will be able to make class changes in the future.
- All course selection forms must be signed by a parent / guardian. Students will not be placed in AP / Honors courses without a parent/guardian signature.
- Students earn graduation credits by earning grades of "D" or higher in their classes. For each class passed, five (5) credits will be issued per semester for a total of ten (10) credits per class per year.
- "D" grades do not meet the A-G subject requirements for UC / CSU admissions.
- Courses cannot be repeated for credit unless otherwise noted in the course catalog and on the reverse. A student can only earn a maximum of ten (10) credits per course. If a student chooses to repeat a class for which they have already earned a passing grade and credits, the previously earned credits will be removed from the student's credit total and potentially create credit deficiencies toward graduation. Students should consult with their counselor prior to repeating a course.
- Students should be mindful of the AP/Honors Policy listed on the reverse.
- Two Years of PE is required for Graduation. Students are encouraged to complete this requirement as sophomores. Students may qualify for a PE Exemption for the second year of PE based on successful participation on school sports teams. To qualify for a PE Exemption, a student must successfully complete two seasons of an Alameda High school sport and submit a PE Exemption Application. The paperwork is also available on the school website under Students-Athletics.

Alameda Unified School District Graduation Requirements: 220 Credits

40 credits in English	60 credits in Electives
20 credits in Math	20 credits total in 2 out of the 3 categories: • 10 credits in World Language • 10 credits in Visual and Performing Art • 10 credits of Career Technical Education (CTE) may be substituted for one of the categories listed above
20 credits in Lab Science <i>10 Biological/10 Physical</i>	5 credits in Navigating Life/Adulthood 5 credits in Ethnic Studies
20 credits in Physical Education	20 Hours of Community Service
30 credits in History/Social Science <i>10 MW Hist/10 US Hist/10 Govt/Econ</i>	GPA of 1.75 or higher

A-G Eligibility Requirements (University of California and California State University)

Note: Only semester grades A, B, or C count toward A-G Eligibility Requirements

A. History: 2 years Required	E. Foreign Language: 2 yrs. Required (3 Recommended)
B. English: 4 years Required	F. Visual/Performing Art: 1 yr. Required
C. Math: 3 yrs. Req (Alg 1/IM1, Geom/IM2, Alg 2/IM3) * *4 Years Recommended	G. College Prep Elective: 1 yr. Required
D. Lab Science: 2 yrs. Req (1 Biological & 1 Physical)* *3 years Recommended	UC Minimum Academic 10 th and 11 th grade GPA for Admissions = 3.0 CSU Minimum Academic 10 th and 11 th grade GPA for Admissions = 2.5

AP/Honors Policy

AP classes are the equivalent to college courses. Please remember when selecting your AP/Honors courses.

By completing and signing this course selection sheet, students and guardians acknowledge the following:

- Ninth grade students do not have access to AP classes. Tenth grade students may take up to two AP/Honors classes per school year. Eleventh and Twelfth grade students may take a maximum of four AP/Honors classes per school year.
- Placement in AP/Honors classes is randomized and based on space availability. There is no guarantee that a student will receive a specific number of requested AP/Honors classes. Please note that there is no priority system.
- Once students have registered for the following year's classes, they may drop any AP/Honors class up to **May 15, 2026**, with no reason or approval process necessary. Drop requests must be made in writing to the counselor by submitting a completed Course Change Request form.
- After **May 15, 2026**, all AP/Honors drop requests will be reviewed by the counselor and administrative representative. **These drops are not guaranteed, and the student may need to remain in their originally chosen class.**
- Students interested in taking more than four AP/Honors courses at one time must petition in writing (with a parent signature). You can pick up a petition from the Counseling office. Petitions must be turned in to your counselor by **February 13, 2026**, of the current school year. Students whose petitions are granted still may drop any of their AP/Honors classes up to the final drop date of **May 15, 2026**.
- Students must have submitted their completed, signed Course Selection Sheet to the Counseling Office. Otherwise, students will not be enrolled in any AP/Honors courses.

Please note that signing up for an AP/Honors class is signing on to a commitment. DO NOT sign up for an AP class if you are not sure, as we may not be able to release you from the class due to seat availability in other classes. Also note, seat availability includes the planning for new students not yet enrolled.

The following classes are the only classes which may be repeated for credit towards graduation.

- | | |
|---|-----------------------------|
| • Academic Strategies | • Jujitsu |
| • Advanced Projects Multi-Media Art with prior teacher approval | • Leadership |
| • Concert Band | • Musical Theater |
| • Contemporary Dance 2/3 | • Orchestra |
| • Creative Writing | • PE 2 |
| • Digital Filmmaking 2 | • Strength and Conditioning |
| • Drama 3 | • Symphonic Band |
| • ELD classes | • Theater Tech |
| • Jazz Band | • Yearbook |

Entering 10th grade Course Selection Form 2026-27

First Name: _____ Last Name: _____ ID #: _____

Students will select their courses via their Aeries Academic Plan. Students should refer to the AHS Course Catalog for information about specific classes, requirements, and **prerequisites**. The AHS Course Catalog is available on our website at <https://ahs.alamedaunified.org/>. All 10th grade students are required to take 6 classes (AUSD Board Policy). Courses with a "P" listed meet A-G College Requirements.

Course selection steps:

1. Enter your course selection on this [Course Selection Form](#).
2. Update your **Academic Plan** in **Aeries** to reflect your choices (instructions available on the website) from **January 20** to **January 28, 2026**.
3. Return this course selection sheet to your English teacher by **January 29, 2026**.

Students cannot choose the order of classes. Courses offered are tentative pending student signups. Classes that do not fill may be cancelled. Student schedules will be based on class availability and students may **not** receive their preference.

Required Subjects—Circle Choice. Enter each choice in your Aeries Academic Plan

English	EECE English 2 P	Math	MICD Integrated Math 1 P
			MICE Integrated Math 2 P
History	SMCE MW History P		MICF Integrated Math 3 P or Advanced IM 3 P (circle)
	SWPE AP World History P		MIAL Integrated Math 3/Pre-Calculus compacted P
			MFCF Pre-Calculus P
			MFHF Honors Pre-Calculus P

Elective Subjects—Choose 10 and rank in order of preference with "1" as your first choice. Enter ONLY your top 3 choices in your Aeries Academic Plan. Choices 4-10 are your Alternative Selections.**Physical Education**

____ PZGI PE
 ____ PSGI Jujitsu
 ____ PDGI Dance

ELD (English Language Learners)

____ NEBI Beginning ELD
 ____ NEJI Newcomer English (must sign up for Beginning ELD also)
 ____ NEII Intermediate ELD
 ____ NXCG Advanced ELD

Science

____ QBCI Biology P (Biological)
 ____ QCCI Chemistry P (Physical)
 ____ QPCI Physics P (Physical)
 ____ VOJN Biotech 1 P (Physical)

Career Technical Education (CTE)

____ VQJI Comp Sci. Discoveries CTE 1 P
 ____ VQIN Comp Sci. Principles CTE 2 P
 ____ RGCI Digital Filmmaking 1 P
 ____ RGIN Digital Filmmaking 2
 ____ LA AE Multimedia Art 1 P
 ____ LA AF Adv. Multimedia Art P

____ VOG Sports Medicine 1 P

Foreign Language

____ FFCD French 1 P
 ____ FFCE French 2 P
 ____ FFCF French 3 P
 ____ FFCH Honors French 4 P
 ____ FMBI Mandarin 1 P
 ____ FMKI Mandarin 2 P
 ____ FMUI Mandarin 3 P
 ____ FMAI Mandarin 4 P
 ____ FMHI Honors Mandarin 4 P
 ____ FSCD Spanish 1 P
 ____ FSCE Spanish 2 P
 ____ FSCF Spanish 3 P
 ____ FSCG Spanish 4 P
 ____ FSHF Honors Spanish 4 P

Visual Performing Art

____ LIBI Beginning Guitar P
 ____ LBII Concert Band P
 ____ LMGI Cont. Dance 1 P
 ____ LMIX Cont. Dance 2 P
 ____ LMAI Cont. Dance 3 P

____ LDCE Drama 1 P
 ____ LDCF Drama 2 P
 ____ LDCG Drama 3 P
 ____ LIAI Jazz Band P
 ____ LDAI Musical Theater
 ____ LICI Orchestra P
 ____ LXAI Symphonic Band P
 ____ LLGI Theater Tech
 ____ LAGD Visual Art 1 P
 ____ LAGE Visual Art 2 P
 ____ LAGF Visual Art 3 P

Other

____ ZOBI Academic Strategies (IEP)
 ____ CCPL AP Comp Science Principles P
 (only if Comp Sci Discoveries completed)
 ____ ZXBI Communication in the Real World (IEP)
 ____ EWCI Creative Writing P
 ____ SJCI Ethnic Studies P (semester)
 ____ EXCI Film as Literature P
 ____ OSGD Leadership
 ____ SPCI Psychology P
 ____ EYCI Yearbook

We understand that 1) these are the classes we have selected and approve for the 2026-2027 school year but there is no guarantee that the student will receive the selected classes; 2) teachers are hired based on course selection requests; 3) requests for other classes not selected may not be honored, including level changes; and 4) signature indicates we agree to all the stipulations in the course selection letter and the **AP/Honors Policy** both available for review on the website (Students/AHS Course Catalog & Selection).

Student Signature: _____

Date: _____

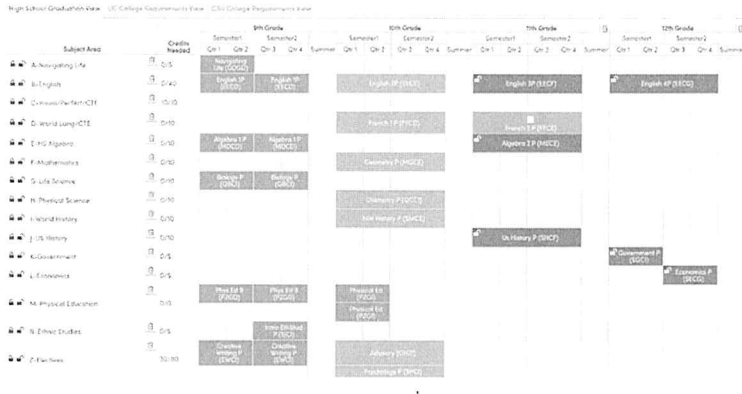
Parent Signature: _____

Date: _____

How to Enter Selections in Aeries Academic Plans

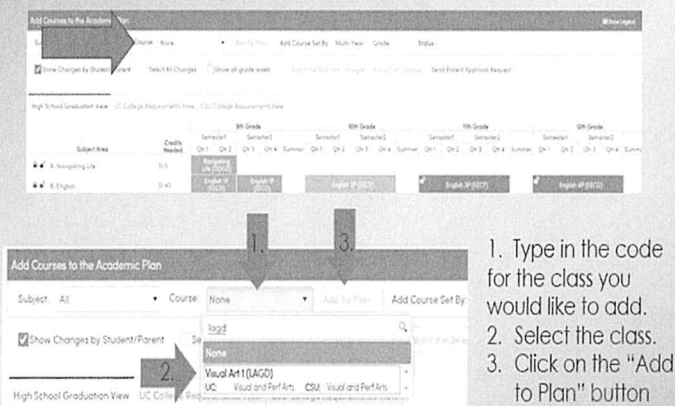
Log into your Aeries Student Account, go to **Classes** and select **Academic Plan**. You can only enter information into an Academic Plan from a student account.

This is what you will see:



Classes you have already completed are in green. Classes you are currently taking are orange. Some classes like English and social studies are pre-populated in blue. Your selections will be teal.

How to Add a Class

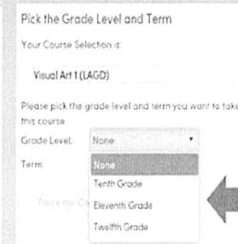


1. Type in the code for the class you would like to add.
2. Select the class.
3. Click on the "Add to Plan" button

4. After you choose "add" you get this screen



5. Choose which grade level you want to take the class.

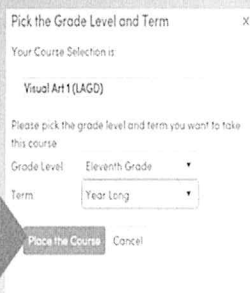


6. Choose "Year Long" for the term



Do NOT Choose Summer for the Term!

7. Select "Place the Course."

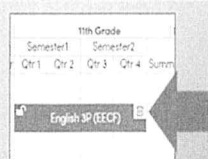


8. Continue adding classes until you have entered all of your selections for each grade level.

9. When you are done, **Submit** your Plan.



10. If you make a mistake or want to change a class that has been pre-populated, use the trashcan to delete the class.



You must **Submit** your plan to have your choices registered for Course Selection.

Remember, there are no guarantees. Class placement is dependent upon space availability.