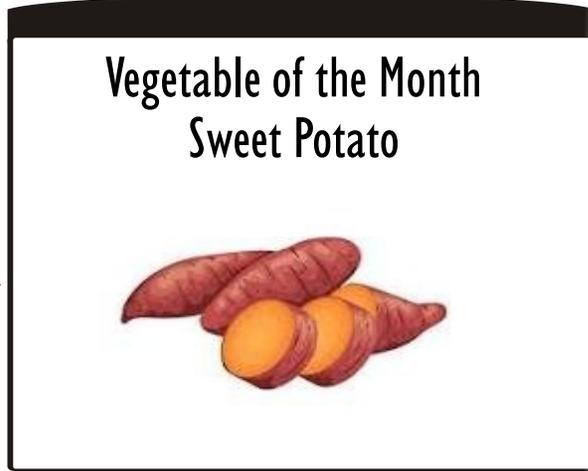


# MENU FOR FEBRUARY 2026

C.V. Starr  
Breakfast & Lunch Menu  
Menu subject to change

BCSD is an equal opportunity provider and employer.



**Monday, February 2**

**Breakfast**  
\*Homemade Muffin

**Lunch**  
Perdue Dino Nuggets  
Choice of Dipping Sauces OR  
Grilled Chicken on a Bun  
Brown Rice, Sweet Potatoes  
Assorted Canned & Fresh Fruit  
Milk Variety

**Tuesday, February 3**

**Breakfast**  
\*Bacon, Egg, Cheese on a Roll

**Lunch**  
Mozzarella Stuffed Breadsticks  
\*Tomato Sauce for Dipping  
\*Seasoned Broccoli  
Assorted Canned & Fresh Fruit  
Milk Variety

**Wednesday, February 4**

**Breakfast**  
\*Homemade Muffin OR  
Banana Split Parfait

**Lunch**  
Eggo Pancakes Syrup  
Sausage or String Cheese  
Carrot & Celery Sticks  
Assorted Canned/Fresh Fruit  
Milk Variety  
**PLC Day 2hr Early Release**

**Thursday, February 5**

**Breakfast**  
\*Bacon, Egg, Cheese on a Roll

**Lunch**  
\*Wacky Mac Plain or  
\*Tomato or Meat Sauce  
Bite Size Broccoli  
WW French Bread  
Assorted Canned & Fresh Fruit  
Milk Variety

**Friday, February 6**

**Breakfast**  
Cinnamon Bun OR  
Yogurt Smoothie

**Lunch**  
Pizza with Cheese or  
Buffalo Chicken Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

**SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate**

**Monday, February 9**

**Breakfast**  
\*Homemade Muffin

**Lunch**  
Copy Cat KFC Bowl  
Crunchy Popcorn Chicken  
Mashed Potatoes  
Sweet Corn, Gravy  
Assorted Canned/Fresh Fruit  
Milk Variety

**Tuesday, February 10**

**Breakfast**  
\*Bacon, Egg, Cheese on a Roll

**Lunch**  
Steamed Chicken and  
Vegetable Dumplings  
Choice of Dipping Sauce  
Stir Fry Vegetables  
Eggroll, Pineapple  
Fortune Cookie  
Assorted Canned/Fresh Fruit  
Milk Variety

**Wednesday, February 11**

**Breakfast**  
\*Homemade Muffin OR  
Banana Split Parfait

**Lunch**  
\*Rotini Pasta Plain or  
\*Tomato or Meat Sauce  
Bite Size Broccoli  
WW French Bread  
Assorted Canned/Fresh Fruit  
Milk Variety

**Thursday, February 12**

**Breakfast**  
\*Bacon, Egg, Cheese on a Roll

**Lunch**  
**New York Thursday**  
\*New York Beef Hamburger  
or Cheeseburger on a Bun  
Lettuce, Tomato, Pickles  
Oven Baked French Fries  
Assorted Canned/Fresh Fruit  
Milk Variety

**Friday, February 13**

**Breakfast**  
Cinnamon Bun OR  
Yogurt Smoothie

**Lunch**  
Pizza with Cheese or  
Pasta Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

**SALAD BAR FEATURING Grab & Go Chef Salad Plate**

Free School Meals Are Here For Brewster!!!

Free & Reduced Applications Are No Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

Any Questions Contact:  
dpalmiero@brewsterschools.org  
Or call 845-279-3702 ext. 2125

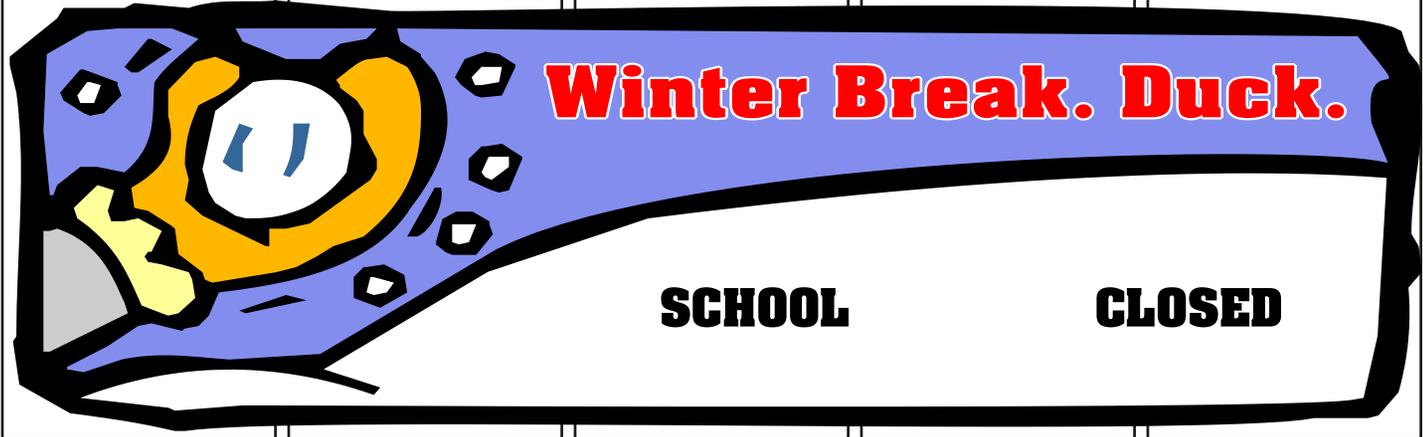
Monday, February 16

Tuesday, February 17

Wednesday, February 18

Thursday, February 19

Friday, February 20



Monday, February 23

Tuesday, February 24

Wednesday, February 25

Thursday, February 26

Friday, February 27

**Breakfast**

\*Homemade Muffin

**Lunch**

Breaded Chicken Tenders  
Choice of Dipping Sauces  
OR  
Grilled Chicken on a Bun  
Brown Rice, Baby Carrots  
Assorted Canned & Fresh Fruit  
Milk Variety

**Breakfast**

\*Bacon, Egg, Cheese on a Roll

**Lunch**

\*Taco Tuesday  
Hard or Soft Shell  
Seasoned Beef/Lettuce  
Tomato/Shredded Cheese/  
Salsa/Spanish Rice  
Assorted Canned/Fresh Fruit  
Milk Variety

**Breakfast**

\*Homemade Muffin OR  
Banana Split Parfait

**Lunch**

French Toast Bites, Syrup  
Sausage or String Cheese  
Hash Browns  
Carrot & Celery Sticks  
Assorted Canned/Fresh Fruit  
Milk Variety

**Breakfast**

\*Bacon, Egg, Cheese on a Roll

**Lunch**

**New York Thursday**  
\*Wacky Mac Plain or  
\*New York Meatballs  
New York Bite Size Broccoli  
WW French Bread  
Assorted Canned/Fresh Fruit  
Milk Variety

**Breakfast**

Cinnamon Bun OR  
Yogurt Smoothie

**Lunch**

Pizza with Cheese or  
Pepperoni Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

**SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate**

**MAKE TIME.**



Adults should get at least 2.5 hours of moderate aerobic exercise a week. Kids and teens should get 60 total minutes of moderate to vigorous physical activity each day.

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!**

**NUTRITION TO GO**

For many of us, especially kids, time in front of the TV is automatically snacking time. In fact, research shows that kids who cut their screen time (including TV, video games, and playing/surfing on the computer) also cut their body fat. Kids who cut screen time snack less, so they take in fewer calories AND they're more active, so they burn more calories.

**A TASTY MORSEL FOR PARENTS**