

# Parenting & Child Development 1

## Unit 1 (Learning About Children)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>What is child development?</p> <p>What types of development does play promote?</p> <p>What developmental skills does quiet play promote?</p> <p>What are developmentally appropriate practices?</p>	<p>Appropriate learning activities are dependent on the child's stage of development</p> <p>Health and safety hazards need to be evaluated at each stage of development</p>	<p>Identify steps of planning an activity for each stage of development.</p> <p>Examine and select activities and toys for children at different stages of development</p> <p>Examine popular toys and identify positive and negative aspects of construction and safety.</p>	<p>Brainstorm Child Development is...</p> <p>Explain why childhood is an important time of development</p> <p>Identify ways that play benefits children</p> <p>Teamwork Create posters how play benefits children</p> <p>Describe reasons for studying children Explain the benefits of</p>	<p>Behaviors Caregivers Child development</p>	<p>11.4.6.A Compare and contrast child development guided practices according to the stage of child development</p> <p>11.4.9.B Evaluate health and safety hazards relating to children at each stage of child development</p>

					<p>studying child development</p> <p>RealCare: Important Roles of the Caregiver Self-Assessment Analyzing caregiver scenarios</p> <p>Assessment</p>		
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>What is child development?</p> <p>What makes an activity developmentally appropriate?</p> <p>What is a theory?</p> <p>How are developmental theories used in working with children?</p>	<p>Development progresses in stages</p> <p>-----</p> <p>Appropriate learning activities are dependent on the child's stage of development</p> <p>-----</p> <p>Research has identified practices, environments and conditions that optimize child development</p> <p>-----</p>	<p>Identify characteristics of physical, social, emotional, intellectual development</p> <p>Identify and define basic concepts of growth development.</p> <p>-----</p> <p>Identify steps of planning an activity for each stage of development</p> <p>-----</p> <p>Analyze interrelationships</p>	<p>Compare childhood in the past and present</p> <p>Outline the leading ideas about how children develop</p> <p>Describe five principles of development</p> <p>Explain influences on development</p> <p>Explain the role of self-esteem in development</p>	<p>Adolescence</p> <p>Developmental tasks</p> <p>Environment</p> <p>Heredity</p> <p>Neurons</p> <p>Self-esteem</p> <p>Sequence</p>	<p>11.4.3.A Identify characteristics in each stage of child development.</p> <ul style="list-style-type: none"> <li>• Infancy/birth to 1 year</li> </ul> <p>11.4.6.A Compare and contrast child development guided practices according to the stage of child development</p> <p>11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development</p>

			<p>New research continues to expand our understanding of child development and parenting.</p> <p>-----</p> <p>among physical, emotional, social and intellectual aspects of child growth and development.</p> <p>-----</p> <p>Compare and contrast past theorists with new theorists' ideas and their impact on parenting.</p> <p>-----</p> <p>Analyze child development theories and their implications for education and for education and childcare practices.</p>	Assessment		11.4.12.A Analyze current research on existing theories in child development and its impact on parenting	
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and	<p>What makes an activity developmentally appropriate?</p> <p>-----</p> <p>How do children learn behavior patterns?</p> <p>-----</p>	<p>Appropriate learning activities are dependent on the child's stage of development</p> <p>-----</p> <p>Research has identified</p>	<p>Observe children at various levels of development and analyze differences.</p> <p>-----</p> <p>Explain how observations and assessments help</p>	<p>Explain the importance of observing young children</p> <p>-----</p> <p>Evaluate four methods of observation</p> <p>Discuss</p>	<p>Anecdotal record</p> <p>Baseline</p> <p>Confidentiality</p> <p>Developmental checklist</p> <p>Frequency count</p> <p>Interpret</p> <p>Objective</p> <p>Running record</p>	<p>11.4.6.A</p> <p>Compare and contrast child development guided practices according to the stage of child development</p> <p>-----</p> <p>11.4.9.A</p> <p>Analyze physical, intellectual and</p>

	stable family and community environments	Why is confidentiality important in observations of children?	practices, environments and conditions that optimize child development ----- New research continues to expand our understanding of child development and parenting	understand children ----- Observe and assess all areas of development using an anecdotal record, narrative rating scale, and/or checklist	guidelines for observing young children  Explain why confidentiality is essential when observing and interpreting the behavior of children  Assessment	Subjective	social/emotional development in relation to theories of child development  11.4.12.A Analyze current research on existing theories in child development and its impact on parenting
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments  Career choice and preparation are lifelong processes based on many	How will lifelong learning play a part in my career journey?  What is lifelong learning?  What training opportunities will best prepare me for my chosen career pathway?  How are developmental theories used in	Factors that impact career choices. ----- New research continues to expand our understanding of child development and parenting.	Describe influences that impact personal career choices  Locate, evaluate and interpret career information  Identify personal interests, aptitudes and abilities that influence career choice. ----- Analyze child development	Name three different levels of jobs  Describe different methods of researching jobs  Identify factors that can be used to analyze careers  Describe skills needed to prepare for jobs of the future.	Aptitudes Entry-level job Lifelong learner Paraprofessional Professional Service learning Systems Work environment Work-based learning	13.1.8.H Choose personal electives and extra-curricular activities based upon personal career interests, abilities and academic strengths  13.1.11.A Relate careers to individual interests, abilities and aptitudes  13.1.11.B Analyze career options based on personal interests, abilities, aptitudes, achievements and goals

	influences and using many strategies.	working with young children?		theories and their implications for education and childcare practices	Assessment		<p>13.1.11.C Analyze how the changing roles of individuals in the workplace relate to new opportunities within career choices</p> <p>11.4.12.A Analyze current research on existing theories in child development and its impact on parenting.</p>
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**Unit 2 (Learning About Families)**

<b>Estimated Unit Time Frames</b>	<b>Big Ideas</b>	<b>Essential Questions</b>	<b>Concepts (Know)</b>	<b>Competencies (Do) Students will be able to:</b>	<b>Lessons/ Suggested Resources</b>	<b>Vocabulary</b>	<b>Standards/ Eligible Content</b>
1-2/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society.	<p>What is a family?</p> <p>Why are families important?</p> <p>-----</p> <p>How do family functions change throughout the</p>	<p>Each life stage has identifiable developmental tasks</p> <p>-----</p> <p>Family members depend on one another to meet their needs and responsibilities</p>	<p>Identify developmental tasks of family members at different stages of the life cycle</p> <p>-----</p> <p>Identify the family as the basic unit of society.</p>	<p>Explain the functions that families fulfill</p> <p>Describe types of family structures and special issues related to each type</p> <p>Identify stages</p>	<p>Adoption</p> <p>Blended family</p> <p>Extended family</p> <p>Family life cycle</p> <p>Foster children</p> <p>Guardians</p> <p>Nuclear family</p> <p>Single-parent family</p> <p>Values</p>	<p>11.2.3.G Identify the life stages by identifying their developmental task</p> <p>11.2.3.F Explain daily activities that fulfill family functions in meeting responsibilities</p> <p>11.2.12.F</p>

	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	life cycle?	Family tasks change to meet the needs of its individuals members throughout human developmental stages	Describe ways families meet the basic human needs.  Describe the roles of family members.  Assess the ability of the family to meet the needs of its individual members throughout human developmental stages	that families with children go through  Analyze trends that affect families today  Describe the importance of families  Assessment		Assess the relationship of family functions to human developmental stages
1-2/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society.	How do nurturing relationships help a family stimulate the growth and development of children?	Family tasks change to meet the needs of its individual members throughout human development stages.	Explain how families survive as an institution.  Describe ways in which families expand and contract over the course of the family life cycle.  Discuss strategies for	Describe that changes that parenthood brings  List considerations couples should look at before deciding to become parents  Use a process to	Emotional maturity Parenthood	11.2.12.F Assess the relationship of family functions to human developmental stages

				sharing family responsibilities as families adapt to change.	build management skills  Assessment		
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### Unit 3 (Teen Pregnancy and Parenthood)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
2-3/45 min lessons	<p>Health concepts are essential for wellness and a health-enhancing lifestyle.</p> <p>Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society</p>	<p>What choices should you make to act and grow responsibly</p> <p>-----</p> <p>Explain how peer pressure influences behavior</p>	<p>The way our multiple body systems function determines our level of health</p> <p>-----</p> <p>Effective communication skills help in resolving conflict</p>	<p>Select healthy attitudes and habits that promote individual growth and responsible decision making</p> <p>-----</p> <p>Recognize conflict as a natural part of human behavior</p>	<p>Explain how teens can avoid pregnancy</p> <p>Distinguish between sexuality and sexual activity</p> <p>Explain how values can help teens face issues of sexuality</p> <p>Describe negative consequences of sexual activity</p> <p>Assessment</p>	<p>Abstinence Hormones Paternity Peer pressure Sexuality Sexually transmitted diseases (STDs)</p>	<p>10.2.6.A Explain the relationship between personal health practices and individual well-being.</p> <p>10.2.6.D Describe and apply the steps of a decision-making process to health and safety issues.</p> <p>11.2.3.H Identify how to resolve conflict using interpersonal communication skills</p>
2-3/45 min	Families are the fundamental	What communication	Communication skills are	Examine how power can be	Analyze the six-part process to	Closed adoption Miscarriage	11.2.9.H Justify the significance

lessons	unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society	skills are needed when solving problems and making decisions ----- How does problem solving use both critical and creative thinking?	important when solving problems and making decisions ----- Infusing effective personal communication skills into the daily life helps to reduce and resolve conflict	used or misused in interpersonal exchanges and decision-making ----- Apply the steps of conflict resolution to a problem	solving problems  Analyze various options a pregnant teen has  Assessment	Open adoption	of interpersonal communication skills in the practical reasoning method of decision making  11.2.12.H Evaluate the effectiveness of using interpersonal communication skills to resolve conflict
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### Unit 4 (Prenatal Development)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
2-3/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society	Why do all the areas of growth and development happen at different rates? ----- How do nurturing relationships help a family stimulate the	Research has identified characteristics of an effective learning environment. ----- Family tasks change to meet the needs of its individual members	Analyze interrelationships among physical, emotional, social and intellectual aspects of child growth and development ----- Assess the ability of the family to meet	Distinguish among the three stages of pregnancy.  Describe prenatal development during each stage of pregnancy.  Explain what	Amniotic fluid Conception Embryo Fetus Ovum Placenta Prenatal development Sperm Umbilical cord Uterus zygote	11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development  11.2.12.F Assess the relationship of family functions to human developmental stages

	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	growth and development of children?	throughout human developmental stages	the needs of its individual members throughout human developmental stages	changes affect a woman during each stage of pregnancy.  Assessment		
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	Why do all the areas of growth and development happen at different rates? ----- How does the availability of community resources impact the development of its children?	Health and safety hazards need to be evaluated at each stage of development	Describe and predict health and safety hazards relating to children at each stage of development	Describe how personal characteristics are inherited.  Explain the causes of multiple births  Evaluate the different possible solutions for infertility  Assessment	Chromosomes Dominant Genes Infertility Recessive surrogate	11.4.9.B Evaluate health and safety hazards relating to children at each stage of child development.
1-2/45 min lessons	Children grow and learn in understandable observable	How does the availability of community resources	Current global health and safety issues impact children	Research and present current issues in health and safety	Contrast miscarriage and stillbirth	Amniocentesis Birth defect Chorionic villi sampling	11.4.12.B Analyze current issues in health and safety affecting children at each

	patterns that can be recognized and optimized through consistent and stable family and community environments	<p>impact the development of its children?</p> <p>What environmental situations prior to birth can affect child development?</p> <p>What is brain development?</p>	at various developmental stages.	affecting children at each stage of development	<p>Identify some major birth defects</p> <p>Explain the four causes of birth defects</p> <p>Describe how birth defects can be diagnosed and prevented</p> <p>Assessment</p>	Miscarriage Stillbirth ultrasound	stage of child development
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>How does the availability of community resources impact the development of its children?</p> <p>How can research and technology be used to optimize brain development</p>	New research continues to expand our understanding of child development and parenting	Analyze current and emerging research about child growth and development including research on brain development.	<p>Identify the hazards that alcohol and other drugs pose to prenatal development</p> <p>Discuss other environmental hazards that pregnant women should avoid</p> <p>Assessment</p>	Fetal alcohol effects Fetal alcohol syndrome (FAS)	11.4.12.A Analyze current research on existing theories in child development and its impact on parenting
<b>Unit 5 (Preparing for Birth)</b>							
<b>Estimated Unit Time</b>	<b>Big Ideas</b>	<b>Essential Questions</b>	<b>Concepts (Know)</b>	<b>Competencies (Do) Students will be</b>	<b>Lessons/ Suggested Resources</b>	<b>Vocabulary</b>	<b>Standards/ Eligible Content</b>

Frames				able to:			
2-3/45 min lessons	<p>Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments</p> <p>Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at individual and societal level</p>	<p>Public, nonpublic and profit service providers support individuals and families in a variety of ways.</p> <p>-----</p> <p>How and why do energy and nutrient requirements change when pregnant?</p>	<p>Identify how public, non-public and for profit services aid in the development or support of families</p> <p>-----</p> <p>Life stages have different energy and nutrient requirements</p>	<p>Compare nutritional needs of individuals throughout the life cycle</p>	<p>List the early signs of pregnancy</p> <p>Assess the importance of early and regular medical care during pregnancy</p> <p>Plan a nutritious diet during pregnancy</p> <p>Give recommendation about personal care for a pregnant woman</p> <p>Assessment</p>	<p>Anemia Obstetrician Rf factor</p>	<p>11.3.9.E Analyze the energy requirements, nutrient requirements and body composition for individuals at various stages of the life cycle</p> <p>11.3.9.E Analyze the energy requirements, nutrient requirements and body composition for individuals at various stages of the life cycle</p>
1-2/45 min lessons	<p>Responsible consumers use effective resource management to accomplish individual, family and</p>	<p>How do individuals and families choose services that best meet their needs?</p>	<p>Public, nonpublic and for-profit services differ in availability, costs and benefits</p>	<p>Investigate and compare various types of services available to the family and develop a spreadsheet/chart to illustrate costs</p>	<p>Analyze how expectant parents can plan for a baby's care</p> <p>Evaluate the preparation expectant</p>	<p>Budget Fixed expenses Flexible expenses Formula Maternity leave Pediatrician</p>	<p>11.1.12.G Compare the availability, costs and benefits of accessing public, nonpublic and for-profit services to assist the family.</p>

	community goals.			and benefits	parents should make		
					Explain how and why to make a budget		
					Assessment		
3-4/45 min lessons	Families are the fundamental unit of society; strong families empower individuals to manage the challenges of living and working in a diverse, global society.	What types of community services need to be available for each life cycle stage?	Families and communities impact each other	Research and analyze public policies, agencies and institutions that impact families.  Describe how the community responds to families and their needs over the course of the life cycle.	Discuss the childbirth choices available to most parents  Describe how parents can prepare for childbirth  Assessment	Alternative birth center Delivery Labor Lay midwife Nurse-midwife Postpartum Prepared childbirth	11.2.9.G Explain the influences of family life cycle stages on the needs of families and communities

**Unit 6 (The Baby's Arrival)**

<b>Estimated Unit Time Frames</b>	<b>Big Ideas</b>	<b>Essential Questions</b>	<b>Concepts (Know)</b>	<b>Competencies (Do) Students will be able to:</b>	<b>Lessons/ Suggested Resources</b>	<b>Vocabulary</b>	<b>Standards/ Eligible Content</b>
2-3/45 min lessons	Children grow and learn in understandable observable patterns that	What are ways to protect children from accidents, injuries,	Health and safety hazards need to be evaluated at each stage of	Evaluate current technology practices concerning children and	Recognize signs that labor may have begun  Outline the three	Cervix Cesarean birth Contractions Dilates Fontanels	11.4.9.B Evaluate health and safety hazards relating to children at each stage of child development

	can be recognized and optimized through consistent and stable family and community environments	diseases and illnesses? ----- What are health and safety issues that impact children in other countries?	development ----- Current global health and safety issues impact children at various developmental stages.	teens. ----- Explain confidentiality laws in regards to general information, health records, medication administration	stages of labor  Describe a baby's appearance at birth  Assessment	Forceps	11.4.12.B Analyze current issues in health and safety affecting children at each stage of child development.
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	What are ways to protect children from accidents, injuries, diseases and illnesses? ----- What environmental situations prior to birth can affect child development?	Health and safety hazards need to be evaluated at each stage of development ----- Current global health and safety issues impact children at various developmental stages	Describe and predict health and safety hazards relating to children at each stage of development. ----- Research and present current issues in health and safety affecting children at each stage of development	Explain the purpose of common hospital procedures following a birth  Explain the special needs of a premature baby  Describe a mother's needs after having given birth  Assessment	Apgar scale Bonding Colostrum Incubator Postnatal Premature Rooming-in	11.4.9.B Evaluate health and safety hazards relating to children at each stage of child development  11.4.12.B Analyze current issues in health and safety affecting children at each stage of child development.
1-2/45 min lessons	Children grow and learn in understandable observable	What are ways to protect children from accidents,	Health and safety hazards need to be evaluated at	Describe and predict health and safety hazards relating	Recognize a baby's reflexes  Describe babies'	Grasp reflex Reflexes Rooting reflex Startle reflex	11.4.9.B Evaluate health and safety hazards relating to children at each stage of

	patterns that can be recognized and optimized through consistent and stable family and community environments	injuries, diseases and illnesses? ----- What is brain development?	each stage of development ----- New research continues to expand our understanding of child development and parenting.	to children at each stage of development. ----- Analyze current and emerging research about child growth and development including research on brain development	basic needs  Discuss how babies' needs can best be met  Assessment	temperament	child development  11.4.12.A Analyze current research on existing theories in child development and its impact on parenting (e.g., Piaget, Erikson and prior findings versus new brain development research)
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### Unit 7 (Effective Parenting Skills)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	How can parents learn more about other child development theories and parenting strategies?	New research continues to expand our understanding of child development and parenting.	Compare and contrast past theories with new theorists' ideas and their impact on parenting.  Compare and contrast different parenting styles at each stage.	Explain how knowledge of child development is linked to reasonable expectations  Distinguish among different parenting styles  Identify ways to improve parenting skills	Authoritarian style Democratic style Deprivation Nurturing Parenting Permissive style	11.4.12.A Analyze current research on existing theories in child development and its impact on parenting (e.g., Piaget, Erikson, and prior findings versus new brain development research)

					Describe how to nurture children		
					Assessment		
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	What does a caregiver provide?  What qualities should caregivers display when guiding children?	Caregivers play a key roles in the learning environment.	Explain how positive guidance promotes better learning.	Explain the importance of consistency in guiding children  Apply effective techniques for encouraging appropriate behavior  Explain how and why to set limits  Identify effective ways of dealing with misbehaviors  Assessment	Conscience Guidance Negative reinforcement Positive reinforcement Self-discipline Time-out	11.4.6.C Identify the role of the caregiver in providing a learning environment
1-2/45 min lessons	Children grow and learn in understandable observable patterns that can be	Why should parents and schools work together when it comes to educating	Learning environments are everywhere ----- Caregivers play a key role in the	Describe places of learning in the home and community. ----- Describe the	Explain why people need substitute child care  Analyze the	Accreditation Child care center Family child care Head start	11.4.3.C Identify the characteristics of a learning environment  11.4.6.C

	<p>recognized and optimized through consistent and stable family and community environments</p>	<p>children?</p> <p>Why is childcare necessary?</p> <p>What factors need to be considered before choosing a childcare provider?</p> <p>What makes a stimulating learning environment?</p>	<p>learning environment.</p> <p>-----</p> <p>There are many considerations when choosing a child care provider</p> <p>-----</p> <p>Research has identified characteristics of an effective learning environment.</p>	<p>roles and responsibilities of the caregiver in providing a variety of opportunities for play and learning.</p> <p>-----</p> <p>List criteria for selecting care and services for children, including special needs children.</p> <p>Compare different types of child care services.</p> <p>Explain steps families may take in choosing quality child care.</p> <p>-----</p> <p>Compare and contrast various settings to determine if they provide the characteristics of</p>	<p>advantages and disadvantages of the types of substitute care that are available</p> <p>Identify ways of guiding children's behavior and factors to consider in selecting child care</p> <p>Assessment</p>	<p>License Montessori preschool Nanny Parent cooperative Play group Preschool</p>	<p>Identify the role of the caregiver in providing a learning environment</p> <p>11.4.6.D Identify child-care provider considerations</p> <p>11.4.9.C Evaluate various environments to determine if they provide the characteristics of a proper learning environment</p>
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				an effective learning environment.  Investigate and analyze how the environment can affect learning.			
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**Unit 8 (Physical Development During the First Year)**

<b>Estimated Unit Time Frames</b>	<b>Big Ideas</b>	<b>Essential Questions</b>	<b>Concepts (Know)</b>	<b>Competencies (Do) Students will be able to:</b>	<b>Lessons/ Suggested Resources</b>	<b>Vocabulary</b>	<b>Standards/ Eligible Content</b>
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	How do children grow and change? ----- What are developmentally appropriate practices?	Development progresses in stages ----- Research has identified practices, environments and conditions that optimize child development	Identify characteristics of physical development at each stage. ----- Develop physical activities for infants	Analyze children’s physical development to find three patterns  Describe physical growth during the first year  Describe the development of senses and motor skills during the first year	Depth perception Hand-eye coordination Motor skills Primary teeth proportion	11.4.3.A Identify characteristics in each stage of child development. • Infancy/birth to 1 year  11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development

					Assessment		
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized through consistent and stable family and community environments	How can research and technology be used to optimize brain development?  What is brain development?	New research continues to expand our understanding of child development and parenting	Analyze current and emerging research about child growth and development including research on brain development.	Explain what functions each part of the brain controls  Describe how brain cells work together  Explain how the brain becomes organized  Identify activities that support the development of brain pathways  Assessment	Axon Cortex Dendrite Myelin Neurons synapse	11.4.12.A Analyze current research on existing theories in child development and its impact on parenting (e.g., Piaget, Erikson, and prior findings versus new brain development research).
3-4/45 min lessons	Nutrition, eating habits and preparation choices impact overall health and wellness throughout the lifecycle at individual and societal level.	How and why do energy and nutrient requirements change with age? ----- What type of health issues might affect meal planning	Life stages have different energy and nutrient requirements. ----- Meal planning principles can be tailored to meet the needs of individuals	Compare nutritional needs of individuals throughout the life cycle ----- Create and evaluate a meal plan that is designed to meet the specific	Explain how to hold and feed a baby  Identify an infant's nutritional needs  Assessment	Shaken baby syndrome Weaning	11.3.9.E Analyze the energy requirements, nutrient requirements and body composition for individuals at various stages of the life cycle.  11.3.12.F Evaluate the application of nutrition and meal planning principles in

		over the lifespan?	across the lifespan	nutritional needs across the lifespan			the selection, planning, preparation and serving of meals that meet the specific nutritional needs of individuals across the lifespan.
2-3/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	What are some current health and safety issues in the United States that effect infants?	Stable family and community environments optimize child development	Describe and apply developmentally appropriate practices	Describe or demonstrate how to bathe, dress and diaper a baby  Tell how to encourage good sleep habits  Assessment	Cradle cap Diaper rash sleeper	11.4.12.C Analyze practices that optimize child development (e.g., stimulation, safe environment, nurturing caregivers, reading to children)

**Unit 9 (Emotional and Social Development During the First Year)**

<b>Estimated Unit Time Frames</b>	<b>Big Ideas</b>	<b>Essential Questions</b>	<b>Concepts (Know)</b>	<b>Competencies (Do) Students will be able to:</b>	<b>Lessons/ Suggested Resources</b>	<b>Vocabulary</b>	<b>Standards/ Eligible Content</b>
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized	How do positive and/or negative environments affect a child's emotional and social well-being?	Research has identified practices, environments and conditions that optimize child development	Analyze interrelationships among physical, emotional, social and intellectual aspects of child growth and development	Define emotional and social development  Explain the importance of attachment to	Attachment Emotional development Failure to thrive Social development	11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development.

	through consistent and stable family and community environments		----- Stable family and community environments optimize child development	----- Analyze how emotional and physical wellness of the caregiver can affect the child's development	emotional and social development  Explain how a baby's care affects emotional and social development  Analyze people according to different temperament traits  Assessment		11.4.12.C Analyze practices that optimize child development (e.g., stimulation, safe environment, nurturing caregivers, reading to children).
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	How do children learn behavior patterns?	Research has identified practices, environments and conditions that optimize child development	Determine developmentally appropriate guidelines for children's behavior	Describe how behavior is learned  Describe how emotions change during infancy  Recognize signs of social development in babies  Assessment	Colic Pacifier Stranger anxiety	11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development

## Unit 10 (Intellectual Development During the First Year)

Estimated Unit Time Frames	Big Ideas	Essential Questions	Concepts (Know)	Competencies (Do) Students will be able to:	Lessons/ Suggested Resources	Vocabulary	Standards/ Eligible Content
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments	<p>What is a theory?</p> <p>What influence do theories have on child care/caregivers -----</p> <p>How are developmental theories used in working with young children?</p>	<p>Research has identified practices, environments and conditions that optimize child development. -----</p> <p>New research continues to expand our understanding of child development and parenting</p>	<p>Analyze the relationships among physical, social and intellectual aspects of child growth and development.</p> <p>Develop intellectual activities for infants -----</p> <p>Compare and contrast past theorists with new theorists' ideas and their impact on parenting.</p> <p>Analyze child development theories and their implications for education and</p>	<p>Give examples of signs of intellectual growth in infants</p> <p>Identify and give examples of Piaget's stages of learning</p> <p>Explain how caregivers can make use of Piaget's ideas</p> <p>Assessment</p>	<p>Attention span</p> <p>Cause and effect</p> <p>Concrete operations period</p> <p>Formal operations period</p> <p>Object permanence</p> <p>Perception</p> <p>Preoperational period</p> <p>Sensorimotor period</p> <p>Symbolic thinking</p>	<p>11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development.</p> <p>11.4.12.A Analyze current research on existing theories in child development and its impact on parenting (e.g., Piaget, Erikson and prior findings versus new brain development research)</p>

				childcare practices			
3-4/45 min lessons	Children grow and learn in understandable observable patterns that can be recognized and optimized through consistent and stable family and community environments.	What are developmentally appropriate practices?	<p>Research has identified practices, environments and conditions that optimize child development.</p> <p>Health and safety hazards need to be evaluated at each stage of development</p>	<p>Analyze interrelationships among physical, emotional, social and intellectual aspects of child growth and development.</p> <p>Examine popular toys and identify positive and negative aspects of construction and safety</p>	<p>Discuss ways parents and caregivers can help babies' intellectual growth</p> <p>Identify toys appropriate for a baby's age</p> <p>Explain how babies develop communication skills</p> <p>Assessment</p>	Age appropriate Childproof recall	<p>11.4.9.A Analyze physical, intellectual and social/emotional development in relation to theories of child development</p> <p>11.4.9.B Evaluate health and safety hazards relating to children at each stage of child development.</p>