

Vegetable Soup (with beef) Recipe

Submitted by Tammy Bidinger, 2nd Grade Teacher



“This is my Dad, Tony Matrey’s recipe. We call it Pop’s Vegetable Soup”

Ingredients

- 1 cup chopped onion
- 1 cup chopped celery
- 2 cups cubed potatoes (½ in cubes)
- 2 lbs ground beef
- 2 quarts beef broth
- 2 bags (16 oz each) mixed vegetables (add more if needed)
- 2 (28oz) can whole tomatoes (smash whole tomatoes with your hands)
- 1 can (14oz) diced tomatoes
- 2 tbsp dried oregano
- 1 tsp dried basil

Instructions

- 1. Heat pot then add 1 tbsp of oil. Add meat and onions to the pot. Sauté meat and onions, but do not brown meat! It is ok if some meat is brown but do not cook until brown. Do not drain grease.**
- 2. Add beef broth to the meat and onion mixture and break up the meat.**
- 3. Add celery, potatoes, and smashed whole tomatoes and diced tomatoes to the beef broth and meat mixture.**
- 4. Cook for about 20 minutes.**