

February

BREAKFAST

IS AVAILABLE TO ALL STUDENTS AT NO COST

Every student can select one *main breakfast entree, up to 2 servings of fruit, and a choice of fat-free or 1% milk to make a fully reimbursable breakfast!

DID YOU KNOW?

Beat the winter chill with a comforting hot breakfast every day, complete with filling options to help students start their day energized. Warm up in the mornings with a UMASD breakfast!

For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



Any further questions can be directed to
Brittany Frazer at
bfrazer@umasd.org or
610-205-8804

Middle School

Bridgeport Elementary is a "Community Eligible Provision" School so all meals are FREE for all students!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| <p>*Blueberry Lemon ZeeZee Oatmeal Bar *PopTarts *Assorted Cereal Bar</p> <p>Raisin and 100% Fruit Juice 2</p> | <p>*Egg, Cheese, Turkey Bacon Croissant *Cinni Mini-Bagels *Assorted Breakfast Breads</p> <p>Banana and 100% Fruit Juice 3</p> | <p>*Mini Waffles *Strawberry Banana *Pop Tarts *Smoothie with Granola *Assorted BeneFIT Bars</p> <p>Mixzees Dried Fruit and Applesauce 4</p> | <p>*Egg, Cheese, Turkey Sausage on English Muffin *Warmed Bagel w/ Cream Cheese *Assorted Muffins</p> <p>Orange Slices and 100% Fruit Juice 5</p> | <p>*Egg, Cheese. Turkey Bacon on Pretzel Roll *Apple Cinnamon Texas Toast with cheesestick *Assorted Cereal Bars</p> <p>Apple Slices and 100% Fruit Juice 6</p> |
| <p>*Turkey Sausage and Cheese Stuffed Croissant *NutriGrain Bar with Cheese stick and yogurt *Assorted Cereal Bars</p> <p>Raisin and 100% Fruit Juice 9</p> | <p>*Egg, Cheese, Turkey Bacon Croissant *Apple Strudel *Assorted Breakfast Breads</p> <p>Banana and 100% Fruit Juice 10</p> | <p>*Cheesy Egg Omelet Wrap *Pop Tarts *Assorted BeneFIT Bars ~Strawberry Yogurt Chex Mix~</p> <p>Applesauce and Craisins 11</p> | <p>No School</p> <p>12</p> | <p>No School</p> <p>13</p> |
| <p>No School</p> <p>★  ★</p> <p>PRESIDENT'S DAY</p> <p>16</p> | <p>*Blueberry Lemon ZeeZee Oatmeal Bar *PopTarts *Assorted Cereal Bars</p> <p>Banana and 100% Fruit Juice 17</p> | <p>*Mini Waffles *Strawberry Banana *PopTart *Smoothie with Granola *Assorted BeneFIT Bars</p> <p>Mixzees Dried Fruit and Applesauce 18</p> | <p>*Egg, Cheese, Turkey Sausage on English Muffin *Warmed Bagel w/ Cream Cheese *Assorted Muffins</p> <p>Orange Slices and 100% Fruit Juice 19</p> | <p>*Egg, Cheese. Turkey Bacon on Pretzel Roll *Apple Cinnamon Texas Toast with cheesestick *Assorted Cereal Bars</p> <p>Apple Slices and 100% Fruit Juice 20</p> |
| <p>*Breakfast Pizza Bagel *NutriGrain Bar with Cheese stick and yogurt *Assorted Cereal Bars</p> <p>Raisin and 100% Fruit Juice 23</p> | <p>*Egg, Cheese, Turkey Bacon Croissant *Apple Strudel *Assorted Breakfast Breads</p> <p>Banana and 100% Fruit Juice 24</p> | <p>*Cheesy Egg Omelet Wrap *Pop Tarts *Assorted BeneFIT Bars ~Strawberry Yogurt Chex Mix~</p> <p>Applesauce and Craisins 25</p> | <p>*Egg, Cheese, Turkey Sausage on Bagel *Warmed Croissant-Marg/Jam *Assorted Muffins</p> <p>Orange Slices and 100% Fruit Juice 26</p> | <p>*Egg, Cheese. Turkey Bacon on Pretzel Roll *ZeeZee Lemon Blueberry Oatmeal Bar *Assorted Cereal Bars</p> <p>Craisins and 100% Fruit Juice 27</p> |