

FEBRUARY

ELEMENTARY LUNCH MENU

CALEY, CANDLEBROOK, GULPH, & ROBERTS

Every student can select one *main entree and their choice of fruits and vegetables daily. 1% White Milk and Fat Free Chocolate Milk are also offered with each meal.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meal Pricing: Lunch
Free/Reduced-At no cost
Full Paid- \$3.00

Served Daily:

Milk: 1% White, Fat Free White and or Chocolate Milk

-May only choose 1-

Fruit: Apple Slices, applesauce, and Fruit of the Day

-May only choose 2-

Vegetable: Baby Carrots and the Veggie of the Day

-May only choose 2-

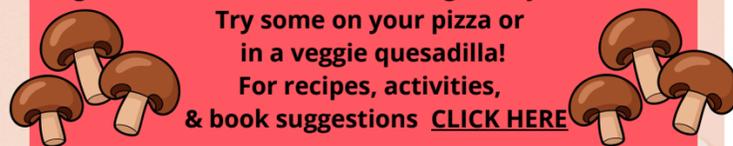
Condiments and Dressing are offered if part of the meal

PA Harvest of the Month Mushrooms

Mushrooms are classified as a fungi and contain naturally occurring vitamin D. Over 60% of mushrooms grown are from PA and can be grown year round!

Try some on your pizza or in a veggie quesadilla!

For recipes, activities, & book suggestions [CLICK HERE](#)



For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



SCAN ME

Any further questions can be directed to Brittany Frazer at bfrazer@umasd.org or 610-205-8804

This institution is an equal opportunity provider. Menus are subject to change.

1-Cheese and Potato Pierogies with a dinner roll-V
2-Turkey Pepperoni and Mushroom Cheese Pizza
3- Yogurt, Cheese Stick Grab and Go-V
Steamed Mixed Vegetable
Banana 2

1-Spaghetti & Meatballs in sauce with a dinner roll
2-Cheese Pizza Slice-V
3- Warm Pretzel and Cheese Grab and Go-V
Broccoli Florets
Banana 9

 **PRESIDENT'S DAY**  **No School** 16

1-Chicken Nuggets and Smile Fries
2- Cheese Pizza Slice-V
3-Warm Pretzel and Cheese Grab and Go-V
Broccoli Florets
Banana 23

1- Macaroni and Cheese with a dinner roll-V
2-Grilled Cheese with Tomato Soup-V
3- Chicken Tender Wrap
Steamed Yellow Corn
Mixed Fruit Cup 3

1-Popcorn Chicken and Dutch Waffle
2-Grilled Cheese with Tomato Soup-V
3- Popcorn Chicken Garden Salad with dinner roll
Roasted Brussel Sprouts
Mixed Fruit Cup 10

1-Turkey Taco Meat & Cheese on Tortillas with lettuce and tomato cup
2-Grilled Cheese with Tomato Soup-V
3- Chicken Tender Wrap
Steamed Yellow Corn
Mixed Fruit Cup 17

1-Cheeseburger on bun
2-Grilled Cheese with Tomato Soup-V
3- Popcorn Chicken Garden Salad with dinner roll
Steamed Green Beans
Mixed Fruit Cup 24

1- Mini Pancakes with Turkey Bacon and Hash Browns
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3- Wowbutter and Jelly Uncrustable Grab and Go-V
Sliced Bell Peppers
Pear Fruit Cup 4

1-Chicken Penne Rosa in a light pink cheese sauce with garlic knot
2-Breaded Mozzarella Cheese Sticks with Marinara Dipping Sauce-V
3- Turkey and Cheese Hoagie with Lettuce, Tomato
Cucumber Slices
Pear Fruit Cup 11

1-Pillsbury Cinnamon Roll with Cheesy Egg Omelette & Hash Browns-V
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3- Wowbutter&Jelly-V
Sliced Bell Peppers
Pear Fruit Cup 18

1- Mini Waffle, Turkey Sausage, and Hash Browns
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3-Turkey and Cheese Hoagie with Lettuce, Tomato
Cucumber Slices
Pear Fruit Cup 25

1-Cherry Blossom Chicken brown Rice & fortune cookie
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3- Turkey Bacon Wrap
Steamed Green Peas
Peach Fruit Cup 5

On Feb 11th Every student who orders a lunch will also receive a Red Velvet Cookie.  **No School** 12

1-Crispy Chicken Patty Sandwich & pickles
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3- Turkey Bacon Wrap
Steamed Green Peas
Peach Fruit Cup 19

1-Italian Meatball Sub on roll
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3- Nachos Kit Grab and Go with cheese and salsa cup-V
Steamed Broccoli
Peach Fruit Cup 26

1-Walking Beef Nachos with Cheese over Tosito Rounds
2-Chicken Tenders, French Fries and a roll
3- Make Your Own Pizza Grab and Go-V
Celery Sticks
Grapes 6

 **No School** 13

1-Fish Sticks with Fries and dinner roll
2-Chicken Tenders, French Fries and roll
3- Make Your Own Pizza Grab and Go-V
Celery Sticks
Grapes 20

1-Cheese Quesadilla with Refried Beans-V
2-Chicken Tenders, French Fries and roll
3- Assorted Cereal, yogurt, cheese Grab and Go-V
Assorted Veggie Cup
Grapes 27