



Covington Community School Corporation

Mental Health Guidance for Parents

Talk to your School Counselor about any school related services.

"I need help for my child. I am worried about my child's mental health."
Has your child harmed or threatened to harm themselves or others? Is your child "out-of-control"? Are you concerned about your child's safety?

I answered "YES" to at least one of the questions above. I am concerned about my child's immediate safety.

I answered "NO" to the questions above. I am concerned about my child's mental health, but it's not an emergency.

Take your child to the ER.

Contact 24/7 Crisis Intervention:

Call 9-1-1 or 9-8-8 for immediate help

National Suicide Prevention Hotline: 1-800-273-TALK

Mental Health America Crisis Line: 765-742-0244

If your child already has a therapist or counselor, follow the established crisis plan or contact them immediately.

Community Mental Health Providers – Fountain County

*Sycamore Springs – CHANGES: 765-340-2739

*Ascension St. Vincent Williamsport: 765-762-4000

*Franciscan Health Crawfordsville: 765-362-2800

**There are more providers. Check with your physician.

I have insurance.

If your child has a physician, they may be able to assist w/ an initial appointment or referral.

Check to see if your employer has an Employee Assistance Program (EAP).

I do NOT have health insurance.

Valley Oaks Health: 765-446-6400

Mental Health America Navigator: 765-742-1800