

KENNEDY CATHOLIC HIGH SCHOOL

140 S. 140th St – Burien, WA 98168 -3496
Phone: 206.246.0500 Fax: 206.242.0831

www.kennedyhs.org



January 14, 2026

Dear Freshman Parent(s) or Guardians:

Kennedy Catholic High School will host our Frosh Retreat February 26 & 27, 2026.

The Frosh Retreat touches on our mission to build students' relationships with Jesus Christ through prayer, community, formation, and service. This retreat is unique to Kennedy Catholic and because we feel strongly that students should enjoy this experience, **all 9th grade students (of all faiths) are required to participate.** Please do not schedule any activities, sports, or appointments that conflict with the Frosh Retreat. If you foresee any conflicts, please contact Mr. Hostak at hostaka@kennedyhs.org.

Schedule Overview:

- **Thursday, February 26 (5-9pm):** School dismissal will be at the regular time and students may participate in their regular after school activities OR they may stay in the cafeteria where a movie will be playing (faculty supervision is provided). At 4:30pm, there will be pizza offered for dinner to any student who wishes to stay on campus until the retreat. All students should return to Kennedy Catholic's cafeteria by 5pm. Please be sure your student has eaten dinner before arriving or have them grab pizza from the cafeteria at 4:30pm. They will not stay overnight. They should be picked up at the gym entrance at 9pm.
- **Friday, February 27 (8am—9:30pm):** Students report to Kennedy Catholic's **main gym by 8am. All 9th graders must bring a lunch.** Dinner is provided in individual servings. All parents/guardians are invited to Mass in the gym at 8pm. This is a fantastic end to our retreat!

Permission Slip:

- Complete the enclosed permission slip and return it to their Community Period teacher by **Monday, February 9.**
- Please make sure that all allergies are listed, especially food. If you have any questions about transportation or permission forms, contact Mr. Hostak at 206-246-0500 or hostaka@kennedyhs.org.

Closing Ceremony

- All 9th graders will be dismissed after the closing ceremony, which will conclude around 9:30pm, on Friday, February 27.
- At least one parent/guardian should be in the gym by 8pm on Friday, February 27 to participate in the closing Mass and ceremony.

Other Information

- Under the guidance of teachers and staff, the retreat will be implemented by trained junior and senior leaders selected by faculty. All 9th graders will be assigned to a small group of 6-8 to be led by two or three of our junior/senior retreat leaders.

Packing List

For **Thursday, February 26:**

- Pre-packaged snack to share
- Water bottle

For **Friday, February 27:**

- Sack lunch for Friday (cafeteria will not be open)
- Snacks
- Water bottle
- Prepare for the weather: Warm jacket with hood or sweatshirt
- A blanket or sleeping pad or mat as we will be watching a movie on the gym floor

We truly believe that this retreat will be one of the most important spiritual and community experiences for your 9th grade student and could impact their remaining high school years and beyond. We encourage all parents/guardians to support them as they prepare for this retreat. Please pray for the retreat!

If you have any questions, do not hesitate to call. May God bless you and your family.

Sincerely,



Mr. A.J. Hostak
Assistant Director of Campus Ministry



Ms. Megan McNulty
Activities Coordinator



Mr. Greg Caldwell
Freshmen Success Coordinator



Mr. Matt Mohs
President/Principal

Please return completed permission slips to your student's Community Period teacher by Monday, February 9, 2026.