

WIHHA Scholarship for Holistic Health Training

The Whidbey Island Holistic Health Association (WIHHA) promotes quality of life, inspires health and wellness, and increases awareness of holistic health in our community through education and outreach. We believe in the power of the human body to heal itself. By approaching health in a holistic manner, we first consider the innate wisdom of the body and then seek to balance, support and improve the individual's physical, mental and spiritual health.

This approach to health is both non-invasive and geared toward prevention of illness, with the intention to enhance optimal health. Our long-term goal is to establish Whidbey Island as a healing destination where individuals can come to learn more about holistic health, experience healing retreats, and train to become practitioners.

WIHHA is excited to offer a \$1000 scholarship to one Whidbey Island resident, Class of 2026 who is pursuing training in a holistic health care field after graduation. Examples of holistic healthcare fields are: acupuncture, chiropractic care, massage therapy, reflexology, speech therapy — and more! If you are interested in a holistic healthcare career but are uncertain about what you'd like to do, you can find more information and local examples of holistic healthcare paths on our website: www.wihha.org

Eligibility Requirements:

- Whidbey Island resident, Class of 2026 and/or GED completion 2026
- Have holistic health training program, certification class or school that you plan on attending in the 2026-2027 school year. Scholarship will be paid directly to scholarship awardee's school or training program.

Application deadline: May 1, 2026

Submit applications via email **OR** regular mail:

Email completed applications to: bestfoot@whidbey.com **OR**

Mail completed applications to:

Karen Carbone
Attn: WIHHA Scholarship Committee
PO Box 1384
Freeland, WA 98249

Questions? Need more information? Email: bestfoot@whidbey.com

WIHHA 2026 Scholarship for Training in Holistic Health Care Applicant Contact and School Information

Name: _____

Pronouns: _____

Birthdate (month/day/year): _____

Address: _____

Phone number: _____

Email: _____

High School: _____

Graduation/ GED completion year: _____

How did you hear about this scholarship?:

Name of holistic health care training program or school:

Program/school website: _____

Program/school phone number: _____

Optional demographic information:

Race/ethnicity: _____

Gender: _____

Annual Household Income:

Up to \$30,000 \$31,000-\$60,000 \$61,000-\$90,000

\$91,000-\$120,000 \$121,000 or more

Short Essay Questions

Please answer the following prompts on a separate piece of paper.

- 1) If you were to describe yourself in three words, what words would you choose and why?
- 2) When did you become interested in holistic health and/or what has been your experience with holistic health care services?
- 3) Please share examples of how holistic health care can make a difference in an individual's life and how holistic health care can impact the health of a community.
- 4) What field of holistic health care are you interested in studying and why?
- 5) What class, certification program, training or school do you plan on attending next year? Why did you choose this particular program?
- 6) Do you currently do any volunteer work in the community? If yes, what do you do and how long have you been volunteering?
- 7) Where do you see yourself in five years? If you're not sure, what do you hope your life looks like in five years?
- 8) Please list 1-3 personal references (not family)
Examples: teachers, employers, coaches, school staff, etc. Please provide:
Name, Relationship to you, phone number and email.
- 9) Is there anything else you'd like to share?