Day Camps*

Camp Lily-Lehigh Valley and *Camp Lily-Berks* are offered in a series of one-week sessions in July and August. Kids age 8 through young adult enjoy a full schedule of arts and crafts activities, outdoor sports, swimming, music, games, science exploration and guests teaching special topics.

Residential Camp*

Growing Green is our residential summer camp for children and adults with disabilities and special needs held at the Pocono Environmental Education Center. Campers participate in environmentally focused activities as well as typical camp activities such as hiking, canoeing, sports and arts & crafts. An optional career experience track is available for campers who want to explore career opportunities.

Evening Recreation*

Hang Time is an evening recreation program that allows teens and young adults to meet up weekly to socialize, make new friends and enjoy fun activities. Serves Berks County.

To learn more about any of our services, the many funding options available, and how to enroll, please visit us online at www.easterseals.com/esep, call 610-289-0114 or email info@esep.org.

United Way of Berks County

** Programs noted with an * are supported in part by the United Way of Berks County.*

easterseals Eastern Pennsylvania

www.easterseals.com/esep

Easterseals Eastern Pennsylvania creates life-changing solutions for individuals with disabilities and their families in their community by increasing independence, maximizing opportunities, minimizing barriers and enhancing quality of life.

easterseals Eastern Pennsylvania



All of our programs and services are tailored to the needs of kids and adults with disabilities and their families to ...

LIVE – through programs that help people reach their full potential to live their best lives.

LEARN – basic functions and master the skills needed to develop and thrive.

WORK – through training, placement and related services to help prepare for the workforce.

PLAY – through fun, healthy programs that help relax, connect and engage in constructive activities – all necessary for living the best possible life.

www.easterseals.com/esep

PROGRAMS & SERVICES

www.easterseals.com/esep (610) 289-0114 info@esep.org

LIVE LEARN WORK PLAY

Infant and Toddler Development

Early Intervention (EI) physical, occupational and speech therapists and developmental specialists work directly with children under age 3 to identify delays and disabilities, and coach their parents on strategies they can implement to promote development throughout their child's normal day. Since brain development is at its peak during the first five years, intervention occurs when it does the most good. EI is delivered wherever the child spends his or her day and is provided at no cost to families.

Child Development Support*

Make the First Five Count offers the tools needed to evaluate and track a child's progress, celebrate their development, act early if there is a concern and support parents. Developmental screenings, workshops for parents and individualized learning sessions are available at no cost. Screenings are conducted in partnership with community organizations and parents and caregivers everywhere can access them on our website.

Outpatient Therapy*

Outpatient therapy is available at our center in Berks County. Children and young adults receive occupational therapy, speech therapy and physical therapy during the day and after school.

Specialty Clinics*

Specialty Medical Clinics — autism diagnosis, orthopedic, neurology and orthotic (specialty braces) clinics - are offered to children at our center in Reading by specialists from Philadelphia and Berks County to help families manage their child's care. There is no cost and Spanish translation is available.

Specialized Autism Services

Autism Diagnostic Clinics are offered to children 18 months to 3-years old in collaboration with Children's Hospital of Philadelphia and St. Christopher's Hospital for Children using a telehealth model. Provided at no cost to families. Berks, Carbon, Lehigh, Monroe, Northampton and Pike Counties.

ABA Parent Coaching is available for families with a child recently diagnosed with autism. Parents learn how Applied Behavioral Analysis (ABA) therapy can benefit their child, basic techniques for common behaviors, and more. Provided at no cost to families.

Adult Community-Based Engagement

Community Supports Services (Habilitation) offers community-based activities and supports for adults with intellectual and developmental disabilities with the goal of fostering independence and enrichment. Each participant receives individual assistance to engage in a variety of activities, from performing the functions of daily living to volunteering and pursuing educational, social and recreation opportunities.

Career Pathways

LEAP (Learn, Earn, Achieve and Practice) is a comprehensive employment preparation experience for youth with disabilities, ages 16-21, who attend school and are eager to work and earn a paycheck. It combines workplace and independent living skills instruction with paid work experience to provide participants with the skills they need to transition more successfully into adulthood.

Weekend Respite

Weekend Respite provides two days and two nights of overnight fun at the Pocono Environmental Education Center. The program is modeled after our successful overnight summer camp. Activities include arts & crafts, birdwatching, hiking, animal studies, recreation and more in a safe, nurturing environment staffed by Easterseals trained staff. For ages 10 to adult.

Program listing continues on the back cover.