

Hitchcock ISD School Health Advisory Council Annual Report for 2021-2022 School Year

SHAC Members: Anna Stewart (dietary), Grace Mendoza (dietary), Doug Hoffman (dietary), Ginger Williams (HPS), Russell Mawby (athletics), Sue Taylor (parent CMS) and Karen Peterson RN (District Nurse).

Due to Covid no prior meetings have been held prior to the meeting held on May 13, 2022 .

The eight components of Coordinated School Health are the priority focus areas for the SHAC. They are Nutrition Services, Health Services, Healthy and Safe School Environment, Counseling and Mental Health Services, Staff Wellness Promotion, Parent and Community Involvement, Physical Education and Health Education.

The Mission of the Hitchcock School Health Advisory Council is to bring to reality the philosophy that “Healthier Students are Better Learners”. It is more effective to teach healthy habits to children and young adults than it is to undo unhealthy habits. Therefore, the focus of this council is to bring forth ideas, design plans and ensure that our community members can join forces with the school to support the knowledge and skills young people need to be healthy, productive and contributing members of society.

Discussions from the May 2022 meeting:

Nutrition Services - Doug Hoffman reported that during Covid, HISD served 75,000 meals off of school buses. Up to today they have served 190,000 meals. They serve a hot breakfast and lunch and

send a sack lunch home with students. They are experiencing difficulties with the supply chain. This should affect them probably until Christmas of 2022. An order is placed each week and they may receive half of what was ordered or receive sub quality foods. There is a foil shortage and a shortage of foam trays. These issues impact student choice. A question was made regarding portion sizes for adults when a lunch is purchased by staff at HPS - Mr. Hoffman stated he would address that with staff. High School staff is setting up a waffle bar in the cafeteria for breakfast. Summer school meals will be served. A question was posted about the Mobile Food Truck and Mr. Hoffman reported that it is available for any school group to use. The truck holds warm food and has speakers and two serving stations. The truck is about twice the size of a golf cart with HISD decals on it. It was received through a Moody Grant.

Health Services - Karen Peterson RN reported that Rapid Covid Tests are available at SES, CMS and HS for students, family and faculty. Call the clinic for a time and registration. Covid cases for the District are posted weekly on the HISD website. Currently we have 1 positive case. Guidelines for Quarantine and Isolation are: Quarantine for at least 5 days then wear a mask for 5 days if: 1-You were exposed and not up to date on your vaccinations; 2-You were exposed and are up to date on your vaccinations and have developed symptoms. Isolate for at least 5 days then wear a mask for 5 days if you tested positive for covid or have symptoms regardless of vaccination status. Contact your school's clinic for directions on when to return to school. Face masks are still available at the clinics to use at school.

Physical Education - Karen Peterson RN reported that she has received notice and contact information for three Epilepsy Camps that will be held this summer in Texas. If anyone needs the camp information please contact her.

Next meeting will be scheduled after school starts and members will be notified. Requested any suggestions/recommendations for Council members. Students, parents, community members are needed.