

**New Hartford Public Schools
Wellness Subcommittee Meeting**

January 14, 2026

Ann Antolini Elementary School

3:30 pm

Minutes

1.14.26

Kelly Carroll, Michael Lynch, Acacia Ransom, Erik Perotti, Brandy Newman, Penny Miller

1. Policies are reviewed contemporaneously through the Policy Subcommittee
2. Discussion of potential opportunities for ongoing growth from assessment:
 - a. Brandy will inquire with BASES aftercare to ensure served snacks are following healthy food guidelines
 - b. Nutrition education: Review nutrition and health lessons in the Wellness curriculum
 - c. Serving food during classroom parties - Revise the Wellness Guidelines at next meeting
 - So far this year we have only had 3 party food orders for the district; parties have been game and community based and very well received by students
 - Student allergies make party food very difficult and potentially risky
 - *The committee decided to prohibit food items from classroom parties*
 - Field Day is not a classroom party and will continue to have popsicles
 - Special circumstances for food in the classroom may be approved by the building principal
 - d. Employee Wellness - consider whole school health and wellness incentives

Adjournment 4:07pm