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# February Breakfast

## SECONDARY 2026



This institution is an equal opportunity provider.

<p><b>M 2</b></p> <p>Blueberry Sheet Pancake with Turkey Sausage</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	<p><b>T 3</b></p> <p>Chicken Sausage or Egg &amp; Cheese Biscuit Sandwich</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	<p><b>W 4</b></p> <p>Cheesy Potato Egg Casserole with English Muffin</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	<p><b>T 5</b></p> <p> Breakfast Burrito with Sausage, Egg &amp; Cheese</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	<p><b>F 6</b></p> <p>Cheesy Scrambled Eggs with Cinnamon Roll</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>
<p><b>M 9</b></p> <p>French Toast with Chicken Sausage Patty</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	<p><b>T 10</b></p> <p>Chicken Sausage or Egg &amp; Cheese English Muffin Sandwich</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	<p><b>W 11</b></p> <p>Sunrise Fiesta Bowl with Jalapeño Cheddar Biscuit</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	<p><b>T 12</b></p> <p> Breakfast Taco with Turkey Chorizo</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	<p><b>F 13</b></p> <p><b>NO SCHOOL</b></p>
<p><b>M 16</b></p> <p><b>NO SCHOOL</b></p>	<p><b>T 17</b></p> <p><b>NO SCHOOL</b></p>	<p><b>W 18</b></p> <p>Cheesy Potato Egg Casserole with English Muffin</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	<p><b>T 19</b></p> <p> Breakfast Burrito with Sausage, Egg &amp; Cheese</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	<p><b>F 20</b></p> <p>Cheesy Scrambled Eggs with Cinnamon Roll</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>
<p><b>M 23</b></p> <p>French Toast with Chicken Sausage Patty</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	<p><b>T 24</b></p> <p>Chicken Sausage or Egg &amp; Cheese English Muffin Sandwich</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	<p><b>W 25</b></p> <p>Sunrise Fiesta Bowl with Jalapeño Cheddar Biscuit</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	<p><b>T 26</b></p> <p> Breakfast Taco with Turkey Chorizo</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	<p><b>F 27</b></p> <p>Egg &amp; Cheese Omelet with Apple Cinnamon Breakfast Bread</p> <p><b>OR</b></p> <p> Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>

# TRUE FOOD

MPS CULINARY & WELLNESS SERVICES

EST. 2012

## SELECTION OF FRUIT & MILK OFFERED DAILY

Know Your Food Farm to School