

# Chapel Hill-Carrboro City Schools

## School Nutrition Newsletter

January 2026



### **NEW Lunch Carts at Carrboro High and East Chapel Hill High Schools**

Looking for a quick bite? Stop by the Food Haul Lunch Cart! Serving select 2Mato, Grilled, Smoothie Station, On the Go and side items. Reimbursable meals available.

### *Chili Days,* **WARM BELLIES**

Limited Time Offering ends this month! Chili Days January features include: Moroccan Vegetable Stew, Macaroni Chicken Casserole, Chili Cheese Dogs, Dutch Chicken Pot Pie, Beef and Bean Chili and Cheesy Chicken and Rice Casserole.



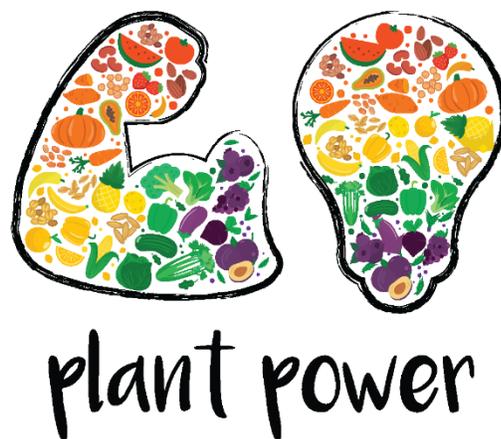
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## DISCOVERY KITCHEN FUN

### Plant Power

Plant Power is a celebration of plant-based, fresh, seasonal and local fare. This month, students will learn just how powerful some plants can be in terms of protein and nutrition. Through a variety of menu items and activities, students will explore how they and their families can incorporate more of these powerful foods into their regular diet.

Discovery Kitchen Plant Power samples will be served at all schools the week of January 12-16, 2026.



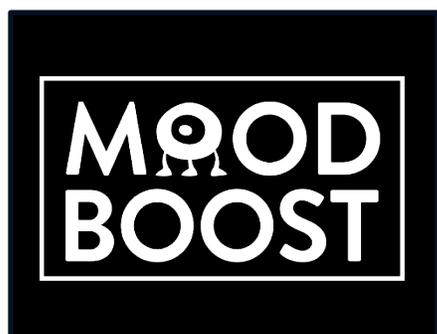
## ICYMI

East Chapel Hill High students recently participated in one of our Student Programs, Student Choice. Through Student Choice, students have the opportunity to taste and vote on a variety of new restaurant-inspired food stations to add to their menu. The winning menu item was Pulled Chicken over Tater Tots with Chipotle Citrus BBQ Sauce! This item will be served at the high schools on Friday, January 30, 2026.



## FUN DAYS THIS MONTH:

January 5, 2026



January 12, 2026



January 22, 2026

