

FEBRUARY

ELEMENTARY LUNCH MENU

BRIDGEPORT

Every student can select one *main entree and their choice of fruits and vegetables daily. 1% White Milk and Fat Free Chocolate Milk are also offered with each meal.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Bridgeport Students receive lunch at no cost because it is CEP "Community Eligible Provision" School.

Served Daily:

Milk: 1% White, Fat Free White and or Chocolate Milk

-May only choose 1-

Fruit: Apple Slices, applesauce, and Fruit of the Day

-May only choose 2-

Vegetable: Baby Carrots and the Veggie of the Day

-May only choose 2-

Condiments and Dressing are offered if part of the meal

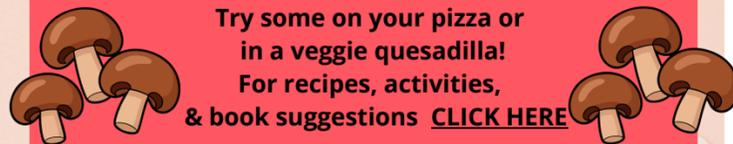
PA Harvest of the Month Mushrooms

Mushrooms are classified as a fungi and contain naturally occurring vitamin D. Over 60% of mushrooms grown are from PA and can be grown year round!

Try some on your pizza or in a veggie quesadilla!

For recipes, activities,

& book suggestions [CLICK HERE](#)



For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



SCAN ME

Any further questions can be directed to Brittany Frazer at bfrazer@umasd.org or 610-205-8804

This institution is an equal opportunity provider. Menus are subject to change.

1-Cheese and Potato Pierogies with a dinner roll-V
 2-Turkey Pepperoni and Mushroom Cheese Pizza
 3- Yogurt, Cheese Stick Grab and Go-V
Steamed Mixed Vegetable
Banana 2

1-Spaghetti & Meatballs in sauce with a dinner roll
 2-Cheese Pizza Slice-V
 3- Warm Pretzel and Cheese Grab and Go-V
Broccoli Florets
Banana 9

 **PRESIDENT'S DAY**  **No School** 16

1-Chicken Nuggets and Smile Fries
 2- Cheese Pizza Slice-V
 3-Warm Pretzel and Cheese Grab and Go-V
Broccoli Florets
Banana 23

1- Macaroni and Cheese with a dinner roll-V
 2-Grilled Cheese with Tomato Soup-V
 3- Chicken Tender Wrap
Steamed Yellow Corn
Mixed Fruit Cup 3

1-Popcorn Chicken and Dutch Waffle
 2-Grilled Cheese with Tomato Soup-V
 3- Popcorn Chicken Garden Salad with dinner roll
Roasted Brussel Sprouts
Mixed Fruit Cup 10

1-Turkey Taco Meat & Cheese on Tortillas with lettuce and tomato cup
 2-Grilled Cheese with Tomato Soup-V
 3- Chicken Tender Wrap
Steamed Yellow Corn
Mixed Fruit Cup 17

1-Cheeseburger on bun
 2-Grilled Cheese with Tomato Soup-V
 3- Popcorn Chicken Garden Salad with dinner roll
Steamed Green Beans
Mixed Fruit Cup 24

1- Mini Pancakes with Turkey Bacon and Hash Browns
 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
 3- Wowbutter and Jelly Uncrustable Grab and Go-V
Sliced Bell Peppers
Pear Fruit Cup 4

1-Chicken Penne Rosa in a light pink cheese sauce with dinner roll
 2-Breaded Mozzarella Cheese Sticks with Marinara Dipping Sauce-V
 3- Turkey and Cheese Hoagie with Lettuce, Tomato
Cucumber Slices
Pear Fruit Cup 11

1-Pillsbury Cinnamon Roll with Cheesy Egg Omelette & Hash Browns-V
 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
 3- Wowbutter&Jelly-V
Sliced Bell Peppers
Pear Fruit Cup 18

1- Mini Waffle, Turkey Sausage, and Hash Browns
 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
 3-Turkey and Cheese Hoagie with Lettuce, Tomato
Cucumber Slices
Pear Fruit Cup 25

1-Cherry Blossom Chicken brown Rice & fortune cookie
 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
 3- Turkey Bacon Wrap
Steamed Green Peas
Peach Fruit Cup 5

On Feb 11th Every student who orders a lunch will also receive a Red Velvet Cookie.  **No School** 12

1-Crispy Chicken Patty Sandwich & pickles
 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
 3- Turkey Bacon Wrap
Steamed Green Peas
Peach Fruit Cup 19

1-Italian Meatball Sub on roll
 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
 3- Nachos Kit Grab and Go with cheese and salsa cup-V
Steamed Broccoli
Peach Fruit Cup 26

1-Walking Beef Nachos with Cheese over Tosito Rounds
 2-Chicken Tenders, French Fries and a roll
 3- Make Your Own Pizza Grab and Go-V
Celery Sticks
Grapes 6

 **No School** 13

1-Fish Sticks with Fries and dinner roll
 2-Chicken Tenders, French Fries and roll
 3- Make Your Own Pizza Grab and Go-V
Celery Sticks
Grapes 20

1-Cheese Quesadilla with Refried Beans-V
 2-Chicken Tenders, French Fries and roll
 3- Assorted Cereal, yogurt, cheese Grab and Go-V
Assorted Veggie Cup
Grapes 27